

Relaxing to some bluegrass



HEATHER ALWIN/Colby Free Press
Burt, Michelle and Sloane Henderson relaxed in Fike Park Wednesday as local bluegrass group Sappa Strings played for the crowd. This was the second-to-last Picnic in the Park session for this season.

Class of 1953 gathers

Marj Brown

Thirty-five people attended the 60th reunion of the Colby High School class of 1953 when they met for a noon meal June 29 at Montana Mike's.

After the meal and the class picture was taken, some of the individuals visited their old high school building, now being used for the grade school, and some went to the Prairie Museum of Art and History.

In the evening, Paul Steele, a member of the 1953 class, held a pizza party for the class.

A game of Name That Tune was played, with Mary Jo (Woofter) Boye, playing a variety of 1970 tunes on the piano. Marilyn (Hess) Wiley and Vonna (Davis) Lunsway, demonstrated how they won the boogie woogie contest in high school.

Kenneth and Sheila Frahm came to Steele's rescue by showing up to pick up the dirty dishes and to wash them so the class members could spend the evening catching up on what they are doing now and looking at scrap books.

Those visiting from out of town included Mary Jo (Woofter) Boye, Marshfield, Mo.; Marilyn (Hess) Wiley and her friend John Hofsetz, Scottsdale, Ariz.; John and Freida Depe, Blanchard, Okla.; Jack and Jane Kersenbrock, Norton; Allen and Nadine Henry and daughter Christine, Purdin, Mo.; Dean and Phyllis Houston, Topeka; Loren and Vonna Goldsworth, Cedar, Iowa; Mary Sharon (Cole) Wells, Golden, Colo.; Dixie (Wilson) and Merlin Green of Ludell; Mary (Fort) Hamill and friend, Marlene Riedel, of Lawrence; and Betty (Cochran) and Norm Miller, Shawnee Mission.

Those attending from Colby included Grace (Barnett) Jones; Marlene (Miller) Carpenter; Marcia (Schiefen) Schlagek; Pat (Swanson) Young and cousin, Debbie Talbot; Vonna (Davis) Lunsway; Charles and Pat Wagoner; Marjorie (Williams) and Jim Brown; Paul Steele; and Wanda Davis, wife of the late Don Davis. Jan Wolf of Colby, sister of Mary Jo Boye, attended the evening session at Steele's.

Summer reading to close

Summer reading is coming to a close. The last day to receive prizes for your child's "Journey to the Center of the Earth - Reading Game" is on Monday. Only those children that have already signed up for this game can receive prizes. Parents, don't forget to help your children finish strong.

Also, teens and adults have until Wednesday, July 31, to rate the books they have read and get a ticket for our teen and adult reading prizes. All you have to do is sign up at the front desk. Then when you finish a book, ask for a rating card, fill it out and we will have you enter your information on a ticket for our drawing container. After July 31, we will draw for prizes and contact the winners.

This week I want to tell you about a few new books we have received.

The first is "The Light in the Ruins," by Chris Bohjalian. The author jumps right into the middle of his story, craftily using the killer to draw you into the book's embrace. The killer is familiar with even the furniture in the room. He has just described his vicious intentions to make this merely his first murder.

Bohjalian then turns us back in time to 1943 when the Germans came knocking on the door of a noble family in Tuscany. In fact, the family thought they were safe in their grand villa; it did not occur to them their fortunes might change, but on that day their lives were changed forever.

Springing back to 1955, protagonist Serafina Bettina, investigator for the Florence police department, comes to investigate the earlier murder. She finds the world of 1943 blends into her own story. She must find the killer targeting this family while not exposing her past.

If you have not read this authors' work, you may want to put your toes in the water. He has written 16 books, with four best sellers: "The Sandcastle Girls," "Skeletons at the Feast," "The Double Blind" and "Midwives," which was on the Oprah Book Club list. Three of his novels have been made into movies: "Secrets of Eden," "Past the Bleachers,"



Melany Wilks

Library Links

and Midwives."

The next book is "Killer Honeymoon," by G.A. McKeve. This is a little lighter than the other mystery just described. In book No. 18 of the Savannah Reid series, Savannah has just married her best friend and partner, Dirk. Experiencing the first blissful morning of matrimony, while her husband snored in her ear, she did not care, she was up for the challenge. They had escaped to Santa Tesla, a tiny island 51 miles northwest of Los Angeles.

