Colby Public Schools

Activities: Monday: 4:45 p.m. ninth and 10th track, Goodland. Tuesday: varsity tennis, WaKeeney; 2 p.m. varsity golf, Goodland; 3 p.m. junior varsity tennis, Liberal (Garden City courts); 3 p.m. junior varsity track, Rawlins County; 4 p.m. baseball, Russell; 4 p.m. softball, Ellis. Wednesday: FFA district livestock judging, Oakley. Thursday: 11 a.m. seventh and eighth track, Phillipsburg; 4 p.m. junior varsity baseball vs. Burlington; 7 p.m. kindergarten musical, Grade School Auditorium. **Friday**: 3 p.m. varsity tennis, Russell; 4 p.m. baseball vs. Hugoton; 4 p.m. softball, Hugoton. Saturday: a.m. ACT test, Colby Community College; 10 a.m. seventh and eighth track, Goodland.

Menus: Monday: breakfast: pancake and sausage on a stick, orange juice; lunch: cheese quesadilla, lettuce, salsa, refried beans, apple halves. Tuesday: breakfast: turnover, grape juice; lunch: chicken patty on a bun, mashed potatoes, chicken gravy, steamed carrots, banana. Wednesday: breakfast: oatmeal breakfast round, apple wedges, lunch: taco pie, lettuce, salsa, fresh broccoli, pears. Thursday: breakfast: biscuit, gravy, apple juice; Italian pasta bake, green beans, pineapple slices, Jell-O. Friday: breakfast: string cheese, apricots; lunch:

bar will be Thursday at the Senior

Activities for the week: Mon-

day: 10:30 a.m. Skip Bo. Tues-

day: 10 a.m. exercise; 10:30 a.m.

backgammon. Wednesday: help

prepare for fund raiser. Thurs-

day: 10 a.m. exercise; 5 to 6:30

p.m. potato bar fund raiser. Fri-

day: 10 a.m. exercise; 10:30 Wii

Menus for the week: Monday:

goulash, seasoned carrots, pineap-

ple, cookie. **Tuesday**: open-face

turkey sandwich, mashed pota-

toes, gravy, green beans, pears.

Wednesday: smothered steak,

scalloped potatoes, peas, mixed

fruit. Thursday: chef salad,

strawberries and bananas, bread-

stick, fruit cobbler. Friday: baked

fish, parslied potatoes, winter mix

The Thomas County Nutrition

Center invites anyone 60 and

vegetables, cook's choice fruit.

Progress Center.

peas, fruit cocktail.

Sacred Heart

Activities: **Monday**: Iowa Test of Basic Skills, first grade. Tuesday: no bus. Friday: 2 p.m. preschool program; 7 p.m. kindergarten and first grade program.

Menus: Monday: hot hams and cheese on a bun, potato wedges, fresh broccoli, fresh grapes. Tuesday: chicken patty, mashed potatoes, gravy, green beans, orange smiles. Wednesday: taco burger on a bun, dark green leaf lettuce and tomato, refried beans, sliced pears. Thursday: Italian wich. pasta bake, green pepper strips, brownie. Friday: cheese pizza, tossed salad with romaine, garlic bread stick, marinara sauce, fresh

Heartland

HOPE meeting. **Thursday**: 7 p.m. spring concert. Friday: 3 p.m. high school track, Logan, North-

Golden Plains Activities: Monday: senior

trip; 4 p.m. cheerleading tryouts. **Tuesday**: senior trip; 10:30 a.m. high school track, Triplains Invitational, Colby. Wednesday: senior trip; middle school music contest. and noodles, mashed potatoes, **Thursday**: 1 p.m. high school play dress rehearsal; 7 p.m. high Senior Progress Center

through Friday at the senior cen-

ter. A contribution of \$3 per meal

is suggested for seniors. Make res-

Activities for the week: Sun-

day: Joan Dingwerth's birthday.

Monday: 1:45 p.m. blood pres-

sure clinic; 2 p.m. Barnswallows.

Tuesday: Marjorie Leh's birthday.

Wednesday: 10 a.m. ladies' Bible

study. Thursday: 2 p.m. Come

On Down. Friday: 9:30 a.m. Kof-

fee Klatch; 1:30 p.m. Red Barn

Gand practice; 2:30 p.m. Stitch

and Chatter. Saturday: Darrel

The Colby Free Press is looking

for a correspondent in the Rexford

area. If you are interested con-

tact Sharon or Marian at our of-

fice, 462-3963 or Colby.editor @

nwkansas.com.

Dible's birthday; 7 p.m. bingo.

ervations at (785) 460-2901.

