

Weather



National Weather Service
Tonight: A 30 percent chance of rain, mainly before 10 p.m. Cloudy, then gradually becoming partly cloudy, with a low around 30. Southeast wind 5 to 15 mph becoming northwest after midnight.

Saturday: Mostly sunny, with a high near 51. Northwest wind around 15 mph.

Saturday Night: A slight chance of rain and snow. Mostly cloudy, with a low around 23. Northwest wind 5 to 10 mph. Chance of precipitation is 20 percent.

Sunday: Mostly sunny, with a high near 46. Northwest wind 5 to 10 mph.

Sunday Night: Partly cloudy, with a low around 25.

Monday: Mostly sunny, with a high near 47.

Monday Night: Partly cloudy, with a low around 23.

Tuesday: Sunny, with a high near 54.

Tuesday Night: Mostly clear, with a low around 26.

Wednesday: Mostly sunny, with a high near 47.

Wednesday Night: Mostly clear, with a low around 19.

Thursday: Sunny, with a high near 43.

Thursday: High, 60; Low 12
 Precip: Thursday None
 Month: None
 Year: 11.74 inches
 Normal: 20.65 inches
 (K-State Experiment Station)
Sunrise and Sunset
 Saturday 7:57 a.m. 5:22 p.m.
 Moon: waxing, 8 percent
 Sunday 7:58 a.m. 5:22 p.m.
 Moon: waxing, 16 percent
 Monday 7:59 a.m. 5:23 p.m.
 Moon: waxing, 25 percent
 (U.S. Naval Observatory)

18 children, 27 total dead in Connecticut shooting

From "SHOOTING," Page 1

Stephen Delgiadice said his 8-year-old daughter heard two big bangs and teachers told her to get in a corner. His daughter was fine.

"It's alarming, especially in Newtown, Connecticut, which we always thought was the safest place in America," he said.

A dispatcher at the Newtown Volunteer Ambulance Corps said a teacher had been shot in the foot and taken to a Danbury hospital. Andrea Rynn, a spokeswoman at the hospital, said it had three patients from

the school. She did not have information on the extent or nature of their injuries.

Mergim Bajraliu, 17, heard the gunshots echo from his home and raced to check on his 9-year-old sister at the school. He said his sister, who was fine, heard a scream come over the intercom at one point. He said teachers were shaking and crying as they came out of the building.

"Everyone was just traumatized," he said.

Richard Wilford's 7-year-old son, Richie, is in the second grade at the school. He said his son told him that he heard a

noise that "sounded like what he described as cans falling."

The boy told him a teacher went out to check on the noise, came back in, locked the door and had the kids huddle up in the corner until police arrived.

"There's no words," Wilford said. "It's sheer terror, a sense of imminent danger, to get to your child and be there to protect him."

The White House said President Barack Obama was notified of the shooting and his spokesman Jay Carney said the president had "enormous sympathy for families that are affected."

Elementary school recognized

From "SCHOOL," Page 1

for food service.

Carney said she does not have the money yet and is not sure how it will be spent. She said she started working on the application for the award in September 2011.

Certification through this program is voluntary and available to schools participating in the National School Lunch Program, all of which must meet the new school lunch requirements in the Healthy Hunger Free Kids Act.

"The application went from Topeka to Denver to Washington," said Beverly Stafford, child nutrition consultant with the Kansas Department of Education

Stafford, who attended the ceremony Thursday, said she works with schools in northwest Kansas to help them meet federal lunch requirements.

She said Sacred Heart was the first school in the area she oversees, which covers 40 school district from Phillipsburg to Weskan and Otis-Bison, near LaCrosse. Eisenhower Elementary School in Norton and Palco Elementary School both recently won the bronze award, but Stafford said she does not know of any other schools that applied.

Stafford said the application includes three areas: nutritional guidelines for school lunches, nutritional education and physical activity. The nutritional education can come in any form the school chooses, Stafford said, but the nutritional guidelines are based on federal school lunch requirements.

"That was required for all schools," she said, "however Cathy did it before it was required."

The cafeteria started using low-fat salad dressing and romaine lettuce in salad, serving sweet-potato fries for "orange vegetables," and serving beans in one form or another, including refried beans or black bean corn salsa, once a week. Whole grain spaghetti and macaroni were served, and 51 percent whole wheat flour was used for bread and rolls, Carney said. She added that the school has been using low-fat milk for several years.

"Actually, it was really easy to work towards it," Carney said. "The paperwork was the hardest part."

