

# After hours chat



SAM DIETER/Colby Free Press

Luther Augustine talked to Janet Harper Wednesday afternoon at Pestinger Beverage Company, which was played host to Business After Five. The Colby/Thomas County Chamber of Commerce sponsors the event once a month.

## School Activities and Menus

### Colby Public Schools

**Activities:** National Activities Week. **Monday:** Columbus Day; 9 a.m. varsity golf regionals, Colby at Atwood; 5:30 p.m. junior varsity football, Norton. **Tuesday:** 8:30 a.m. Goldilocks, grade school auditorium; 4:30 p.m. volleyball vs. Oberlin and Quinter. **Wednesday:** Boss's Day; Preliminary SAT/National Merit Scholarship Qualifying Test. **Thursday:** end of quarter; 4:30 p.m. seventh and eighth football vs. Phillipsburg; C-team volleyball at Garden City vs. Goodland, Scott City. **Friday:** no school-staff work day; 9 a.m. varsity tennis, state; 7 p.m. football, Concordia. **Saturday:** 8 a.m. debate, Scott City; 9 a.m. state tennis; 9 a.m. Great West Activities Conference volleyball tournament, Colby High School gym; 11 a.m. Great West Activities Conference cross country, Scott City.

**Menus: Monday:** breakfast: egg taco, salsa, orange juice; lunch: French toast sticks, syrup, sausage patty, hash browns, mixed fruit, orange juice. **Tuesday:** breakfast: breakfast pizza, grape juice; lunch: chicken-fried steak, mashed potatoes, gravy, tossed salad with spinach, cauliflower. **Wednesday:** breakfast: bagels with toppings, apple juice; lunch: tacoed potato, cheese, lettuce and tomato, broccoli with cheese, sliced peaches. **Thursday:** breakfast: pancakes, syrup, pineapple chunks; lunch: grilled chicken wrap, carrots and cucumbers, green beans, bananas, snickerdoodle. **Friday:** no school.

### Sacred Heart

**Activities: Sunday:** 5:30 p.m. Harvest Hoe Down. **Monday:** 6:30 p.m. Home and School; 7:15 p.m. school council. **Thursday:** end of first quarter. **Friday:** no school.

**Menus: Monday:** hot ham and cheese on a bun, potato wedges, fresh broccoli, fresh grapes. **Tuesday:** pepperoni pizza, tossed salad with romaine, garlic bread sticks, marinara sauce, banana and milk. **Wednesday:** taco burger on bun, dark green leaf lettuce and tomato, refried beans, sliced peaches. **Thursday:** chicken patty, mashed potatoes, gravy, green beans, orange wedges.

### Heartland

**Activities: Monday:** 5 p.m. fund raising meeting, library. **Tuesday:** 4:30 p.m. high school volleyball at Palco-Tri. **Thursday:** 4 p.m. junior high volleyball at Healy vs. Triplains-Brewster. **Friday:** end of first quarter; noon - students dismissed; 7p.m. football, Natoma.

### Golden Plains

**Activities: Monday:** 11 a.m. Wichita Children's Theater, Selden; 5 p.m. junior varsity football, Triplains. **Tuesday:** picture retakes; 11:35 a.m. Fort Hays State University visit; 4 p.m. high school volleyball, Dighton. **Wednesday:** 8:15 a.m. PSAT testing; noon - Mid Plains Community College visit. **Thursday:** 11:35 a.m. Sparton College visit; 4, 5:30 p.m. middle school volleyball and football, Northern Valley. **Friday:** end of first quarter; 7 p.m. football, Wallace County, Sharon Springs. **Saturday:** 10 a.m. Western Kansas Liberty League volleyball, Palco-Damar.

**Menus: Rexford: Monday:** breakfast: cocochip muffin; lunch: pig in a blanket. **Tuesday:** breakfast: coffee cake; lunch: barbecue ribs. **Wednesday:** breakfast: breakfast quesadilla; lunch: chicken fajita. **Thursday:** breakfast: pancake and sausage on a stick; lunch: bierocks. **Friday:** breakfast: long johns; lunch: pizza.

### Brewster

**Activities: Monday:** 5 p.m. junior varsity football at Winona vs. Golden Plains. **Tuesday:** 4 p.m. high school volleyball quad, St. Francis. **Thursday:** 3 p.m. cross-country, Grainfield; 4 p.m. junior high volleyball at Heartland, Healy. 5:30 p.m. junior high football, Bird City. **Friday:** last day of first quarter; half school day; 7 p.m. football at Winona vs. Greeley County. **Saturday:** Western Kansas Liberty League volleyball tournament, Palco-Damar.

**Menus: Monday:** breakfast: coffee cake; lunch: taco burger, lettuce, tomato, refried beans, corn, chips, salsa. **Tuesday:** breakfast: scrambled eggs; lunch: chicken patties, mashed potatoes, broccoli, carrots, pineapple, roll. **Wednesday:** breakfast: sausage gravy biscuit; lunch: goulash, peas, green beans, peas, pears, apple.

