

# New nonfiction books offer ideas for parents from babyhood onward

We have added a number of books over time that I have not talked to you about. The groupings this week are nonfiction. Many are self-help books or helping to guide us with questions we might have.

For the parent, first to be mentioned is "Gotcha for Guys: Nonfiction Books to Get Boys Excited about Reading," by Kathleen Bazter and Marcia Agness Kochel. This book gives titles in subject areas. Some include disasters and unsolved mysteries, sports, military, machines, buildings, inventions, riddles, games, art and drawing, animals, creepy things, gross things, science and prehistoric books, history and the world. If we do not have the item on the shelf we can always interlibrary loan it for you. If we find a great book we can add it to our list of things to purchase in the future. After you have seen the book and if we do not have it on our shelves, we always take donations for purchasing items, as well.

Another book that looks fun for parents is "The Math Handbook: Everyday Made Simple," by Richard Elwes. The item goes from the basics of addition all the way to the Pythagorean theorem, trigonometry, coordinates, statistics and probabilities. There are quizzes with answers in the back. Others of us who find ourselves needing to return to math subjects would find this book very helpful. Another parenting book is "The



**Melany Wilks**

• **Library Links**

Happiest Baby Guide to Great Sleep," by Harvey Karp. This book covers ages birth to 5 years. It looks like the chapters are no more than 25 pages each. They are clear and easy to understand. It provides charts and examples where helpful. The nice thing about this book is that you do not have to read the entire thing. You can read just the part for the age of your child. I call it the snatch-and-grab type of reading. You snatch the item and grab the information. Just what a child does.

Two other items that will help parents are "Movers Dreamers and Risk-Takers: Unlocking the Power of ADHD," by Kevin Roberts; and "Down Syndrome Parenting 101: Must-have Advice for Making Your Life Easier," by Natalie Hale.

A book that may interest both adults and youth is "Preparing For Dressage the Right Way," by Katja von Ronne. It has written instructions with pictures and diagrams of the footing a horse will take while working. It talks about the basics, the collection of movements and training programs for the horse and rider.

The next few items are for the general public. The first is "Moonwalking with Einstein: The Art and Science of Remembering Everything," by Joshua Foer. This book explains through the experience of the writer so that we as the readers don't just get dry facts.

Another item is called "Think Write Grow: How to Become a Thought Leader," by Grant Butler. If you want to influence through writing or speaking this book will help guide you. Two other books we are adding are "Is There A Speaker In the Room: The Practical Guide to Public Speaking Excellence," by Libby Hammond, and "Speaker's Sourcebook: Quotes, Stories, and Anecdotes for Every Occasion," by Glenn Van Ekeren.

Two new health related books are "Answers for the 4A Epidemic," by Joseph Cannizzaro. This book covers topics of autism, attention deficit-hyperactivity disorder, asthma and allergies. It will help you see how these are growing, linkages of health with these issues in a child's life and ways to help balance a child's system. I venture to say some of this may help adults with issues as well. Many of us have had these issues since we were kids but we've just learned to live with them. Maybe by reading this and other books like it, we may learn some secrets.

The next book is "Allergies and Asthma: What Every Parent

Needs to Know," (second edition), by Michael Welch. This book also discusses the basics, recognizing allergies and asthma. It also talks about foods, environment and ways to be proactive with your child's health.

A Christmas item we are adding is one many of us wait for each year, "2012 Christmas with Southern Living: Entertain, Decorate, Savor and Share." Three DVDs we are adding are "People Like Us," by Dream Works; "Barbie: The Princess and Popstar," by Universal; and Marvel's "Avengers," by Paramount.

Tonight is Game Night at the Pioneer Memorial Library. We will be meeting at 7 p.m. and playing various games the people who attend wish to play. It will end at 8:30 p.m.

Also, set your calendar for our Spooktacular Book Sale: 9 a.m. to 7 p.m. next Thursday, 9 to 4:45 p.m. Friday, Oct. 19, and 9 to 3:45 p.m. Saturday, Oct. 20. This book sale will not be as full as last time, so you may be able to find some real treasures!

Remember that our hours have changed for the fall and winter season. We are now open until 8 p.m. Monday through Thursday, until 5 p.m. on Friday and 4 p.m. on Saturday and from 1 to 4 p.m. Sunday.

See you in the library!

## Colby Rotary Club

Colby Rotary Club met at the home of Darryl and Donna Henry on Tuesday with 43 members and guests Kathy Arensdorf, Lloyd Cersovsky, Sue Evans, Carrie Ewins, Sheila Frahm, Tracey Galli, Millie Horlacher, Terry Preston, Bob Renner, Tanya Staats, Margaret Stanley, Chuck Thomas, Sally Toth, Dr. Larry Washburn, Janet Wells and Tonya Winger.

A delicious dinner was enjoyed on the patio which was decorated

with fall mums and pumpkins.

President Melany Wilks gave club announcements and thanked committee members Carolyn Armstrong, Michelle Spence, J.L. Ewins and Nick Wells for planning the Ann and Andy event and Darryl and Donna Henry for holding the dinner.

