## Student News

Colby Public Schools
Coiby Public Schools
Activities: celebrate Dr. Seuss' Library all week. Monday: FE poultry judging, Hays; 4 p.m grade school site council; 8 p.m. all-league basketball meeting,
Scott City. Tuesday: 2 p.m. forensics, Oakley; 4 p.m. seventh and eighth scholars bowl, Phillipsburg; $7: 30$ p.m. middle school-
high school vocal concert, High School Auditorium. Wednesday: basketball state, Salina; noon ganization meeting; 7 p.m. high school booster club meeting. hersday: end of third quarter; Western Plains Salina; 7:30 p.m. U.S. Navy Sea Chanters. Friday: no school, staff work day; ACT 13 test; state basketball, Salina. Saturday: state basketball, Salina; 8 a.m. forensics, Hoisington. Menus: Monday: breakfast: blueberry muffin, apple juice;
lunch: cheese quesadilla, letlunch: cheese quesadilla, let-
tuce, salsa, steamed carrots, applesauce, cookie. Tuesday: breakfast: pancake and sausage
on a stick, orange juice. lunch. on a stick, orange juice; lunch:
grilled chicken sandwich, tater tots, baked beans, mixed fruit. tots, baked beans, mixed fruit.
Wednesday: breakfast: breakWednesday: breakfast: break-
fast pizza, cinnamon applesauce; lunch: corn dogs, green beans, garden spinach salad, pineapple
slices. Thursday: breakf johns, grape juice; lunch: taco pie lettuce, salsa, broccoli, pears. $\mathrm{F}_{1}$

Sacred Heart Activities: Thursday: end of
third quarter. Friday: no school Menus: Monday: beef and Menus: Monday: beef and
bean burrito, romaine and tomato, apple wedges. Tuesday: strom-
boli, garden spinach salad, fresh carrots, fruit choice. Wednesday: barbecue beef on a bun, sweet potato fries, baked beans, orange day: turkey and cookie. Thursgreen leaf lettuce and tomato oven fries, sliced peaches. , sliced peache
Heartland Activities: Spirit Week. Monday. Tuesday: movie character
day day. Wednesday: fashion disaster day. Thursday: twin day. Friday: on - dismissal; ACT registraGolden Plains Activities: Tuesday: Activities: Tuesday: 9 a.m. to
4 p.m. Red Cross blood drive; p.m. high school forensics, Oakley; 1 p.m. middle school instru-
mental clinic, Healy. Wednesday: high school basketball, state, Fort Hays State University. Thursday: high school basketball, state, Fort Hays. Friday: high school basket-
ball, state, Fort Hays; registration ball, state, Fort Hays; registration
deadline for April 13 ACT test; deadine for April 13 ACT test;
end third quarter. Saturday: high end third quarter. Saturday: high
school basketball, state, Hays. Menus: Rexford: Monday: Menus: Rexford: Monday
breakfast: biscuit, sausage gravy lunch: weiner wrap. Tuesday: breakfast: scrambled eggs; lunch: barbecue ribs. Wednesday: breakfast: breakfast pizza; lunch. chicken fajita. Thursday: break-
fast: French toast: lunch: fast: French toast; lunch: bierocks.
Friday: breakfast: monkey bread;

