

Wheat still main crop

WHEAT, from Page 1

drought year, there should be a decrease in yields.

Dennis Mote, U.S. Farm Service Agency executive director for Sherman and Wallace counties, said that in Sherman County, wheat is still the predominant crop.

"We're seeing more dryland corn planted," he said.

Mote explained that most wheat farming operations previously used a wheat-fallow rotation. Now many farmers are going to a wheat-corn-fallow rotation on dry land.

If moisture conditions are favorable in the spring, farmers consider planting dryland corn, Mote said.

He said that following wheat harvest, many use chemical fallow to kill weeds instead of conventional till farming practices if they want to plant dryland corn. The chemical fallow process preserves moisture in the soil, while plowing or tilling lets out moisture, he said.

Farmers make decisions based on planting conditions. There are a lot of factors to consider, he said.

Wheat is conducive to the conditions in this area, Mote said, and most farmers in this area are geared for wheat production. Corn takes row-crop equipment to plant and harvest and not everyone can afford to do that.

When you have dry years like this has been, he added, we may see people going back to a wheat/fallow rotation.

Going up



Efrain Aguirre, Kanorado, (left) and Karry Holub, McDonald held cords out of the way as they maneuvered a moveable lift at the construction site of the student fitness center for the Northwest Kansas Technical School. The men are working for Miller's Construction of Goodland. Photo by Janet Craft/The Goodland Daily News

kanorado chronology

By Dixie Hooker

Kanorado Correspondent

Useless facts: Your stomach has to produce a new layer of mucus every two weeks, otherwise it will digest itself.

On Sunday, Aug. 20, Jenni and Chad Hanevik took their little daughter Mikenna to Monument, Colo. to be baptized. It took place in the Trinity Lutheran Church at Monument.

The church's pastor, Tyg Taylor, was the same one who married Chad and Jenni almost eight years ago. Jenni said the pastor was thrilled and honored to be chosen to baptize Mikenna. Jenni's brother, Jeff Brooks, and fiancé Cami Rodgers, both of Kanorado, are Mikenna's godparents.

Keith and Winnie Brooks of Westcliffe, Colo., Jenni's parents, attended along with Kay and Doug Hanevik of Monument, Chad's parents, and Chad's brothers; Brent, Scott and Chris. His sister Michelle and her husband Virgil and their two children, Eric and Erica, joined in the baptismal.

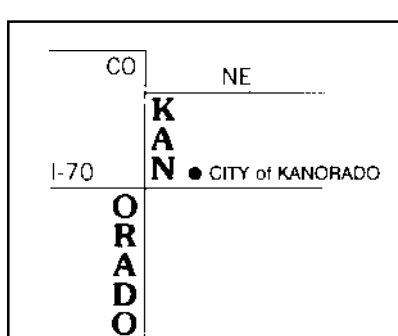
How can you tell when you're having a bad day? Your car horn goes off accidentally and remains stuck as you follow a group of "Hells Angels" on the freeway.

Don't forget the Red Cross Bloodmobile at the Goodland United Methodist Church this Thursday, Aug. 24, from noon till 6:30 p.m.

If you have any questions or concerns, call Dolly Irvin at 899-2111. Walk-ins are welcome. If you bring a friend who has not donated blood in the last 18 months or has never donated, you both will receive a T-shirt!

Sara and John Veselik had daughter Valerie Jones of Broomfield, Colo., along with their two little granddaughters, Katherine and Brittany, down to enjoy the fair the week before last.

When they took Val and the girls back to Broomfield they stopped in Denver to pick up grandma Ethel to spend this



last week. Ethel, John's mother, has stayed several weeks in Denver to help one of her daughters.

Several tried to win the subscription that *The Daily News* was offering for the Sunflower fest. They were trying to win it for the Little Butterfly Café. Lots of locals stop in, and at times they would like to read the paper over their coffee.

So Vicki Phillips, Sara Veselik, Chandra Witzel, Jennifer Glidewell, Peggy Witzel, Dainty Bryant and I all took a shot at finding words from the word "celebration." We all made a pact that we wouldn't look up words in the dictionary.

Between us busy gals, we came up with close to 400 words, but as you all know we didn't win the subscription. But we are all glad they tried.

Speaking of our Little Butterfly Café, they had their first Friday night Mexican dinner special. It started at 5 p.m. They offered tacos, saposillas, burritos, soft shell tacos and red and green chili sauce. It was all very good.

And as I told you before, when you walk into the café, you don't look where you are going to sit, you look to see with whom you can sit.

It was nice to see all the local folk come in and chat with each other. Vick and Rick Windell came and sat with ole Phil and me, and as soon as we chatted here and there, we found Vicki at another table chatting with Marie John-

son (Marie had come in earlier and sat down with Gloria and Jerry Rickman).

Then as Rick got up in search of a special cake (he had found out Peggy had one on hand), Edna Bishop and Pearl Livengood stopped by our table and chatted, as they did with other people at several tables on their way out.