Rotary meets weekly at Colby Community College in Room 106 of the Student Union.

— Relda Galli

## New website launched for adults with disabilities

The Children and Youth with Special Health Care Needs program at the Kansas Department of Health and Environment and the Center for Child Health and Development at KU Medical Center have collaborated to develop a website to assist Kansas parents and professionals in planning the transition of their young adult into adult life.

The Building a Life website is a guide that can help families and professionals assist young adults with disabilities in moving from dependence to independence in their community. The young adult's support network will gain knowledge of the services available and how to access them, regardless of where they are in the transition process.

"Many families have encountered difficulties in learning what support and services are avail-

able in their communities and beyond. The information on this site will assist with decisions ranging from where young adults can live, to how they will make a living, manage their own health and more," said Heather Smith, health planning consultant for the program. "By working together, families can find that planning these big decisions can be enjoyable and fulfilling."

The goal is to provide a useful tool in starting and working through the process of building a life in the community for young adults with disabilities. The website is available at [www.buildingalife.ku.edu](http://www.buildingalife.ku.edu). For information about the website, contact Phyllis Young at [pyoung@kumc.edu](mailto:pyoung@kumc.edu) or (913) 588-5741.

For information on the program, contact Heather Smith at [hsmith@kdheks.gov](mailto:hsmith@kdheks.gov) or (785) 296-4747.

## Flock of starlings flies into car

VIENNA (AP) — A mass collision between a flock of starlings and a car on a stretch of Austrian expressway has left up to 100 of the birds dead and the driver shaken but unhurt.

The Austria Press Agency says the birds suddenly flew from power lines above the multi-lane

highway in western Austria downward and directly into the path of the car.

The report did not say how fast the car was traveling, but the speed limit on Austria's autobahns is usually 130 kph — close to 80 mph.

## Deaths

### Juanita M. 'Neet' Repshire

Juanita M. "Neet" (Thomas) Repshire, 88, a Colby homemaker, died Wednesday, Oct. 10, 2012, at Citizens Medical Center in Colby.

She was born Nov. 25, 1923, in Graham County, the daughter of Samuel and Edith (Davidson) Thomas.

On June 7, 1942, she married Ray E. Repshire in Norton. After his return from serving in World War II, they lived in Russell Springs.

In 1956, she graduated from Russell Springs High School, having returned as a student to help keep the school open. She worked as a cook at the school, as a nurse's aide for a short time and as a cook at the Russell Springs café, but her main occupation was as a mother and grandmother. A good cook, she enjoyed sharing recipes and teaching her grandchildren in the kitchen. She also loved to sew and make quilts and garden.

Active in the Veterans of Foreign Wars Auxiliary, she was a member of the St. Francis Episco-

pal Church of Russell Springs, the Rebecca Lodge and the Extension Homemaker's Union, as well as being a 4-H mother.

Preceding her in death were her parents; her husband; a daughter, Wanda Repshire; and three brothers, Johnny Thomas, Kenneth "Slim" Thomas and Gib Thomas.

Survivors include three children, John (Kay) Everet Repshire, Park; Glenn (Leona) Repshire, Oakley; and Raelene (Gary) Eaton, Oakley; a sister, Louise Ambrosier, Jetmore; eight grandchildren; 13 great-grandchildren; and four great-great-grandchildren.

Services will be at 10:30 a.m. Saturday, Oct. 13, 2012, at the Kersenbrock Funeral Chapel in Colby, with Father Don Martin officiating and burial in the Russell Springs Cemetery.

Visitation will be from 2 to 8 p.m. Friday at the funeral chapel.

The family suggests memorials to the church, in care of the funeral chapel, 745 S. Country Club Dr., Colby, Kan., 67701.

## High Plains Art Club

The High Plains Art Club met Sept. 11 at the Colby United Methodist Church. Marilyn Surmeier brought refreshments. Co-president Bev Kern conducted the meeting.

Shela Page Reilley, former Colby resident and professional artist, will show her works at the museum in November and December. The club is planning a workshop for Saturday, Nov. 3. Most members indicated interest in attending the pastel workshop, and decided to bring their own lunch.

Marj Brown discussed a grant the club is hoping to get for three-sided pegboard stands to display art work at future art shows. Barb Highland and Kern will check on prices. They will get in touch with Floyd Highland to make plans and estimate costs for the stands.

Maxine Nelson and Marlene Carpenter volunteered to call other area art clubs and ask for members' lists so they can be invited to future art shows.

Tom Peyton and Carpenter said they are taking art to the show in McCook, Neb.

Nelson volunteered to check on an Internal Revenue Service identification number for the club.

Kathie Peyton has some glass to give away for pictures framing.

Shirley Baker will contact Vir-

gil Degas of Damar to see if he is willing to give an artist workshop and ask if he would be interested in judging an art show.

