

about our friends

calendar

Veterans' Affairs — Jody Tubbs of the Kansas Commission on Veterans' Affairs will be available to assist veterans and their dependents with claims work from **1-2:15 p.m. Thursday** in the assembly room on the third floor of the Goodland courthouse. If you miss her, you may contact the Colby office any Monday, Wednesday or Friday at (785) 462-3572.

Kanorado Octoberfest — Kanorado will hold its Octoberfest on **Saturday**. Lots of activities are planned with booths to open at 9 a.m. and a concert at 7:30 p.m. to finish off the day.

4-H Open House — There will be a come-and-go 4-H open house for boys and girls ages 7 to 19 and their parents from **2-4 p.m. Sunday** in the 4-H Building at the fairgrounds. This will be a time to ask questions of Sherman County 4-H club and project leaders and have them explain the program to you.

Bike-A-Thon — The St. Jude Bike-A-Thon to raise money for cancer research will be held from **9 a.m.-noon Saturday** on the north side of West School. Riders are able to collect until Tuesday, Oct. 31. For questions, call Aletha or Kendall Morris at 899-3830.

Memorial Gymkhana — The eighth-annual Kara Bentzinger Memorial Gymkhana will be held this **Saturday** at the Sherman County Fairgrounds. Adults and children may participate. **Registration** will be at **9 a.m.** and the **gymkhana** will start at **10 a.m.**

Craft Sale and Lunch — A craft and bake sale will be held from **10:30 a.m.-1:30 p.m. Saturday** in the First Christian Church at Eighth and Arcade in Goodland. A homemade soup and pie lunch will also be offered from **11 a.m.-1:30 p.m.** The meal will include your choice of chili, vegetable or chicken noodle soup, along with relishes, pie and coffee or tea.

Dinner Party — The Goodland After-5 Club will have a "Going, Going, Gone" dinner party from **6:30-9 p.m. Monday** at the Butterfly Cafe. The speaker will be Betty Fouty of Wichita, the special feature will be a silent auction and music will be provided by Freda Ruch. For reservations, call Lori at 899-3828 or Barb at 899-5580.

Dinner Theater — "Mark Twain in the Garden of Eden" will be presented during a dinner theater at **6 p.m. Saturday, Oct. 14**, and a dessert bar matinee at **2 p.m. Sunday, Oct. 15**, at the United Methodist Church Fellowship Hall in Goodland. Tickets may be purchased at Aten's or Mr. Jim's or by calling 899-3631.

activities

TOPS Meeting — Take Off Pounds Sensibly meets at **5:30 p.m. Mondays** at North School. Weigh-in is at 5 p.m.

Aerobics Classes — Morning aerobics classes are available at **5:30 a.m.**

with Tina Tompkins, and at **8 a.m.** with Marilyn Imel, **Monday, Wednesday, and Friday** at the Goodland Activities Center. A senior aerobics class for those who desire a less strenuous workout will be at **8 a.m. Tuesday and Thursday** with Marilyn Imel. For questions, call 899-7242.

Carnegie Arts Center — An exhibit of jewelry, ceramics, furniture, metalsmithing and textiles will be on display through **Friday, Nov. 3** at the Carnegie Arts Center in Goodland. The show will include 33 works done by 17 artists, 10 of which live and work in Kansas. The pieces are a cross between art and craft as they show ways that contemporary craft relates to social, political and personal issues. Group tours and after-hours meetings are welcome. If interested, call the center at 899-6442. The exhibit is sponsored by Western State Bank and Wal-Mart. Gallery hours are from **10 a.m.-5 p.m. Tuesday through Friday and from 1-4 p.m. Saturday, Sunday and Monday**.