**Thursday:** breakfast: breakfast sundae; lunch: sausage pizza, salad, carrots, fruit salad. **Friday:** breakfast: ham and cheese sandwich, tritater, baby carrots, baked beans.

### Colby Community College

**Activities: Sunday:** intercollegiate horse show, Boulder, Colo.; noon - softball, Greeley, Colo. **Monday:** 5 to 9:30 p.m. massages, Thomas Hall; 7 p.m. hidden pumpkin hunt, student union. **Tuesday:** 6:30 p.m. volleyball vs. Seward. **Wednesday:** 5 p.m. baseball, McCook. **Thursday:** 4 to 8 p.m. massage clinic, Health Sciences; 6:30 p.m. volleyball vs. Cloud County. **Friday:** volleyball, Colorado Springs; 4 p.m. women's cross country, El Dorado; 6 p.m. men's basketball, Salina. **Saturday:** horse show, Laramie, Wyo.; volleyball, Colorado Springs; women's basketball, Garden City; 1 p.m. baseball, Kearney, Neb.; 4 p.m. women's cross country, El Dorado. **Sunday:** women's golf, Coffeyville; horse show, Laramie; 9 a.m. men's basketball, Overland Park; 1 p.m. baseball vs. McCook.

### Triplains

**Activities: Monday:** Columbus Day; no school; teacher's inservice; 5 p.m. junior varsity football at Winona vs. Rexford; 7 p.m. board of education. **Tuesday:** 7:30 a.m. high school scholar's bowl practice; 11 a.m. Wichita Children's Theatre production "Cavity Crisis in Cowtown;" 2:45 p.m. Kids a Cookin' for third and fourth grades; 3 p.m. high school volleyball at St. Francis, quad vs. Wallace County and Wichita County. **Thursday:** 10 a.m. to 3:30 p.m. Kay blood drive in little gym; 4 p.m. junior high volleyball at Healy vs. Heartland; 5:30 p.m. junior high football, Cheylin. **Friday:** end of first nine weeks; 7 p.m. football at Winona vs. Greeley County. **Saturday:** 10 a.m. high school volleyball at Palco-Damar Western Kansas Liberty League tournament.

### Menus: Tuesday:

**Wednesday:** hot ham and cheese. **Thursday:** tacos. **Friday:** chicken patties.

Send your calendar and menu to colby.society@nwkanssas.com or to the Colby Free Press, 155 W. Fifth, Colby, Kan., 67701.

# Young kids learn faster when parents read to them regularly

Research has found that reading with young children and engaging them can make a positive impact on the child's future and their family.

Bradford Wiles, an assistant professor and extension specialist in early childhood development at Kansas State University, has done research on building resilience in vulnerable families.

His current work is focused on emergent literacy and the effect of parents reading with their children ages 3 to 5.

"Children start learning to read long before they can ever say words or form sentences," said Wiles. "My focus is on helping parents read with their children and extending what happens when you read with them and they become engaged in the story."

This developmental process, known as emergent literacy, begins at birth and continues through the preschool and kindergarten years, he said. This time in children's lives is critical for learning important preliteracy skills.

Although his research mainly focuses on 3-to-5 year olds, Wiles encourages anyone with young children to read with them as a family at anytime during the day,

not just before going to bed. He also believes that it is OK to read one book over and over again, because a child can learn new things every time.

"There are always opportunities for you both to learn," said Wiles, "and it creates a family connection. Learning is unbelievably powerful in early childhood development."

It goes deeper than just reading to kids, as parents are encouraged to read with their children. Engaging children is how they become active in the story and build literacy skills.

"There is nothing more powerful than your voice, your tone, and the way you say the words," said Wiles. "When I was a child, my dad read to me, and while that was helpful and I enjoyed it, what we are finding is that when parents read with their children instead of to them, the children are becoming more engaged and excited to read."

While reading with them, anticipate what children are thinking. Then ask questions, offer instruction, provide examples and give them some feedback about what they are thinking.

"One of the things that I really

hope for, and have found, is that these things spill over into other areas," said Wiles. "So you start out reading, asking open-ended questions, offering instruction and explaining when all of the sudden you aren't reading at all and they start to recognize those things they have seen in the books. And that's really powerful."

Wiles explains this in a scenario where a mother reads a book with her 4 year old about a garden. Then they go to the supermarket and the 4 year old is pointing and saying, "look there's a zucchini." The child cannot read the sign that says zucchini but knows what that is because they read the book about gardens.

During this time, called the nominal stage, the developmental stage where children are naming things, a child's vocabulary can jump from a few hundred words to a few thousand. The more exposure they've had through books and print materials, the more they can name things and understand.

If you or someone you know about has children with no access to books, contact your county extension agent. Contact Wiles with questions about emergent literacy at bwiles@ksu.edu.

## Maine town passes on rooster noise ordinance

OAKLAND, Maine (AP) - Roosters in the small central Maine town of Oakland are free to crow as loud as they like.

The Town Council has tabled a proposal that would have levied fines as high as \$100 on the owners of loud roosters.

