

about our friends

calendar

Project Graduation 2002 — Parents of the class of 2002 are invited to attend an organizational meeting at **7 p.m. Wednesday** in the Goodland High School cafeteria. The “3 on 3” basketball tournament to raise money for Project Graduation 2002 is set for March 17, so committees need to be formed. For questions, call Judi Vignery at 899-7226.

Singles Gathering — The Thursday Night Together Christian singles group will meet at **6:30 p.m. Thursday** at Marie Edwards. For details, call 899-2733.

Health Fair — Health Fair 2001 will be held from **9 a.m.-1 p.m. Saturday, Jan. 27** at the Goodland Activities Center, 808 Main. Some of the free tests will include blood pressure checks, strength/flexibility, height/weight, posture analysis, colon/rectal hemocult. The Kansas Lions Mobile Screening Unit will provide hearing and vision screening.

Roaring Twenties Display — A 1920s exhibit will be on display through **Wednesday, Jan. 31** at the Goodland Public Library. The exhibit is a combined effort of the High Plains Museum in Goodland and the library. In addition, the community may enjoy the music, movies and good times of the “Roaring Twenties” from **6-8 p.m. on Tuesday and Thursday**.

activities

TOPS Meeting — Take Off Pounds Sensibly meets at **5:30 p.m. Mondays** at North School. Weigh-in is at 5 p.m.

Aerobics Classes — Morning aerobics classes are available at **5:30 a.m.** with Tina Tompkins, and at **8 a.m.** with Marilyn Imel, **Monday, Wednesday, and Friday** at the Goodland Activities Center. A senior aerobics class for those who desire a less strenuous workout will be at **8 a.m. Tuesday and Thursday** with Imel. For questions,

call 899-7242.

Carnegie Arts Center — The arts center is open from **10 a.m.-5 p.m. Tuesday through Friday** and from **1-4 p.m. Saturday, Sunday and Monday**.

Basketball Camp — Applications are now being evaluated for the Ten Star All Star Summer Basketball Camp. Boys, ages 8-19, and girls, ages 10-19, can apply. Players are selected by invitation only. The Kansas camp location is in Atchison. College basketball scholarships are possible for players named to the All-American Team. For an evaluation form, call (704) 568-6801, anytime.

photos needed

Photos are needed for a 2001 alumni reunion display to be put up next year at the High Plains Museum in Goodland. Any photos of Goodland classes or individuals will work and are needed, as soon as possible, so that work can begin on the display. For questions, stop by the museum or call 899-4595.

society donations

The Sherman County Historical Society has received positive response to the proposed purchase of the Edythe Handy house. Your continued support is critical to the award of the grant request that is currently in progress. Tax-free pledges or donations may be made to the historical society at P.O. Box 684, Goodland, Kan. 67735 or by calling 899-6773.

open house

U.S. Senator Pat Roberts will host an open house at his Washington office for all Kansans who are visiting the capital for inaugural events. The open house will be held from **9-11 a.m., Eastern Time, Saturday** in 302 Hart Senate Office Building, Constitution Avenue, and will feature coffee and doughnuts. The phone number at the

office is (202) 224-4774.

support group

Anyone interested in forming a bipolar disorder support group, should call Virginia Tucker at 899-5696. The support group would be for the family and friends of those with the disorder, as well as the patients.

school menu

Monday — Burrito with chili and cheese, lettuce, tomatoes, tri-taters, grapes and milk.

Tuesday — Fish, buttered potatoes, corn, hot roll, apple salad and milk.

Wednesday — Cooks' choice.

Thursday — Bierocks, green beans, relish tray, strawberries and bananas and milk.

Friday — Nachos, refried beans, lettuce salad, brownies and milk.

hospital report

Goodland Regional Medical Center Admitted on Thursday: Lester Lehman, Anna Belle Long and Marjorie Quast, all of Goodland.

Dismissed on Thursday: Clarence Howard Sr. and Zachary Jones, both of Goodland.

Transferred: none
Specialists for Monday: Dr. James Holmes, orthopedist; Dr. Jeffrey Huston, gastroenterologist.

