

New city pond



Rains over the past week have created a city pond on the site of the new Cherry Street section which is to include a drainage pond to handle the storm water that gathers in the area which was part of the old wye. City commissioners are expected to approve proceeding with the project and accepting the lowest of three bids recently received by the Kansas Department of Transportation.

Photo by Dana Sulsberger / The Goodland Daily News

Candidates agree on many issues

FLORA, from Page 1

advertising or asking for campaign donations, saying he doesn't feel it's necessary to promote himself in the general election race.

The senator said he and Flora have known each other for more than 20 years, and he doesn't think she is running to win.

"There are people that run to get elected," he said, "and there are people that run to bring forth issues in a cam-

paign. I think she's the latter."

Flora said she and Sen. Clark don't see eye-to-eye on every issue.

The candidate said property taxes carry too much of the burden for state revenue and out-of-state cattle owners should pay taxes on their animals.

"We have taken taxes off of machinery, and there are a lot of cattle coming in from outside the state," she said. "Their cattle are using our soil and our water, but the owners don't pay any taxes. I don't know if

Mr. Clark agrees with me on that or not."

Kansas is falling behind on what it pays its workers, Flora said, and the state needs to increase its minimum wage to bring it in-line with other state's.

"Wyoming has lowest minimum wage of any state," she said, "and Kansas is No. 2."

As she spends time caring for her mother Edna Leighton, who will turn 99 the day after Tuesday's election, Flora said home health care and assisted living issues are close to her heart.

"We need to find and encourage more caregivers to allow people to stay in their homes," she said, adding that patients should have the right to choose their own doctor and get care at their local hospital.

She said she's also passionate about education, saying that teachers deserve respect and a pay raise.

"That's the only way we're going to get good teachers to step forward," she said.

Flora said representatives of rural areas need to fight extra hard for independent family farmers and small business owners, because those in urban areas don't understand their struggles.

"A lot of people don't even know what agriculture is," she said, adding the state Attorney General should stop big companies from merging because it hurts the family farmer.

Win or lose, Flora said she'll remain involved.

"I'm going to keep up on things," she said. "I'm going to write to our senators and representatives. That's one place where we fall down, we grumble around to each other and we don't do anything about it."

Senator doesn't need to sell himself to voters

CLARK, from Page 1

who says she's covering most of her campaign costs — mainly newspaper advertisements.

"It's not laziness on my part at all," Clark said.

"I'm just sick of asking people to give money to my campaign."

Politicians generally use advertising to sell themselves, the senator said, and that's not necessary in this more-subdued campaign.

It makes for quite a contrast.

While "Clark" and "Mangan" yard signs littered front lawns in Goodland this summer, many of the Clark signs are now gone and there are no "Flora" signs.

In weeks before the primary election, Clark said, he spent thousands rebutting claims the livestock association and teachers made about his voting record — but the general election race has been amicable.

"We agree on many of the same issues," said Flora. "We've been friends for a long time."

Clark agreed they see eye-to-eye on educational, agricultural and economic issues, but said he's more qualified to make things happen in Topeka.

"Hopefully I'll be inside the system trying to make it work," said Clark, who was appointed in December 1994 to complete Sheila Frahm's term, "and she'll be outside testifying and being an advocate."

From the beginning Clark has said the general election race would be smoother. He said so after the primary race, where he defeated Mangan nearly 2-1.

"I can't look past it," he said, "but it won't be near the campaign we just went through."

If he does come out on top, Clark said he will set his sights on issues that affect rural Kansas, including helping Main Street businesses sur-

live and thrive, enforcing a new anti-trust law, lowering the price of natural gas by encouraging plants to use other sources of energy and bringing high-speed Internet access to schools.

Clark said he plans to meet with legislators from 15 other states in December to discuss contract growing of livestock.

The senator said the group will review existing laws and decide if changes need to be made to level the playing field for livestock producers.

Clark said the money he would have spent on advertising for the general election will go towards newspaper subscriptions and the cost of being a legislator.

"If I can win this without advertising," he said, "it will sure make that part a whole lot easier."

"It's difficult making your own personal business subsidize your legislative hobby," added Clark, who is a photographer by trade.

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Does gender make a difference?

Over the past few years the National Institute on Drug Abuse has made a major research commitment to identifying and understanding differences in the way men and women — or girls and boys — are first exposed to drugs, in their risks of abuse and addiction, and in the effectiveness of drug treatment.

Understanding these differences, and incorporating that understanding into drug abuse prevention and treatment, can reduce the dangers and improve outcomes. The institute's research has shown that gender differences play a role from the very earliest opportunity to use drugs, that men and women tend to abuse different drugs, that the effects of drugs are different for men and women and that some approaches to treatment are more successful for women than men.

Are women less likely than men to abuse drugs? Men are more likely than women to have opportunities to use drugs, but men and women given an opportunity to use drugs for the first time are equally likely to do so and progress from initial use to addiction. However, men and women appear to differ in their vulnerability to some drugs. Both are equally likely to become addicted to or dependent on cocaine, heroin, hallucinogens, tobacco, and inhalants.

Women are more likely than men to become addicted to or dependent on sedatives and drugs designed to treat anxiety or sleeplessness, and less likely than men to abuse alcohol and marijuana. There are also differences between men and women who seek treatment for drug abuse. Women in treatment programs are less likely than men to have graduated from high school and to be employed and are more likely than men to have other



cris lovington
• prevention center

health problems, to have sought previous drug treatment, to have attempted suicide, and to have suffered sexual abuse or other physical abuse.