Carney said she had to submit her lunch menus, complete with nutritional content, for the award. For nutritional education, she talked to kids about what they were eating.

"That way they could actually see it, it seems to help," Carney said. "The way they could see that on their tray, that, hey, this is romaine, this is whole grain."

The kids got a chance to cook with teacher Lori Truetken for a Thanksgiving dinner served on Veteran's Day. The fifth graders got to cook during Trail's West, a weekend field trip north of Gem where they got the chance to live in the same manner as people in the Old West.

"The kids had to prepare the food," Carney said, "and then they talked about the different ingredients."

The guidelines for the award include intake for the right

fruits and vegetables, including dark-colored greens such as romaine lettuce, red and orange-colored vegetables and beans or legumes, Stafford said. Also included are whole-grain foods, and low fat milk.

"It's teaching kids about a life skill that's going to be real important for their lifetime," Stafford said of the healthier snacks and nutritional education. "The cafeteria is a learning lab; I mean, it's a classroom."

For physical activity, Principal Laura Krejci said, the kids have been running laps around the school in the morning. The staff figured out that seven laps around the playground or 27 laps around gym add up to a mile, she said, and the students have run a total of 2,000 miles so far this year.

"We have quite a few kids who get to school in the morning and they walk a mile or more before school starts," Krejci said.

During physical education class, Stafford said, the kids used "Power Panther Pals," a curriculum offered through the state. Named after the mascot for the national lunch program, who attended the ceremony for the award, the books and other materials to teach the curriculum are paid for with a yearly grant.

Stafford said Sacred Heart got the grant last year, and that this year the school did not apply, because the kids are learning the same lessons with the books paid for with last year's grant. The department has so far been able to afford to give the grant to every school that applies for it, she said.

Senate targets cyberstalking software

By Richard Lardner
 The Associated Press

WASHINGTON — For around \$50, a jealous wife or husband can download software that can continuously track the whereabouts of a spouse better than any private detective. It's frighteningly easy and effective in an age when nearly everyone carries a cellphone that can record every moment of a person's physical movements. But it soon might be illegal.

The Senate Judiciary Committee was expected Thursday to approve legislation that would close a legal loophole that allows so-called cyberstalking apps to operate secretly on a cellphone and transmit the user's location information without a person's knowledge.

The bill, sponsored by Sen.

Al Franken, D-Minn., would update laws passed years before wireless technology revolutionized communications. Telephone companies currently are barred from disclosing to businesses the locations of people when they make a traditional phone call. But there's no such prohibition when communicating over the Internet. If a mobile device sends an e-mail, links to a website or launches an app, the precise location of the phone can be passed to advertisers, marketers and others without the user's permission.

The ambiguity has created a niche for companies like Retina Software, which makes ePhoneTracker and describes it as "stealth phone spy software."

An e-mailed statement from Retina Software said the program is for the lawful monitor-

ing of a cellphone that the purchaser of the software owns and has a right to monitor.

Pentagon to send missiles

By Robert Burns
 AP National Security Writer

INCIRLIK AIR BASE, Turkey — The U.S. will send two batteries of Patriot missiles and 400 troops to Turkey as part of a NATO force meant to protect Turkish territory from potential Syrian missile attack, the Pentagon said today.

Defense Secretary Leon Panetta signed a deployment order en route to Turkey from Afghanistan calling for 400 U.S. soldiers to operate two batteries of Patriots at undisclosed locations in Turkey, Pentagon press secretary George Little told reporters.

Germany and the Netherlands have already agreed to provide two batteries of the U.S.-built defense systems and send up to 400 German and 360 Dutch troops to man them.

German lawmakers voted 461-86 today to approve the deployment of two Patriot missile batteries. The mandate allows Germany to deploy a maximum 400 soldiers through January 2014.

DECEMBER STUDENT OF THE MONTH



Kaitlyn Flanagin
 Parents: Jay & Luetta Flanagin

Sponsored by:
Colby Rotary

Kaitlyn, a senior at Colby High School, is Colby Rotary Club's Student of the Month for December 2012.

Kaitlyn's school and community activities include Fellowship of Christian Athletes, Young Humanitarians, Volleyball, Track, Wrestling Manager, Dance Team, Cosmic Crayon, CHS Recycling Committee, Prom Committee, CUMC Youth Group, Genesis Food Bank, Alex's Lemonade State for Childhood Cancer, Special Olympics Volunteer, Drive One for UR School Volunteer, American Red Cross Blood Drive Volunteer, and Community "Celebrity Dinner" Volunteer.