| Rawlins County Health Center | Sun | Mon | Tue | Wed | Thu | Fri | Sat |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | E | Yo |  |  | $\begin{array}{\|l\|} \hline 1 \\ \\ \begin{array}{l} \text { Nuclear } \\ \text { M Modicin } \\ \text { Cariac } \\ \text { Cenab } \\ \text { RRl's } \end{array} \\ \hline \end{array}$ | 2 |
| $\begin{gathered} \text { RAWLINS } \\ \text { COUNTY } \\ \text { HEALTH } \\ \text { CENTER } \\ \text { COMMUNITY } \\ \text { CALENDAR } \end{gathered}$ | 3 | $\|$$\mathbf{4}$ <br> Pr. Rubinowitz <br> oncology <br> Ultrasounds <br> Cardiac Rehab | 5 | $\begin{array}{\|l\|} \hline 6 \\ \hline \end{array}$ | 7 | $8$ <br> Cardiac Rehab <br> MRI's | 9 |
|  | 10 | $\begin{array}{\|l\|} \hline 11 \\ \\ \hline \end{array}$ | 12 | 13 <br> Dr. Frankum <br> Surgery <br>  <br> Ultrasounds <br> Cardia <br> Diabeab <br> Diabelic Clinic$\|$ |  | 15 <br> Dr. Reeves <br> Podiatry <br> Nuclear <br> Medicine <br> Cardiac Rehab <br> MRI's | 16 |
| 707 Grant Atwood, KS 67730 (785) 626-3211 | 17 | $\begin{array}{\|l\|} \hline 18 \\ \\ \hline \end{array}$ |  | 20 <br> High Plains Cardiologist <br> Ultrasounds Cardiac Rehab Diabetic Clinic | 21 <br> Kirsten Angel <br> Dietitian | $22$ <br> Cardiac Rehab MRI'S | 23 |
| Bringing Specialized Healthcare To Your Community | 24 | 25 | 26 |  | 28 | 29 <br> Nuclear <br> Medicine <br> Cardiac Rehab <br> MRI'S | 30 |
| March 2013 | 31 |  |  | To sche with a LEASE Che Specia | dule an visiting CALL ryl Banis alty Clin | appointm physician 785) 626 ster, RN ic Directo | ent -3211 |

lunch: sandwich.
Brewster
Activities: Monday:
high school Western Kansas Liberty League All-League selection,
Northwest Kansas Service Center Oakley. Tuesday: spring pictures; 1 p.m. junior high instrumenWednesday: high p.m. concert. ketball, state, Hays. Thursday12:30 p.m. early dismissal; high school basketball, state, Hays Friday: no school; high school basketball state, Hays. Saturday: high school basketball state, Hays. Sunday: daylight saving time be-
Menus: Monday: breakfast: French toast sticks, sausage; lunch: spaghetti and meat sauce, green beans, cooked carrots, gar-
lic bread. Tuesday: breakfast: lic bread. Tuesday: breakfast:
oatmeal chocolate chip muffin; lunch: hamburger, fries, baked beans. Wednesday: breakfast: scrambled eggs; lunch: pig in blanket, potato wedges, broccoli, baby carrots. Thursday: breakfast: sausage gravy biscuit; lunch: Colby Community College Colby Community College
Activities: Sunday: noon Activities: Sunday: noon
baseball vs. Cloud County; rodeo Garden City. Monday: noon day: 7 pm. Coud County. Tuesconcert, Cultural Arts Center.

## Senior Progress Center

The Thomas County Health De-
partment will do blood pressure checks Tuesday.
Activities for the week: MonActivities for the week: Mon-
day: 10:30 a.m. Skip Bo. Tuesday: 10 a.m. exercise; 11 a.m. health department; after lunch
board meeting. Wednesday: snack day. Thursday: 10 a.m. exercise;10:30 a.m. pinochle. Friday: 10 a.m. exercise; 10:30 a.m
Wii bowling
Menus for the week: Monday: steak fingers, mashed potatoes, mixed vegetables, ambrosia fruit salad. Tuesday: taco salad, tropical fruit, chips, applesauce cake. salad, cook's choice fruit, pudding. Thursday: turkey, mashed vegetables, five-cup salad.

Red Barn
den City; 7 p.m. Women's Hi tory Jeopardy, Union Room 106

Friday: rodeo, Fort Scott; 2 p.m. Friday: rodeo, Fort Scott, 2 p.ro deo, Fort Scott; 3 p.m. baseball, El Dorado. Sunday: time change; 1 p.m. softball, Salina; 1 p.m. baseball, El Dorado; rodeo, Ft. Scott. | Triplains |
| :---: |