Water Testing — A representative of the Northwest Local Environmental Protection Group will be available for a free well evaluation including testing well water for bacteria and nitrates. If you would like to schedule an evaluation or have other environmental concerns, call the Sherman County Health Department at (785) 899-4888.

support group

The Multiple Sclerosis Support Group of Burlington, Colo., would like to help. The group meets at **9:30 a.m. on the second Saturday** of each month. For questions or personal support, call Della Helzer at 899-2585.

donations needed

Donations for the new swimming pool in Goodland may be left at the Goodland city office or Chamber of Commerce office. Checks should be made out to Steever Water Park.

Also, donations for the Van Gogh sunflower project may be left with any board member of the Sunflowers USA Association or at the Goodland Chamber of Commerce office.

Donations for the new baseball field may be sent to Scott Weber, president of the Goodland Baseball Commission, at 202 N. Main, Goodland, Kan. 67735, or left at the Sherman County Star or the Goodland Chamber of Commerce office.

school menu

Thursday — Lasagna, lettuce salad, garlic bread stick, fruit cup and milk.

Friday — Cheeseburger, french fries, lettuce, tomato, onion, Jell-o with fruit and milk.

patient updates

Larry Bohl, Goodland, is in a hospital in Texas for extensive medical

treatment. Cards can be sent to: Larry Bohl, c/o M.D. Anderson, P.O. Box 300206, 1515 Holcombe Blvd., Houston, Texas 77230-4095.

Leo Hatcher, Goodland, has been transferred to Denver. He will be there for several weeks. He and Connie would appreciate your prayers. Cards can be sent to: Porter Adventist Hospital, 2525 S. Downing Street, Denver, Colo. 80210.

hospital report

Goodland Regional Medical Center Admitted: Tuesday, Veronica Crocker, Goodland; and Victor Morin, Sharon Springs.

Dismissed: Tuesday, Myrna Carson, Kim Crocker, Isabelle Hellerud and Larry Ketler, all of Goodland.

Transferred: Pius Heier of Oakley to Swedish Hospital in Denver.

Specialists for Thursday: Dr. Charles Ruggles, dermatology; Dr. James Warren, cardiology.

Hospital weekly volunteer schedule — Thursday — Patty Gensil, courtesy; Mary Lou Franklin, a.m. **Friday** — none.

today in history

In 1894, Mona Mae Carl was born in Goodland. Her son, Albert Fenner, and all four of his children had Mrs. Flossie Gulick as their kindergarten teacher.

From the Sherman County Historical Society calendar

Courthouse to see changes

COUNTY, from Page 1

the main floor would make it easier for the clerk's office, and open the office space. He said using the old men's restroom would be somewhat temporary as this space is scheduled to become a stairway access to the second floor.

Assistant Clerk Mary Ann Sneath said they were making the suggestion at this time to give the staff time to make the move, and that it would require taking out all the fixtures and partitions in the old restroom.

McKnight said he had found there were shutoffs for all the fixtures, and that he could remove them without outside cost.

Daryl West head of the noxious weed department and Paula Geist, secretary for the weed department appeared to request permission to upgrade the computer software which helps handle the noxious weed reports. The cost would be \$2,500, and should be a one time payment.

Commissioner Rasure asked if the software would be compatible with the department's computer, and if there was some technical support included in the original cost.

animal shelter

Have you lost a pet? Call the Goodland Police Department at 899-4570.

Are you interested in adopting a pet? Call the Northwest Kansas Animal Shelter at 899-6464.

area events

Tobacco Support Group — A tobacco quitters support group will meet from **7-8 p.m., Central Time, every Wednesday** in the cafeteria of Citizens' Medical Center in Colby. Anyone who wants to quit or has quit using tobacco is urged to attend. For information, call (785) 462-8152.

Planning Conference — A college planning conference will be held from **9-10:30 a.m., Central Time, Thursday** in the student union at Colby Community College. Representatives from Regent's universities, community colleges, private colleges and technical schools will be at the conference to meet with potential students. The public is invited to attend.

crimestoppers

If you have any information about any crime, call the Goodland Area Crime Stoppers "LookLine" at 899-5665. Your call will be confidential and you will not be asked your name. If the information you give results in the arrest and/or conviction of those persons involved, you could be eligible for a reward of up to \$1,000.

