

JUDY ROGERS/Golden Plains High School

Paulita Ramirez (second from left) and Lena Janke each val in Rexford March 22. The girls won the honor of having a received a pie in the face from junior class sponsors Tanya pie in the face as they were voted on with the most tickets in Schwarz and Jennifer Spresser at the end of the junior carni- their buckets.

Colby Wesleyan Church to hold parenting class

hold "Parenting the Love and Logic Way" at 6 p.m. Sunday evenings beginning this week and

gram was designed by the Love arguments, stay calm, set enforce- can be used immediately.

based company that specializes in kids learn from mistakes and products it says help parents raise raise kids who are family memmore responsible children.

This six-session parenting pro- how to avoid power struggles and signed to give practical skills that

Colby Wesleyan Church will and Logic Institute, a Colorado- able limits, avoid enabling, help bers rather than dictators, said The program will teach parents Joy Rothfuss. The program is de-

The class is open to the entire community. Cost is \$10 per person or \$20 per couple. Child care will be provided.

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Underage drinking dangerous to health

of choice among Kansans, both adult and youth, and the conse- eryone to get involved with reducquences can be devastating for families and communities alike.

In Kansas and across the coun-Alcohol Awareness Month, an annual public awareness campaign that encourages local communities to recognize the serious problem of alcoholism and alcohol-related issues. This year, the national campaign highlights the important health issue of underage drinking.

According to the National Council on Alcoholism and Drug Dependence Inc., alcohol use by young people is dangerous and has far-reaching consequences in the community. Underage drinking is directly related to traffic fatalities, suicide, violence, educational failure, alcohol overdose, unsafe sex and other problem behaviors. Annually, more than 6,500 people under the age of 21 years die from alcohol-related injuries and thousands more are injured.

Kansas Department on Aging

Alcohol is the number one drug and Disability Services Secretary Shawn Sullivan encourages eving alcohol dependency in their

"We can prevent alcoholism try, April has been designated as and addiction among our youth if we are diligent about offering education, intervention and treatment to them at an early age," he said. "We must have a cooperative effort not just from government agencies, but from our schools. parents and community leaders."

> The department cooperates with many agencies and organizations at all levels in its prevention infrastructure, including federal partners like the Substance Abuse and Mental Health Services Administration and the Center for Substance Abuse Prevention to help reduce alcohol dependency in the

For information about underage drinking or Alcohol Awareness Month, go to www.ncadd.org or www.teenthinking.org, a resource for Kansas parents, communities and teens.

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