The Morning Sentinel (bit.ly/IboAYCa) reports that a dozen residents of the town of about 6,200 showed up at the council meeting to oppose the ordinance.

Ethan Pullen says some people like to breed chickens to show at agricultural fairs, and to breed chickens, you need a rooster.

Town Manager Peter Nielsen

scalded potatoes, stewed tomatoes, applesauce.

The Thomas County Nutrition Center invites anyone 60 and older and guests to lunch Monday through Friday at the senior center.

Make reservations at (785) 460-2901 by noon the day before.

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## Senior Progress Center

Come enjoy bingo Thursday at the Senior Progress Center.

Activities for the week: **Monday:** 10:30 a.m. Skip Bo. **Tuesday:** 10 a.m. exercise; 10:30 a.m. dominoes. **Wednesday:** cinnamon rolls. **Thursday:** 10 a.m. exercise; 10:30 a.m. bingo. **Friday:** 10 a.m. exercise; 10:30 a.m. Wii game.

Menus for the week: **Monday:**

Spanish rice with hamburger, Mexicali corn, mandarin oranges, cookie. **Tuesday:** ham and beans, coleslaw with carrots, cornbread, apricots. **Wednesday:** turkey, mashed potatoes, gravy, peas and carrots, cook's choice fruit. **Thursday:** hamburger patty, bun tater tots, cake, hot cinnamon apple slices. **Friday:** baked fish,

scalded potatoes, stewed tomatoes, applesauce.

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## Red Barn

Activities for the week: **Monday:** 2 p.m. Barnswallows; Columbus Day. **Wednesday:** 10 a.m. ladies' Bible study. **Thursday:** 2 p.m. Come On Down; 6:30 p.m.

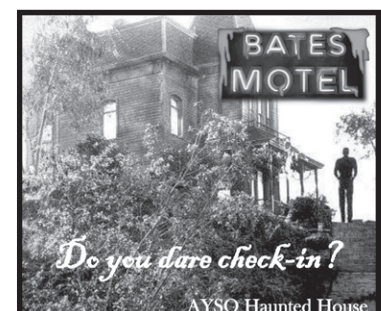
Spuds 'n Splits. **Friday:** 9:30 a.m. Koffee Klatch; 10:30 a.m. board meeting; 2:30 p.m. Stitch and Chatter.

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Do you dare check-in? AYSO Haunted House

**At the Thomas County Fair Grounds - Colby, KS**

**Dates & Times**  
Friday, Oct. 18 • 7 - 11 p.m.  
Saturday, Oct. 19 • 7 p.m. - Midnight  
Friday, Oct. 25 • 7 - 11 p.m.  
Saturday, Oct. 26 • 7 p.m. - Midnight  
Thursday, Oct. 31 • 7 - 11 p.m.

**Admission**  
Adults & Children • \$10 each

**Under 12 Children's Matinee**  
Saturday, Oct. 26 • 3 - 5 p.m.  
Admission • \$6/person  
\$1 off/person for 1+ item(s) donated to Genesis

**All proceeds go to AYSO: American Youth Soccer Organization**

Make a Difference Please Recycle

**SALINA COMMUNITY THEATRE**  
OCTOBER 18-NOVEMBER 3  
A Pulitzer Prize & Tony Award Winning Play  
**THE GinGame**  
WRITTEN BY D.L. Coburn  
STARRING Bob Jones & Patti Wood  
SPONSORED BY COLBY COMMUNITY COLLEGE  
FOR TICKETS COME BY 303 E. Iron MON-FRI 11:30-5:30  
CALL 785.827.3033 OR CLICK SalinaTheatre.com

**LOCAL TRADES YOU DON'T WANT TO MISS!**

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<b>2006 Buick Lucerne</b> Glacier Blue, Cloth...\$10,900	<b>2003 Buick Lasabre</b> Red, Leather...\$7,900
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**VICTOR & CLARA MEYER ESTATE DRYLAND AUCTION W/RESERVE**  
Thursday, October 17, 2013 at 1:30 pm, MT  
Elks Lodge - Goodland, KS

**750.7 +/- Ac • DRY FARMLAND SHERMAN COUNTY, KS**

750.7 +/- AC to be offered in 3 parcels and 1 combo; L/L share of fall planted crops to Purchaser; Possession of land with crop upon harvest.

**PARCEL #1:** 319.3 +/- ac Dryland; E1/2 of 36, T9S, R38S; From Edson, KS, 7 mi S on CR 29 to CR 57, 1 1/2 mi E on CR 57 to NW corner of property.

**PARCEL #2A:** 293.4 +/- ac Dryland; W1/2 of 22, T8S, R38S; Adjacent to Edson, KS; CR 28 borders W property Line, CR 64 borders S property line.

**PARCEL #2B:** 138 +/- ac Dryland; SE1/4 of 21, T8S, R38S; From Edson, 1/2 mi west; CR 28 borders E property Line, CR 64 borders S property line.

**Combo #2:** Parcels #2A & #2B.

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