As we were leaving we ran into our neighbors, Linda and Ken Bishop, who had some company with them that they were treating at the café. We all tried not to stand in the doorway as we said hello. I did see some Goodland people come in.

They were told to come on in, and wait inside instead of in their car while the Little Butterfly crew was getting the Mexican dinner ready for the supper crowd.

So hopefully these folks had a good time at our little café. For dessert you had your choice of all those wonderful homemade pies. Yes, I mentioned the cake Rick went in search of earlier, but this is a secret.

I do know Peggy whipped up one special and sold it to Tony Sieck just that morning.

So, if you have a favorite yummy, just let Peggy know. It's like Vick Windell said, this cake was great for breakfast! (Rick did a lot of frowning, but he did let Vick have a piece).

So stop in when you get a chance and get to know all of us! Oh yes, (grin) the food is good, too! Last week one of the daily specials was pan-fried chicken. Everyday they have a special, including their regular fare.

Aww-w kids: An exasperated mother, whose son was always getting into mischief, finally asked him, "How do you expect to get into Heaven?" The boy thought it over and said, "Well, I'll just run in and out in and out and keep slamming the door until St. Peter says, 'For Heaven's sake, Jimmy, come in or stay out!'"

Many prepare for Little Debby's arrival

SAN JUAN, Puerto Rico (AP)—In what could be the calm between the storms, Debby menaced the Bahamas on Wednesday after causing minor damage on several islands and just missing Puerto Rico.

It was downgraded to a tropical storm after losing some force as it skirted the mountainous Dominican Republic, but it was expected to regain hurricane strength over open warm waters and pose a significant threat to the Bahamas — and especially South Florida.

The storm, dubbed "Little Debby" so far, is expected to become a hurricane again. Debby could be southeast of Miami with winds of 105 mph by late Friday afternoon, Krissy Williams, a forecaster at the National Hurricane Center in Miami, predicted Tuesday.

By 11 a.m. Wednesday, Debby was centered about 30 miles east-northeast of Puerto Plata on the north coast of the Dominican Republic. It was moving west near 16 mph but was expected to resume its west-northwest track.

It was no longer strong enough to be called a hurricane, with sustained wind of 70 mph. The threshold for a hurricane is 75 mph.

diens to several southern islands on Tuesday and planned to send more to other islands Wednesday to prepare for the storm.

In Florida, emergency officials urged southern residents to begin paying close attention to weather reports. "We're like everybody else," said Elizabeth Hirst, spokeswoman for Gov. Jeb Bush. "In the wait-and-see mode."

South Floridians stuffed shopping carts with bottled water, canned food, milk, batteries and emergency supplies — just in case.

"It's good to be prepared because even if the hurricane doesn't hit, we may still get blackouts," said Clara Milanes, 64, who bought a battery-powered light and candles Tuesday at a Wal-Mart.

Hurricane warnings were posted for the Turks and Caicos, the southeastern Bahamas and the north coast of the Dominican Republic. A hurricane watch was in effect for the rest of the Bahamas and northern Haiti. Cuba posted a hurricane watch for its northeast coast and was expected to extend it westward.

Forecasters may post a hurricane watch in South Florida, Williams said. As a relatively minor hurricane on

Tuesday, Debby brought some rain and little apparent damage to the U.S. territories of Puerto Rico and the U.S. Virgin Islands and a number of small islands like Antigua and Anguilla.

"This storm was quite confusing in terms of all the various changes it made," Gene Walker, emergency response leader in the Virgin Islands, said Tuesday. "We were supposed to have had heavy rainfall some 10 to 12 inches of rain, and today that was changed to 5 inches."

The only storm-related death was a San Juan man who slipped from his roof while trying to dismantle an antenna.

In Puerto Rico, a U.S. territory of 4 million people, there was relief as Debby's eye passed just to the north. Puerto Rico and the U.S. Virgin Islands reopened schools and government offices Wednesday, and flights were expected to resume.

"We believe the conditions are adequate to return to normalcy," Puerto Rico Gov. Pedro Rossello said Tuesday.

Rains following in Debby's wake soaked Puerto Rico overnight, flooding and closing some main roads in San Juan.

Suicide a desperate cry for help

For the troubled teen, a suicide attempt is the most desperate in a series of attempts to cope with life.

Virtually all suicidal adolescents first rebel, then withdraw, and then in many cases, run away.

When these actions fail to solve their problems, they attempt suicide as a last most dramatic cry for help.

Most often, attempted suicide is not an effort to die, but rather a communication to others that something is desperately wrong. Many of these attention-grabbing gestures misfire and result in death.

Because each successive attempt is more likely to succeed, each one must be taken seriously.

Mary Giffon, psychiatrist and author of *A Cry For Help*, has broken suicide distress signals into 3 stages.

1. General Distress Signal: acts of aggression, disobedience, rebelliousness, passive behavior, withdrawal, alcohol and drug abuse, changes in eating or sleeping habits.

2. Specific Behavior Changes: sudden changes in personality, sudden mood swings, lack of interest in schoolwork and a decline in grades, loss or lack of friends.

