## about our friends

#### calendar

Veterans'Affairs - Jody Tubbs of the Kansas Commission on Veterans' Affairs will be available to assist veterans and their dependents with claims work from 1-2:15 p.m. Thursday in the assembly room on the third floor of the Goodland courthouse. If you miss her, you may call the Colby office any Monday, Wednesday or Friday at (785) 462-3572.

Women's Conference — Any women who are interested in registering for tickets to the Women of Faith conference to be held Aug. 24 and 25 in Denver may do so by Thursday. The Goodland area women will be ordering the first group tickets then. Group transportation and lodging will be available. For information or to register, call Marilyn Hefner at 899-5584 or Donna Terry at 899-7242.

Musical Concert — There will be a "Seven Red" concert at 7 p.m. Friday in the Goodland High School auditorium

Hepatitis B Shots — Children ages 10 through 17 can get free hepatitis B shots at a walk-in clinic to be held from 3:30 to 6:30 p.m. on Tuesday, March 20, at the Sherman County Health Department office. For information, call the health department at 899-4888.

**Singles Group** — The Thursday Night Together singles group will meet at 6:30 p.m. Thursday, March 22, at Marie Edwards' Hall in the Armstrong Addition. Bring finger food. For information, call 899-2733.

Free Tax Assistance — Volunteers trained by the Internal Revenue Service will provide free income tax assistance from 1-4 p.m. each Friday through April 13 at the Goodland Public Library and the Goodland Senior Center. Bring all current income tax papers and a copy of last year's return.

#### activities

TOPS Meeting — Take Off Pounds Sensibly meets at 5:30 p.m. Mondays at North School. Weigh-in is at 5 p.m.

Aerobics Classes — Morning aerobics classes are available at 5:30 a.m. with Tina Tompkins, and at 8 a.m. with Marilyn Imel, Monday, Wednesday, and Friday at the Goodland Activities Center. A senior aerobics class for those who desire a less strenuous workout will be at 8 a.m. Tuesday and Thursday with Imel. For questions, call 899-7242.

Plains Roosters Chapter of Pheasants Forever will hold a youth fun hunt and an adult team quail hunt at 8 a.m., Central Time, Saturday at Rex and Sandy Murray's home, 2098 Road 80, Goodland. Youth 15 and under with a hunter's safety card are eligible to participate, but must be accompanied by a parent or guardian. The adult hunt will consist of one dog and two hunters with a40-minute time limit to hunt 10 bird and cash prizes will be given for first, second and third places. There is an entry fee for both hunts and participants must preregister by Friday. For information or to register, call Rex Murray at (785) 899-

5882 3-on-3 Basketball — A 3-on-3 basketball tournament will be held on Saturday in Goodland. Boys and girls in grades first through twelfth grades are invited to participate. You can get registration information from local schools or by calling Debbie Martin at (785) 899-2000 (days) or (785) 899-6439 (evenings).

**Basketball Tournament** — Boys and girls in first through twelfth grades are invited to participate in a 3-on-3 basketball tournament to be held Saturday, April 7, in Goodland. You can get registration information from local schools or by calling Deneyce Bahe at (785) 899-3183 (evenings).

**Carnegie Arts Center** — Sixty pieces of artwork from the 20th Annual 1st District Congressional Art competition, "Celebrating Creativity on the High Plains," are on display through Saturday, March 31, at the Carnegie Arts Center in Goodland. The event is sponsored by Bankwest of Kansas and Sunwest Banks of Colorado. The arts center is open from 10 a.m.-5 p.m. Tuesday through Friday and from 1-4 p.m. Saturday, Sunday and Monday.

Water Testing — A representative of the Northwest Local Environmental Protection Group will be available support group for a free well evaluation including testing well water for bacteria and nitrates. If you would like to schedule an evaluation or have other environmental concerns, call the Sherman County Health Department at (785) 899-4888.

#### senior center menu Wednesday — Baked spaghetti, carrot and raisin salad, green beans, bread and pears.

Thursday — Smothered steak,

Youth and Adult Hunts—The High mashed potatoes and gravy, Jell-o with St. Patrick's Day dessert and milk. mandarin oranges and pineapple, bread and birthday cake.

Friday — Parmesan baked fish fillets, cheesy hash browns, winter mix vegetables, bread and peach cup.

#### money available

The High Plains Roosters chapter of Pheasants Forever has cost share money available for pheasant habitat restoration, food plots and windbreak trees. Call Steve Duell at (785) 899-5888.

