about our friends

calendar

Book Fair — A Scholastic book fair will be held next week in each of the Goodland elementary school libraries. The hours are from 7:30 a.m.-4 p.m. today through Wednesday; from 7:30 a.m.-8 p.m. Thursday; and from 7:30-11 a.m. Friday.

The book fair is an important fundraiser for the libraries. Students may purchase books before and after school and during their scheduled library time. Checks should be made payable to the school. Be sure to add 6.4 percent for sales tax.

Veterans'Affairs — Jody Tubbs of the Kansas Commission on Veterans' Affairs will be available to assist veterans and their dependents with claims work from 1-2:15 p.m. Thursday in the assembly room on the third floor of the Goodland courthouse. If you miss her, you may call the Colby office any Monday, Wednesday or Friday at (785) 462-3572.

SHARE — The last day to sign-up for low cost food in exchange for volunteer work will be from **9-10 a.m.** Friday at 824 Main in Goodland.

Turkey Dinner — Our Lady of Perpetual Help Catholic Church will hold hibit of jewelry, ceramics, furniture,

val from 4-7 p.m. Sunday in the display through Friday at the Carnegie church's family center. Tickets will be Arts Center in Goodland. The show available at the door. Raffle tickets will be sold at the dinner for chances on several beautiful afghans, door prizes and cash prizes. Carry out and delivery of meals are available upon request by calling 899-7205.

Insurance Help — HealthWave is a program to provide health insurance at little or no cost to uninsured Kansas children and teens in families with limited incomes. A representative of HealthWave will be available to answer questions and provide application assistance from 8 a.m.-3 p.m. Thursday, Nov. 9 at Our Lady of Perpetual Help Catholic Church, 307 W. 13th, Goodland. For information about the program, call (800) 792-4884.

activities

Square Dance Lessons — Marie Edwards will offer square dance lessons from **7-9 p.m. on Tuesdays** at the Edwards Square Dance Hall, 2431 Walnut, Goodland. All are welcome to join in the fun and fellowship. For information, call (785) 899-3323.

Carnegie Arts Center — An ex-

Don't overdo holiday treats

Halloween can be scary for parents who are serious about good nutrition for little goblins who have collected bags full of candy.

All foods can be part of a healthy diet,

room for a variety of foods that contribute to health and wellness.

blamed for hyperactivity in children. There is, however, no evidence that sugar causes children to be more ac-

Hyperactivity may be due in part to the activities at birthday parties and holidays at which children gather, not the dessert that is served. Sugar actually has been shown to have a calming effect.

Look at Halloween as a challenge and try a few tricks of your own to get some good food into your little ghosts and goblins.

First, maintain your schedule for regular meals, including a good supper

before children go trick-or-treating. healthy snack choices such as popcorn, pretzels, fruit juice, fruit or vegetable chunks with dip and cocoa made with help balance out the candy.

roxanne burda slice of life

but filling up on any one food and that Pens, stickers, small toys, sugarless includes sugary foods doesn't leave gum, individual packages of pretzels or raisins, and hot chocolate packets make great treats.

Set a policy on eating trick-or-treat healthful snack.

Recipes with a Halloween theme will also help. It could be something as simple as a Jack-O-Lantern sandwich, which is nothing more than a slice of cheddar cheese on top of a piece of whole-wheat bread and topped with another slice of bread from which you have cut out a face.

Save the seeds when you clean out Make a witches brew by combining

its annual turkey dinner and fall festi- metalsmithing and textiles will be on and Michael Miller, both of Goodland. will include 33 works done by 17 artists, 10 of which live and work in Kan-

> The pieces are a cross between art and craft as they show ways that contemporary craft relates to social, political and personal issues.

Group tours and after-hours meetings are welcome. If interested, call the center at 899-6442. The exhibit is sponsored by Western State Bank and Wal-Mart. Gallery hours are **from 10** a.m.-5 p.m. Tuesday through Friday and from 1-4 p.m. Saturday, Sunday and Monday.

support group

The Multiple Sclerosis Support Group of Burlington, Colo., would like to help. The group meets at 9:30 a.m. on the second Saturday of each month. For questions or personal support, call Della Helzer at 899-2585.

school menu

Tuesday — Ghost pockets (bierocks), broomsticks (french fries), stones (carrots), black cats (chocolate cake) and witch's brew (milk).

Wednesday — Goulash, garlic bread, lettuce salad, 1/2 banana and

Thursday — Hamburger on bun, lettuce, tomatoes, onion, pickle, french fries, pudding and milk. Friday — No School (Parent/

Teacher Conferences). hospital report

Goodland Regional Medical Center

Admitted: Friday, Lela Heier and Edna McClung, both of Goodland; and Randal Fischer, Sharon Springs. Saturday, none. Sunday, Delmer Blackwood, Goodland.

