

Filling some holes



Workers with Smith Sand and Gravel of Garden City were preparing the base on K-27 before concrete is poured. Dan Hershberger of Goodland (front) and Luis Ortiz of Garden City shoveled dirt Monday afternoon near the entrance of the Total Petroleum service station south of I-70.
Photo by Janet Craft/The Goodland Daily News

Kanorado chronology

By Dixie Hooker

Kanorado Correspondent

Useless facts: Why do pumpkins become jack-o'-lanterns on Halloween? It all started with the Druids. At their Oct. 31 feast celebrating the end of summer, the spirits of the dead returned for a night.

The Druids, the first Ghostbusters, lit fires to keep away the unwanted guests. It was brought to America in the 1840s. In Ireland, candles had been placed in carved out potatoes to make jack-o'-lanterns. But in America, pumpkins were plentiful, and it was the light shining from them that told marauding spirits, "hit the road, Jack."

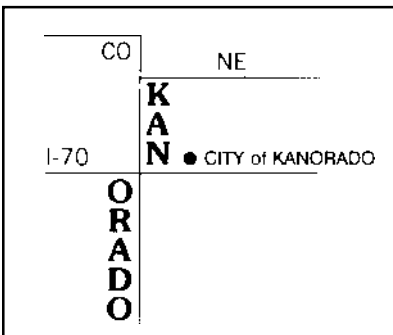
Mark your calendars for Oct. 7 for the Kanorado Octoberfest. This year's theme is "Hats Off to Kanorado." The parade begins at 11 a.m. This year's fest includes a talent show, auction, horse-shoe tournament, cow patty bingo, cake walk, assorted game booths, barrel train ride, volleyball tournament and more!

If you have any creative ideas to add to this event, please call Marie Johnson at 399-2395 or Jerry Webber at 399-2226 or 399-2355.

Daffynitions: Arachnoleptic fit(n.): The frantic dance performed just after you've accidentally walked through a spider web.

Congratulations to Gary Winter for being the 2000 EMS Educator of the Year. Gary has been in the EMT service since '95. He teaches adult CPR and assists with safety fairs. His award was announced at the annual Kansas Emergency Medical Services Association convention in Wichita.

Things my mom taught me: My mother taught me Logic: "Because I said so, that's why." Foresight: "Make sure you wear clean underwear in case you're in an accident."



Here I go again lying to you all. Retraction #2: Fran Christenson was in Hobart, Okla., visiting her mom this summer.

I do believe I said Hobart, Neb. Now, don't ask me why I did this, as I knew better. And Fran wants you to know that she is an "Okie" and proud of it! She went on to say that while she was at her mom's, she attended her 40th class reunion. (I was really tempted to put 50th here and grin, but enough mistakes. Besides this one may get me beat!)

She had an absolute blast, visiting with all those "old people." On her trip home, she stopped in Oklahoma City and visited with her son Lee and his wife, Kahlene.

Point to ponder: How come wrong numbers are never busy?

Our deepest sympathy to Jerry and Melba Winter and their family, on the death of Jerry's mom, Sylvia Reynolds, who died Sept. 1 at the Good Samaritan Center in Goodland. Sylvia spent many years residing in Burlington, Colo.

Famous quotes: "When more and more people are thrown out of work, unemployment results." Former U.S. President Calvin Coolidge.

Last Thursday at the Little Butterfly Café was a day for *Daily News* people to pop in. First, Sheila Smith came in with

her mom, Evelyn Moore, and did lunch.

Then in came Cami Rodgers and Doug Jackson to sell ads. It was nice meeting Doug (Cami is my neighbor) and they both promised the proprietor they would be back to try the Little Butterfly's fare.

The café will be having nightly specials for a month, starting Sept. 18. Their hours are 7 a.m. till 2 p.m. Then opening again from 5 till 9 p.m. They are closed weekends.

They run a daily lunch special and now they will try the daily evening special. So stop in and give them a try, folks. You will not only like the food, you will like the atmosphere and just hometown folk.

Things I have learned: Never under any circumstances take a sleeping pill and a laxative on the same night.

Underage drinking examined

TOPEKA (AP) — The case of an underage drinker stopped by a revenue agent because he looked too young has become a test case before the Kansas Supreme Court on the power of authorities.

The case went straight to the high court after a Douglas County judge ruled that the man — who was, in fact, underage — could not be stopped simply because he looked baby-faced.

David Pritchett was at a fraternity party at the University of Kansas Aug. 27, 1999. Jim Wilson, an agent for the state's Division of Alcoholic Beverage Control,

Public alerted to risks of steroids

To reverse the rising use of anabolic steroids by high school-age children, the National Institute on Drug Abuse and seven national partners have launched an initiative designed to alert the public about the risks associated with steroid use.

"The most recent data from our Monitoring the Future survey tell us that the trends in use of these drugs and in teenagers' attitudes about them are going in the wrong direction," said Dr. Alan I. Leshner, institute director, at a Washington, D.C. press conference to announce the initiative. "More than a half million eighth to tenth-grade students are now using these dangerous drugs, and increasing numbers of high school seniors say they don't believe the drugs are risky."

Anabolic steroids are synthetic compounds that mimic the action of the male hormone testosterone. The drugs have some medical uses, but they are also abused by some athletes and sports enthusiasts who want to increase muscle mass and improve performance. Some teens use them because of concern about body image.