#### photos needed

The High Plains Museum in Goodland will have a large display of alumni photos during this summer's school reunion. Pictures of class members or school days are still needed from the '50s, '60s, '70s, '80s and '90s. Photos will be scanned and promptly returned. A 1970s exhibit is also planned, but the museum doesn't have items from that time period. So, if you have something you would be willing to loan to the museum, it would be appreciated. Please bring photos and items to the museum as soon as possible, so they can be prepared. You may call the museum at 899-4595 or stop by.

#### society donations

The Sherman County Historical Society has received positive response to the proposed purchase of the Edythe Handy house. Your continued support is critical to the award of the grant request that is currently in progress. Taxfree pledges or donations may be made to the historical society at P.O. Box 684, Goodland, Kan. 67735 or by calling 899-6773.

#### books available

The 1901 "Life in Sherman County" books printed by the Sherman County Historical Society can be purchased at Knott Just Books or the High Plains Museum in Goodland.

Anyone interested in forming a bipolar disorder support group, should call Virginia Tucker at 899-5696. The support group would be for the family and friends of those with the disorder, as well as the patients.

#### school menu

Wednesday — Hamburger gravy, mashed potatoes, broccoli Normandy, hot roll, peaches and milk.

Thursday — Cooks' choice. Friday—Cheese pizza, lettuce salad, mation, call (316) 687-6283.

## hospital report

### Goodland Regional Medical Center

Admitted on Monday: Mary Boaz and Leland Terry, Sr., both of Goodland.

Dismissed on Monday: none.

Transferred: none. Specialists for Wednesday: none. Hospital weekly volunteer schedule Wednesday-Irene Kehlbeck, courtesy; Helen Armstrong, a.m. Thursday -Betty Saint, a.m.; Velma Holste, p.m.

#### Friday — Fern Hawks, a.m. animal shelter

Have you lost a pet? Call the Goodland Police Department at 899-4570. Are you interested in adopting a pet? Call the Northwest Kansas Animal Shelter at 899-6464.

### today in history

March 13, 1901 — Dr. Arthur Gulick entertained a few friends at the Brick Hotel. Whist (a card game similar to bridge) was the main feature of the evening, followed by a "well appointed" lunch.

From The Goodland Republic/Information provided by The Sherman County Historical Society

#### area events

Tobacco Support Group - A tobacco quitters support group meets from 7-8 p.m., Central Time, every Wednesday in the cafeteria of Citizens' Medical Center in Colby. Anyone who has a desire to stop smoking is urged to attend. For information, call (785) 462-8152.

La Leche League — The La Leche League of Northwest Kansas will have an informal meeting called "Avoiding Difficulties" from 2-4 p.m., Central Time, Sunday at the home of Sharon Shirley, 1820 W. Fifth, Colby. Mothers and their nursing babies, fathers, expectant mothers and any women wishing to learn more about breastfeeding are invited to attend. For information, breastfeeding help or breast pump rental, call Connie Davis at (785) 462-7188.

China Painting - The Kansas Federation of China Decorators 35th Annual Convention will be held April 5-7 at the Airport Hilton in Wichita. Admission is free to the convention floor. There will be displays of painted china, white china, porcelain bisque and supplies. For infor-

obituaries

Larry E. Conarty

died Monday, March 12, 2001, in

Goodland at the home of his mother

Funeral services will be at 10:30

a.m. Thursday at Bateman Funeral

Burial will be held at 3 p.m. Thurs-

**Durward B. Hoffman** 

Durward B. Hoffman, 88, Wichita,

brother of Goodland resident Hayward

Hoffman, died Monday, March 12,

He was born Nov. 2, 1912, at

Alice Conarty.

Home in Goodland.

2001. at Wichita.

John Hoffman.

day in the Norton Cemetery.

A full obituary will follow.

Larry E. Conarty, 45, Goodland,

health department as early as possible.

doctor will provide a variety of health exams for you and your baby. Included in these exams may be your blood type, Rh factor, how far along your pregnancy is and other exams to determine if you need special care during the pregnancy for any possible problems which may occur.

As part of your care, you should also request a confidential HIV test. Though, it would be better if you knew before getting pregnant that you might be HIV positive, since early treatment could help you and your baby.

