

# about our friends

## calendar

The Goodland High School **basketball teams** will hold their the annual **“Soap Scrimmage” at 6 p.m. Tuesday at Max Jones Fieldhouse.** Admission will be one bar of soap.

**Holiday Weekend Matinees: “Paulie” (PG),** Dec. 1-2, 1:30, admission is a donation to Genesis, sponsored by the Sherman Theatre; **“Galaxy Quest” (PG),** Dec. 8-9, 1:30, sponsored by theater; **“Shrek” (PG),** Dec. 15-16, 1:30, sponsored by the theater; **“How the Grinch Stole Christmas” (PG),** Dec. 22-23, 1:30, sponsored by theater.

**The Seventh Day Adventist Church** is honoring veterans at **11 a.m. Saturday.** The public is invited.

**The Elks Lodge** is holding their annual **memorial service at 3 p.m. Sunday,** for all departed members for the previous year. The public is invited.

The Goodland Chapter of the **Order of the Eastern Star** will host a Christmas dinner at **6 p.m. Tuesday, Dec. 4,** at the Masonic Hall, 519 Center. Members of the chapter and the Goodland Masonic Lodge are invited.

**Pioneer County Development Inc.** and the **Northwest Kansas Planning and Development Commision** will hold their annual dinner meeting at **6 p.m. Wednesday, Dec. 5, at the Elks Club in Hill City.** All persons interested in economic development in northwest Kansas are invited. To make reservations, call Kathie Terry at (785) 421-2151 by Tuesday.

Jody Tubbs of the **Kansas Commission on Veteran’s Affairs,** will be in Goodland from **1 to 2:15 p.m. Thursday, Dec. 6,** in the assembly room on the third floor of the courthouse, to assist veterans and their dependants with claims. You can call her office in Colby on Monday, Wednesday or Friday at (785) 462-3572.

Goodland High School will host the **6th Annual Senior Citizen’s Dinner at 11 a.m. Friday, Dec. 14.** Make a reservation before Wednesday, Dec. 12, at 899-5656 or 899-2397. Transportation is available.

## activities

The **Goodland Public Library** is displaying a **Korean War Exhibit** until **Saturday,** sponsored by the Goodland Chapter of the Daughters of the American Revolution.

**Born to Read** — The library offers **Story Time** for children under 3 from 5-5:30 p.m. on the **first and third Tuesday evening,** and 10-10:30 a.m. **every Friday.**

**Emotions Anonymous** — meets at **7:30 p.m. every Wednesday** at the Goodland Regional Medical Center board room.

**Century Families** — meets at **7 p.m. the second Monday** of the month at the Senior Center. For information, call 899-2835.

**TOPS Meetings** — Take Off Pounds Sensibly meets at **5:30 p.m. Mondays** in the small board room at the Goodland Regional Medical Center. Weigh-in is at 5 p.m.

**Aerobics Classes — 7:45 a.m. morning aerobics classes** are offered daily at the Goodland Activities Center. Marilyn Imel leads a step aerobic class on Monday, Wednesday and Friday. On Tuesday and Thursday, a less intense class is offered for those who are just starting their fitness routine or have physical, medical or age limitations. For information, call 899-7242

**House Tours** — Tours of the 1907 Victorian house at 202 W. 13th are offered from **1-5 p.m. Wednesdays through Sundays.** The admission fee will be used to support the Sherman County Historical Society.

**Water Testing** — A representative of the Northwest Local Environmental Protection Group will be available for a free well evaluation, including

testing for nitrates. To schedule an evaluation or discuss other environmental concerns, call the Sherman County Health Department at (785) 899-4888.

Kanorado native **Marilyn Stoddard** is the featured exhibitor for **November** at the Carnegie Arts Center. Her works include oils, acrylics, water color paintings and monotype works. Sponsors are Collingwood Grain of Kanorado and Rasure Lumber Do-It Center of Goodland.