Activities: Monday: no school; 9 a.m. "Yearbook Monday;" p.m. meal, 7:30 p.m. meeting for selection, Northwest Kansas Edu cational Service Center in Oakley. Tuesday: league junior high art show, Healy - display only; 1 p.m. junior high league instrumental clinic, Healy; 6 p.m. concert; p.m. high school forensics, Oak ley. Wednesday: 3:30 p.m. Kay Club; high school state basketball Thursday: 4 p.m. parent-teacher anferences (grade school times
as previously scheduled, walk-ins as previously scheduled, walk-ins
welcome); high school state basketball; 6:30 p.m. senior class and parents meeting, lunchroom; 6:30 p.m. storm spotters class, Oakley (courthouse basement) free and open to the public. Friday: End of third nine weeks; ACT registration deadline for April test; high school state basketball. Satull high school state basketball. to colby.society @ nwkansas.com or to 155 W. Fifth, Colby, Kan.,
ato grave parro
rosy pears. Friday: smokies, macaroni and cheese, Italian blend
Lunch is served Monday
through Friday at the senior cen-
460-2901 by noon the day before

Activities for the week: Monday: 2 p.m. Barnswallows. Wednesday: 10 a.m. ladies' Bible study; Janette Dible's birthday. Thursday: 2 p.m. Come On Down. Friday: 9:30 a.m. Koffee
Klatch; 1:30 p.m. Red Barn Gang

## 

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## HOURS: 8-5 M-F•8-4 SAT.



## Young goat producers get chance to show off animals at K-state event



Kansas State University will
hold its third annual Kan nior Meat Goat Producer Day, Saturday, March 23, in Weber Arena in Manhattan.
"The Junior Meat Goat Day s an interactive way for young producers to learn about meat
goat production and management practices," said Kristine Clowers, practices, said Kristine Clowers,
youth livestock coordinator with K-State Research and Extension. While the program includes information that would be beneficial for youth who show goats in 4-H and other competitions, it's also helpful to anyone who is interestparticipants will learn about yelec, participants will learn about selec-

ing practice." begins at 8:45 Registration begins at $8: 45$
am., with the program starting at 9:15 a.m. Presentations will in-
clude: market and breeding goat selection; facilities; health and wellness; nutrition; and fitting and showing. A non-competitive

## Ice cream axed in Israel budget cuts

JERUSALEM (AP) - Follow- Following the publication, Is- minister's residence to check ou ng an Israeli newspaper's scoop, raelis flocked to the "Metudela" his alleged favor
the country's prime minister has ice cream shop near the prime chio and vanilla.
"frozen" his ice cream budget.
Benjamin Netanyahu's office said once he was made aware of the state-financed contract issued to purchase ice cream from his favorite Jerusalem parlor he ordered hu called the contract "excessive and unacceptable."
and unacceptable."
The Israel economic publication "Calcalist" published a list
of items on the prime minister's annual expense budget, including $\$ 2,700$ for ice cream.

## TAKE A SMALL STEP TO GET HEALTHY <br> www.smallstep.gov

## Fewer goats in the U.S.

There are currently 2.86 Mil- totaled 487,000 head, down 5 lion Goats in the U.S. percent from 2011. As of Jan. 1, the total in- Meat and all other goats toStates was 2.86 million head, 1,2012 , down 4 percent from down 4 percent from 2011. The breeding goat inventory totaled 2.38 million head, down 4 percent from 2011. Does one year old and older were at 1.78 ast year. Market goats and kids oats, unchanged from $360,00 \mathrm{milk}$ goats, unchanged from Jan. 1, 2011. Angora goats were down 5 percent, at 146,000 head. - U.S. Department of Agri-
culture National Agricultural culture National
Statistics Service

Skillathon will be available for will receive a T-shirt, lunch and youth to participate in, which Meat Goat Show Guide. equipmest identification of feeds, Information is available at ww care, wholesale meat goat cuts, Scroll to "Important Deadline and breeds. The day ends with an Calendar". Or contact Kristin awards ceremony. Clowers The cost to attend is $\$ 15$ per (785) 532-1265 or Brian Faris person if paid by Fridan rch 8, or $\$ 20$ later Participant brfaris@ksu.edu or (785) 53 ay, brfaris@

## NOFTER PUMP \& $\underset{\substack{1024 \text { Oak Ave. } \\ \text { Hoxie, KS } 67740}}{\text { WELL } L V_{C} \text {. }}$ <br> 

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(limit 4), mail in this form to:

Pat Ziegelmeier Colby Community College
1255 S . Range, Colby 67701

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Address