Red Barn

The spring fund raiser potato older and guests to lunch Monday

corn dogs, garden spinach salad, school play performance. Fri- rice, cooked carrots. Wednesday: day: 10 a.m. middle school track, Northern Valley Invitational; 3 p.m. high school track, Northern Valley Invitational. Saturday: ACT test date.

Menus: Rexford: Monday: breakfast: pizza bobs; lunch: Frito pie. Tuesday: breakfast: pancake and sausage; lunch: cowboy cavatina. Wednesday: breakfast: breakfast combo; lunch: chicken patty. Thursday: breakfast: scrambled eggs; lunch: ticerito. Friday: breakfast: breakfast pizza; lunch: barbecue beef sand-

Selden: Monday: breakfast: baby carrots, applesauce, royal burrito; lunch: chicken nuggets. Tuesday: breakfast: long john; lunch: hamburger. Wednesday: breakfast: biscuits and gravy; lunch: chili con queso. **Thursday**: breakfast: sausage and biscuits; Activities: Tuesday: 10 a.m. lunch: ham. Friday: breakfast: high school track, Colby; 7 p.m. eggs and toast; lunch: cheeseburger mac.

Brewster

Activities: Tuesday: 10 a.m. ern Valley. Saturday: 8 a.m. ACT high school track, Triplains meet at Colby. Friday: no school; 10 a.m. junior high track, Northern Valley (Logan); 3 p.m. high school track, Northern Valley (Logan); 3 p.m. high school golf, Hill City.

> Menus: Monday: breakfast: scrambled eggs; lunch: chicken green beans. Tuesday: breakfast: cinnamon roll; lunch: chicken wrap, lettuce, tomato, Spanish

breakfast: sausage gravy biscuit; lunch: taco salad, chips, corn, carrots. Thursday: breakfast: pancakes; lunch: spaghetti and meat sauce, broccoli, bread sticks.

Colby Community College Activities: Sunday: hunt seat zones, Colorado Horse Park; men's golf, Salina; 1 p.m. baseball, Hutchinson; 2 p.m. Walk-A-Mile event. Monday: women's golf, Hutchinson; men's golf, Salina; 3 p.m. softball, Salina. **Tues**day: women's golf, Hutchinson; 3 p.m. softball, North Platte, Neb. **Wednesday**: 2 p.m. baseball, softball vs. Dodge City. Thursday:

rodeo, Weatherford, Okla.; women's golf, Great Bend; 6:30 p.m. in session; 1:30 p.m. "Strength baseball, McCook, Neb. Friday: women's golf, Great Bend, rodeo, Weatherford; 9 a.m. enrollment; noon – women's track, Wichita: 3 p.m. baseball, softball vs. Butler. Saturday: rodeo, Weatherford; women's track, Wichita; men's track, Seward, Neb.; noon - softball tournament; 1 p.m. baseball vs. Pratt; 4:45 p.m. scholarship auction, City Limits. Sunday: women's golf, Salina; 9 a.m. softball tournament; 1 p.m. baseball vs. Pratt; 5 and 7 p.m. all-star basketball games.

Triplains

Activities: Monday: school presentation, Sharon Springs (junior high-high school); 6:30 p.m. "After Prom" meeting, auditorium; 7 p.m. board meeting. Tuesday: kindergarten; no story hour; 10:30 a.m. Triplains Invitational high school track meet, Colby. Wednesday: kindergarten. Thursday: kindergarten; no junior high track meet. Friday: no school. **Saturday**: ACT test date.

Send us your calendar and menus. E-mail colby.society @ nwkansas.com or mail Colby Free Press, 155 W. Fifth, Colby, Kan.,

Area students to help at enrollment

Bailey Koerperich and Jorselected to serve as three of the Fort Hays State University orientation assistants for 2013.

These students help freshmen as orientation events in August. dan Krzycki of Colby and Isaac and transfer students and their par-Broeckelman of Selden have been ents and families become familiar with the campus and its resources. They will staff pre-enrollment sessions during the spring as well

dan Krzycki, a senior majoring in

psychology; Anna Taylor, a junior

majoring in elementary education;

and Taylor Young, a senior major-

SALINA COMMUNITY THEATRE

Koerperich is a sophomore majoring in communication studies. Krzycki, a senior, is majoring in psychology, and Broeckelman, a junior, is studying health and human performance.

Orientation assistants must have a department or faculty recommendation and a minimum 2.5 grade average, have demonstrated academic ability, communication skills and interest in working with new students.

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Three named ambassadors

Three Colby High School graduates are among the 26 selected to serve as official Fort Hays State University representatives – Anderson VIP Student Ambassadors ing in finance. for the 2013-2014 academic

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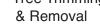
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