# about our friends

# calendar

Music Program — Goodland third graders will present a music program "Sing Out Christmas" at 7 p.m. to**night** at Central School. They will be directed Birkley Barnes, third grade music teacher.

Blood Drive — The American Red Cross will hold a blood drive from noon-5:30 p.m. Thursday at Our Lady of Perpetual Help Catholic Church in Goodland. Blood donors must be at 17, weigh at least 110 pounds and be in good health. Bring photo identification. For information or to make an appointment, call Dolly Irvin at 899-2111 or Martha Gunderson at 899-5933.

Health Screening — Cholesterol screening and education will be given on **Thursday** and **Friday** at the office of the Sherman County Health Department, 1622 Broadway. For information, call 899-4888.

Senior Dinner — Holiday entertainment and a dinner for senior citizens of Sherman County will begin at 11 a.m. Friday at Goodland High School. Please **RSVP by Wednesday** by calling 899-5656 or 899-2397. If needed, meals can be delivered to a seniors' homes by calling either of these numbers.

SHARE — The pickup of low cost food in exchange for volunteer work for this month will be from **9-10 a.m.** Saturday at 824 Main in Goodland.

Free Matinee — In order to allow time for parents to shop for the upcoming holidays, free movies will be shown the next two weekends in Goodland. This weekend's matinee, Snow Day, which is rated PG, will be shown at 1:30 p.m. Saturday and **Sunday** at The Sherman Theatre and is sponsored by the theater.

Band Concert — Goodland's fifth grade, sixth grade, junior high and high school bands will give a Christmas concert at 7 p.m. Monday, Dec. 18, in the Goodland High School auditorium. The concert will be co-directed by band instructors Paul Garrison and Tom Miles.

# activities

**TOPS Meeting**—Take Off Pounds Sensibly meets at 5:30 p.m. Mondays at North School. Weigh-in is at 5 p.m. Aerobics Classes — Morning aerobics classes are available at **5:30 a.m.** with Tina Tompkins, and at 8 a.m. with Marilvn Imel. Monday. Wednesday. and **Friday** at the Goodland Activities Center. A senior aerobics class for those who desire a less strenuous workout will be at 8 a.m. Tuesday and **Thursday** with Imel. For questions, call 899-7242.

**Carnegie Arts Center** — The arts

center is open from 10 a.m.-5 p.m. Jell-o with fruit and milk. Tuesday through Friday and from 1-4 p.m. Saturday, Sunday and Mon- fries, lettuce, tomato, onion, pickles, day.

Library Closings — The Goodland Public Library will be closed Monday, Dec. 25 and Tuesday, Dec. 26 for Christmas and on Monday, Jan. 1 for New Year's Day. It will be open regular hours for the rest of December. The library board and staff wishes all of the library's patrons a Merry Christmas and a Happy New Year.

Water Testing — A representative of the Northwest Local Environmental Protection Group will be available for a free well evaluation including testing well water for bacteria and nitrates. If you would like to schedule an evaluation or have other environmental concerns, call the Sherman County Health Department at (785) 899-4888.

# food for fines

The Goodland Public Library will again offer its "Food for Fines" program during December. Patrons with outstanding fines or overdue library materials may bring in a food item for Genesis, a local food bank, in exchange for the fine. Food items needed by Genesis include peanut butter, cereal, pancake mix, cake mixes, Jell-o, pudding, or any canned goods.

# meals on wheels

The openings have been filled for delivery of meals for the Meals on Wheels program in Goodland. Ruth Soward, scheduling coordinator, would like to thank the community for their response in volunteering to deliver the meals.

# teddy bear project

The Goodland Elks Lodge and Kickers Restaurant and Lounge are sponsoring a teddy bear project for this Christmas season. Bring a new teddy bear to the lodge and it will be displayed under their tree until after Christmas. The bears will then be given to the Northwest Kansas ambulance crew for them to give out to sick or injured kids or adults throughout next year.

# photos needed

reunion display to be put up next year at the High Plains Museum in Goodland. Any photos of Goodland classes or individuals will work and are needed, as soon as possible, so that and 10:10 a.m. on Dec. 4, someone work can begin on the display. For questions, stop by the museum or call 899-4595.

# school menu

Wednesday — Hamburger gravy, mashed potatoes, green beans, hot roll, 5665.

Thursday—Cheeseburger, french choice of fruit and milk.

Friday — Cooks' choice.

# hospital report

**Goodland Regional Medical Center** Admitted on Monday: Tonya Medina, Goodland; and Norma Petty, Sharon Springs.

Dismissed on Monday: none. Transferred: none.

Specialists for Wednesday: Dr. Barry Smith, cardiologist.

