

# Student News

**Colby Public Schools**  
**Activities: Monday:** school screenings. **Tuesday:** school screenings. **Wednesday:** school screenings. **Friday:** middle school Fike Park Day. **Saturday:** volleyball C tournament, Phillipsburg.  
**Sacred Heart**  
**Activities: Monday:** first day for prekindergarten. **Tuesday:** first day for preschool.  
**Menus: Monday:** hamburger on a bun, dark green leaf lettuce and tomato, sweet potato fries, fruit cocktail, Rice Krispy treat. **Tuesday:** chicken nuggets, mashed potatoes, gravy, fresh

broccoli, strawberries and bananas. **Wednesday:** chili Frito, whole grain corn chips, celery and cucumbers, cinnamon roll, orange smiles. **Thursday:** baked ham, two-potato mash, green beans, biscuits, jelly, fresh kiwi. **Friday:** macaroni and cheese, peas, fresh baby carrots, whole wheat bread, jelly, apple wedges.  
**Heartland**  
**Activities: Monday:** 4-year-old preschool first day. **Tuesday:** 3-year-old preschool first day. **Friday:** 10 a.m. high school volleyball, Healy Tourney.  
**Golden Plains**

**Activities: Friday:** 5 p.m. fall sports scrimmage, Rexford.  
**Menus: Rexford: Monday:** breakfast: bagel and ham; lunch: chicken patty. **Tuesday:** breakfast: pancake and sausage; lunch: cowboy cavatini. **Wednesday:** breakfast: breakfast pizza; lunch: frito pie. **Thursday:** breakfast: sausage gravy and biscuit; lunch: ticerto. **Friday:** breakfast: donut and string cheese; lunch: barbecue beef sandwich.  
**Brewster**  
**Activities: Tuesday:** 7 p.m. league meeting, Oakley. **Thursday:** hot dog and watermelon feed.

**Friday:** 4 pm. volleyball dual at Winona vs. Palco; no school.  
**Menus: Monday:** breakfast: coffee cake; lunch: chicken wrap, lettuce, tomato, cooked carrots Spanish rice, peaches. **Tuesday:** breakfast: pancakes, sausage; lunch: hot dog, bun, macaroni and cheese, broccoli, baby carrots, cinnamon apples, orange. **Wednesday:** breakfast: scrambled eggs; lunch: spaghetti and meat sauce, peas, green beans, garlic bread, pineapple, orange. **Thursday:** breakfast: sausage gravy, biscuit; lunch: taco salad, chips, refried beans, watermelon, lettuce, tomatoes.  
**Colby Community College**  
**Activities: Sunday:** 1 p.m. soft-

ball duck soup fund raiser, city fields. **Wednesday:** 6:30 p.m. volleyball, Dodge City. **Friday:** volleyball Classic Labor Day Tourney, Community Building and high school gym; 3 p.m. baseball, Dodge City. **Saturday:** noon - baseball vs. Kansas City Kan., travel team; 4 p.m. volleyball golf tourney, meadow Lake golf course; volleyball Classic Labor Day Tourney, Community Building and high school gym.  
**Triplains**  
**Activities: Monday:** school in session; 3:30 p.m. senior class meeting. **Tuesday:** kindergarten; 10 a.m. Pep Club vote; 7:30 p.m. Western Kansas Liberty League meeting, Northwest Kan-

sas Service Center (7 p.m. meal). **Wednesday:** kindergarten; 3:30 p.m. Kay Club. **Thursday:** kindergarten; spirit spreader, Colby; 6 p.m. Brewster's back-to-school picnic with football scrimmage to follow. **Friday:** 4 p.m. high school volleyball at Winona with Palco.  
**Menus: Monday:** hamburgers. **Tuesday:** chicken nuggets. **Wednesday:** chili. **Thursday:** baked ham. **Friday:** meatballs.

Send us your calendar and menus. E-mail colby.society@nwksas.com or mail Colby Free Press, 155 W. Fifth, Colby, Kan., 67701.

## Senior Progress Center

Seniors are invited to join in the activities at the Senior Progress Center, including bingo Tuesday.  
**Activities for the week: Monday:** 10:30 a.m. shuffleboard. **Tuesday:** 10 a.m. exercise; 11 a.m. bingo. **Wednesday:** cookies. **Thursday:** 10 a.m. exercise; 10:30 a.m. canasta. **Friday:** 10 a.m. exercise; 10:30 a.m. Wii game.  
**Menus for the week: Monday:** Swedish meatballs, winter mix vegetables, pears, noodles, cookie. **Tuesday:** ham and beans, coleslaw, cornbread, cantaloupe.

