



# Five people file for school board spots

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Five people have filed to run for three open seats on the Colby School Board, but most other school districts in the county do not have an excess of candidates. Candidates had to file by noon last Tuesday for the board elections for six school districts with land in Thomas County. The elections will be on Tues-

day, April 2, and there would have been a primary on Tuesday, Feb. 26, if enough people had filed. Three members' terms have expired on the board for Colby Public Schools and five candidates are running for the open seats. Board President Janice Frahm and Vice President Tracy Rogers have both filed, but Susan McLemore, the other board member whose term is expiring, said she would not file again.

Chad Applebury, Ronda Faber and Kristina Lemman all filed to be on the ballot for the school board. Frahm, who lives on a farm with her husband, has been on the school board for two terms, the first as vice president. She said seven kids have graduated from high school here while living under her roof, including foster kids and exchange students, and she thinks a total of 20 have lived in her house. One of her sons, Karlyn, 16, is a junior,

and the other, Jon, graduated in 1999 and teaches English in Thailand. An exchange student from Japan now lives in her house. "Every student, every child has different needs and you try to meet those needs and guide them as you would like them to go," she said. Out of the 12 years he has been on the school board, Rogers said that he was the president for three or four years. "I think all but one other year out of 12,

I've been the vice president," he said. He works at Frontier Ag, and says his job is to keep equipment and drivers in compliance with the U.S. Department of Transportation. His daughter Madison, 17, is a junior and his son Garrett graduated in 2010. Lemman showed up to the board's meeting in December to see how the meetings work, and said she has been at

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# Colby college will induct five to Hall of Fame

Colby Community College will induct five people into its new Hall of Fame during Homecoming week this year. Debbie Schwanke, public information director for the college, said that these are the first ever inductees in the Hall of Fame. Three people will be inducted into the Alumni Hall of Fame, she said. Two others, a coach and a standout athlete who went to Colby, will go into the Sports Hall of Fame.

The five will be honored at a luncheon at noon on Saturday and recognized at the basketball game that night, Schwanke said.

The inductees include: **Lyle and Nancy Saddler** are long-time supporters and graduates of the college. Lyle attended from 1969-71. Nancy followed a year later after attending another college and completed three semesters at Colby from 1971-72. They were married in 1972 and Lyle continued his education at Kansas State University, where he received a degree in business finance.

The couple returned to Colby in 1972 and have owned and operated Saddler Farms since. Nancy has also worked at the hospital and the Pioneer Memorial Library for many years.

Their son Michael graduated from the college. He was a member of the Trojans baseball squad and earned Academic All-American status. Sons Jeffrey and Brian enrolled in several classes.

Nancy's father and mother, Dr. Floyd and Mary Smith, were selected in 2009 to receive the col-

lege's Honorary Degree, it's most prestigious award.

Lyle's parents are long-time Colby residents Donald and Vera Saddler. They farmed for many years and have been active in the community.

Lyle and Nancy have three grandchildren, Christina, Brody and Alexandria.

**Keela Case** is the epitome of a life-long learner. As a child she attended a one-room school house in Brownville and she graduated in 1938 from Brownville High School, south of Levant. She and husband Cleo attended the University of Kansas until her mother became ill and they returned home to help.

Twenty-four years later, after raising three children, she began taking classes at Colby Community College in 1964. She transferred to Fort Hays State University and earned a Bachelor of Arts degree in sociology and modern psychology in 1970. In 1971, she completed a master's degree in guidance counseling. Her son C. Wayne received his law degree the same year Keela completed her master's program.

The couple returned to the area and Keela worked at the Mental Health Center in Colby for 16 years. Cleo was a sales representative for Dougherty Implement for 14 years and then as a salesman for Tubbs and Sons Ford for 18 years.

Keela continues to take classes at the college. This semester, she

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# Wear Red Day honored Friday

Friday is Wear Red Day. Celebrated across the country on the first Friday of February, it's part of a campaign known as "The Heart Truth," and the truth referred to is the simple fact that heart disease kills women.

In 2008 one in four women who died, according to the U.S. Department of Health and Human Services, died from heart disease.

According to Jeanene Brown, education director at Citizens Medical Center, many of the education programs she administers deal with the effects of heart attack, diabetes and stroke, all conditions interrelated with heart disease in general.

"The Thomas County Challenge and the work of the Thomas County Coalition is all about the prevention of heart disease," she said, "and setting goals for healthy lifestyles and risk reduction."

"The Heart Truth" campaign, which warns women about heart disease and provides tools to help them take preventive action against risks factors, is aimed mainly toward women ages 40 to 60 when those risks begin

to increase. Begun in 2001, the campaign was brought about in response to recommendation by more than 70 experts in women's health. Research then revealed that most women underestimate their risk.

The campaign comes with the symbol of a red dress, designed to warn women that heart disease is their No. 1 killer. Fashion designers, models and celebrities have demonstrated their support for the campaign by participating in the Red Dress Collection at New York's Fashion Week annually since 2003. That year, 19 designers contributed red dresses, and the program has since expanded to include Wear Red Day.

According to information provided through the campaign, heart disease deaths in American women have declined for the years from 1999 to 2008. This comes with evidence that awareness of heart disease among women has nearly doubled in the last 12 years, from 34 percent to more than half.



Dennis Schiel (above), an artist from Hays, explained what he painted in his mural depicting the history of the state to Colby Community College students Monday in a back room of F&M Bank. Heartland Christian School fourth grader Ryan Myers (below) got to see Marlene Carpenter's work in the front of the bank.

SAM DIETER/Colby Free Press



# Bank invites artists

Keira Bandy raised her hand (above) to ask Marlene Carpenter a question about her paintings Monday afternoon in the lobby of F&M Bank. Bandy was at the bank on a field trip from Heartland Christian School, along with her classmates (from left), Bryce Myers, Harley Wright, Joshua Larson and Fallon Sowers. Carpenter (right), an area artist, set up her sunflower paintings in the lobby of the bank, which said it invited 144 kids to see artwork by her and Dennis Schiel over the course of the day.

