

Ninetieth birthday and celebrating daily

"At 90, you ought to be able to celebrate your birthday every day of the month," says Lester Settle.

This Salina resident, born in McAllister on Oct. 29, 1923, will turn 90 this year. He celebrated with an open house Sunday in Salina.

Settle graduated from Winona High School, serving in the armed forces during World War II.

He married Charlotte Kress at St. Joseph's Catholic Church in Oakley in 1947. The couple farmed and ranched until 1999 when they retired and moved to Salina.

Settle worked at Conklin Cars in Salina for several years after retiring and was a park ranger at a Girl Scout camp.

Settle is a member of St. Mary's Catholic Church, a fourth degree Knight of Colum-



Lester Settle

bus and a Veterans of Foreign Wars lifetime member.

He and Charlotte have six children, 19 grandchildren and 15 great-grandchildren.

Cards can be sent to 1918 Larson St., Salina, Kan., 67401. No gifts please.

As curtain closes on fall garden, clean it up and add leaf blanket

The seasonal change is at hand. Those of us who love to grow things are becoming less amiable as the tomato vines turn black, the buffalo grass turns brown, and the leaves drop off the trees.

Mother Nature reminds us in so many ways that we all need to pay attention to the changing of the seasons. There is much work to be done now as we perform the duties that will make the next growing season as delightful as the one just concluded.

So, as I head for the garden this weekend, I must go there with thoughts of renovation, rejuvenation and preparation. After all these years of gardening, I still approach the autumn change of season with a sense of inspiration to do what I can now to make next year's garden better.

It all begins with the garden



Kay Melia

The Gardener

soil - nothing more, nothing less. For 40 years now, my garden plot has served me well, but only because I have added the nutrients it must have to produce the things I want. It has done its job for years. It's time for me to continue to do mine!

Here's my schedule. First, I will clear the garden of dead vines and old plant life. I will pull the tomato and pepper vines and put them in a separate pile. I will either burn them or haul them to the landfill when they are dry. All the other dry debris will be raked into small piles and thoroughly shred-

ded with the push mower.

Then comes the fun! By hook or by crook, I will obtain two or three pickup loads of good clean trash-free leaves, and spread them about two inches deep over the entire garden. Any kind of dry barnyard manure would be nice, too, or rotten silage or old hay or straw. My plot is larger than most, so I'll have to do some scrounging, and I will. Most homeowners will be delighted to haul you their leaves, maybe for the promise of a couple of cantaloupe or a small bag of green beans next summer. Just be sure the leaves do not contain locust beans or small tree limbs or other undesirable foreign matter.

Just as soon as the leaves are down, it's time to plow. With my rototiller, or someone else's, I will plow in those leaves and other residue as deep as I possibly can.

That's it. After I have planted my garlic and other essential bulbs or roots, I will go back in the house and stay there for the winter. I won't go back out there until about March 3. I will take my shovel with me and I will turn over a shovelful of rejuvenated garden soil and be joyfully amazed at what a delightful bed Mother Nature and I have created for the new planting season.

The above procedure, or some similar effort right now, is not only desirable - it is absolutely necessary, and I cannot emphasize enough the great value it gives to my garden.

And with that, and with thoughts of thankfulness to you all, this space becomes void of further Gardener thoughts. Please have an astonishingly happy and healthful winter!

Veterans of Foreign Wars Auxiliary

The Ladies' Auxiliary to the Veterans of Foreign Wars met Oct. 9 at the post, with six members present and President Anita Thiel conducting the meeting.

The Wreaths Across America service was to be Oct. 14 at the WaKeeney National Cemetery. A donation was allowed to furnish wreaths.

The legislative report was a letter sent from the national commander in chief of the Veterans of Foreign Wars to President Obama, the Speaker of the House and the Senate Majority Leader about the effect of the government shutdown on national security and the members of the veteran's organization. He said: "On behalf of 22 million veterans and 2.3 million service members and their families, I urge all of you to start doing what's best

for the country and not your own political interests."

Veterans and Family Support reported a box of coupons to send to the Turkey military base.

The third quarter audit was read and accepted.

The charter was draped in memory of Wilma Pabst and a donation made to Cancer Aid and Research for a memorial.

A donation was allowed for a local family for medical expenses.

Each member present gave \$1 to buy playing cards to send to the Topeka veterans hospital.

The next meeting will be at 5 p.m. Wednesday, Nov. 13, at the post.

- Hazel Duffey

As popcorn month winds to close, try this no-fail caramel corn recipe

Do you celebrate popcorn month?

I really had no idea October was popcorn month until the popcorn board sent our paper a packet of recipes and a press release about all the lovely things you can do with popcorn.

I sacrificed and tested one of the yummiest-looking recipes: Super, No Fail Caramel Corn.

Oh, yeah. It's good.

It tastes almost exactly like Garrett's Popcorn, a Chicago specialty that I drive far out of my way to get anytime I'm near Chicago.

It's pretty easy to make, too, and doesn't create a lot of dishes or require a candy thermometer.

Here it is, if you want to try it:

Super, No Fail Caramel Corn

- 2 quarts popped popcorn
- 1 cup packed brown sugar
- 1/2 cup butter, diced
- 1/4 cup corn syrup
- 1/2 teaspoon salt
- 1/2 teaspoon baking soda

Place popcorn in a large bowl, removing any unpopped kernels.

