

Homecoming's past cheer camp still ahead

Last week was homecoming for Golden Plains High School in Rexford. They had their parade Thursday night, which ended with the jersey auction and bonfire. Some of the jerseys were auctioned up for upwards of \$40 – all to help the school pay for homecoming festivities and community activities for the week.

Little Girls' Cheer Camp is going on at the high school on Saturday, such a fun activity for girls to get involved in. It is a



Laura TerHarr

• Rexford Correspondent

good way for them to start looking up to the older girls and see them as a model.

If you have Rexford news for the paper, be sure to contact me at Shepherd's Staff Conference and Retreat Center, or call me at (785) 269-7802.

Garden's leftovers go into great soup

From sometime in my past, I recall Igor Stravinsky's highly criticized ballet entitled "The Rites of Spring."

Somehow and some way, the ballet became the title of an extremely large gathering of people who gathered together in the mountains of western Massachusetts to discuss life in general, and the earth in particular. I've never been there.

However, I have observed "The Rites of Fall," my own creation, for many years now, and it has nothing to do with Igor Stravinsky or Massachusetts. I am sure you can hardly wait for more information!

Each late September or early October, I venture out to the garden and retrieve just about anything that is still edible. It is going to be cleanup time out there very soon now, and I don't want to waste anything. I gather up about five pounds of tomatoes, dig the rest of the potatoes, cut the last head of cabbage, pull a few carrots, and search the spent vines for any other leftovers.

My goal each year is to gather enough vegetables to cook up a big pot of my homegrown goodies and create what I call Compost Soup. The name isn't important, but the finished product is just about the best tasting stuff that money can't buy.

In the kitchen, I wash about 15 pint jars and locate enough lids and rings to cover the jars. I drop the four or five pounds of (1) tomatoes into boiling water, peel off the skins, and cut them up into a large heavy cooking pot. I wash a couple of pounds of new (2) potatoes, cut them up into small pieces and put them into the pot with the tomatoes.

I scrape and cut up several (3) carrots and add them to the mixture. Next, I cut the kernels off a couple of ears of (4) sweet corn purchased from Jerry Nett at the farmer's market, where a nice



Kay Melia

• The Gardener

lady gave me a handful of really nice looking (5) okra. Both were ceremoniously added to the growing pot of fresh vegetables.

I took a big candy (6) onion out of storage and added it to the mix. I opened a small jar of (7) green beans, and liquid and all went into the pot. Horror of horrors, I bought a small (8) zucchini, as well as some (9) celery and they were both cut up neatly into the pot. Finally, I cut off a generous wedge of (10) cabbage and sliced it in with the rest.

While all this harvesting, cleaning and cutting was going on, a small roast was simmering in the pressure cooker, and was cut into small chunks and added to the soup pot, as well as the drippings. I added a couple of cans of beef broth and a little over a quart of water to the mix, as well as a few shakes of salt and a few grinds of pepper.

The Compost Soup components were now all in place, and was simmered for over two hours to allow the ingredients to cook and mesh their individual flavors. Into the jars it went, and finished in the pressure cooker for no more than 10 minutes at 10 pounds of pressure. I now have 13 jars of Compost Soup, the likes of which the Campbell Company has never seen.

I hate waste. The gathering of the last vegetables, and almost a full day's work, has assured me a few lunches of pure delight. The jars look nice up there on the shelf beside the pickles, the tomatoes, the beets, the corn, the green beans, and the sauerkraut.

And so, my "Rites of Fall" is complete, without Stravinsky or western Massachusetts.

Brewster grad on slate for 2013 Fort Hays king

Brewster grad Benjamin Baird has been nominated as a candidate for homecoming king for Fort Hays State University.

Baird, a freshman majoring in history and secondary education, was nominated by the school's

Council for Exceptional Children. He is a 2013 graduate of Brewster High School.

The king and queen will be announced at half-time at the Fort Hays homecoming football game on Saturday.