Hospital weekly volunteer schedule—Wednesday—Irene Kehlbeck, courtesy; Helen Armstrong, a.m. **Thursday** — Jessie Owens, a.m.: Berna Biem, p.m. Friday — Helen Hughes, courtesy; Fern Hawks, a.m.; Harriette Smith, p.m.

# today in history

In 1954, although still in the U.S. Navy, Dale Stephens married Iva Lee Rhoades. His last tour of duty was to the island of Eniwetok for the beginning of the hydrogen bomb tests.

From the Sherman County Historical Society calendar

# animal shelter

Have you lost a pet? Call the Goodland Police Department at 899-4570.

Are you interested in adopting a pet? Call the Northwest Kansas Animal Shelter at 899-6464.

Found: an older male brownish-red Dachshund around North School and a full-grown Brittany Spaniel at McB's Corner Garage. Call the animal shelter to claim.

# area events

Child Care Training—Achild care training session will be held in Colby this month. "Discoveries of Infancy" will be held from 7-9 p.m., Central Time, Monday in the Gray Room of Ferguson Hall at Colby Community College.

Tobacco Support Group — A tobacco quitters support group will meet from 7-8 p.m., Central Time, every Wednesday in the cafeteria of Citizens' Medical Center in Colby. Anyone who wants to quit or has quit using to-Photos are needed for a 2001 alumni bacco is urged to attend. For information, call (785) 462-8152.

# crimestoppers

Sometime between 3 p.m. on Dec. 1 drove a vehicle through a snow fence, post and chain at the Northwest Kansas Technical School in Goodland.

If you have any information about any crime, call the Goodland Area Crime Stoppers " Look Line" at 899-

# Brewster post office receives award

If you've noticed a yellow, white and blue flag on display at the Brewster post office, don't jump to the conclusion that we've seceded from the Union. It's the symbol of the Order of the Yellow Jersey, which is an organization that recognizes outstanding performance on a local level. The association award was inspired by Lance Armstrong's victory over cancer and his win at the Tour de France. Our postal staff, Tina Hansen, postmaster, and Amanda Roulier, clerk, are recipients of this award and as long as they maintain the quality of service they give to customers, they will keep the flag. Several months ago, Brewster residents were asked to fill out an information form and the response determined that they would receive this award. So congratulations to Tina and Amanda on a job well done. Keep the flag flying, ladies. We're proud of you!

Colleen Rall wants to invite everyone to a Christmas carol hayride. This is for carolers from any of the local churches and if you don't have a local church, you can still come and meet with those that do. This has been a local tradition for several years and it is always a lot of fun. After the caroling, hot chocolate and cookies will be served at the Methodist church in Brewster. The time to meet is at 1:30 p.m., Central Time, Sunday, Dec. 17, at the Brewster Methodist Church.

On Nov. 29, the Brewster United Methodist Women met in the fellowship hall of the United Methodist Church. Nine members and one guest, Cindy Grantz, were at the meeting. Favorite decorations was the response for roll call. Tanya Gray read the story



about the "Little One." Christmas car- Center will be having a bake sale from ols were sung with accompaniment by

Nadine Kammer called the business meeting to order. The group voted to give a monetary contribution to the church budget and support the Midchurch in Brewster and the Vacation Bible School program of the Levant ing activities include a church Christat 2 p.m., on Sunday, Dec. 17. All times are Central.

The basketball season is getting off to a quick start and everything looks good for the teams. Get ready to exercise your adrenaline.

I'm getting lots of Christmas cards and I'm just getting started on mine. We received a card from Duane Thompson, a former Lutheran pastor in Brewster. This is his first Christmas without Pat, his wife, and he shared about her last days. The first holiday season without loved ones has to be very difficult for people and so we want to make ourselves available for them with an ear to listen.

for their Christmas shopping and I wonder if they aren't just wanting to get away from their TVs and all the election coverage. I wonder if it will ever be

over. The Brewster Senior

10 a.m., Central Time, until the food runs out on Friday, Dec. 22, at the center. There will be a few crafts and lots of Christmas goodies for your gatherings. Come early, while the choice is good.

I bought some Ice Off for the senior center in anticipation of the weather reports we've been hearing. I hope we don't need it, but we know that eventually it will be necessary.

Lots of decorations are going up for Christmas and more are going up all the time. I doubt that we'll get very excited about it, as we will be going to Salina to meet a new grandchild when he or she arrives. We think the baby is a boy, but it's not definite yet. The parents kind of want to know ahead of time, but they would rather not be told for sure.

Here's a reminder to friends and former classmates of Ron Highland, to send him a greeting to cheer him up. His address is 15715 Switzer. Overland Park, Kan. 66221.