In the interest of both the mother and the baby's health, you should know for sure if you may be infected with HIV, the virus which causes AIDS. If you are thinking of becoming pregnant and you are not sure if you may be HIV positive, you should plan on getting tested. There are things you can do to protect your baby. First find out if you are infected. If it has been six months since you were last tested, you should consider being tested again. If you are not infected there are ways of protecting yourself from HIV.

Each pregnant woman should be offered an HIV test as part of her prenatal care. If you are not offered an HIV test, you may request one from your doctor or from the nearest health department Doctors have found that the drug AZT where it is offered.

If you believe you are not infected, transmitting the virus to the baby. In one should you still be tested? Many women study, AZT reduced the transmission in are not aware that they have been exposed to HIV, because they do not believe possibility of this treatment for you and they have placed themselves at risk. You are at risk of contracting HIV if you have had unprotected sex (without the use of an appropriate latex condom, though this isn't a guarantee either). Even if it was only one time with someone who could possibly have been infected or if you have shared needles or syringes. It could be that you may not feel or look sick for up to 10 years, but are still be infected.

He was a retired supervisor for Cessa Aircraft.

His funeral service will be at 10 a.m. Central Time, Thursday at Resthaven Mortuary in Wichita.

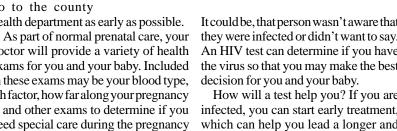
Visitation will be from 6 to 8 p.m., Central Time, Wednesday at the mortuary.

Other survivors include his wife, Elizabeth Hoffman, of the home; a daughter, Bonnie V. Bauer of Wichita: two other brothers, Richard Hoffman of Loveland, Colo., and Joe Hoffman of Boulder, Colo.; two sisters, Pearl Jewett of Topeka and Evelyn Haskins of Boulder, Colo.; four grandsons; and two great-grandchildren.

He was preceded in death by a Charden, the son of Ollie (Smith) and daughter, Eunice Lynn Hoffman; and his parents.

## **Pregnant? Visit doctor**, health department early

Are you pregnant or think you may be? There are a lot of things you can do to be sure you give birth to a healthy baby. It's important to talk with your doctor or go to the county



the virus so that you may make the best decision for you and your baby. How will a test help you? If you are infected, you can start early treatment,

which can help you lead a longer and healthier life. If you are not infected, you should continue to protect yourself. There are three ways of protecting your-

1. Abstinence (not having sex).

2. If there is a possibility that your partner has had sex with someone else or if at some time he or she has injected drugs. then you should use a latex condom each time you have sex, so that you may reduce the transmission of HIV.

3. Do not use injected drugs or share needles and syringes.

How will a test help your baby? A test will help your baby by alerting you to take any necessary treatment. If you are infected, you could transmit the virus to your baby, during your pregnancy, delivery or breast feeding. Without treatment, approximately one out of four babies of HIV infected mothers, will be born HIV infected. You should find out how to reduce the possibility of your baby acquiring the virus.

What kind of treatment is available? can greatly reduce the possibility of 67 percent. You may want to discuss the your baby with your doctor. If you would like to find out more about AZT and pregnancy, you may call the AIDS information hotline (1-800-342-AIDS) and request a copy of "You, Your Baby and AZT." It will explain more about having a healthy baby. How can you get a test for HIV? Ask your doctor for more information about HIV testing or call your local health department. The best way to protect your baby is to protect yourself.

Brewster boys go to state basketball tournament The Dawgs' did it again! So, it was off sally to Hays for the State Basketball Tournament on Thursday. No matter where they go from here, it's been an exciting year.



out, but by the next day will be great and I'm excited about it! he had a good idea of

the times they skied

before their kids came

Davidalsorecalled all want to wish Susan a complete and

Anne Lowe stopped in awhile ago, and things and enjoyed it said that the lady who helps her, Susan thoroughly. She and Martoglio has been in the hospital. We arres

# cris lovington

• prevention center

There will be lots of Brewster folks at the state games and the ones that aren't there will be rooting for the team at home.

Another exciting event will take place on Friday. Duane Jones will celebrate his 80th birthday with his family. His daughters and their husbands, Linda and Larry Hoffner of Greeley, Colo., and Monna Rose and Mike Blank of New Caney, Texas, will be home over the weekend. His grandsons and their families will also be in Brewster for the big day. I am sure there will be many others around to wish Duane a very happy day with many more to come. Duane's wife, Ruth, says he just seems to get younger and younger.