Are there gender differences in the biological effects of drugs? Animal research and human studies have revealed that males and females may differ in their biological responses to drugs. In studies of animals given the opportunity to self-administer intravenous doses of cocaine or heroin, females began self-administration sooner than males and administered larger amounts of the drugs. Women may be more sensitive than men to the cardiovascular effects of cocaine.

In human studies, men and women who were given equal doses of cocaine experienced the same cardiovascular response, despite the fact that blood concentrations of cocaine did not rise as high in women as in men. In studies involving long-term cocaine users, men and women showed similar impairment in tests of concentration, memory and academic achievement following sustained abstinence, even though women in the study had substantially greater exposure to cocaine. Women cocaine users also were less likely than men to exhibit abnormalities of blood flow in the brain's frontal lobes. These findings suggest a sex-related mechanism that may protect women from some of the

damage cocaine inflicts on the brain.

Does gender play a role in nicotine addiction? Men and women are equally likely to be addicted to nicotine. Yet women typically smoke cigarettes with lower nicotine content than those smoked by men, smoke fewer cigarettes per day, and inhale less deeply than men. Overall, however, women are less successful than men in quitting smoking and have higher relapse rates after they do quit. Treatment involving nicotine replacement therapy — nicotine patch or gum works better for men than women.

What are women's risks for HIV/AIDS? Research suggests that there are sex-related differences in some fundamental aspects of the HIV/AIDS disease process. For example, an HIV-infected woman with half the amount of the virus circulating in her bloodstream as an infected man will progress to a diagnosis of AIDS in about the same time. And according to the Centers for Disease Control and Prevention, among cases that progress to a diagnosis of AIDS, drug abuse accounts for a greater percentage of cases among women than among men.

Nearly half of all women diagnosed with AIDS are injecting drug users, whereas among men, injecting drug users account for 32 percent of AIDS cases. An additional 19 percent of women, compared with 2 percent of men, with AIDS report having sex with users who inject drugs. In all, drug abuse is nearly twice as likely to be directly or indirectly associated with AIDS in women (66 percent) as in men (43 percent).

Superintendent nominated for award

AWARD, from Page 1

administration office helping to prepare the nomination form.

The award was presented at a banquet that was part of the Center for Rural Education and Small Schools' annual meeting. The center's nomination requests to the 208 rural school districts in Kansas.

Though most people the superintendent interacts with were involved, Selby said he had no idea.

"I never had a clue," he said. "This has been a total shock."

Selby had to muddle his way through the acceptance speech, but said it was worth it to be honored in such a way.

"It really does make me feel good," he said. "This will certainly be the

highlight of my teaching and administrative career."

Selby's career in education started in 1958 at a high school in Valley Falls, where he taught and coached. He went on to coach almost every sport and work as a teacher, athletic director, principal and superintendent in six districts.

The superintendent has also been a member of more than 10 state and regional education and athletic groups, including the American Association of Rural Administrators, the United School Administrators and the Kansas State High School Activities Association board of directors.

Pat Juhl, board clerk, said when Dick Short, board president, came to her with the idea to nominate Selby, she

didn't flinch.

"He's pulled the whole school district together," she said. "I would be hard pressed to find someone who deserved it more."

Short said Selby saved the district from financial despair.

"When he came we didn't have much money," Short said. "He's been tremendous with the budget."

Beyond that, Short said, Selby has the gift of working well with others.

He's improved negotiations between teachers and administrators, he said, and has good relationships with parents and students.

"Early in the year he rides all of the buses," Short said, "so he knows where every kid lives in the county."

Tuesday looks to be big day for politicians

ELECTION, from Page 1

publican, is unopposed in this election.

Register of Deeds Carol Armstrong, a Republican, is up for re-election, and is opposed by Republican Lynn Swayne, who is running a write-in campaign.

County Treasurer Shelby Miller, a Democrat, is unopposed in the bid for re-election. Kevin Rasure, a Republican who was recently appointed as county commissioner in District 3, is also unopposed in Tuesday's election.

For state offices, Sen. Stan Clark of Oakley, a Republican, is looking to be re-elected. He is running against Democrat Billie Flora of Quinter.

Colby resident Jim Morrison, who is state representative of the 121st Dis-

trict, will be unopposed on the ballot.

District Court Judge Jack Burr of Goodland, a Republican, is unopposed for retention in his job in District 15, Division 2, along with District Court Judge Glenn Schiffner of Colby in District 15, Division 1.

For the race for U.S. Representative of District 1, incumbent Jerry Moran of Hays, a Republican, is running against Jack Warner of Dodge City, a Libertarian.

In the race for U.S. President and Vice President, Al Gore and Joe Lieberman, are on the Democratic ballot, while George W. Bush and Dick Cheney are on the Republican ticket.

In Goodland, Ward I votes on the second floor of the city building, Wards II and III vote at the Fellowship Hall

of the United Methodist Church and Ward IV votes on the south side of the lobby at the Goodland courthouse.

Residents of Kanorado and Stalentine Township vote at the Senior Citizen's Center in Kanorado. People who live in Grant, Iowa, Llanos, Logan, McPherson, Shermanville, Smoky, Union and Washington Townships will vote on the north side of the Fellowship Hall at the United Methodist Church.

Residents of Itasca, Lincoln and Voltaire Townships vote on the north side of the Goodland courthouse lobby.

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