I just got word that Ruth Keppel of Denver died on Nov. 27. She was the widow of Arch Keppel, who was a former Brewster resident. He died several years ago.

That's probably it for this week. We'll see you next time and have a great week.

Lots of folks are going to other towns

# Control holiday spending with a plan

Financial pressure on families is exceptionally high during the month of December, as well as the two or three months following the holidays. The temptation to

spend money during the holidays is almost irresistible. This pressure can be reduced by making a spending plan and sticking to it.

When setting up a holiday spending plan, include all the expenses such as gifts, greeting cards, postage, decorations, travel, special foods and entertainment. Set some limits. Then get a commitment from all family members to follow the spending plan. Keep a running record of your purchases and their costs. If you stick to the plan, you won't end up spending most of next year's pay for this year's holidays.

# roxanne burda slice of life

There are several ways to reduce expenses such as cutting back on the number of gifts, limiting the amount spent on a gift, trimming the greeting card list, making gifts, performing a service rather than buying a gift and purchasing items early when they are on sale. Select those strategies which best suit your own situation.

Think about your gift buying behavior. Consider the reasons why you purchased different items. Did you really want that item or did you want to gain social approval from its purchase? Did you think you were getting a good deal? Were you persuaded by a salesperson or by advertisements?

Society influences what we purchase. Gaining social approval by purchasing specific products or brands can be a problem if this behavior cost more than you can afford or results in an inappropriate gift.

Colorful advertisements offer merchandise at reduced prices to entice the unwary consumer to buy, buy, buy. If you had not planned to purchase an advertised item, take time to think about it before acting. Impulse buying increases the likelihood that you will be paying for a few minutes or days of holiday fun well into the new year.

To get a head start on next year, plan to set money aside each month throughout the year. As soon as you have decided how much to spend, determine how much you need to save each month. You may want to put this amount into a special account. Shop around for one that pays the best interest rates and has reasonable fees and restrictions given the amounts and timing of funds you will be depositing.

obituaries

# Eva Lou Selby.

week Youth Group of the Lutheran Community Church. Following the meeting, Bonnie Reid served Christmas goodies for refreshments. Upcommas program at 10:45 a.m.; a soup luncheon at noon in fellowship hall; and caroling by members of local churches

## **Arthur E. Brown**

Arthur Earl Brown, 81, a longtime Goodland resident, died Sunday, Dec. 10, 2000, at the Goodland Regional Medical Center.

Hew was born Sept. 12, 1919, at Luray, the son of Stella B. (Skiles) and William H. Brown. The family moved to Logan County when he was 2.

He attended school at Winona. After moving to Goodland in 1932, he attended school here.

He and Ruth Mae Colbert were married June 8, 1940, at Colby.

During World War II, he served in the U.S. Army. After he got out, he was a machinist with Boeing Aircraft.

The couple moved to Goodland in 1976.

He was a member of the Goodland Senior Center.

His funeral will be at 2 p.m. Wednesday at Koons Chapel in Goodland with Dr. Chester Ross officiating. Burial will follow in the Goodland Cemetery.

Friends may call from 3 to 8 p.m. today and from 8 a.m. to 2 p.m. Wednesday at the chapel.

Survivors include two sisters, Alice Watkins of Goodland and Grace Clites of Wichita; and two brothers, Victor Brown of Nucla, Colo., and Donald Brown of Nice. Calif.

He was preceded in death by his wife in December 1983, his parents, three brothers and two sisters.

Memorials may be given to the Goodland Senior Center and left at Koons Funeral Home, 211 N. Main, Goodland, Kan. 67735.

# Marie F. Tovrea

Marie Frances Tovrea, 88, a lifelong Brewster area resident, died Saturday,

Dec. 9, 2000, at Prairie Senior Living Complex in Colby.

She was born Sept. 5, 1912, at Plano, Iowa, the daughter and only child of Maggie M. (Hanna) and Elvin L. Bear. She

graduated from high school at

Brewster. Aug. 8, 1933, at St. Francis, and celebrated 66 years of marriage.

She was a member of the United Methodist Church in Brewster.

Her funeral service will be at 1:30 p.m. Thursday at Koons Chapel in Goodland.

Burial will follow in the Goodland Cemetery.

Friends may call from 3:30 to 8 p.m. Wednesday and from 8 a.m. to 1:30 p.m. Thursday at the chapel.

Survivors include a son, Stanley Tovrea of Mesquite, Nev.; two daughters, Joan Bishop of Brewster and Carolyn Dunlap of Cabot, Ariz.; 13 grandchildren and 17 great-grandchildren.

She was preceded in death by her husband on July 28; a son, Leonard B. Tovrea in 1966; and her parents.

Memorials may be given to the Brewster Heritage Center and left at Koons Funeral Home, 211 N. Main, Goodland, Kan. 67735.