Spray a large baking sheet with cooking spray; set aside.

In a large, deep pot, stir together brown sugar, butter, corn syrup and salt over medium heat until well blended. Increase heat and bring to a boil. Allow to boil for five minutes. Do not stir.

(The mixture may smell a little burnt, but don't worry about that. That's the yummy caramelizing sugar.)

Remove pan from heat and stir in baking soda. The mixture will foam. Quickly stir popcorn into the hot mixture until completely coated.



Super No-Fail Caramel Corn



Heather Alwin

Frankly Frugal

Spread onto prepared baking sheet and allow to cool.

Enjoy!

If you're interested in more popcorn recipes, the Popcorn Board has a list at its website, www.popcorn.org.

Heather Alwin is the society editor for the Colby Free Press and blogs at kansaslife.wordpress.com. Alwin lives in Brewster with her husband and son.

Former candidates to debate Monday

Two former front-running candidates for president from the Democratic and Republican parties will take the stage at Fort Hays State University's Beach/Schmidt Performing Arts Center at 7 p.m. next Monday.

It will be the inaugural event in the university's Sebelius Lecture Series on public policy and issues.

Howard Dean, former Vermont governor, and Rick Santorum, former U.S. senator from Pennsylvania, will debate "The Proper Role of Government in a Free Society."

Tickets are \$20 for reserved seating and \$16 unreserved for the

general public; \$15 reserved and \$13 unreserved for senior citizens, age 65 and older, and those aged 5 to 17; and \$10 reserved and \$5 unreserved for Fort Hays students with valid student ID.

Season tickets for both the fall lecture and the spring semester event, featuring Republican political strategist and former deputy White House chief of staff Karl Rove, are also available. Rove's appearance will be Tuesday, Feb. 4.

For information or to reserve tickets, call the Student Service Center at (785) 628-5306.

The new lecture series is named for former U.S. Rep. Keith Sebelius, who graduated from Fort Hays in 1941. In 1968, he ran as a Republican and won the U.S. House seat previously held by Bob Dole. He served for 12 years. He died at age 66 and is buried in Norton. His son K. Gary Sebelius is a federal magistrate judge and the husband of former Democratic Kansas governor and current U.S. Secretary of Health and Human Services Kathleen Sebelius. His son R. Douglas Sebelius is Norton County attorney.

Man calls cops for theft from workers' fridge

BREINIGSVILLE, Pa. (AP) - If you ever had your lunch disappear from the office refrigerator, consider what one southeastern Pennsylvania man did: He called the cops.

KYW-TV in Philadelphia (cb-sloc.al/1814Yx0) reports that Upper Macungie Township police were called Oct. 10. That's when, according to a police news

release, an employee at Wakefern Food Corp. reported "that an unknown person stole his Jell-O brand strawberry Jell-O snack from the break room refrigerator."

Police say the 39-year-old victim was angry because this wasn't the first time someone had stolen his food.

So far, police say the thief hasn't been caught. Police say in a

news release that the case remains under investigation.

Markets

Quotes as of close of previous business day

Hi-Plains Co-op	
Wheat (bushel)	\$7.44
Corn (bushel)	\$4.35
Milo (hundredweight)	\$7.36
Soybeans (bushel)	\$12.00

Marathon dog dies after race

EVANSVILLE, Ind. (AP) - A dog that became an Internet sensation after crashing an Indiana half marathon has died just a week after receiving a medal for completing the race.

The 100-pound chocolate Labrador retriever named Boogie ran most of the 13.1 miles in the Oct. 5 Evansville event after escaping his leash the night before. Owner Jerry Butts made an appointment for the dog to be neutered after the race to curb his wandering ways.

The Evansville Courier & Press reports (bit.ly/16kYyep) that Boogie died Tuesday of an apparent

heart attack. He was 10.

Butts says on his Facebook page that the dog was a rascal and was "not being too shy to soak up the glory."

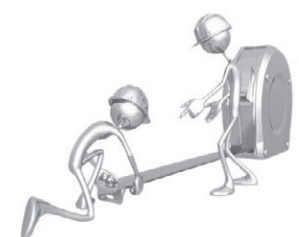
Boogie finished the race in 2 hours, 15 minutes.

Corrections

The Colby Free Press wants to maintain an accurate record of our town. Please report any error or lack of clarity in a news story to us at 462-3963.

RETIREMENT RECEPTION

for Rick Dickman
City of Colby Building Official



Thursday, Oct. 31, 2013
3:00 - 5:00 p.m.

City Hall
Council Chambers
585 N. Franklin Avenue

2nd Anniversary Open House

November 4th - 7th
8:30 - 12:30 M-Th-F • 2:00 - 5:30 M-Th

Business After 5 • November 6th

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No Appointment Necessary

Teaming up to Fight Cancer

Kirstie Strutt and Karen Pabst will donate 10% of their service fees to the Northwest Kansas Foundation for Hope in the fight for cancer from now until October 31st.



Call today to book your appointment 785-460-7722

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Call 785-443-1480 - Kirstie Strutt, Esthetician or 785-443-0846 - Karen Pabst, Master Esthetician

Open House

HONORING THE RETIREMENT OF

Joyce Rohn

Wednesday, October 30th
2 - 4 p.m.

Sunflower Bank | 500 N. Franklin | Colby
www.sunflowerbank.com