After a first night in a less-than-ideal room, Savannah found a card from longtime friends Ryan and John with a gift to spend the rest of their honeymoon at a pre-Civil War innkeeper's cottage on the cliffs above a raging ocean, strategically near the murder of the famed L.A. anchorwoman, Amelia Northrop. The local police do not want their input but Savannah won't put this down, even if she and Dirk are supposed to be on their honeymoon.

Other books we are adding are: "Option to Kill," (book 3 of the Nathan McBride series) by Andrew Peters; "Maggie Rose," (book 2 of the Daughters of Jacob Kane series) by Sharlene MacLaren; "A Serpent's Tooth," (book 9 of the Walt Longmire Mystery series) by Craig Johnson; "Grounded," (book 1 of the Windy City Neighbors series) by Neta and Dave Jackson; and "Wife 22," by Melanie Gideon.

Remember to come to the library when it is hot. Enjoy our cool environment to read a news-

paper, magazine, book or tablet. Put some earphones in and listen to an audio book. Bring in your laptop or tablet and do some business or e-mailing.

Our summer hours are 9 a.m. to 6 p.m. Monday to Wednesday, to 8 p.m. Thursday and to 5 p.m. Friday; 10 a.m. to 4 p.m. Saturday; and 1 to 4 p.m. Sunday.

See you in the library!

UPCOMING EVENTS in Kansas

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KKOA Leadsled Spectacular

July 26-28, Salina
Fri-Sun: Hang-out with over 1,500 Ol' Skool Customs, Hotrods & Drag Machines at Oakdale Park. Friday Night Drags at E. Crawford Rec Area. Saturday night concert at the Stiefel Theatre starring Elvis tribute artist, Victor Trevino, Jr. kustomkempsofamerica.com

Dodge City Days Festival

July 26-August 4, Dodge City
Western Heritage Comes to Life! This 10-day festival hosts more than 50 events: Parades, BBQ, Concerts, Rodeo, Western Art Show & More. (620) 227-3119, dodgecitydays.com

Dodge City Roundup Rodeo

July 31-August 4, Dodge City
The greatest show on dirt! PRCA Rodeo-A Wrangler Million Dollar Tour Rodeo. Five nights of non-stop action. For ticket information: (866) 327-6366, dodgecityroundup.org

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Memory decline may be dementia

By Marilynn Marchione

AP Chief Medical Writer

BOSTON (AP) — Memory problems that are often dismissed as a normal part of aging may not be so harmless after all.

Noticing you have had a decline beyond the occasional misplaced car keys or forgotten name could be the earliest sign of Alzheimer's, several research teams are reporting.

Doctors often regard people who complain their memory is slipping as "the worried well," but the new studies show they may well have reason to worry, said Maria Carrillo, a senior scientist at the Alzheimer's Association.

One study found that self-reported memory changes preceded broader mental decline by about six years. Another tied these changes to evidence on brain scans that dementia is setting in.

"Maybe these people know something about themselves" that their doctors don't, "and maybe we should pay attention to them," said Dorene Rentz, a Massachusetts General Hospital psychologist. She helped run one of the studies, which were discussed Wednesday at the Alzheimer's Association International Conference in Boston.

About 35 million people worldwide have dementia, and

Alzheimer's disease is the most common type. It causes a slow decline in thinking and reasoning ability. Memory trouble that disrupts daily life is one symptom.

Don't panic, though: The researchers are not talking about "senior moments," those small, temporary lapses most everyone has, said Creighton Phelps, a neuroscientist with the U.S. National Institute on Aging. They are talking about real memory loss, in which the information doesn't come back to you later, not even when people remind you of what you forgot, he explained.

A true decline is a change in your normal pattern. "You're starting to forget things now that you normally didn't — doctor appointments, luncheon engagements, the kids are coming over ... things that a year or two ago you wouldn't," said Dr. Ronald Petersen, director of the Mayo Clinic's Alzheimer's Disease Research Center.

Pati Hoffman, of Carol Stream, Ill., near Chicago, used to design menus and organize events for restaurants but began forgetting where she filed things in her computer.

"I really just kind of started struggling. Something wasn't right. I would have to bring my work home, spread it all over the floor, sort it and then try to get it

done so that nobody at work would know I was having this difficulty," she said. Driving to familiar places, "I would think, 'I know where I am, but I don't know how to get out of here.'"

Two neurologists said it was just stress and anxiety, and one prescribed an antidepressant. A third finally diagnosed her with early-onset Alzheimer's disease four years ago. She was 56.

The new studies were on "subjective cognitive decline" — when people first notice they are having trouble, even if they test normal on mental ability tests:

- Richard Kryscio at the University of Kentucky led a study of 531 people, average age 73. Those who reported a change in memory or thinking abilities since their last doctor visit were nearly twice as likely to be diagnosed with dementia or mild cognitive impairment about six to nine years later.

