

Saying 'no' to children is a good thing

It's psychologically healthy - indeed mandatory - to say "no" to children, teenagers in particular, from time to time. And the earlier parents start, the better. Judicious use of the "N" word is critical for helping children develop a sense of inner control, responsibility, adequacy and competence.

There's an enormous amount of positive in the negative, and while "no" had a terrible reputation in the anarchistic, permissive and narcissistic 1960s and '70s, it is now enjoying a return to respectability as parents and development professionals grapple with childrearing in this uncertain era. Clearly, the approach to parenting that characterized the past 20 years is no longer tenable, assuming that "letting it all hang out" was ever a good technique.

The world today is a fragmented social scene of MTV, AIDS, drugs, sex and too many choices for children who are in no way developmentally ready to make these choices. Along with cultural chaos, youngsters have to deal with the physical chaos of their changing bodies.

Children need structure. The result is a desperate situation in which children need to impose some sort of structure on the environment. A parental "no" can help set the required limits and boundaries, and although these are often greeted with howls of protest, they are genuinely appreciated. "No" is an anchor and a necessary obstacle to push against as children learn to become independent. From this exercise comes the ability to think through problems and make educated choices.

The need for "no" is always present, but it is perhaps most important during



cris lovington

• prevention center

the preteen and teenage years. During the years between ages 11 and 13, a critical developmental transition takes place as children turn from an essentially egocentric view of the world and begin to wrestle with a sense of identity and separateness.

The "placid self" is shattered. There's a strong need to be close, coupled with uncertainty about intimacy. This is frequently a trying time, as children seek contact with parents and then reject it as stifling their autonomy.

This shift from the egocentric view of the world marks the beginning of children's thinking rationally and playing with the power of ideas and abstract thought. The world now can be seen from multiple perspectives, and a dialogue between parents and pre-teens can be a very powerful experience for both parties as they work through the implications of every alternative perspective. Such communications offer an antidote to a genuine problem of this stage: the disillusionment that comes from not knowing the right answer.

This assumes, of course, that adolescents will talk at all. As children become teenagers, the "free thinker" usually becomes a conformist of the highest order. The dependency on home and parents is abandoned summarily for what is called "freedom," but what is instead a kind of

slavery to the dictates of the peer group.

Although teens can hold multiple perspectives, they see only one - their own and that of their peer group - as correct.

Anything parents have to say is rejected, as adolescents who are trying to develop a sense of adequacy and self-confidence proclaim, "I can make my own decisions and establish my own limits."

It is often at this point that "no" is precisely what they're asking for and what they need to hear. The pressure to conform can be extremely uncomfortable and the parental "no" gives teenagers the opportunity to save face by blaming parents. It also helps adolescents think through the implications of the situation that required the negative answer. "No" says yes to separating from both the parents and peers. "No" helps foster true independence.

There is, however, a wrong way and a right way to use this powerful two-letter word. Teenagers may respect limits, regardless of whether they would admit it or not, but they don't respect a "no" said in anger or rage or one that imposes an unreasonable, inappropriate punishment.

To be too understanding is frightening. It upsets children's struggles with the dialectic of dependency vs. independence. The goal of parenting is to produce independent adults. Parents whose "no" represents part of a well thought out value system serve as excellent role models for this task.

Taxiway gets lengthened



Wilbur Tiede did dirt work on an extension to the taxiway at the Goodland airport Thursday afternoon. Tiede will lay out the dirt for the taxiway, but the city hasn't found a company to do the asphalt work yet. Photo by Dana Sulsberger/The Goodland Daily News

Goodland resident wins \$100 again

Mike Abbey of Goodland has done it again.

For the second time since the Missouri-Kansas Power Points Football Contest began in September, Abbey has won the \$100 weekly prize.

Abbey, who said he wasn't surprised about his win, scored 126 points out of the 136 total in the seventh week of the contest.

He has no plans for the money.

"I'm sure it will get spent quickly," he said.

When asked if he had a system for picking the teams, Abbey said he just watches the football games and picks who he thinks will win that week.

"I think there's probably a lot of luck involved," he said.

He said he thought if Missouri had won in the Kansas-Missouri game, he



Mike Abbey

would have had a good chance at winning the \$1,000 regional prize.

"I picked Missouri to win and KU beat them," he said.

Terry Logan of Columbia, Mo., was the regional winner with a perfect score of 136 points. He tied with two other contestants, Patrick Johnson of Springfield, Mo., and Emerson Goss of Sedalia, Mo.

