

# about our friends

## calendar

**Star Party** — The Northwest Kansas Astronomical Society will have a star party, an educational family event, on **Friday, Sept. 22, and Saturday, Sept. 23**, at Ron and Bonnie Thompson's farm. There is a registration fee, but you don't need a telescope to attend. To sign up, call the Thompsons at 899-2053.

**Railroad Reunion** — The 23rd Annual Rock Island Railroad Reunion will begin with a potluck dinner at **noon Sunday, Sept. 24** at the Senior Adult Center, 208 W. 15th, Goodland. All former Rock Island employees, families and guests are invited and encouraged to attend. Please bring a covered dish and table service. Feel free to bring any Rock Island memorabilia you may want to display and enjoy an afternoon of renewing friendships and recalling times gone by.

**Bike-A-Thon** — The St. Jude Bike-A-Thon to raise money for cancer research will be held either from **1-4 p.m. on Sunday, Sept. 24** or from **9 a.m.-noon on Saturday, Oct. 7**, in Goodland, due to a Special Olympics event going on Saturday, Sept. 23 in Colby. There will also be a donation and information table set up at the Flatlander's Festival on Saturday, Sept. 30. For questions, call Aletha or Kendall Morris at 899-3830.

**Nurse Aide Class** — A Nurse Aide class will begin **Tuesday, Sept. 26**, at the Good Samaritan Center in Goodland. The class will be taught by Shirley Pearson and is worth five college credits. It is offered by Colby Community College. For information or to enroll, call Mary Herbel at (785) 462-3984, ext. 286.

**Singles Group** — The Thursday Night Together Christian singles group will meet at **6:30 p.m. Thursday, Sept. 28** at the Weather Service Office, 920 E. Armory Road, Goodland. Anyone who is interested may attend. For questions, call 899-2733.

## activities

**Punt, Pass and Kick** — A punt, pass and kick competition for boys and girls ages 8-15 will begin at **8:30 a.m. on Saturday** at Cowboy Stadium. The event is sponsored by the Goodland Activities Center. Also, Kansas City Chief football players will be on hand for photos and autographs from **9:30-**

**10:30 a.m.** Everyone is welcome. For information, call the activities center at 899-7242.

**Carnegie Arts Center** — Forty-five photos from this year's "A Day in the Life of Sherman County," photography contests will be on display at the Carnegie Arts Center through **Sunday, Oct. 1**. The photos are of a variety of people at work or play and of buildings, landmarks and landscapes in Sherman County. The arts center is open from **10 a.m.-5 p.m. Tuesday through Friday** and from **1-4 p.m. Saturday, Sunday and Monday**.

## looking for info

The 4-H Ambassadors and Lincoln Larks Club have done research to find out the names of the grand marshals from past fair parades as they would like to try to put up a board in the pavilion at the fairgrounds to recognize them. They have come up with many of the names, but are missing those from 1972, 1980, 1990, and 1993. Also, they aren't sure when the parade began having a grand marshal. If anyone has any information that would fill in the gaps, please contact Virginia Chatfield or Jan Lohr.

## school menu

**Friday** — Sloppy joe, cottage cheese, relish tray, 1/2 banana and milk.

## birth

**Cambree Dee Smith** was born Sept. 2, 2000, at Amarillo, Texas. She weighed 6 pounds, 6 ounces, and measured 19 1/4 inches long.

Her parents are Kenneth and Robbi Smith of Goodwell, Okla. She has a brother, Chance Ray.

Grandparents are Dee and Vinita Finney of Goodland and David and Betty Smith of Friona, Texas.

## hospital report

**Goodland Regional Medical Center**  
**Admitted: Wednesday**, Lacy Poterf and Betty Rust, both of Goodland; and Kathryn Norton, Brewster.  
**Dismissed: Wednesday**, none.  
**Transferred:** none.  
**Specialists for Friday:** Dr. Steven Gulevich, neurology; Dr. David Pfoff, ophthalmology.  
**Hospital weekly volunteer schedule** — **Friday** — Helen Hughes, cour-

tesy; Fern Hawks, a.m.

## patient updates

**Larry Bohl, Goodland**, is in a hospital in Texas for extensive medical treatment. Cards can be sent to: Larry Bohl, c/o M.D. Anderson, P.O. Box 300206, 1515 Holcombe Blvd., Houston, Texas 77230-4095.

**Leo Hatcher, Goodland**, has been transferred to Denver. He will be there for several weeks. He and Connie would appreciate your prayers. Cards can be sent to: Porter Adventist Hospital, 2525 S. Downing Street, Denver, Colo. 80210.

**Isabelle Hellerud, Goodland**, is a patient in Hays where she is recovering from a hip fracture. She will be there for about five days. Mail can be sent to her at Hays Medical Center, Room 234, 201 E. Seventh, Hays, Kan. 67601.

## today in history

On Sept. 13, 1893, the Shermanville Post Office was closed. It had opened northeast of Goodland (SW 15-6-38) in 1883.

From the Sherman County Historical Society calendar

## animal shelter

Have you lost a pet? Call the Goodland Police Department at 899-4570.

Are you interested in adopting a pet? Call the Northwest Kansas Animal Shelter at 899-6464.

## area events

**Jazz Concert** — The Queen City Jazz Band and singer Wende Harston will perform at **7:30 p.m., Central Time, Tuesday** at The Gateway in Oberlin. This concert will open the 2000-2001 season for the Western Plains Arts Association. Season passes will be accepted or tickets can be purchased at the door.

**Nursing Program** — A program for registered nurses and licensed practical nurses called "Physical Assessment from Head to Toe," will be held from **10 a.m.-4 p.m., Central Time, Wednesday** at the Midwest Energy Building, 303 Main, Atwood. The program is approved for five hours of continuing education credit. To register, write the Northwest Kansas Area Health Education Center, 217 E. 32nd, Hays, Kan. 67601 or call (785) 628-6128.

