Fall sports begin



High school volleyball up and running

Practice started Monday for the Goodland High School volleyball team.

The volleyball team has 30 girls practicing now, with more expected to return as the school year gets closer, said Head Coach Jerry McKee.

The team's first practice was Monday morning at 6 a.m., with a second practice at 4 p.m.

"We will be doing two practices a day for a couple more days," said McKee, "and then go back down to one."

He said there are too many days before their first game to be working out twice a day everyday.

"The two practices now is to get them good and sore," he said, "and then work them back out again."

McKee said the team is looking good so far this year.

"We have a lot of returning talent," he said. "We are just waiting to see how it all fits together."

On Wednesday, Sept. 6 Goodland will have its first games of the season, playing against Garden City, Burlington and Thomas Moore Prep. A location hasn't been set yet. Practices for high school football, cross country, girls golf, and girls tennis teams also started Monday.



Newest players test their skills

Jayce Stone (above) a first year volleyball player, jumped for the ball at the high school team's first practice on Monday night. Nicole Gallentine (left) also a first year volleyball player, and a freshman, waited for the ball so she could practice her bumping skills.

Photos by Dana Sulsberger The Goodland Daily News

Rockies slide past Expos 4-3

knows that numbers take care of themselves.

Helton homered twice, including a go-ahead, two-run shot in the ninth inning, as the Colorado Rockies beat the Montreal Expos 4-3 Monday night in his last five games. for a four-game sweep.

"If you think about numbers, you don't think about the approach," Helton said. "I think about the process, not the results. I think about having good at-bats."

The Rockies first baseman has been having plenty of good at-bats lately, reaching base safely in 19 of 22 plate appearances in the first five games of a nine-game road trip.

"I like to go out and do well," Helton said. "I pay attention to the statistical side of the game, but I don't dwell on it."

Helton went 3-for-5 to raise his major league-leading batting average to .394. Ted Williams, who hit .406 in of five save chances. 1941, is the last major leaguer to hit .400 for a full season.

"No one's hit .400 for nearly 60 years," Helton said. "I don't think it's going to happen.'

Colorado manager Buddy Bell isn't so sure.

"He could play in any era, as far as

ment," Bell said. "He's fun to manage, because you don't have to manage him."

Helton has 29 homers and 101 RBIs. He is 13-for-16 (.813) with six walks

plays the game like (George) Brett used to play, he plays with a smile on his face," Bell said.

kind of player, because I'm talking about one of the greatest players of all time, but his approach, his attitude, the way he interacts with his teammates is as good as any player I've been around in a long time.'

eighth, Helton homered off Anthony Telford. Then, after Jeff Cirillo hit an RBI single with two outs in the ninth, Helton hit a two-run homer off Scott Strickland (4-3), who has blown three

"I really haven't seen this, a guy this hot who just continues to get big hits," Bell said. "He doesn't just get hits, he gets big hits."

Helton had his eighth multihomer game of the season, the 16th of his career

MONTREAL(AP) — Todd Helton I'm concerned, and that's a compli- he makes it very easy," Bell said. "He seems to thrive in those situations." Expos manager Felipe Alou agreed

"He's a great hitter," Alou said. "I was hoping we would walk him 3-2 or give him a bad pitch to hit."

Craig House (1-0) allowed one hit in "I hate to put a name on him but he 11-3 innings for his first major league win. Jose Jimenez got three outs for his 16th save.

Expos starter Javier Vazquez al-"I'm not saying he's going to be that lowed seven hits in seven shutout innings and tied his career high with 10 strikeouts.

Colorado starter Julian Tavarez scattered four hits while holding the Expos scoreless in the first six innings.

Montreal took a 3-0 lead in the sev-With the Rockies trailing 3-0 in the enth, when Lee Stevens singled leading off and advanced to second on Geoff Blum's hit-and-run chopper to shortstop. Andy Tracy was intentionally walked, and Michael Barrett followed with a drive off the center-field wall that scored Stevens.

Pinch-hitter Wilton Guerrero grounded to Helton, who stepped on first, then threw home too late to get Tracy, who slid in ahead of Brent Mayne's tag. Peter Bergeron followed with an RBI double.

Notes: Actor Tim Matheson was "This is a very hard game to play and among a crowd of just 6,924.

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Florida 11, Los Angeles 2								
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ahomes 4-1), 2, 3:10 p.m.								
San Francisco (Rueter 8-7) at Montreal								
ohnson 5-6), 5:05 p.m.								
Los Angeles (Herges 8-1) at Florida								
empster 10-8), 5:05 p.m.								
Arizona (Guzman 3-3) at Philadelphia								
/olf 9-6), 5:35 p.m.								
San Diego (Williams 7-4) at Atlanta								
urkett 8-5), 5:40 p.m.								
Cincinnati (Harnisch 4-6) at Milwaukee								
nyder 3-6), 6:05 p.m.								
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Oakland	63	54	.538	5						
Anaheim	61	57	.517	7 1/2						
Texas	54	62	.466	13 1/2						
Monday's Games										
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N.Y. Yankees 7, Texas 3										
Detroit 15, Seattle 4										
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Tuesday's Games										
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baseball scoreboard Atlanta New York Florida Montreal Philadelphia

defily news



Chiefs let veteran wide receiver go

KANSAS CITY, Mo. (AP) — Teammates were surprised by the Kansas City Chiefs release of wide receiver Andre Rison, the 12-year-veteran who had responded to an off-year by reporting to training camp in the best shape of his life.

Rison, 33, was dropped Monday with the explanation that the Chiefs "want to get younger" at wide receiver.

"We appreciate the contributions that Andre has made to this football team and we wish him the very best," said Chiefs president and general manager Carl Peterson. "By releasing Andre now, it increases his opportunities to catch on with another team before the start of the 2000 season."

"I had no idea they were going to lean in that direction," said tight end Tony Gonzalez, whose locker was next to Rison's. "I've been talking about winning the Super Bowl with him all off-season."

"It's going to be a little different not seeing Spiderman."

Rison had been running with the first unit from the first day of training camp through Sunday night's 33-10 exhibition loss to San Francisco.

Kevin Lockett, 25, now figures to replace him in the starting lineup, at least until No. 1 draft pick Sylvester Morris is deemed ready.

"I guess that's something the decision makers had in mind," said Lockett. "Andre has been running with the first unit and doing pretty well. But now it's up to myself and Sylvester and the younger guys to get it done.

"It's good for me. I've been in it for three years, I'm working as hard as I can to become a starter, and now the opportunity is here."

Both Lockett and Gonzalez believe

Rison can still be a productive receiver. year." "I don't think he's going to have a problem going out there and finding a the young receivers. job now," said Gonzalez. "He had a great camp. He did everything he for this organization and for players wanted to do. He wanted to put himself like myself," Lockett said. "He helped

Lockett credited Rison with helping

"Andre has done nothing but good

in a position so he could play a lot this us out a lot with how to play the game."

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