In adolescents, anabolic steroids can halt bone growth and have been associated with damage to the heart, kidneys and liver. In males, steroid abuse can lead to impotence, shrunken testicles and breast enlargement.

In females, the drugs' effects include menstrual irregularities, growth of body hair and loss of scalp hair, a deepened voice and reduction in breast size. Some of these biological effects are irreversible.

Use of anabolic steroids also has been linked to increased and unpredictable levels of aggression in human and



**cris
lovington**

• prevention center

animal studies.

The initiative includes a new web site — www.steroidabuse.org — that provides science-based information about the risks and prevention of steroid abuse. The institute has also released an updated research report on anabolic steroids as part of the nationwide multimedia initiative.

The institute and its partners will distribute 250,000 copies of a special Community Drug Alert Bulletin on anabolic steroid abuse and will place 500,000 "art cards" which are colorful postcards with messages about the harmful effects of steroid abuse in gyms, bookstores, restaurants and clubs of six large cities where steroid abuse is higher.

The institute's partners in the initiative include the National Collegiate Athletic Association, the American Academy of Pediatrics, the American College of Sports Medicine, the National Association of School Nurses, the National Federation of High Schools, International Students in Action, and Dr. Drew Pinsky, a physician who hosts discussions about relationships and sexual behavior on MTV's "Loveline."

A scientific-based prevention program, Adolescent Training and Learning to Avoid Steroids (ATLAS) will also be offered. It uses a team-centered

approach to educate young male athletes about the risk and protective factors associated with steroid use. The researchers are currently developing a similar program -

Athletes Targeting Healthy Exercise and Nutrition Alternatives (ATHENA) to prevent eating disorders and abuse of steroids and other body-shaping drugs by young women on school-sponsored athletic, dance, drill, and rally teams.

Dr. Harrison Pope of the McLean Hospital in Belmont, Mass. discussed results of a study designed to examine the effects of steroids on mood and increased aggression - a phenomenon referred to as "roid rage." The research which involved 56 men who regularly work out at gyms and health clubs, revealed increased aggressive behavior in some participants who received testosterone in dosages smaller than those typically used by athletes or body-builders. Dr. Marilyn McGinnis of Mount Sinai School of Medicine in New York City provided additional evidence that steroid use can result in aggressive behavior. She described recently-completed laboratory studies in which rats with elevated levels of steroids exhibited unprovoked aggression toward passive, non-threatening rats as well as intensely aggressive responses to provocation.

If you would more information concerning anabolic steroids and their abuse, please call me at 899-3848 or come by the Regional Prevention Center office at 1701 Main.

Court decision could affect convicts

TOPEKA (AP) — A U.S. Supreme Court decision could affect prison sentences for several Kansas convicts, including a Culver man who poisoned his daughters and a Council Grove man who fatally beat his girlfriend's toddler.

The court's June ruling in a New Jersey case said only a jury — not a judge — could deviate from the sentencing guidelines imposed by a legislature.

Based on that ruling, Deborah Wilson, a Topeka appellate public defender, will ask the Kansas Supreme Court next month to overturn the sentence of Crystal Gould. She was convicted in Reno County District Court of three counts of felony child abuse

of her three children.

If Gould wins her appeal, it could open the door for many more appeals of sentences where judges have handed down a longer sentence than was called for by the state guidelines.

"We believe this is unconstitutional," Wilson said of the practice, known as upward departure.

Under Kansas law, judges are allowed to depart from the sentencing guidelines and order more or less

prison time based on a long list of factors.

In Gould's case, the judge said he departed from the sentencing guidelines because of the brutal nature of the crime and because Gould was the children's caretaker.

Under the guidelines, Gould would have received a maximum sentence of about 10 years in prison. Instead, the judge gave her more than 11 years.

Flora the Democrat

We must provide qualified and excellent teachers to inspire and encourage students to learn. Salary and respect of their position in society should cause real teachers to step forward.

Dwindling enrollment in rural Kansas is bound to create problems. I hope legislators in populated areas will take time and effort to recognize that we need schools - not miles apart - and that western region taxes aren't used to support heavily populated areas of Kansas.

Phonics is a dependable tool to teach children how to read.

Billie Flora for State Senate District 40.

Political ad paid by Billie Flora, Treasurer.

student of the week



Name: Laurie Scott
Parents: Rod and Susan Scott
Grade: Senior
Age: 17
We've nominated this student because: Laurie is a hardworking, dedicated, academically, successful student at G.H.S. Her attitude is positive and she shows respect to peers, faculty, and staff. Laurie is a proven leader in

the classroom as well as President of Family, Career, Community Leaders of America (FCCLA).

Student Comment: I will remember all the good times I've had with my friends.

Activities involved in at school: FCCLA, National Honors Society, Peer Counseling.

My choice of movies, books, and games: All movies and all music. I don't really have a preference.

After I leave Goodland High School I intend to ...: move to Colorado and attend Pikes Peak Community College.

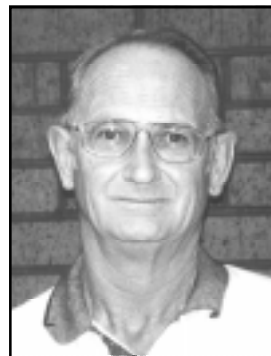
And 10 years from now, I think I'll be ...: working in a medical field.

Favorite Quote: "In three words I can sum up what I've learned about life. It goes on." Robert Frost

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