# Clean kitchen reduces health risks

Cleaning up the kitchen isn't likely to rank on most people's top 10 list of household chores, but perhaps it should.

A significant number of food safety mistakes occur in the home kitchen. Millions of people suffer from food borne illnesses and thousands die unnecessarily each year.

Many of the illnesses can be traced to food service providers; others can be traced to food handling errors in the home.

Symptoms of food borne illness can occur hours after eating, but may not occur until several (up to six) weeks later.

Anyone can be vulnerable, but children whose immune systems are not fully developed; pregnant women; seniors; and others who may be suffering from a chronic illness or who are undergoing medical treatment, such as chemotherapy, can be at a greater risk.



## roxanne burda

• slice of life

Food borne illness is largely preventable. In fact, a bleach manufacturer suggests that sanitizing a kitchen and other high-risk areas in the home can eliminate as many as 99 percent of disease-causing bacteria.

To make a sanitizing solution for hard, non-porous surfaces like a countertop, mix one tablespoon of liquid bleach with one gallon of water. Pre-wash the surface with hot soapy water and rinse. Apply the sanitizing solution to the surface. Keep the surface wet for two minutes and then allow it to air dry.

To make a sanitizing solution for

porous surfaces like wooden cutting boards, mix three tablespoons of liquid bleach with one gallon of water and apply it to the surface. Keep the surface wet for two minutes and then allow it to air dry.

Don't forget to sanitize dishcloths, kitchen sponges and sinks. Place one gallon of warm water in the sink and add 3/4 cup of liquid bleach. Soak dishcloths and sponges for five minutes and let the water run down the drain.

A mix with the same proportions can also be used to disinfect high traffic areas in the kitchen and bathroom like faucets and floors, high chairs, changing tables, cribs, pet food and water containers and cat litter boxes.

Home sanitizing solutions are inexpensive and easy to make and use.

# matters of record

**Sherman County Traffic**  
**Aug. 28** — Vernon M. Addison, 41, Tacoma, Wash., 2500 overweight, \$134.

Elizabeth R. Edgeworth, 28, Littleton, Colo., speeding 83/70, \$70.  
James K. Neukam, 37, New Albany, N.Y., speeding 86/70, \$76.

Donald R. Foster, Jr., 22, Denver, driving on a suspended driver's license, \$154; speeding 88/70, \$26.  
Jawana J. Jones, 24, Aurora, Colo., speeding 88/70, \$80; no child restraint, \$20.

Bennie L. Shelton, 28, Henderson, Nev., speeding 93/70, \$93.  
Jessie H. Sloan, 61, Houston, speeding in construction zone 87/60, \$112.

Kathni? A. Amin, 17, Aurora, Colo., speeding 97/70, \$105.  
Connie J. Cowan, 40, Lawrenceville, Ga., speeding 86/70, \$76.

Bryan S. Clark, 22, Bristol, Penn., speeding 86/70, \$76.  
Roxie M. Ellis, 44, Loveland, Colo., expired registration, \$64.

Kenneth E. Hatch, 33, Danbury, Conn., speeding 82/70, \$68.  
Christopher A. Neilson, 36, Philadelphia, speeding 82/70, \$68.

**Aug. 29** — Julian E. Dalrymple, 17, Valparaiso, Ind., speeding 87/70, \$78.

**Aug. 30** — Marc W. Diamond, 32, Lone Tree, Colo., speeding 88/70, \$80.  
Corin P. Blickenstaff, 20, McPherson, speeding 87/70, \$78.

Joel G. Fries, 34, Jordan, Minn., no medical card, \$106.  
Evan R. Gist, 21, Nederland, Colo., speeding 95/70, \$99.

Joy M. Gresoski, 21, Florissant, Mo., speeding 85/70, \$74.  
Hildegard M. Hinerman, 52, Chanute, speeding 92/70, \$90.

Anderson P. Lunsford, 18, Fayetteville, Ark., speeding 88/70, \$80.  
**Aug. 31** — Neil G. Dykens, 50, Littleton, Colo., speeding in construction zone 72/60, \$82.

Sidgfried Raible, 47, Winnipeg, Manitoba, Canada, 2200 overweight, \$119.  
Yoshiro Urano, 47, Overland Park, speeding 92/70, \$90.

Randal L. Herndon, 41, Anaheim, Calif., speeding 89/70, \$82.  
Kate J. Kelley, 30, Granby, Colo., speeding 89/70, \$82.

Christian R. Stokes, 28, Tampa, Fla., display tag not assigned, \$64.  
Heather R. Watnee, 25, Tallahassee, Fla., speeding 84/70, \$72.

**Sept. 1** — Clark A. Wasson, 37, Berthoud, Colo., speeding 88/70, \$80.  
Sara T. Lacoss, 25, Oroville, Wash., speeding 90/70, \$84.

Michael J. Sullivan, 22, Penn Yan, N.Y., speeding 96/70, \$102.

**Divorce Granted**  
Travis L. Jones, Goodland, and Deborah R. Jones, Selden.

**Real Estate Transfer**  
Trustees of the Mary Lou Franklin Revocable Trust to Richard L. and Rita M. Billinger, the SW 1/4 of Sec. 10, T10S, R37W; the NW 1/4 of Sec. 1, T9S, R38W; the SE 1/4 of Sec. 3, T10S, R38W; and the NE 1/4 of Sec. 4, T10S, R38W.

**Sherman**  
www.goodlandnet.com/movies  
**Tonight 7:00**  
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Hollow Man (R)

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