Dismissed: Friday, William Baird

Saturday, none. Sunday, none.

Transferred: none. Specialists for Tuesday: Dr. Kevin

McDonald, urology; Dr. Martin Rubinowitz, hematology/oncology. Hospital weekly volunteer schedule - Tuesday - Vi Tompkins, courtesy; Beulah McClung, p.m. Wednesday — Opal Callahan, courtesy; Margie Richards, p.m. Thursday -Patty Gensil, courtesy; Mary Lou Franklin, a.m. **Friday** — no workers **Sunday** — Jessie Owens, courtesy; Betty Saint, p.m.

patient update

Larry Bohl, Goodland, is still receiving medical treatment in Texas. Cards can be sent to: Larry Bohl, 220 N. Point Drive, Apt. 1604, Houston, Texas 77060.

today in history

In 1927, Inez Lehman enrolled as a freshman in high school after her husband, Emil, was killed by lightning. She attended at the same time as her

two daughters. From the Sherman County Historical Society calendar

area events

Foot Clinic — A foot clinic will be held from 9:30 a.m.-??, Central Time, Tuesday at the Senior Center in Brewster.

Turkey Supper — The United Methodist Women will have a turkey supper from 5:30-7:30 p.m., Central Time, Wednesday at the Methodist Church in Brewster.

Election Day — Elections will be held on Tuesday, Nov. 7 at the City Building in Brewster.

Flu Shots — People can receive flu shots from 9:30-11:30 a.m., Central Time, Tuesday, Nov. 7 at the Senior Center in Brewster.

obituary

Wilhelmina A. Gearhart

Wilhelmina A. Gearhart, 91. Goodland, died Sunday, Oct. 29, 2000, at the Goodland Regional Medical Center. She had lived here for 16 years.

She was born May 2, 1909, in Fort Collins, Colo., the daughter of Agnes (Langmuir) and Robert G. Warfield.

school at Fort Collins. She was a graduate of Colorado State University.

She and James Gearhart were married in June of 1935.

She was a teacher in Cimarron and Ingalls and in Fort Collins and Crowley, Colo. She taught both grade school and high school.

United Methodist Church, Eastern Goodland, Kan. 67735.

Kansans to pay online taxes

to pay more for items they buy off the Internet because of new computer software that allows the sales tax to be collected.

Currently, most consumers do not pay sales tax for their online buys.

Kansas is one of four states in a National Governors Association experiment to try to get sales tax revenue that state officials say is lost on Internet sales.

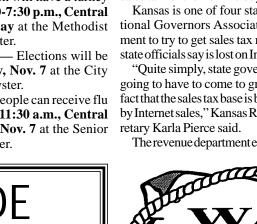
"Quite simply, state governments are going to have to come to grips with the fact that the sales tax base is being eroded by Internet sales," Kansas Revenue Secretary Karla Pierce said. The revenue department estimates that

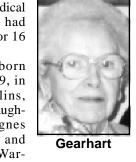
TOPEKA(AP)—Kansans may have Kansas loses \$2 million to \$5 million annually because of uncollected taxes. State officials say the loss in sales taxes could total \$50 million a year by 2004.

The experiment, which includes Michigan, North Carolina and Wisconsin, is also part of a national effort by state governments to make the system of sales tax more uniform.

The new software would be given to Internet retailers who ask the state for it. The software calculates the tax due and charges consumers' credit cards when they make an online purchase. The retailer turns the tax over to the vendor, who would remit it to the proper state.







Carol Moore Ramey officiating. Burial will follow in the Goodland Cemetery. Tuesday at Koons Funeral Home in Goodland and from 9:30 to 10:30 a.m.

She graduated in 1927 from high

Wednesday at the church. Survivors include her daughter, Barbara Mosbarger of Goodland; and two grandchildren.

She was preceded in death by her husband in 1955; her parents; three brothers, Arthur, Robert and Frank; and three sisters, Agnes, Nellie and Ruth.

Star, Beaver Valley Homemakers, the

Sherman County Home Economics

Graduates and the Alpha Delta Kappa

She enjoyed sewing, stitchery and

Funeral services will be at 10:30

Visitation will be from 2 to 8 p.m.

a.m. Wednesday at the United Method-

ist Church in Goodland with Pastor

Teachers Sorority.

knitting.

Memorials may be given to the church in Goodland and left at or sent She was a member of the First to Koons Funeral Home, 211 N. Main,