Theatre starts season with Gershwin show

George and Ira Gershwin take the stage of Felten-Start Theatre for the first theatrical production of the fall, the Fort Hays State University Homecoming Weekend production of "Crazy for You."

Performances are at 7:30 p.m. from Oct. 2 to Oct. 4. A matinee is at 2:30 p.m. Sunday, Oct. 6. Felten-Start is in Malloy Hall on the Fort Hays State campus.

Set in the 1930s, "Crazy for You" is a witty and comedic romantic musical based on the novel by Ken Ludwig. The first act opens in Zangler Theatre in New York, with Tess, played by Rebecca Urban, Hays junior, as the dance director who dismisses the advances she gets from theatre owner Bela Zangler, played by Alexander Stout, Kanopolis senior.

Hoping to become part of the theatre and its performances is Bobby Child, played by L.J. Kemper, Topeka junior. Bobby, the child of a rich banking family, is denied an audition and returns outside to meet his fiancée of five years, Irene, played by Jill Herbert, Wichita sophomore, and his mother, Mrs. Lottie Child, Hannah Keil, Hays sophomore.

Bobby is told to go to Deadrock, Nev., to foreclose on a theatre. Deadrock's theatre owner, Everett Baker, played by Tyler Wayman, McLouth sophomore, worries about his daughter, Polly, played by Hayley Funk, Quinter junior. She wants to carry on her mother's legacy of being in performances and vows to get even with the bank for foreclosing.

Lank Hawkins, played by Timothy Tarkelly, Hays senior, tries to convince Everett to sell the theatre to him because Lank is in love with Polly.

Bobby hits town dehydrated and on the brink of death and sees Polly. It is love at first sight, and he celebrates the moment by singing "Things are Looking Up."

Instead of foreclosing on the theatre and losing the love of his life, Bobby decides to put on a production to save the theatre. Polly enthusiastically agrees, but once she finds out Bobby is the banker from New York, she is heartbroken. Bobby wants the show to go on and impersonates Mr. Zangler, the director from New York, to keep the show going.

The 10 Zangler Follies appear and are put in the show. Once the local cowboys see the follies, the whole dreary town comes alive with excitement. The song "Slap That Bass" turns all the bad rehearsals and spirits up and creates high spirits. But while the show is going well, Polly has fallen in love with Bobby's impersonation of Mr. Zangler.

From there, the love and theatrical interests work themselves out through classic Gershwin songs, including "I Got Rhythm," "They Can't Take That Away from Me," "Embraceable You" and "Someone to Watch Over Me."

The show ends with the all townspeople concocting a plan to reunite Polly and Bobby in the "Finale."

"Crazy for You" was nominated for nine Tony awards and won three, including Best Musical in 1992.

Tickets are \$15 for the public and \$10 for senior citizens and FHSU students with a valid ID.

For more information or ticket reservations, call the department of Music and Theatre at (785) 628-4533 or e-mail fhsu.musicandtheater.boxoffice@gmail.com.

Colby student receives Garden City scholarship

Nicholas Larmer of Colby has received the Caldwell and Helen Whitney Hicks Memorial Scholarship from Garden City Community College for the 2013-14

academic year.

Larmer, 19, a fire-science major at the school, graduated from Eagle Valley Christian School, a home school.

Insurance website helps inform of health options

A new website rolled out by the Kansas Insurance Department will help Kansans learn more about changes in the health insurance market.

The site, insureKS.org, features educational information for Kansans who may be interested in accessing health insurance coverage through either the online Health Insurance Marketplace or in the regular insurance market outside of the marketplace. The Health Insurance Marketplace is an Internet portal that will allow people to sign up for health insurance as part of the new federal health reform law and to determine whether they may be eligible for financial assistance to pay for health insurance.

Also included on the insureKS.org website are:

- An interactive program that helps a viewer learn about the

2014 health insurance changes.

