

# Other **Viewpoints**

# Food banks' reality against welfare cuts

Charities in Kansas know the escalating woes of the poor in

More sad news came in a report from the Kansas Food Bank, which is on track to break a record set last year in the number of hungry children who receive weekend backpacks.

Schoolchildren – including some locally – who receive breakfast and lunch at school also may be issued backpacks of food intended to help them through the weekend. They must be deemed "chronically hungry" to receive the assistance.

The Kansas Food Bank, which is aided by contributions, and other charities in Kansas have seen a steady increase in poverty and hunger since the recent recession.

The number of Kansas children living in poverty has been on the rise since at least 2000.

And now, one in five children reportedly live in poverty -adisturbing statistic that proves the state needs better initiatives to assist poor children and their families.

In his "Road Map for Kansas," Gov. Sam Brownback vowed to reduce poverty. But our ultraconservative Republican governor and his camp have instead pursued such hurtful strategies as cutting people off the welfare rolls (many of them children); erasing child tax credits and a sales tax rebate on food that helped the working poor; and rejecting Medicaid expansion that would provide care for up to 250,000 poor Kansans at little cost to the state – while also injecting hundreds of millions of dollars into the state's economy.

Another mean-spirited strategy came in cutting taxes for rich Kansans while allowing the tax rate for the poor to rise.

The plan to push Kansas toward zero state income tax only shows ultraconservative Republicans are content to pay for a corporate-friendly benefit and significant loss of state income by pursuing deep cuts to vital state-funded services and programs, including assistance for the poor.

With that in mind, it should be no surprise to see more Kansas children plunged into poverty, with a grim outlook. Sadly, the unacceptable plight of so many youngsters going hungry would be just part of the devastating fallout if Kansas continues on its current economic path.

- The Garden City Telegram, via the Associated Press

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U.S. Sen. Pat Roberts, 109 Hart Senate Office Building, Washington, D.C. 20510. roberts.senate.gov/public/

U.S. Sen. Jerry Moran, 354 Russell Senate Office Building, Washington, D.C. 20510 (202) 228-6966.

Fax (202) 225-5124 moran.senate.gov/public/

U.S. Rep. Tim Huelskamp, 126 Cannon House Office Building, Washington, D.C. 20515. (202) 225-2715 or Fax (202) 225-5124. Web site: huelskamp.house.gov

State Sen. Ralph Ostmeyer, State Capitol Building, 300 SW 10th St., Room 136-E., Topeka, Kan. 66612,

(785) 296-7399 Ralph.Ostmeyer@senate.ks.gov **State Rep. Ward Cassidy**, (120th District) State Capitol Building, 300 SW 10th St., Room 151-S, Topeka, Kan.,

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Opinion



# Thanksgiving more than eating, shopping

When you consider the upcoming Thanksgiving holiday, what comes to your mind?

Is it the wonderfully unhealthy thought of a plate loaded with food and covered with gravy? Maybe the day-after shopping frenzy that causes otherwise sane people to descend upon a department store at 3 in the morning and fight for a discounted television? How about the time away from the workplace?

What I have been reminded about in recent often, usually looking for the next best thing. days - especially with many Facebook contacts – is that Thanksgiving should truly be about giving thanks. I guess I have always known that, deep down, even if I did not ex-

As a kid, I was thankful if I could just get to the last piece of apple pie before my five siblings. And as a teen, if the University of Alabama could beat the University of West Geortraditionally takes place on or around the holiday – I was thankful. Or at least, I thought that

As I have gotten older, I have come to realize that real gratitude (thankfulness) is something much more. It is based on an understanding that life can be hard – and unfair – and we do not receive things simply because we de-

Possessions and accolades should not be misunderstood as guarantees or just rewards. understood that clearly, I could begin to apheartfelt.

I am thankful for the Colby Community College faculty and staff. We live in a world today that is transient and people come and go Trustees, City Council members, county com-

Steve Vacik

 From the president

At the college, we have a core group of dedicated employees who give of themselves for the benefit of our students. It is a calling – it is certainly not about the monetary rewards, as we will never compensate as well as I would want – and their commitment to seeing the college become different, better and purposeful, I am thankful for our students, both cur-

gia (also known as Auburn) - a game which rent and alumni. Over the year, we have had some of the real leaders in our community spend time as students at the college – and the students you find today at the college are as capable and motivated as ever. I expect they will have the same impact on the community, state and region as those who have gone before them. And what they all leave behind forms the legacy upon which we build the future which is most promising.