3. Final Precipitation's to Suicide: loss of an important person or thing; loss of an ideal or self esteem, feelings of hopelessness, unusual lack of interest in personal appearance, making a will.

A final gesture of putting affairs in order may include making amends and giving away possessions.

Many teens may show several of these signs during adolescents. Experts advise family and friends to pay special attention to any sudden behavior changes. If several signals occur at once, action should be taken immediately.

There is no definite explanation for teenage suicide, but research has identified factors which seem to increase the risk: family breakdowns and problems, pressures to succeed, increased availability of drugs and alcohol, lack of structure in lives and isolation in an increasingly mobile society.

What can you do to help?
- listen, be a true friend.
- show that you really care.
- talk openly and honestly to the person.



cris lovington

• prevention center

- ask the person to discuss their feelings.

- get help.

The tragedy of suicide does not have to happen. During the difficult transition into adulthood, teens need to know that feelings of unhappiness are common, and will pass along with the suicidal impulses which may accompany them.

Friends and family can help:

* Open discussions about suicide do not stimulate others to commit suicide; however, once a suicide act has been committed, the act itself has a contagious effect upon others.
* This pattern of "contagion" deaths can often be interrupted when people are given an opportunity to discuss their feelings and participate in programs designed to reduce tension around a suicidal act.

* In many cases, relationships are severed after an attempted suicide has occurred. While the strong wish to die is quite temporary, unless long range plans have been made to identify and correct the underlying problem,

chances are the crisis will occur again.

* Three months seems to be the critical point of reoccurrence.

Facts:

Suicide is the second leading cause

of death among teens.

* People who threaten suicide are at a much higher risk for attempting to kill themselves.

* The more detailed the suicidal plan, the more serious he/she is about suicide; therefore, the more urgent need for help.

* For every completed suicide, 50-100 teens attempt to kill themselves. Some are written off as accidents, so the numbers may be even higher.

Suicide is forever — get help.

Resources:

If you, or someone you know, ever feel the need to talk about your problems, frustrations, or worries any of the following agencies could be helpful:

-Here to hear 1-800-362-2639
-Kansas Mental Health Association 1-800-432-2422

-Suicide Prevention Center
-Crisis Intervention Center
-Your local Mental Health Center
-Local hospital
-physician or psychiatrist
-clergyman

You can win \$1,000

CONTEST, from Page 1

The maximum points total 136. The \$1,000 grand prize winner each week is the person who amasses the most total points in the region. A tie-breaker — guessing the total point scored and total offensive yardage in a specified game — will break any ties.

In addition to the weekly grand prize winner, there is a weekly local winner. Sponsoring Goodland merchants and *The Daily News* will award a prize of \$100 to the contestant who has the highest score among local entries submitted.

The entry form will appear in *The Daily News* each Tuesday, and deadline for entries will be 2 p.m. Fridays (except Thanksgiving week). Results

will be published on Wednesdays beginning Sept. 6.

Contestants may enter only once statewide each week. Duplicate entries will be eliminated, and decisions of the judges are final. Full official rules accompany each week's entry form in the newspaper.

No purchase is required, and facsimile entry forms will be accepted. You must be 8 years old to play, so even children may enjoy the contest. Enter the contest by clipping the weekly form, making your selections and dropping it off at the outlets of sponsoring merchants prior to the 2 p.m. Friday deadline.

Businesses interested in sponsoring the contest should call Doug, Cami or Susanne at 899-2338.

Author working on series of short stories

AUTHOR, from Page 1

When you're a writer, she added, you look to your life for subject matter. Her connections to this place and people are probably stronger than anywhere else, she added.

Bair said she writes in a "lyrical style."

"My work is not really strongly plot driven," she said. "It's more poetic."

The author said she has spent a lot of time alone while camping and hiking in the Rocky Mountains and the Sierra Nevada. She said that's the way she transcends her own limitations, including loneliness.

"That's where I'm happiest," she said. "Outdoors, in nature."

After she was divorced many years ago, Bair said, she found she could be alone and be happy.

She said she is now working on a collection of short fiction stories that when read together will add up to a



Julene Bair

novel. They are about a young woman's struggles for independence in early adulthood. The stories, set in San Francisco, tell about the woman's marriage and how she discovers her connections to the land.

Bair was born in 1949 and raised outside of Goodland on her family's farm, where they raised sheep and wheat.

She left the area in 1968, then lived in Goodland from 1984 to 1988, when her son, Jake, was small. Her parents are Jasmin and the late Harold Bair of Goodland.

She is a graduate of the Iowa Writers' Workshop and the Iowa Nonfiction Writing Program.

Her essays and short fiction stories

have appeared in periodicals ranging from the *Chicago Tribune Sunday Magazine* to *The Missouri Review*. She is a past winner of the Wyoming Art Council's Neltje Blanchan Award for writing inspired by nature.

Bair has lived in Laramie, Wyo., with her son, who is 15, for seven years. She said it's in a broad valley flanked by mountains on the east and west.

"It's home to me and I want to stay there," she said.

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