### **Bertha Robben**

Bertha Robben, 90, Grinnell, mother of Goodland resident Robert C. Robben, died Sunday, Dec. 10, 2000, at her home.

She was born May 24, 1910, at St. She and Rex B. Tovrea were married Libory, Ill., the daughter of Anna (Mense) and August Baalman.

She and Edward H. Robben were married Jan. 31, 1940, at Grinnell.

She was a homemaker and had lived in the Grinnell area for 60 years. She crocheted afghans and made quilts for family members.

She was a member of Immaculate Conception Church and Altar Society in Grinnell and the Grinnell Senior Center. She also served on the board of the senior center.

Her funeral will be at 10:30 a.m., Central Time, Thursday at the church in Grinnell with Father Roger K. Meitl officiating.

Burial will be in Immaculate Conception Cemetery at Grinnell.

Visitation will be from 4 to 9 p.m., Central Time, Wednesday at the church in Grinnell. A rosary and wake service will be held at 8:30 p.m., Central Time, at the church.

Other survivors include five sons, Kenneth J. Robben of Grinnell, August F. Robben of Olathe, Edward G. Robben of Springfield, Mo., Andrew J. Robben of Clinton, Okla., and Alexius R. Robben of Pipe Creek, Texas; a daughter, Mary C. Rollins of Gloster, Miss.; 18 grandchildren; and 10 great-grandchildren.

She was preceded in death by her husband in August 1985; two sons, William and Michael Robben; her parents; four brothers; and four sisters.

Memorials may be made to the Grinnell Senior Center and sent in care of Kennedy-Koster Funeral Home, P.O. Box 221, Oakley, Kan. 67748.

# student of the week



Name: Amanda Meissinger **Parents:** Stan and Karla Meissinger

### Grade: Junior **Age:** 16

We've nominated this student because: Amanda is a very strong-willed, independent student who manages her failure is a step to success." time wisely and is prepared daily for the classroom. She does a wonderful job on project presentations and on class projects. She's defenitely an asset to

Goodland High.

Student Comment: Best liked subject: Basic Foods, What I will remember: I will remember my friends and all the good times we had.

Activities involved in at school: Cheerleading and FCCLA

My choice of movies, books, and games: Movies: Comedies, Music: Country, **Books: Mysteries** 

After I leave Goodland High School I intend to...: go to college.

And 10 years from now, I think I'll be ...: successful in whatever field I choose and possibly have a family.

Favorite Quote: "Every Unknown



# **Redwood FCE Club**

club news

At the November meeting of the Redwood Family and Community Education Club, the group learned about stress management from guest speaker Roxanne Burda.

The club met at the home of Chet and Ruth Ross. There were 16 members present

President Lavaughn Glasco opened the meeting with a reading entitled "Thanksgiving" and led the group in reciting the club creed.

Burda gave the lesson on "Stress Management" which was a good lesson for the holiday season which is facng us.

"If you don't have stress in your life, you are dead," Burda said.

brought a tool box and picking it up by the handle, she informed us we must "get a handle on stress."

Some of the items she produced were a magnifying glass to "look inside" and be aware something is bothering you; a scrub brush to show that you need to start physical action for relief; a telephone to call someone and talk about your problems; a map to find direction and make a choice; a bottle of pills which she said is not a good solution, so she put it away; a pack of gum to remind us to take one thing at a time; a breath mint to make a change in attitude; an apple to remind us to eat healthy with regular meals, sleep and exercise; a deck of cards to have some

To demonstrate her point, she fun; a cookie cutter to do someone a favor; an airplane because sometimes we just need to get away from it all; an angel to tell us to compromise because only an angel is perfect; and a happy face to show us to try to smile because it is catching.

'You can eat an elephant, but you have to do it one bite at a time," she said.

The best advice is to take time for yourself, take a walk or visit the library. Go to the garden and pick a flower or if possible make a snowball. Be assured that problems will pass, she said.

During the business meeting, it was decided to cancel the Family and Community Education Christmas tea. Seven members were able to attend the

diabetes and stroke clinic held in November.

A donation was made to the Genesis program by the club and individual members as our community project.

Get well cards were signed to be sent to Frances Jones who had eye surgery and Elaine Schwendener who had knee replacement surgery.

The invitations for the Christmas meeting were handed out and the party will be a luncheon at the Sugar Hills Country Club.

Arleta Musil and Edith Dye took home the door prizes that were crocheted dish cloths made by club member Eva Briney.

Loraine Fenner, public relations

internet.tonight@nwkansas.com

call 899-2338.

MEISSINGER FARM TRUCKING

Kanorado, Kan. 67741

(785) 399-2494

Marie Tovrea