



## Sweet music

Josiah Akers played the violin for the Pride of the Prairie Orchestra Sunday afternoon in the Cultural Arts Center at Colby Community College. The musicians dressed casually for their "Blue Jeans and T-Shirts" concert, a special show to honor Sharon Steele, a longtime member, who died earlier this year.

SAM DIETER/Colby Free Press

# Research moving companies

Summer is a busy time for families to relocate. Often, this requires the assistance of a professional moving company. Most movers are legitimate and provide quality service, but a few unscrupulous operators seem to turn up at this time of the year trying to scam consumers. Whether you are a college student moving back home for the summer or a large family relocating across the country, you should expect and receive fair treatment from the company you hire to move your belongings.

There are a few warning signs you should look for that could tip you off to a questionable moving company.

- Payment demanded first. If the moving company demands full payment or a very large deposit before starting the job, you run the risk of not seeing your money – or the movers – again.

- No inspection. Beware of movers who give you an estimate without coming to your home to inspect the items being moved. Often a blind bid sounds too good to be true, and it usually is.

- No local address, license or insurance. A company operating without local facilities or appropriate insurance is most likely not going to provide the level of service or protection you want for your property.

- No federal registration. Moving companies are required to obtain and display U.S. Department



## Derek Schmidt

• Attorney General

of Transportation numbers on all of their commercial vehicles. The company is also required to be registered with the Federal Motor Carrier Safety Administration.

- Rental trucks and no company name. If the moving service has no official company name or operates with generic rental trucks instead of fleet vehicles, the operators will be more difficult to track down if you have complaints after the move.

Always demand a detailed written estimate before agreeing to any services or payment. At the time your mover provides a written estimate, the company is required by federal law to provide you with a copy of the U.S. Department of Transportation publication titled "Ready to Move?". Before your mover finalizes the order for service and shipment of household goods, your mover must also furnish you with the following four documents:

1. "Your Rights and Responsibilities When You Move" – a federally produced booklet.

2. A concise, easy-to-read, ac-

curate summary of your mover's arbitration program.

3. A notice of availability of the applicable sections of your mover's tariff for the estimate of charges, including an explanation that you

may examine the tariff sections, or have copies sent to you upon request.

4. A concise, easy-to-read, accurate summary of your mover's customer complaint and inquiry handling procedures, including the mover's main phone number and contact information.

If you have questions about moving companies or possible scams, contact the Kansas Attorney General's Consumer Protection Division at (800) 432-2310 or [www.ag.ks.gov](http://www.ag.ks.gov).

## Red Barn

Activities: **Monday:** 2 p.m. Barnswallows. **Wednesday:** 10 a.m. ladies' Bible study. **Thursday:** 2 p.m. "Come On Down." **Friday:** 9:30 a.m. Koffee Klatch; 2:30 p.m. "Stitch and Chatter."

If you would like to be a correspondent, keeping the *Colby Free Press* informed on what's going on in Rexford, call Sharon or Marian at 462-3963 or e-mail [colby\\_editor@nwkansas.com](mailto:colby_editor@nwkansas.com).

## School Activities and Menus

### Colby Public Schools

Activities: **Monday:** 4 p.m. softball, Russell; 4 p.m. grade school site council, grade school cafeteria. **Tuesday:** 1 p.m. seventh and eighth Great West Activities Conference track, Scott City; 2 p.m. high school student awards assembly, high school auditorium; 2 p.m. junior varsity golf, Brewster (Sugar Hills, Goodland); 6:30 p.m. senior award night, high school auditorium; 7:30 p.m. high school pops concert, high school auditorium. **Wednesday:** senior's last day; baseball and softball all league meeting, Scott City. **Thursday:** 3 p.m. conference golf tournament, Holcomb; 3 p.m. conference track, Goodland; 4 p.m. baseball, Hays Thomas More Prep. **Friday:** kindergarten picnic; tennis state. **Saturday:** middle school band and choir trip to Denver; college graduation; tennis state.

Menus: **Monday:** breakfast: bagels, cream cheese, apple juice; lunch: cheese quesadilla, lettuce, salsa, refried beans, tropical fruit. **Tuesday:** breakfast: cereal, cinnamon pastries, orange juice; lunch: Salisbury steak, mashed potatoes, brown gravy, broccoli with cheese, fruit cocktail, roll. **Wednesday:** breakfast: cereal, turnover, applesauce; lunch: burrito, lettuce, salsa, California blend veggies, peaches. **Thursday:** breakfast: oatmeal breakfast round, pineapple chunks; lunch: chicken strips, mashed potatoes, chicken gravy, steamed carrots, applesauce, Rice Krispie Bar. **Friday:** breakfast: cereal bar, string cheese, grape juice; lunch: beef steak fingers, tater tots, cauliflower with cheese, mandarin oranges.

**Sacred Heart**  
Activities: **Thursday:** field day. **Friday:** last day of school.

Menus: **Monday:** chicken patty. **Tuesday:** spaghetti and meatballs. **Wednesday:** chicken quesadilla. **Thursday:** hot dogs. **Friday:** turkey sub.

**Heartland**  
Activities: **Tuesday:** 6 p.m. activities banquet, potluck. **Friday:** 10 a.m. junior high-high school league track meet, Logan.

**Golden Plains**  
Activities: **Monday:** 3 p.m. high school track, Hill City; 7 p.m. middle school play, Rexford. **Tuesday:** 7:15 a.m. teacher ap-

preciation breakfast, Rexford; 7 p.m. elementary music program. **Wednesday:** 7 p.m. baccalaureate, Rexford. **Thursday:** 2 p.m. kindergarten graduation, Selden; 6:30 p.m. high school awards banquet, Selden. **Friday:** 9:30 a.m. middle school track, Western Kansas Liberty League, Logan; 3 p.m. high school track, Western Kansas Liberty League, Logan. **Sunday:** 2 p.m. high school graduation, Rexford.

