

Runners sweep top spots at league

Varsity boys take second place

By Janet Craft
The Goodland Daily News

Two Goodland cross country boys swept the top all-league honors Saturday at the Northwest Kansas League meet in Oakley, leading the team to a second-place finish.

Matt Gattshall took first place and was named all-league champion and Speedy Aguilar came in second. Jordan Zwegardt took third place in the boys' junior varsity race with a time of 20:14. Several runners posted their best times of the year, putting the team in a strong position for the regional meet this weekend.

Coach Don Smith said he doesn't remember Goodland having a 1-2 finish in the boys division at a league championship. He said there hadn't been a Goodland boys league champion since 1993.

Smith said he was really pleased for Gattshall.

"I couldn't be any more thrilled for him to achieve this particular feat," he said.

Gattshall has been the team's lead runner at practices and meets since he was a sophomore, Smith said.

Aguilar, on the other hand, hadn't earned a medal all year until this meet.

"Unbelievable feat," the coach said about Aguilar's accomplishment, adding that he told him to run with Matt like he does in practice.

"He has done a fine job this year," Smith said.

He said he was elated with the efforts of all the runners.

"This was our best effort as a complete cross country team for the entire year," Smith said.

He said as a squad, they attempted to do what he'd been asking them to do, which was to be more competitive in the early stages of the race.

"When an athlete does what the

coach asks them to do, then a coach can't ask for any more," Smith said.

Both varsity and junior varsity teams from Goodland High competed Saturday.

Gattshall had a time of 17:55 (season best time), Aguilar was second with 18:06 (best time), Lee McCoy was 16th with 19:17 (best time), Adam McCoy was 24th with 19:52 (best time), Timothy Kafka was 26th with 19:55, Alan Cebula was 28 with 20:16 (best time), and Shawn Weber was 39th with 21:21.

Goodland's varsity boys took second place in team scores with 69 points. Colby was first with 60.

Goodland had four runners in the boys junior varsity race. Zwegardt took third place with his time of 20:14 (best time), Michael Mangus was fourth with 20:33 (best time), Lance Tedford sixth with 20:57 and Josef Felver eighth with 21:27 (best time).

Shane Stover of Colby took first with 18:56. Zwegardt and Mangus had their best race for the year, Smith said.

Running for Goodland in the varsity girls race, Wendy Keith was 13th with 14:56 (best time), Kelsey Cooper was 15th with 15:06, Anny McCoy was 21st with 15:40, Rebecca Gattshall was 23rd with 15:50, Deanna Livengood was 24th with 16:02, Tiffany Schwasinger was 27th with 16:19 (best time) and Haylee Mannis was 31st with 17:20.

Amanda Knoll of Quinter took first place with her time of 13:11.

Smith said the girls have really struggled to get off to a good start, but got a better team start at Saturday's meet.

"It was the first time all year that we did this at a meet," said Smith.

He said Livengood wanted to be in that top 10 and led part of the race. She



Matt Gattshall (right) and Speedy Aguilar (behind) ran close together against an Oberlin runner in the first part of Saturday's varsity boys race at the Northwest Kansas League meet in Oakley. Gattshall went on to win the race while Aguilar took second.

Photo by Janet Craft/The Goodland Daily News

got out faster, he said, but in this case a little too fast and wasn't able to keep up the pace.

"It wasn't because she didn't try," he said.

Keith finished first for Goodland in this race. Coach Smith said she has made continuous improvement from the beginning of the season.

"She came close to getting into the all-league category," said Smith.

Her time has improved and she made it into the 14-minute range, he said.

"We're hoping at regionals that she will run even lower into the 14s," he said.

Smith said he was pleased with Kelsey Cooper's performance.

"It wasn't easy for her," he said. "It was painful."

In the junior varsity girls race, Kristen Lammers was the only runner,

but she took first with her time of 20:19.

Smith said her performance was just as outstanding as the others.

Coach Smith will take seven boys and four girls to the cross country regionals Saturday in Hoisington. The Class 4A girls race will be at 2 p.m. and the 4A boys at 2:30 p.m.

Raiders take Chiefs, end winning streak

KANSAS CITY, Mo. (AP) — The running game that had been absent during their three-game winning streak finally caused problems for the Kansas City Chiefs.

In a 20-17 loss to Oakland, not only did the Chiefs (3-3) rush for a measly 58 yards, but their leading ground-gainer did not have as many yards as Raiders quarterback Rich Gannon.

Gannon, the former Chief known for his scrambling ability, totaled 38 yards. That's just 20 yards fewer than the Chiefs could manage as a team. And it's 13 more yards than Kansas City's leading rusher, Tony Richardson.

The only other runner in double digits for Kansas City was rookie Frank Moreau, who had 18 yards on seven carries.

The Raiders (5-1) rushed for 161 yards while erasing a 10-point second-half deficit and beating the Chiefs in Arrowhead Stadium for the second year in a row.

Kansas City's lack of a running game was especially evident in the second half, when the Chiefs went scoreless after putting up 17 points in the second quarter.

"The running game comes down to execution," said quarterback Elvis Grbac. "A guy missing a block here or there or you get a holding penalty on a certain play where we do gain some yards or do some good things. Our running game was decent. It wasn't outstanding or anything like that. But like I said, defensively they didn't do anything to stop our run. We just didn't execute."

The offensive line of guards Jeff Blackshear and Will Shields, center Tim Grunhard and tackles Victor Riley and John Tait kept the Oakland pass rush off Grbac all day. He was hardly ever pressured while hitting 23-of-40 for 288 yards and two scores.

But some have suggested the increased emphasis on the passing game has hurt the Chiefs' run-blocking techniques.

"I don't think that's true at all," Tait said. "Every day in practice we work on everything. It's not like we neglect anything. We work very hard on run blocking."

The inability to run is especially foreign to the Chiefs, whose "running back by committee" last year totaled more than 2,000 yards while seven players took turns being the leading rusher in different games.

All the talk this season about running woes has become almost an irritant in itself.

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student of the week

Name: Amanda Weber
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Grade: Senior
Age: 17

We've nominated this student because: she always has a great attitude and is excited to learn. She is a positive influence on her classmates and is involved in a number of activities.

Student Comment: Being able to be around your friends and get an education at the same time. My best liked subject would probably be Choir or Accounting II. The thing I will remember about GHS is my friends and how much fun I had while I was there.

Activities involved in at school: FCCLA, Choir

My choice of movies, books, and games: Movies-anything that stars Julia Roberts, Music-mostly R & B & Hip Hop, Books-Phyllis A. Whitney books

After I leave Goodland High School I intend to...: go to college to become an elementary teacher.

And 10 years from now, I think I'll be ...: married and starting a family and teaching kindergarten or first grade.

Favorite Quote: "To the world you are one person, but to one person you may be the world."

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