Hospital weekly volunteer schedule — **Monday** — Helen Hughes, courtesy; Mildred Laughlin, p.m. **Tuesday** — Martha Gunderson, courtesy; Beulah McClung, p.m. **Wednesday** — Opal Callahan, courtesy; Helen Armstrong, a.m.; Roger Collins, p.m. **Thursday** — Fern Heckman, p.m. **Friday** — Anne Mann, p.m.

animal shelter

Have you lost a pet? Call the Goodland Police Department at 899-4570.

Are you interested in adopting a pet? Call the Northwest Kansas Animal Shelter at 899-6464.

Found: Male black Labrador mix at 12th and Syracuse; and young female Rottweiler mix at 19th and Commerce.

today in history

On Jan. 19, 1901, H.M. Heston began his second term as clerk of district court for Sherman County and Hoyt Andrews entered his second term as county attorney.

From The Goodland Republic/Information provided by The Sherman County Historical Society

area events

Tobacco Support Group — A tobacco quitters support group meets from **7-8 p.m., Central Time, every Wednesday** in the cafeteria of Citizens' Medical Center in Colby. Anyone who has a desire to stop smoking is urged to attend. For information, call (785) 462-8152.

La Leche League — The La Leche League of Northwest Kansas will have an informal meeting called “Advantages of Breastfeeding” from **2 to 4 p.m., Central Time, Sunday** at the home of Sharon Shirley, 1820 W. Fifth, Colby. Mothers and their nursing babies, fathers, expectant mothers and any women wishing to learn more about breast-feeding are welcome to attend. For information, breast-feeding help or breast pump rental, call Connie Davis at (785) 462-7188.

crimestoppers

If you have any information about any crime, call the Goodland Area Crime Stoppers “Look Line” at 899-5665. Your call will be confidential and you will not be asked your name. If the information you give results in the arrest and/or conviction of those persons involved, you could be eligible for a reward of up to \$1,000. The Goodland Area Crime Stoppers is a nonprofit organization formed by citizens against crime.

obituary

Doris M. Peter

Doris Maxine Peter, 82, Union, Mo., a former longtime Goodland resident, died Thursday, Jan. 18, 2001, in Union.

She was born Nov. 6, 1918, at Blue Hill, the daughter of Blanche E. “Babe” (Shull) and Charles J. Philbrick.

She graduated from Bird City High School and from cosmetology school in Nebraska.

She and Harold H. “Pete” Peter were married July 13, 1940, at Goodland.

She lived in Goodland until November 1999 when she moved to Union. She was a beautician.

Her funeral will be at 10:30 a.m. Monday at the First United Methodist Church in Goodland with Pastor Carol Moore Ramey officiating.

Burial will follow in the Goodland Cemetery.

There will be no visitation.

Survivors include two sons, Harold Kent Peter of Morrison, Colo., and Casey Scott Peter of Rifle, Colo.; two daughters, Sally Jo King of Union, Mo., and Sondra Jill Cucarola of Windsor, Colo.; a sister, June Frazier of Goodland; five grandchildren; three great-grandchildren; and many other relatives.

She was preceded in death by her husband on Nov. 1, 1979; her parents; and two brothers, Joseph Mark Philbrick and James Homer Philbrick.

Memorials may be given to Unity Hospice in Washington, Mo., and left at Koons Funeral Home, 211 N. Main, Goodland, Kan. 67735.

Service offers books in mail

This year's Mail-A-Book catalog is now available from the Northwest Kansas Library System.

Mail-A-Book is a service that offers a large selection of new paperback books through the mail to residents of towns without libraries, to rural readers who live outside of the city limits of towns with libraries and to “homebound” readers.

Books for all ages and interests may be selected from the catalog and are

mailed with return postage included so there is no expense involved for the reader.

The service is available in Cheyenne, Decatur, Gove, Logan, Norton, Sheridan, Sherman, Thomas, Trego and Wallace counties.

For information or to receive a catalog, you may call your local library, call the library system at (785) 877-5148 or (800) 432-2858 or e-mail the library system at ILLOAN@ruraltel.net.

club news

Goodland Federated Music Club

Members of the Goodland Federated Music Club were entertained with piano, flute and clarinet performances from guests at their January meeting.

Twelve club members and five guests met Jan. 8 at the home of Linda Koons. The “note” for January was “G Is for Gala.” Vice president Jan Malpert presided over the short business meeting held before the program.