Logan emerged the winner over Johnson in tiebreaker 1 with his guess that 65 points would be scored in the St. Louis-Atlanta game. The actual total was 75.

For area residents, entries for the contest can be found in Tuesday's issue of *The Goodland Daily News* and can be dropped off at McDonald's, Ray's Cafe, Eagle Cable TV, Cowboy Loop, Kickers Restaurant and Lounge and the *Goodland Daily News*. The deadline for entry is 2 p.m. on Friday.



RE-ELECT Carol Armstrong Register of Deeds

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★ 17 years of experience ★

Political ad paid for by Carol Armstrong, Treasurer

Quail numbers going down

QUAIL, from Page 1

will mean more game for hunters," he said, "but that isn't the ultimate goal of the program."

Populations are declining because of changing conditions in the quail's environment, Robel said. There are fewer hedgerows to provide cover, he said, and fewer broad leaved plants, such as sunflowers, which provide food for the birds.

Another factor, he said, is a growth in the number of predators attacking quail and their young.

"There are fewer trappers killing off predators because there is less demand for fur," Robel said, "and because the birds have fewer places to hide, they are easier for the predators to find."

The program will not tackle the predators, said Robel, but will offer incentives to property owners to provide a safe habitat for quails.

Once the quality of their habitat is better, he said, and the young are stronger and healthier, the birds should be less susceptible to predators.

The group choose several practices, said Glick, they wanted to encourage landowners to use, and put a price on each. There is a maximum payment of \$2,000 per landowner per year for helping the quail.

Landowners are paid \$80 per acre for converting introduced pasture grasses to native grasses, said Glick. They are paid \$10 per acre for planting permanent cover for the quail.

For walk-in hunting areas, incentives are available, Glick said. He said landowners will get \$12.50 per acre for land that is strip-disked, and 75 cents for each shrub they plant for cover, feeding and lounging areas for quail.

He said money is also available for other programs like early burning — or burning earlier in the year from Nov. 1 to March 1 — of land to remove stubble, and renovation of hedgerows, where quail make their homes.

The program received a grant from the National Fish and Wildlife Foundation, Glick said, which provided \$21,000. And got \$20,000 from the Department of Wildlife and Parks.

AUCTION

Don Reitz and Freda Schlichenmayer

Saturday, October 28th

VFW Hall, 824 Main, Goodland, KS.

Starting at 10 am MDT

Note: We sold 300 dolls for Freda at the last auction but she has over 100 left in her lifelong collection. This will complete her sale with some very nice dolls. Don has collected everything for years and he says its time to slow down. This will be a sale with something for everyone so plan now to attend another fun Bane Auction where everyone has "Satisfaction at the sound of the gavel." Lunch will be served by the VFW Auxiliary.

VEHICLES

1989 Mercury Grand Marquee, 4 dr. loaded, rose quartz color, only 30,000 actual miles • 1993 Buick Park Avenue, loaded, 87,000 original miles • 1982 Olds Toronado, White, Sunroof, Loaded, 100,000 Miles

OVER 100 DOLLS (partial list)

American Characters • Tiny Tear, 15" W/horse • Madame Alexander • Tarrie - 19" babydoll, 1974 • Pussy Cat, 1-white, 1 black • Ideal - Velvet Origina 1970 Crissey, 18" • 2-original 21" Harmony, 1971 • Mattel • Sunshine Family and singles, about 50 • Several Barbies, 2 Barbie cases, lots of Barbie clothes • Vogue-Littlest Angel Ginny - mint • Childs Wicher arm chair • Zippo his companion, Teddy Bears • Infant clothes • Lots more to numerous to mention.

ANTIQUES

SPECIAL: 1990 Denver Bronco autographed football, signed by the entire team and coaches. • 3 large glass show cases • 3 large Coca Cola pictures • 8 Coke glasses • 5 Beer advertisement signs, Red Ale, Bud, Coors • Large collection of marbles including Bulls Eye Aggett • Depression glass dishes • Blue Monitone dish set from Quaker Oats boxes, 1920's • 8 pink sets of dishes from Quaker Oats boxes, 1920's • Complete set of Frankoma dishes, never used • Glass hens & lots of misc. pieces of glassware • Aladen lamp • 3 oil lamps • 3 Red wing crocks • Metal horse & wagon team clock • 4 cast horse & wagon teams • Several unique clocks • 3 quilts • Beveled wall mirror • Picture frames & pictures • Floor lamp • 5 gal. milk cans • Books • Red Wagon • Tricycle • 4 Oak ice cream chairs • Milk bottles for old stoves • Tea kettle • Bread Box • Indian Statues • 50's lamps • Ant. tube tester