Fritz Ostmeyer gave the program on Dan Roberts, who was a terminated painting by number. He created the first patterns in the 1950s, said Ostmeyer.

She said that after World War II, Americans had leisure time to do crafts. In 1953, Brown had 75 artists working for him. Leonardo da Vinci sketched some of his paintings and his apprentices filled in between the lines.

Ostmeyer also talked a little about the effect of colors in interior decorating.

The club will appoint a nominating committee for selecting officers in October.

Members who were not at the August luncheon drew for the Christmas party. Members will not exchange or judge artwork, but will guess the artist and take their own creation home. The item is to be an abstract in any size with any medium, with varying subject matters.

Others present were David Ketchum, Poppy Dean, Ruth Hughes, Margaret Denneker and Alice Wolf.

— Maxine Nelson, secretary

## Bridge Club

Meadow Lake bridge winners for Tuesday were Elaine Ptacek, first; Margaret Denneker, second; Dave Ulmer, third; and Joy Davis, fourth.

## Corrections

The Colby Free Press wants to maintain an accurate record of our town. Please report any error or lack of clarity in a news story to us at 462-3963.

## Markets

	Quotes as of close of previous business day
<b>Hi-Plains Co-op</b>	
Wheat (bushel)	\$8.32
Corn (bushel)	\$7.31
Milo (hundredweight)	\$12.70
Soybeans (bushel)	\$14.33



## Colby Independent Baptist Church is sponsoring Evangelist Greg Waggoner in a FREE gospel music concert for the community on Saturday, Oct. 13<sup>th</sup> at 7 p.m. in the Colby Community Building.

Greg Waggoner grew up north of Wichita in Valley Center where he graduated from VCHS in 1972. He has always loved music and since entering the ministry 36 years ago, he has been actively singing in Churches for banquets, revivals and special services. Greg has also sung at Cowboy Gatherings in Texas, Colorado and Wyoming.

Greg lives in Amarillo, Texas where he pastored Bible Baptist Temple for 21 years. He and his wife of over 34 years, Sandy, have 4 children and 3 grandchildren. The Waggoners have been serving the Lord in Evangelism since June of 2011. Greg has recorded 9 albums over the years with another one soon. He sings Southern Gospel, Traditional Gospel, Cowboy Gospel, and Old Trail Songs.

If you have any questions please call Pastor Bernard Heinz at 785-460-0313.

# Meeting at college for journalist group

Colby Community College was host to approximately 125 student members of the Kansas Scholastic Press Association during the Fall Conference held Sept. 26 in Colby.

Features of the conference included a keynote speech by Journalism Education Association Pioneer Award winner Sheila Jones and a closing keynote presentation on the Kansas Student Publications Act by John Hudnall, the former executive director of the Kansas Scholastic Press Association. Hands-on immersion sessions in photography, publication theme and design and writing were taught by college faculty and staff members.

Art instructor Rebel Jay taught photography, instructor Crystal Pounds and adjunct instructor

Tamara Clymer conducted the theme and design workshop and Public Information Director Debbie Schwanke and Clymer team-taught the writing immersion session. Clymer has extensive experience in print and broadcast journalism as well as publishing.

Students from Satanta, Colby, Phillipsburg, Norton, Russell, St. Francis and Ellis participated in the conference.

In addition to the working sessions, students were provided tours of the college radio station led by instructor Joe Vyzourek and tours of the campus by admissions personnel. Vice President of Student Services Dr. Keegan Nichols and Administrative Assistant Britney Squire coordinated and chaired the event for the college.

## Shakespeare Club

Shakespeare Club met at the home of Kathy Calliham on Sept. 28. Eight members and one guest answered roll call by noting what they enjoy about fall.

Treasurer Verna Wiens reviewed the budget, noted necessary items to be paid and encouraged payment of annual dues.

In new business, members appointed Sheila Frahm to select a book from Pioneer Memorial Library to honor long-time member Helen Frahm.

Calliham had the program and encouraged members to consider their cooking memories. Members discussed topics about cooking, such as who taught them to cook,

what dishes they first prepared and what utensils were used and what their families had for snacks.

Everyone thought it would be interesting to check with other family members and friends to compare their memories.

To conclude the afternoon, everyone gathered in the dining room for a fall apple dessert, coffee and tea.

The next meeting will be with Phyllis Elliott on Friday, Oct. 26.

Members were also reminded about the Three of Clubs meeting, which will be Friday at Pioneer Memorial Library.

— Sheila Frahm, reporter

## Driver calls cops on himself

ALBUQUERQUE, N.M. (AP) — Authorities say an Albuquerque man has been arrested for drunken driving — after he called police on himself.

KRQE-TV reports ([bit.ly/QF-PF8T](http://bit.ly/QF-PF8T)) that Antonio Candelaria recently was arrested when officers found him drunk in his driveway

and lying on the ground with his foot stuck in his motorcycle.

Police say the 50-year-old had called police for help after getting his foot stuck.

According to police, Candelaria's breath test results came out above .16, which is twice the legal limit in New Mexico.

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