Geist said she would attend a meeting Wednesday in Hill City, and would be able to answer these questions after that. The item was then delayed until the Tuesday commissioner meeting.

West asked for permission to sell an FMC sprayer unit which the county does not use. He said a new one like it would cost \$7,000 but that the used one would be worth around \$2,000.

Davis asked if the sprayer would be needed with the addition of another person in the weed department. West said this is actually a third sprayer unit, and that it would not be used because there is already a second unit available.

Mary Messamore appeared to ask the commissioners to issue a memo to all county departments about cooperating in an upcoming emergency exercise.

She said the exercise this year will focus on the recover aspect of an emergency and will be held the afternoon of Wednesday, Oct. 25.

The meeting adjourned at 9:25 a.m. The next regular commission meeting will be 8 a.m. Tuesday, Oct. 10, in the commission room on the main floor of the county courthouse located at the corner of Eighth Street and Broadway Avenue.

Domestic violence hurts over 2.5 million

Every 15 seconds, someone becomes a victim of domestic violence in the United States. Annually this adds up to more than 2.5 million people who are hurt by someone in their families.



crisis lovington

• prevention center

And domestic violence not only hurts the victims, but also other family members as well, including children. Yet many victims are afraid to speak out about their situation, either out of fear or out of embarrassment.

October is Domestic Violence Awareness Month. It evolved from the first Day of Unity observed in October 1981 by the National Coalition Against Domestic Violence. The intent was to connect battered women's advocates across the nation who were working to end violence against women and their children.

This year's theme "Domestic Violence: It Is Your Business," reminds friends, families, neighbors, teachers, doctors and colleagues not to turn away from an uncomfortable situation, but help to provide support for victims.

We each have the right to be safe and free from violence. But domestic violence can be the hardest to get away from because the abuser is usually a family member, someone who loves them. No person deserves to be hit or threatened.

Domestic violence is a learned behavior. Learned through observation, experience and reinforcement, culture, in the family and even through the community such as school, peer groups, etc.

It is not caused by anger, stress, illness, genetics, alcohol and drugs, out-of-control behavior, behavior of the victim and/or problems in the relationship.

A fulfilling mature relationship strives for the following characteristics:

1. Allows for the individuality of

each partner.

2. Seeks to bring out the best in each partner.

3. Is open to change and exploration.

4. Invites growth in both partners.

5. Encourages open expression of feeling and thoughts.

6. Allows each partner to be responsible for themselves.

7. Encourages realistic expectations of each other.

8. Promotes good self-esteem in each person in a relationship.

9. Accepts occasional absences as a natural part of life.

10. Encourages spontaneity.

11. Welcomes closeness, risks and vulnerability.

12. Affirms equality of both partners.

13. Enables each person to be comfortable with periods of solitude.

As you study this list, remember these are only guidelines, not requirements. The term "mature relationship" indicates a process of growth. These are not conditions to be met before a relationship can be termed "healthy." They are merely steps along the path.

The Northwest Kansas Family Shelter outreach office in Goodland offers women's support groups every other Tuesday from 5:30-6:30 p.m. Contact the shelter office at 214 East 17th or call at (785) 899-2582. The 24-hour Crisis Hotline number is (800) 794-4624.

If you know someone who is a victim of domestic violence, share this information with them and encourage them to utilize the services which the family shelter offers. Remember "Domestic Violence: It Is Your Business."

Scholarship applications online

In keeping with its "high tech, high touch" slogan, Fort Hays State University is putting its scholarship application on-line.

All scholarship applications must be submitted on-line this year. The application for the 2001-2002 academic year is available only at www.fhsu.edu/finaid.

The priority deadline is Dec. 15. The final deadline is Feb. 15, 2001. Any applications received after the final

deadline will not be considered.

Notification of scholarship awards will be sent to applicants following the committees' review of applications which is usually sometime between March and June of 2001.

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