FURNITURE & MISC

Nice 6' sofa • Matching sofa & chair • Zenith & Sylvania console TV's • 3 kitchen tables W/chairs • Double bed W/head board • Twin head board & frame • Night stand • Several chairs • 2 nice writing desks • 5-4 drawer file cabinets • Desk chairs • 11 stacking chairs • Storage shelves • Wood Beef Jerky stand • Exercise tramp • GE Refrigerator • Sears Refrigerator w/ice maker • Display shelf on rollers • Coleman camp stove & lanterns • Game board • Tractor lawn sprinkler • Golf cart battery charger • Hotplates • Several heaters • Belts under on stand • Murray lawn mower, new, never started • Lots of Misc dishes • 5-Schwinn 10sp bicycles

GUNS

Bretta 12ga automatic shotgun, vented rib, like new • Remington 12ga model 1148, auto, full choke • Remington 12ga model 1100, auto, vented rib, • Mosburg 20ga pump • New England 410 single shot, nice • Large assortment of shotgun shells New Browning 30-06 W/Busnell scope

COINS

Large collection of coins • 300+ half dollars, old to new • Books of Quarters, dimes, nickels, pennies, all types • 2000+ uncirculated pennies from the 1960's

LUMBER

35-2X10's, 10,12, & 14' lengths • 5-4x4x10 posts • 7-8' wire panels • 15-20 Sheets heavy peg board • Lots more items to numerous to mention. The hall will be full again so plan on spending the day. For more information contact Bane Auction/Homestead Realty, 1023 Main, Goodland, KS. Maynard Bane 785-899-4385 or 899-2078 or Terry Richardson 785-899-2328 or 800-974-2426.

Auction conducted by:

Bane Auction/Homestead Realty

matters of record

Goodland Accidents

Oct. 9 — At 9:50 a.m., Martha A. Alfaro, driving an '82 GMC pickup, pulled out of the backyard at 415 W. Fourth, and hit a gas meter, belonging to Peoples Natural Gas.

At 5:45 p.m., Leona Kimminau reported that an unknown vehicle that was driving too fast, slid into her mailbox at W. Ninth and Syracuse and left the scene.

At 6:35 p.m., Donna M. Morris, driving a '91 Chevrolet pickup, backed out of a parking space near 17th and Main, but she didn't see a '90 Ford, driven by Sharon L.

Krueger, and hit it on the left rear fender.

Oct. 12 — At 12:09 p.m., Joshua M. Scripsick, driving a '95 Pontiac, was southbound on Eustis, when he hit an '86 Nissan truck, driven by Danelle M. Stasser, who was backing out of a parking space at 13th and Eustis. Scripsick said he didn't see

Stasser's vehicle until a collision was inevitable. Stasser didn't see Scripsick's vehicle until the collision occurred.

At 2:31 p.m., Shane R. Walz, driving a '92 Ford, hit an '88 Honda, driven by Valeriano Luera, in the rear, while Luera was stopped at a stop sign at Eighth and Caldwell.

Opening Soon in Colby! Now Hiring

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- ◆ Servers keep all tips (No Splitting!)
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- ◆ Open 11 a.m. - 9 p.m. Tuesday-Thursday, Sunday
- ◆ Closed Monday
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OPEN HOUSE

Wednesday, October 25
8:30 a.m.-4:30 p.m. CST
(7:30 p.m.-3:30 p.m. MST)

Guest Speaker: Denise Brown
Nichole Brown Simpson, Charitable Organization
9:00 a.m.-10:00 p.m. CST

NON-VIOLENCE: IS THE BELIEF SYSTEM

- It is a human right NOT to be abused •
- Violence is unacceptable •
- Sacred Relationships •
- Respect is the foundation of all relationships •
- All people and things are treated as equals •

Events Happening In Northwest Kansas:

- | | | |
|-------------------------|--|------------------------------------|
| Oct. 28 & 29 | Food Donations from Churches | Goodland & Oakley |
| Nov. 2-11 | Silent Witness Exhibit | Oakley, Oberlin, Colby, & Goodland |
| Nov. 9 | Mediation training w/DCSAV Task Force & Sunflower Family Services/Panel in afternoon w/DV issues | Oberlin |

Colby Walk will be Nov. 5th at 5:00 p.m. at the Fike Park.

NWK Family Shelter Office
403 East 23rd Hays, Kan. 214 E. 17th Goodland, Kan.

24-Hour Crisis Line
Goodland: (785) 899-2582
Hays: (785) 625-3055
Toll Free: 1-800-794-4624