Martha Gunderson read “Frolic,” a poem by George William Russell, to set a light, uplifting tone for the evening.

Nick Parker, a Fort Hays State University student majoring in music education with an emphasis on piano, provided the first number via a videotaped performance of “First Movement of Sonata in E Minor Hob. XVI:34,” a piano solo by Franz Joseph Hayden.

Guest performer Lanae Koons, a Kansas State University student, played a flute solo, “Sonate 1st Movement Allegretto Malincolico” by Francis Poulenc. Her mother Linda Koons accompanied her on the piano.

Mary Jo Miles and Pat Schiefen played an alto recorder duet, “Suite #1, Poco Largo” by Gottfried Finger.

The recorder ensemble played “Three Pieces for Four Recorders” by John Jenkins, consisting of “Ayre,”

“Courant,” and “Sarabande.” Members of the group are GERALYN PARKER and Marlyn Mangus playing soprano recorders; Mary Jo Miles and Birkley Barnes playing alto; Martha Gunderson playing tenor; and Pat Schiefen playing bass.

Guest performer Eileen Jones joined Birkley Barnes to play “Pepperino,” a clarinet duet by R. M. Endresen. Another guest, Andrew Salvador, played the piano accompaniment. Jones and Salvador are from Burlington, Colo.

After the program, the members enjoyed refreshments provided by hostess, Linda Koons, and co-hostess, Pat Schiefen.

Submitted by Sharon Palmquist

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I recently received a news item from the K-State Research and Extension Area Livestock Specialist Sandy Johnson that I thought would be of interest to producers.

We have a meeting scheduled with Johnson for our Integrated Resource Management producer group and she will discuss the information in more detail. The meeting will be at 6:30 p.m. on Wednesday in the assembly room of the Sherman County Courthouse. Interested producers are welcome to attend.

This time of year cow/calf producers need to be examining winter nutrition programs for spring calving herds. The past couple of winters have been relatively mild so any weak points in winter-feeding programs may have gone undetected.

Because of the impact of the drought on forage resources, many producers are



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- ag notebook

feeding different feedstuffs or rations than normal. The costs of overfeeding or underfeeding cows may be particularly large this winter, so it is very important for producers to have their feedstuffs analyzed and to balance rations accordingly.

As we deal with colder temperatures during the winter months, it is critical to remember how cold weather influences energy requirements. For cows with a normal winter hair coat, the lower critical temperature is about 30 degrees. When the effective temperature or wind-

chill index falls below this level, there is an increase in energy requirement. As a rule of thumb, there is a 1 percent increase in energy requirement for each degree below the critical temperature. For example, if the average effective temperature for the day was 5 degrees, we would need an additional 4.5 to 5 pounds of alfalfa hay to meet the increased energy needs of a 1,200 pound cow. If we fail to account for these increased energy requirements during colder weather, cows will lose body condition.

Generally a good way to evaluate a feeding program is to monitor cow body condition. On a scale of 1 to 9 with 1 being very thin and 9 being very fat, we should strive to have mature cows at a body condition score of 5 to 5.5 and first calf heifers at 5.5 to 6 at the time of calving. Rebreding performance of cows that calve in moderate body condition is much better than cows that are thin at calving.

This brings us to the importance of pre-calving energy levels on calf survivability. Research has demonstrated that cows receiving higher energy diets prior to

calving have more immunoglobins in their milk compared to cows on lower energy diets. These immunoglobins represent the passive immunity that the cow passes to the calf via colostrum.

The amount or concentration of immunoglobins in the milk has been shown to have a strong positive correlation with calf growth. In addition, calves born to cows on higher energy diets have more vigor at birth and a greater ability to survive.

The amount of protein in the cow's pre-calving diet also impacts calf survival. If cows receive inadequate amounts of protein before calving, the quality of the colostrum is low, calves require a longer time to nurse and the calf's ability to produce body heat at birth is reduced. Cows on low protein diets are much more likely to have calves that are susceptible to the weak calf syndrome.

Producers should remember these key points as they evaluate their winter-feeding programs for cows. 1) Never assume you know the feed value of harvested forages—get them tested. 2) Make sure to account for the impacts of cold weather in your feeding program. 3) Don't underestimate the importance of nutrients, especially energy and protein, the last 30-80 days of gestation to calf vigor and calf survival.

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