Kaitlyn's special honors include National Honor Society, Cosmic Crayon Vice-President, Superintendents Honor Roll, CHS Academic Letter Recipient, Algebra I Student of the Year 2010, KSHAA Distinguished Scholastic Achievement & Outstanding Scholastic Achievement, Numerous Art Awards, Athletic Letter Recipient, CHS Sprinter of the Year 2011 & 2012, Most Inspirational Athlete 2012, State Placer 300M Hurdles and 4x100 Relay 2012, CHS Track Record in 300M Hurdles 2012, First Team Selection to the 2012 Kansas State Track & Field Team, and Kansas National American Miss Pageant 2012 - Second Runner-up Resume - Third Runner-up Modeling.

Kaitlyn plans to major in Interior Design @ Fort Hays State University.

Briefly

Volunteers needed to deliver to seniors

The Colby Nutrition Site at the Senior Progress Center needs volunteers to deliver meals to homes from 10:30 a.m. to noon Tuesdays or Thursdays. Call Kaila DeBoer at 460-2901 for information.

Santa City now open until Christmas

Santa City, in the Scout Hut at Fike Park, is open weeknights from 6 to 8 p.m. and from 1 to 5 p.m. Saturday and Sunday. On Christmas Eve, Monday, Dec. 24, the winter wonderland will be open from 1 to 3 p.m. Admission is free, but donations are welcome.

Baptist Church invites everyone to free lunch

Everyone is invited to come and bring a friend to a free lunch from 11 a.m. to 1 p.m. Saturday at the First Baptist Church, Webster and Grant. For information, call Norma Higerd at 462-7806.

Mingo Bible Church to hold free program

Stephanie Pauline of More Than Music Inc. will sing Christmas songs and give her testimony at 6:30 p.m. Sunday at the Mingo Bible Church. Everyone is invited. An offering will be taken. For information, call Pastor Tom Peyton at 462-2930.

Piano students to give Christmas recital

Students of Pat Ziegelmeier will have a Christmas piano recital at 2 p.m. Sunday in the sanctuary of the Colby United Methodist Church, performing solo and duet selections. Everyone is welcome. For information, call Ziegelmeier at 462-7808.

Golden Plains to have annual soup supper

Golden Plains Elementary School invites everyone to celebrate the holidays with its seventh annual soup supper and Christmas concert Monday in Selden. Teachers and staff will serve homemade chili and chicken noodle soup along with desserts from 5 to 6:30 p.m. at the Selden Community Building. The program will follow at 7 p.m. at the grade school. Donations will go to the school's playground fund and the Outdoor Wildlife Learning Site Project. For information, call Traci Bruggeman at the school, (785) 386-4560.

Museum offers lunch, lecture on wildlife

The Prairie Museum of Art and History's second *Food for Thought* program of the season at noon Thursday will feature retired wildlife biologist Leonard Hopper, talking about "People and Wildlife on the Plains: Prehistory to Present Day." Everyone is invited to this free program, including a light lunch, at the museum, 1905 S. Franklin Ave. Call Ann Miner at 460-4590 for information.

Sanitation trucks won't pick up on holidays

The Colby Sanitation Department will not pick up trash on Monday, Dec. 24, or Tuesday, Dec. 25, for the Christmas holidays. Monday's residential trash route will be picked up after 8 a.m. next Friday. People who normally have their trash picked up Tuesday should plan to have tipper cans by the curb by 8 a.m. Wednesday, Dec. 26.

The department will not pick up trash on Tuesday, Jan. 1, for New Year's Day. People on Tuesday routes should put trash out on Wednesday, Jan. 2. For questions, call Public Works Director Omar Weber at 460-4420.

Church women are selling holiday nuts

The Colby Episcopal Churchwomen are selling fresh-crop pecans, walnuts and cashews for the holiday season. Almonds, pralines, chocolate covered pecans and mixed nuts are also available. Call Martha Hullett at 462-2505 for delivery or you can make a purchase at Colby Canvas, 285 E. Third St.

Free adult classes to begin in January

The Adult Education Department at Colby Community College is offering free General Educational Development classes for anyone who needs to finish a high-school degree beginning Jan. 7 in the lower level of the library on campus. The department also will provide an "academic bridge" to prepare those enrolling in health care programs. For information or to enroll, call Director Nance Munderloh at 460-4663.

Group needs 'bigs' to work with kids

Big Brothers Big Sisters of Thomas County is looking for people able to volunteer one to two hours a week as mentors for kids who need a "big." You could make a difference in a child's life, working with the largest mentoring organization in Kansas. For questions, call Orvella Romine at 460-9125.