Menus: **Rexford: Monday:** breakfast: hash browns and toast; lunch: barbecue rib, beef fingers. **Tuesday:** breakfast: pizza bobs; lunch: taco salad. **Wednesday:** breakfast: bagels; lunch: chicken patty and chicken tenders. **Thursday:** breakfast: scrambled eggs; lunch: cooks choice. **Friday:** breakfast: breakfast pizza; lunch: cooks choice.

**Brewster**  
Activities: **Monday:** 3 p.m. high school track at Stockton (Palco meet). **Tuesday:** 2 p.m. Brewster Invitational Golf Tournament, Goodland. **Friday:** 9:30 a.m. junior high Western Kansas Liberty League track meet, Logan; 3 p.m. high school Western Kansas Liberty League track meet, Logan; no school.

Menus: **Monday:** breakfast: sausage cheese biscuit; lunch: pork rib, cheesy potatoes, green beans, baby carrots, applesauce. **Tuesday:** breakfast: French toast sticks, sausage; lunch: soft shell taco, corn, lettuce, pears, peaches. **Wednesday:** breakfast: pizza; lunch: beef and noodles in gravy, broccoli, cooked carrots. **Thursday:** breakfast: scrambled eggs; lunch: hamburgers, fries, fresh veggie mix, fruit.

**Colby Community College**  
Activities: **Sunday:** baseball Region VI first round; Intercollegiate Horse Show Association nationals, Harrisburg, Pa.; softball Region VI Tourney, Wichita. **Tuesday:** 7 p.m. spring concert, Cultural Arts Center; 9:30 p.m. Finals Pancake Feed, cafeteria. **Wednesday:** semester finals. **Thursday:** semester finals. **Friday:** semester finals; softball playoff game. **Saturday:** 10 a.m. nurses' pinning ceremony, Community Building; 2 p.m. commencement, Community Building; baseball Central District championships,

Wichita; softball playoff game. **Sunday:** baseball Central District championship, Wichita.

**Triplains**  
Activities: **Monday:** school in session, 8:15 a.m. to 4 p.m. kindergarten through eighth grade field trip to Sternberg Museum; Kay Club pizza party after track practice. **Tuesday:** kindergarten; 10 a.m. junior high track meet, Logan; 2 p.m. high school golf, Goodland. **Wednesday:** kindergarten; 1:30 p.m. fifth and sixth grade law day, Oakley. **Thursday:** kindergarten; 1:30 p.m. reading carnival for kindergarten through sixth grade. **Friday:** no school; 10:30 a.m. junior high track meet, Logan; 3 p.m. high school track meet, Logan.

Send us your calendar and menus. E-mail [colby.society@nwkansas.com](mailto:colby.society@nwkansas.com) or mail *Colby Free Press*, 155 W. Fifth, Colby, Kan., 67701.

## Senior Center

Get your blood pressure checked Tuesday at the Senior Progress Center, then come Thursday for a Mother's Day party.

Activities for the week: **Monday:** 10:30 a.m. Skip Bo. **Tuesday:** 10 a.m. exercise; 11 a.m. Thomas County Health Department staff; after lunch – board meeting. **Wednesday:** cookie day. **Thursday:** 10 a.m. exercise; 11 a.m. Mother's Day party. **Friday:** 10 a.m. exercise; 10:30 a.m. Wii bowling.

Menus for the week: **Monday:** breaded pork patty, mashed potatoes, gravy, mixed vegetables, rosy pears. **Tuesday:** Frito chili cheese pie, mixed fruit with bananas, corn chips, cinnamon roll. **Wednesday:** lasagna, tossed salad with carrots and tomatoes, peaches, garlic bread, pudding. **Thursday:** sausage gravy, California blend vegetables, gelatin with fruit, biscuit, bar cookie. **Friday:** roast beef, mashed potatoes, gravy, green beans, dinner roll, strawberry shortcake.

The Thomas County Nutrition Center invites anyone 60 and older to lunch at the senior center.

Make reservations at (785) 460-2901 by noon the day before.

# Happy Mother's Day



## Mother's Day

Anything and everything your Mom might want!

- Picture Frames
- Precious Moments
- Perfumes
- Russell Stover
- Moments
- Tea Sets

Hallmark Precious Moments Russell Stover

Mon - Fri 8:30 a.m. - 6 p.m. • Sat 8:30 a.m. - 2 p.m.

## PALACE DRUG STORE

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Meadow Lake Restaurant & Lounge  
**Mother's Day Buffet**  
Salad Bar, Mashed Potatoes, Ham, Fried Chicken, Gravy, Corn & Dessert.  
May 12<sup>th</sup> • 11 - 1 p.m.  
**\$14.95**  
Reservations Required  
MEADOW LAKE 785-460-6443  
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OPEN: Monday-Saturday: 9:00-6:00 Sunday: 12:00-5:00

**MOTHER'S DAY 2013**  
Sunday, May 12<sup>th</sup>  
Buy Mom a Subscription This Year!  
Stop by the Colby Free Press and sign her up!  
155 W. 5th Colby, Kansas  
or call for questions  
785-462-3963  
COLBY FREE PRESS NEWSPAPER

**Mothers Day** is **Sunday, May 12th!**  
Give your mom that special treatment she deserves!!  
Buy her a new La-Z-"Girl" chair & treat her like a queen!!!  
10% Off ALL Gift Items  
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Monday-Friday: 8:00-5:30 Saturday: 9:00-5:00  
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