**The center** is open from **10 a.m.-5 p.m. Tuesday through Friday** and from **1-4 p.m. Saturday, Sunday and Monday.**

## school lunch menu

**Tuesday** — Soup, crackers, carrot sticks, brownies, milk. **Wednesday** — Frito chili pie, lettuce, tomatoes, cheese, corn, 1/2 orange, milk. **Thursday** — Fish portion, buttered potatoes, broccoli, cookie, milk. **Friday** — Grilled cheese sandwich, potatoes, deviled eggs, pickle spear, frosted bananas, milk.

## school calendar

**Tuesday** — scholars bowl at Tribune, 3:30 p.m.; Basketball Soap Scrimmage, 6 p.m. at Max Jones Fieldhouse; 7/8 grade boys basketball at Oakley, 3:30 p.m. **Wednesday** — high school Science Olympiad meeting. **Thursday** — 7/8 boys basketball 3:30 p.m., 7/8 boys basketball “B” team at Cheylin, 3:30 p.m.; DECA fall conference, Kansas City. **Friday** — junior varsity and varsity basketball at Imperial, 5:30 p.m.; DECA fall conference, Kansas City. **Saturday** — DECA fall conference, Kansas City; Varsity wrestling at Kansas City; junior varsity, 9 a.m., musical benefit, high school auditorium, 7 p.m. **Sunday** — DECA fall conference, Kansas City; Junior Olympics volleyball at junior high gym.

## senior center menu

**Tuesday:** Lasagna, spinach salad, corn, bread, applesauce cake. **Wednesday:** Oven fried chicken, mashed potatoes with gravy, carrots, bread, rosy pears. **Thursday:** Tuna and noodles, peas, cranberry apple salad, bread, brownie. **Friday:** Chili, five cup salad, crackers, cinnamon roll.

## hospital report

**Goodland Regional Medical Center Admitted on Friday:** Victoria Becvar, Sharon Springs.

**Dismissed on Friday:** none

**Admitted on Saturday:** Nyla Finley, Goodland; Velma Lee, swing bed, Goodland; Robert Irvin, swing bed, Goodland.

**Dismissed on Saturday:** none.

**Admitted on Sunday:** Ethelyn Smith, Goodland; Rebecca Koel, Goodland.

**Dismissed on Sunday:** none.

**Specialists for Tuesday:** Darrell D. Werth, urologist; Raymond Ketting, pediatrician.

**Hospital Volunteer Schedule:** **Tuesday:** Beulah McClung, p.m. **Wednesday:** Carmelita Clark, courtesy; Roger Collins, p.m.

## today in history

**November 26, 1901:** The ladies of the W.R.C. held a banquet in their hall Saturday to which the G.A.R. were guests. A long table was arranged in the hall and was loaded with substantial but also with all the delicacies of the season. The table was filled twice and there was plenty.

From *The Goodland Republic*; information provided by the Sherman County Historical Society.

## animal shelter

Lost a pet? Call the Goodland Police Department at 899-4570. Interested in adopting a pet? Call the Northwest Kansas Animal Shelter at 899-6464.

# Sedative-hypnotics cause nausea and death

What are sedative-hypnotics? They are drugs which depress or slow down the body’s functions. Often these drugs are refereed to as tranquilizers and sleeping pills or sometimes just as sedatives. Their effects range from calming down anxious people to promoting sleep.

Both tranquilizers and sleeping pills can have either effect, depending on how much is taken. At high doses or when abused, many of these drugs can cause unconsciousness or death.

Barbiturates and benzodiazepines are two major categories of sedative-hypnotics. the drugs in each of these groups have similar chemical structures. Some well known barbiturates are secobarbital (seccinal) and pentobarbital (nembutal). Diazepam (valium), chlordiazepoxide (librium) and chlorazepate (traxene) are examples of barbiturates. A few sedative-hypnotics do not fall into either category. All of these drugs can be dangerous when they are not taken according to a doctor’s instructions.

Sedative-hypnotics can cause both physical and psychological dependence. regular use over a long period of time may result in tolerance, which means a person has to use increasingly larger amounts to get the same affect. When regular users stop taking large



**cris lovington**  
● prevention center

doses of these drugs suddenly, they may suffer withdrawal symptoms, ranging from restlessness, insomnia and anxiety, to convulsions and death. When users become psychologically dependent, they feel as if they need the drug in order to function. Finding and using the drugs becomes the main focus of life.