**Wednesday:** taco salad, citrus slices, chips, fruit cobbler. **Thursday:** cook's choice entrée, oven-fried potatoes, seasoned carrots, cottage cheese with fruit. **Friday:** chicken salad sandwich, baked beans, macaroni salad, bun, mandarin oranges.  
 The Thomas County Nutrition Center invites anyone 60 and older and guests to lunch Monday through Friday at the senior center. Home delivery is available, as is pick-up service. A contribution of \$3 per meal is suggested for se-

niors, \$5.25 for others.  
 Make reservations at (785) 460-2901 by noon the day before.  
**Red Barn**  
**Activities for the week: Monday:** 2 p.m. Barnswallows. **Wednesday:** 10 a.m. ladies' Bible study. **Thursday:** 2 p.m. Come On Down. **Friday:** 9:30 a.m. Koffee Klatch; 2:30 p.m. Stitch and Chatter; Lane Purcell's birthday. **Saturday:** start of Labor Day weekend.



## Dr. Sarah Gabel Joins Family Center for Health Care

Dr. Sarah Gabel practices a wide range of family medicine including obstetrics. She is Board Certified in Family Practice with a fellowship in OB. She offers the full spectrum of diagnostic and treatment procedures for maintaining wellness, treating illness and injuries, and dealing with acute needs. Dr. Gabel provides continuing and comprehensive health care for the individual and family across all ages, genders, diseases, and body systems.

Dr. Gabel will begin seeing patients September 4.

**Office Hours:**  
 Mondays: Off  
 Tuesdays: 8AM-4:30PM  
 Wednesdays: 8AM-1PM  
 Thursdays: 1PM-7PM  
 Fridays: 8AM-12PM

- Family Practice
- Adult (male and female) Medicine
- Obstetrics and C-sections
- High Risk Pregnancy
- Family Planning
- Elder Care
- Pediatrics
- Non-Surgical Tubals
- Abnormal Pap & Abnormal Bleeding

310 E. College Drive, Colby, KS  
 (785) 462-6184 or 1-800-453-6751  
 www.nwkshealthcare.com



## GEM LIONS CLUB ANNUAL HOG ROAST

**WEDNESDAY, AUGUST 28, 2013**  
**5:00 - 8:00 P.M. • Gem Community Building**

BLUE GRASS, FOLK & COUNTRY MUSIC  
**COME OUT & ENJOY FOOD & FELLOWSHIP**  
 FREE WILL DONATIONS  
 Raffleing 8 halves (hogs cut & wrapped)  
 NET PROCEEDS USED FOR COMMUNITY BETTERMENT PROJECTS  
 Bring your used eyeglasses & hearing aids.

**Special Thanks**  
 to the following individuals and businesses that supported the 4-H livestock sale and donated their purchased market hogs to use for our Roast:

Frontier Ag., Brewster	Frontier Ag., Mingo
Hi Plains Coop	CPS, Oakley
American Implement, Colby	Franz/Tubbs Chiropractic
Golden Harvest/Tom Sloan	Ziegelmeier Farms

## WOOFER PUMP & WELL INC.

1024 Oak Ave.  
 Hoxie, KS 67740

Office Phone 785/ 675-3991 Fax: 785/ 675-3990  
 Shop Phone 785/ 675-3023 E-mail: woofpw@ruraltel.net

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SALINA COMMUNITY THEATRE

SEPTEMBER 6-22

# SHREK THE MUSICAL

Part romance,  
 part twisted fairy tale,  
 and irreverent fun  
 for everyone!

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FOR TICKETS COME BY 303 E. Iron MON-FRI 11:30-5:30  
 CALL 785.827.3033 OR CLICK SalinaTheatre.com

## Oncology Clinic Brings Expanded Cancer Services to Colby

**Dr. Sameh G. Abuerreish**  
 Medical Oncologist/Hematologist

**Dr. January Fields**  
 Medical Oncologist/Hematologist

Dr. Sameh Abuerreish, oncologist and hematologist with HaysMed's Dreiling/Schmidt Cancer Institute, will join oncologist Dr. January Fields to evaluate patients and provide follow-up oncology and hematology services at HayMed's Colby oncology clinic:

**Oncology - Dr. Sameh Abuerreish - Monthly**  
**Oncology - Dr. January Fields - Twice Monthly**  
**Citizens Medical Center Specialty Clinic**  
**100 E. College Drive - Colby**

The cancer program at HaysMed is accredited by the American College of Surgeons Commission on Cancer. Its trained cancer specialists provide these state-of-the-art cancer care services:

- Medical oncology
- Radiation oncology
- Hematology
- Breast Care Center
- Cancer prevention, screening and early detection
- Diagnosis, consultation, treatment
- Patient support and education
- Clinical research
- Cancer survivorship services

To schedule an appointment, consult your primary care physician or call 1-855-429-7633.

**Dr. Babu Prasad**  
 Radiation Oncologist

**Dr. Anne O'Dea**  
 Medical Oncologist/Hematologist

**Please Recycle**

**NE CALL** 2220 Canterbury Drive - Hays  
 1-855-HAYSMED www.haysmed.com/cancer

**HAYSMED**  
 Dreiling/Schmidt  
 CANCER INSTITUTE