- A premium estimator that will calculate premium costs and possible tax credits.
- Brochures that explain provisions of the health insurance law that go into effect Jan. 1.
- A link to the federal Health Insurance Marketplace.
- A list of external resources.
- Information about Kansas Navigator programs, insurance agents, and others that are offering personal help with understanding the law's provisions.

The site links to short videos of the commissioner of insurance, who explains portions of the law.

Social media users can also find links to the insureKS.org Facebook, Twitter and YouTube channel at the website.

Markets

Quotes as of close of previous business day

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| | |
|----------------------|---------|
| Wheat (bushel) | \$7.16 |
| Corn (bushel) | \$4.49 |
| Milo (hundredweight) | \$7.57 |
| Soybeans (bushel) | \$12.19 |

Deaths

Kenneth V. Thieler

Kenneth V. Thieler, 85, Colby, died Sunday, Sept. 29, 2013, at Citizens Medical Center in Colby.

Services are pending with the Kersenbrock Funeral Chapel in Colby, 462-7979.

Wilma Jean Baughn

Wilma Jean Baughn, 86, a Colby homemaker, died Friday, Sept. 27, 2013, at Citizens Medical Center in Colby.

Kansas Women's Bowling Association Tournament in 1971.

She was a member of the Colby Berean Church. Preceding her in death were her parents, a daughter, Janice Baughn, and a brother, Kenneth Baughn.

Survivors include her husband, of the home; a son Michael Baughn, Brewster; a daughter, Karla (Chris) Stupka, Concordia; a son-in-law, Martin Volk, Colorado Springs, Colo.; six grandchildren; and six great-grandchildren.

Services will be at 10:30 a.m. Wednesday, Oct. 2, 2013, at the church in Colby, with the Rev. Mark Carlton officiating and burial in the Monument Cemetery.

Visitation will be from 2 to 8 p.m. Tuesday at the Kersenbrock Funeral Chapel in Colby.

The family suggests memorials to the Pioneer Memorial Library or the church, in care of the funeral chapel, 745 S. Country Club Dr., Colby, Kan., 67701.

Condolences for the family may be left at www.kersenbrockfuneralchapel.com.

Colby Rotary Club

Colby Rotary Club met on Tuesday with 26 members and guests Andrew Sonneborn and Sam Funk.

Paul Steele had the program. He gave a presentation on the proposed plans for a new jail. Steele said the current jail can house nine inmates and there is no kitchen, laundry or separate booking space.

He said inmates cannot be seen at all times because it is a linear jail, so there are safety concerns for both the staff and the inmates.

Steele said the proposed plans also feature a dispatch area, training facility and storage in the basement along with space for a

courtroom and offices for judicial staff in case the judicial system is regionalized in the future.

Steele said the facility needs about six acres for the building and parking.

He answered members' questions and said no specific site has been selected and that the entire proposal is ultimately dependent on what Thomas County voters decide.

Marilyn Unger won Roto-Lotto. Colby Rotary Club meets and noon each Tuesday in Room 106 of the Colby Community College Student Union.

—Relda Galli

World on Wheels Club

World on Wheels met Sept. 17 at Pioneer Memorial Library.

This is a new support group for people with mobility problems, formed to share information, questions and solutions in a friendly atmosphere.

Everyone who qualifies and their caretakers are welcome.

All except one of those who attended the September meeting were in power wheelchairs with the other person using a walker.

The group spent time visiting, introducing themselves and shar-

ing problems and solutions.

The next meeting will be at 4:30 p.m. on Thursday, Oct. 17, at Pioneer Memorial Library.

For information contact DeeAnn Guy at 443-6102 or Maxine Nelson at 462-3571.

—Maxine Nelson

We want your local news: e-mail to colby.editor@nwkansas.com

Corrections

The Colby Free Press wants to maintain an accurate record of our town. Please report any error or lack of clarity in a news story to us at 462-3963.

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