Combining sedative-hypnotics and alcohol is especially dangerous. The use of these drugs with other drugs which slow down the body, such as alcohol, multiplies the effects and greatly increases the risk of death. Overdose deaths can occur when barbiturates and alcohol or used together, either deliberately or accidentally.

Sedative-hypnotics can affect an unborn fetus. Babies born to mothers who abuse sedatives during pregnancy may be physically dependent n the drugs and suffer withdrawal symptoms after they are born. Their symptoms may include breathing problems, feeding difficulties, disturbed sleep, sweat-

ing, irritability, and fever. Many sedative-hypnotics pass through the placenta easily and have caused birth defects and behavioral problems in babies.

Barbiturates are often called “barbs” or “downers.” Barbiturates which are commonly abused include amobarbital (amytal), pentobarbital (nembutal), and secobarbital (secondal). These drugs are sold in capsules and tablets and sometimes in a liquid form or suppositories.

The affects of barbiturates are in many ways similar to the effects of alcohol. Small amounts produce calmness and relax muscles. Somewhat larger doses can cause slurred speech, staggering gait, poor judgment and slow, uncertain reflexes. These symptoms make it dangerous to drive a car or operate machinery. Large doses can cause unconsciousness and death.

Barbiturate overdose is a factor in nearly one-third of all reported drug related deaths, including suicides and accidental drug poisonings. Accidental deaths sometimes occur when a user takes one dose, then becomes confused and unintentionally take additional or larger doses. With barbiturates, there

is less difference between the amount which causes sleep and the amount which kills. Barbiturate withdrawal can be more serious than heroin.

All sedative-hypnotics can be abused, including benzodiazepines. The drugs are sold on the street as downers.

Mathaqualine (“sopers,” “ludes”) was originally prescribed to reduce anxiety during the day and as a sleeping aid. The dangers from abusing methaqualine include injury or death from car accidents and convulsions, coma or death from overdose.

Sedative-hypnotic “look-alikes” are pills manufactured to like real sedative-hypnotics and mimic their effects. Sometimes look-alikes contain over-the-counter drugs such as antihistamines and decongestants, which tend to cause drowsiness. The negative effects can include nausea, stomach cramps, lack of coordination, temporary memory loss, becoming out of touch with surroundings, and anxious behavior.

If you would like more information about sedative-hypnotics or other drugs, please call the center at 899-3848, or come by the center at 109 E. 17th, Suite 212.

His supporters celebrated in Tegucigalpa’s streets as Maduro declared victory. “We’ll start by ensuring that everybody obeys the law as it has never been obeyed before,” said Maduro, a 54-year-old businessman with interests ranging from agriculture to hotels. He served as president of the Central Bank under former president Rafael Callejas from 1990 to 1994.

Maduro’s own son was killed by gunmen in 1997. Maduro visited New York City earlier this year, where he met with police, and came back saying he wanted to copy the “zero tolerance” anti-crime program that dramatically improved safety there.

# obituary

## Karen Kay Unger

Karen Kay (Ritter) Unger, 55, a long-time Garden City resident who had relatives in St. Francis, died Sunday, Nov. 25, 2001, at St. Catherine Hospital in Garden City.

She was born April 15, 1946, in Denver, the daughter of Edward Michael and Dorothy (Atteberry) Ritter.

She graduated from Douglas County High School in Castle Rock, Colo., in 1964. She was a meter reader for People’s Natural Gas in Brighton, Colo., for two years and then transferred to Garden City. She retired after 17 years with the company. She had lived in Garden City since the early 1980’s.

Her interests were crocheting, dancing, and family activities.

Services will be held 9 a.m. Wednesday, Nov. 28 at Garnand Funeral Home in Garden City and at 2 p.m. Wednesday at St. John United Church of Christ in Idalia, Colo. Visitation will be from 9 a.m. to 8 p.m. Monday and Tuesday at the funeral home.