- Researchers from the French government's health agency and Brigham and Women's Hospital in Boston studied 3,861 nurses at least 70 years old who were asked about memory symptoms and periodically tested for them later. About 900 carried a gene that raises their risk for dementia. Among the carriers, worry about a single memory symptom predicted verbal memory decline on tests over the next six years.

Thomas County Jail

Booked into the Thomas County jail:

- Ji Hoon Ro, 30, Colby, July 9, battery, endangering a child, disorderly conduct, Colby Police Department, released same day on recognizance.
- Kirt Alan Dugger, 21, Colby, April 29, probation violation, Court Services of Thomas County, released July 11 on probation.
- Juan Benitz, 28, Goodland, July 10, failure to appear, interference with law enforcement, Colby Police, released same day to other agency.
- Emery David Elmore, 45, Goodland, July 10, failure to appear, Thomas County Sheriff's Office/Sherman County Sheriff's Office, released last Thursday.
- Darcee Raenell Gassmann, 37, Colby, July 10, driving under the influence, possession of drug paraphernalia, Thomas County Sheriff, released last Thursday on recognizance.
- Travis James Graves, 28, Colby, July 10, probation violation Colby Police/Court Services, released same day on recognizance.
- Justin Joe Tesmer, 38, Goodland, July 10, Court Services, released Friday on recognizance.
- Travis Lynn Durham, 31, Colby, last Thursday, failure to appear, Thomas County Sheriff, released same day on probation.
- Jane Elizabeth Guifoyle, 31, Colby, last Thursday, giving a worthless check, Thomas County Sheriff, released same day on recognizance.
- Trevor John Lundgren, 33, Colby, last Thursday, probation violation, Thomas County Sheriff/Court Services, released Friday on recognizance.
- Daniel Lloyd McClure, 21, Colby, Friday, contributing to

child's misconduct/deprivation, Colby Police, released same day on recognizance.

- Albert Enriquez Garcia, 47, Colby, Saturday, battery-domestic, Colby Police, released same day on recognizance.
- Amy Ellen Hoft, 40, Colby, Saturday, failure to appear, Oakley Police Department, released same day to other agency.
- Jerran Alan Zerr, 29, Oakley, Saturday, driving under the influence (third or subsequent, transporting open container/alcohol, no proof of insurance, Kansas Highway Patrol, released Monday on \$2,500 bond.
- Erika Breanna Best, 21, Colby, Monday, endangering a child, possession of hallucinogenic drugs, possession of drug paraphernalia.

child's misconduct/deprivation, Colby Police, released same day on recognizance.

- Albert Enriquez Garcia, 47, Colby, Saturday, battery-domestic, Colby Police, released same day on recognizance.
- Amy Ellen Hoft, 40, Colby, Saturday, failure to appear, Oakley Police Department, released same day to other agency.
- Jerran Alan Zerr, 29, Oakley, Saturday, driving under the influence (third or subsequent, transporting open container/alcohol, no proof of insurance, Kansas Highway Patrol, released Monday on \$2,500 bond.
- Erika Breanna Best, 21, Colby, Monday, endangering a child, possession of hallucinogenic drugs, possession of drug paraphernalia.

Markets

Quotes as of close of previous business day
Hi-Plains Co-op

Wheat (bushel)	\$6.92
Corn (bushel)	\$7.09
Milo (hundredweight)	\$11.36
Soybeans (bushel)	\$15.52

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Dr. Sis recently completed her residency in Pediatrics, Vision Therapy & Vision Rehabilitation at the Pacific University College of Optometry. While Dr. Sis has an emphasis in working with children, vision and learning issues and special needs patients, she enjoys seeing patients of all ages. She joins Dr. Jeff Morrison, Dr. Mark Wahlmeier and Dr. Jordan Hagler in serving patients here in Northwest Kansas.

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Happy 24th Birthday

Otto Schutte III
(Butchie)

From - Mom, Dad,
Sammie, Killer, Holly,
Kendall & Brendall

Colby Aquatic Park

After Dark Party

Friday, July 19, 2013

9 p.m. - Midnight

\$3/person (passes not accepted)

Music provided by Cat-5 DJ

Glow necklaces & bracelets available to purchase

Concession Stand OPEN from 9 - 11 p.m.

Everyone Welcome!

NO outside food, drinks, or glow items

will be allowed in

\$3/person (passes not accepted)