I am thankful for our community. Colby is a community of hard-working, no-nonsense There are many people who have worked just folks held together by common values of famas hard as you or I and have done all the right ily, friends, faith and freedom. When we work things, and yet they have not received as much together, our community is hard to beat. This may be even better - but nothing compares to wealth, fame or personal satisfaction. Once I community has also continued to support the a thankful heart. May yours abound this holicollege, during the good times and difficult proach true thankfulness. And I say all of this times. Without the support of the people, our to preface the following comments, which are college - and it isn't mine, it is ours - could

> I am thankful for our elected officials. I have mentioned it before, but our college Board of East Mississippi Community College before

missioners (and others) have difficult jobs – they have to address issues that affect everyone, knowing they cannot please all of their constituents and as such, they will be open to complaints and ridicule - and most do it for little or no remuneration.

With that group, I would also single out our state representative, Ward Cassidy. Ward has truly been a friend to education, especially this past year. Without his efforts, community and technical colleges would have lost significant money, something none of us can afford. He has looked out for the interests of the people of northwest Kansas, sometimes to the detriment of his own standing within his party. All of these folks are worthy of an occasional thanks.

There are so many more things, but I would remiss if I did not also share thanks for my family. My wife and sons are such great support for me. They rarely complain about all the evenings that I spend away at school and community events, meetings, programs or the trips to the state capital on behalf of the college.

Though I want to do the best job that I can in serving the college and community, my family will always be the ultimate measuring stick by which I will be remembered. My sincerest hope is that I demonstrate through my actions how thankful I am to be able to share my life

At this time of year, do not hesitate to share with others your sense of gratitude. Turkey and dressing are wonderful – time to relax day season as you count your blessings

Dr. Stephen Vacik is president of Colby Community College. Vacik is a native of Fargo N.D., and was vice president of instruction at moving to Colby.

# Feel grateful for what you have

It had been a hard year for our family. My
other had formed a partnership with a man be father had formed a partnership with a man he had trusted, but the man took advantage of my father's trust as well as his honesty.

The man took all the incoming money, but left my father with the bills. The partnership was broken, leaving my father with no income and hard pressed to pay, but he was determined

to do so in order to preserve his good name. Although there was little money for things like school clothes, we always had enough to eat. We raised a big garden, and it and our farm produced plenty of food. There were times when we children felt the sting of teasing because our clothes were not the newest style. There were times we felt left out when other kids could go to the show and we couldn't. But when a new family, the Tawsons, moved in near us, we soon realized how lucky we were.

We saw them unloading the moving van and went to help. The children's clothes were even more worn than ours, but the main thing we noticed was how thin they were. The mother was thin as well, but the father was dressed nicely and was the opposite of thin. The contrast was so stark it was hard not to notice.

learned little about them. The mother had a job teaching school, while the husband was unemployed. The children said nothing. When in the house to eat." my mother brought a house warming dinner to

# **Opinions**

#### Daris Howard Life's Outtakes

finish off our welcome, the children eyed the food hungrily. When it was set on the table, they ate as if they had fasted for days.

When our family returned home, my father spoke what was on everyone's mind. "Something is not right there."

It was only a short time until we learned more. My father had gone to the hardware store to get hinges to fix a broken door on our barn. While passing the local bar, he saw Mr. Tawson inside drinking and gambling. My father didn't think too much of it, but, that same day, my mother caught some of the Tawson children stealing food from our pantry.

"What are you doing?" she demanded.

The children hung their heads, but said noth-As our family helped them move, we ing. My mother took them home and visited with their mother. She was embarrassed "I'm sorry," she said, "but we have nothing

"Doesn't your job provide enough?" my

Mrs. Tawson could not look my mother in the eye, and seemed reluctant to talk, but the situation had torn the mask from the silence.

"My husband takes my paychecks, and gives me very little back to buy food with," she said. "The children are always hungry."

"What does he do with the money?" my mother asked.

"He said that was none of my business," Mrs. Tawson answered. "Unfortunately, sometimes he uses what food he allows us to have as incentive to make sure we do as he demands. Please don't tell him I said anything.'

"You tell your children they don't need to steal," my mother said. "They can have food, though I may expect help weeding the garden or doing other chores in exchange." That evening, as my mother told my father

what had happened, they pieced it all together. From then on, the Tawson children were often helping with chores, and, in return, they would eat with us and take food home.

And as we grew to understand their situation, our desires for what we didn't have changed to gratitude for how good our life really was.

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## Mallard **Fillmore**

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