Survivors include two sons, Wade and Frank Unger of Garden City; a daughter, Anna Hahn of Garden City; here mother and stepfather, Dorothy and Lyle Cook of St. Francis; three brothers, Buyrel Ritter of Mullinville, Lloyd Ritter of Kiowa, Colo., and Wayne Ritter of St. Francis; and 11 grandchildren.

A memorial has been established under her name, in care of the funeral home, 412 N. Seventh St., Garden City, Kan. 67846

# matters of record

## POLICE REPORTS

These reports are from the Goodland Police Department blotter.

**Nov. 15** — Marty R. Cress reported auto burglary and damage to property at 500 E. 14th

Jason Davis and a juvenile were arrested and charged with disorderly conduct, obstruction of legal process, and underage drinking, 611 E. Hwy 24, 8 p.m.

**Nov. 16** — A warrant was issued for the arrest of Marshall Carson for parole violation.

Kleine Motor Company reported slashed tires at 630 W. Hwy 24.

**Nov. 17** — Michael D. Imes was charged with driving under the influence, driving while suspended, no proof of insurance, and defective lamps at 1:50 a.m.

2 juveniles were arrested for consumption of alcohol at 10 p.m. at 10th street and Cherry

**Nov. 18** — Anthony M. Chaffman reported the violation of a protection order and criminal trespass at 9 a.m.

Dorothy A. Schull reported a damaged windshield at 9:30 p.m. at 2420 Commerce Road.

Scarlett R. Austin was arrested on a warrant for Sherman County at 11:21 a.m. at 813 Broadway.

**Nov. 19** — Jason G. Miller and Allen Nelson were arrested for possession of stolen property and forgery against Jake W. Riley at 3:11 p.m. at 202 E. 11th accidents

## Accidents

These traffic accidents were reported by the Goodland Police Department:

**Nov. 10** — At 12:40 p.m., a 1992 Mazda owned by Paul J. Sloan struck the building at 2325 Enterprise Rd. and drove away.

**Nov. 14** — At 7:54 a.m., an unknown vehicle struck a parked 2001 Chevy owned by Thomas Hellerud at 13th Street and Cherry and fled the scene.

**Nov. 15** — At 7:08 p.m., a 1986 Mercury driven by Eric Winder pulled into the intersection at 21st Street and K-27 and struck a 1990 Ford driven by William Gramm.

**Nov. 16** — At 5:34 p.m., a 1997 Ford driven by Marcus Overmiller and a 1992 Chevrolet driven by Quenton McCombs collided at 11th Street and Main.

**Nov. 17** — At 10:05 p.m. a 2000 Freightliner driven by Ralph J. Green backed into a 1998 International owned by Mike Evans Trucking at 2710 Commerce Rd.

# Goodland couple honored at meeting

Steve and Marcia Evert were honored for their years of support to K-State Research and Extension and Sherman County Extension at the annual meeting Nov. 20.

Steve has served on the Ag Program Development committee for six years and as chairman of the executive board for three years. He was also on the Northwest Kansas District Free Fair board for 20 years, serving as the president for 10.

Marcia has been a leader for the Country Clovers 4-H Club and a county project leader in clothing and foods. She also served on the Family and Consumer Sciences program development committee.

Their sons, Nick and Alex, were 10-year 4-H members and served as project leaders. Alex started at an early age as an honorary fair board member and still serves on the board today.

Steve served as the swine project leader for years. Under his leadership, the project went from about 40 entries to a high of 250 entries at the fair. Steve also started a program for the replacement of wooden stalls with the modern steel stalls. Under his leadership, the show ring was expanded and moved into the west barn now known as the

Show Arena.

Steve and Marcia are both active in the community, Marcia works in the school system and Steve is active in the emergency medical program both as an ambulance volunteer and as a Agrisafe trainer. Under his leadership, numerous Agrisafe programs have been conducted in western Kansas. The program is to train other emergency medical technicians and the public the best way to assist agricultural accident victims when they arrive on the scene.

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