LOCAL TV Listings Sponsored by the COLBY FREE PRESS

Monday Evening											December 17, 2012	
	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30		
KAKE/ABC	Extreme Makeover	Extreme Makeover	Castle		Local	Nightline	Jimmy Kimmel Live					
KBSL/CBS	How I Met/Mother	2 Broke G	Mike	Hawaii Five-0		Local	Late Show Letterman	Ferguson				
KSNK/NBC	The Voice		1600 Penn	Take It All		Local	Tonight Show w/Leno	J. Fallon				
KSAS/FOX	Dragons	Ice Age	Happiness Is		Local							
Cable Channels												
A & E	Hoarders	Hoarders	Intervention	Intervention	Hoarders							
AMC	A Christmas Carol			A Christmas Carol								
ANIM	Rattlesnake Republic	Finding Bigfoot	Finding Bigfoot	Rattlesnake Republic	Finding Bigfoot							
BRAVO	Real Housewives	Real Housewives	Real Housewives	Real Housewives	Real Housewives	Real Housewives	Real Housewives	Real Housewives	Real Housewives	Real Housewives	Real Housewives	Real Housewives
CMT	Reba	Reba	Deliverance									
CNN	Anderson Cooper 360	Piers Morgan Tonight	Anderson Cooper 360	E. B. OutFront	Piers Morgan Tonight							
COMEDY	Futurama	Futurama	South Pk	Brickle	South Pk	Daily	Colbert	South Pk	South Pk			
DISC	American Chopper	American Chopper	American Chopper	American Chopper	American Chopper	American Chopper	American Chopper	American Chopper	American Chopper	American Chopper	American Chopper	American Chopper
DISN	Beethoven-Adv		Dog	Good Luck	Phineas	Good Luck	Jessie	Wizards	Wizards			
E!	Studio E!	Ice-Coco	Sweet Home Alabama			Chelsea	E! News	Chelsea				
ESPN	Countdown	NFL Football										
ESPN2	World/Poker	World/Poker	World/Poker	World/Poker	SportCtr	Football	NBA	NFL Films				
FAM	Dr. Seuss' How-Grinch		Dr. Seuss'									
FOOD	Restaurant: Im.	Restaurant Stakeout	Diners	Diners	Mystery D	Health	Restaurant Stakeout					
FX	The Karate Kid				The Karate Kid							
HGTV	Love It or List It	Love It or List It	Hunters	Hunt Intl	Love It or List It	Love It or List It						
HIST	Pawn	Pawn	American Pickers	Pawn	1880's	Pawn	Pawn	Pawn				
LIFE	All About Eve				All About Eve							
MTV	Jersey Shore	Teen Mom 2	Teen Mom 2	Catfish: The TV Show	Teen Mom 2							
NICK	Nick News	Full H'se	Full H'se	The Nanny	The Nanny	Friends	Friends	Friends				
SCI	Pirates-Worlds											
SPIKE	Tattoo	Tattoo	Tattoo	Tattoo	Tattoo	Tattoo	Tattoo	Tattoo	Tattoo	Tattoo		
TBS	Fam. Guy	Fam. Guy	Fam. Guy	Fam. Guy	Fam. Guy	Fam. Guy	Conan	Office	Office			
TCM	Destination Tokyo											
TLC	Cake Boss:Next	Cake Boss:Next	Cake Boss	Cake Boss	Cake Boss:Next	Cake Boss	Cake Boss	Cake Boss	Cake Boss			
TNT	The Mentalist	The Mentalist	The Mentalist									
TOON	Regular	Annoying	King/Hill	King/Hill	Amer. Dad	Amer. Dad	Fam. Guy	Fam. Guy	Chicken	Aqua Teen		
TRAV	The Layover	The Layover	Hotel Impossible									
TV LAND	Cosby	Cosby	Raymond	Raymond	Raymond	Raymond	King	King	The King of Queens			
USA	WWE Monday Night RAW											
VH1	Basketball Wives LA	T.I.-Tiny	Marry	Tiny Tonight			Basketball Wives LA	T.I.-Tiny	Marry			
WGN	Funniest Home Videos	Funniest Home Videos	WGN News at Nine	Funniest Home Videos								
Premium Channels												
HBO	New Year's Eve	Pic Paris	Les Miser	Red Tails								
MAX	X-Men	Something to Talk About		Hanna								
SHOW	Untold History	Homeland		Dexter			Homeland		Dexter			