There's a sad note for Mike and Monna Rose, as Mike's father, Gail Blank, formerly of Grinnell, passed away this past weekend. There will be a memorial service for him on Saturday, March 17 at Grinnell. Our condolences to the Blank family on their loss.

Bud Parker of Denver was here for a few days to help his mother, Inace. He enjoyed the nice, warm weather we were blessed with at the first of the week. I think it made all of us want to rush spring a little, as the winter has seemed pretty long, already. I guess that's what happens when you have several mild winters, and then, whamo, we get hit with an old-fashioned winter, again. Of course, this one has been reasonably mild, except for some cold fronts that have gone through.

We have been hearing good medical reports on our grandson, Andrew Jordan. His heart seems to be getting stronger and he is gaining weight a little faster. His parents, Barry and Kim, said he will have tests and check-ups in the next few weeks that will tell them how things are going. We are looking forward to a really good

report! Barbara Springsteen and Violet Bowman returned home after several days in Hawaii and they thoroughly enjoyed themselves. They didn't stay over there long enough to get a taste for 'poi', though, but they could have brought me some! I really like it, or at least, I used to. I don't think a person would lose their taste for it, when it takes so long to develop it. Barbara did bring a pineapple back and shared it at the last potluck dinner at the Brewster Senior Center. It was quite tasty.

World Day of Prayer was well attended and the local churches were all included in the program. It is always special when the churches can join in worshipping the Lord together.

We send a belated congratulations to Lewis and Letha Patten on their 67th wedding anniversary. That is a long time, isn't it? Letha has been having some problems the past few weeks that slowed the celebrations down a little. We hope she is on the mend and feeling much better. We wish the same thing for their son, Vernon, as he also has been in the hospital

Last Friday, our Hays kids, Beth and David Ziegler, stopped on their way to Colorado for a ski trip with their kids, Nathaniel and Corinne, and members from their church. On their return home, we heard that other than Corinne being afraid of the ski lift and Nathaniel having a bumpy start on learning, they all had a great time. Beth says Nathaniel really had lots of falls and mishaps the first day

brewster beacon

along and they had a good time, too. Corinne learned all about the terrain at the foot of the hill. I have a feeling they will be planning more ski trips in the future.

Now, all of you area residents who are over 50, we have something special coming for you in April. A defensive driving class will be offered through the senior center on April 17 and 18. There will be a \$10 charge and it will last for four hours each day. The usual time is from 10 a.m. to noon and from 2 to 4 p.m. Books will be provided and the information gained will be invaluable for refreshing old driving habits or learning how to deal with adverse conditions, weather or human.

We can joke about Road Rage, but for anyone who has had someone really upset with them because of a misunderstanding or whatever, it is really scary. There will also be information about different medications and the effect they have on a person's driving. This class is from the "Fifty Five and Alive" program sponsored by the American Association of Retired Persons. Those who take it will often receive an insurance discount from their insurance company. Kathy Hapke will teach the class and I for one am looking forward to it. Naturally, I will have information and reminders up until the date, but if you are interested, I would appreciate you coming in and signing up. There will be no commitment, but it would be nice if Kathy could have an idea of how many might be interested. This

speedy recovery from whatever is bothering her. She is a very pleasant person and I look forward to becoming better acquainted with her.

Joyce Crabtree stopped in awhile ago. She and Willis were on their way to Hays to enjoy the tournament. They are looking forward to spending time with their daughter, Bonnie Holmes, and her husband, Shane, of Utica, and their children. Jovce refers to Bonnie's home as the Holmes Hotel, as it is so convenient for them when they are in the Hays area.

It seems there are an abundance of skunks in the area and some folks have really had a battle with them. Hopefully, the little stinkers will decide to move out of the populated area before too many more dogs or cats get sprayed with the distinctive perfume they use. The main thing, I guess, is don't leave food for your pets too close to your house, especially cat food.

On Sunday, following church services at the Brewster Methodist Church, there will be a special program on Germany. A dinner of German foods will be held, so bring a favorite dish if you have one. After the dinner, two German foreign exchange students who are attending school at Brewster will give an interesting program. Please mark this date on your calendar and invite friends and neighbors to this fun family fellowship.

I guess that's all for this time. Hope all of you have a safe and happy week. See you next time. If you have any news items, let me know, and I'll be sure to get them in this news column.

your vote

on April 3rd

for

Political ad paid for by Dean Blume

Many women have been infected because they didn't know that their sexual partner was infected with HIV or AIDS.

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