

about our friends

calendar

The City of Goodland is offering free dog licenses from **8 a.m.-5 p.m. Today** at the City Administration Building, 204 W. 11th Street. Free licenses will be available from the city clerk with written proof of a current rabies vaccination.

Girl Scout cookie sales will begin **Today** and run through Friday, Feb. 1. If you have not been contacted by Jan. 31, call Jeannie Topliff at 899-5133 or Mary Reasoner at 899-5054.

The High Plains Roosters will hold their second annual Pheasants Forever Banquet at **5 p.m. Saturday** at the Veterans of Foreign Wars. The **prime rib dinner is \$15**. An auction and a drawing will follow.

Goodland High School Site Council meeting will be at **7 p.m. Monday** in the ITV class room at the high school.

SHARE pick up will be from **9 to 10 a.m. Saturday, Jan. 26**, at 824 Main for the January distribution of low-cost food.

"Sew Bee It" — will that be the name of the newly-organized needle club of Goodland? Bring your name ideas to the next meeting from **7-9 p.m. Thursday, Feb. 14**, at Wheat Ridge Acres. The name contest will end on **March 14**.

activities

Born to Read — The **Goodland Public Library** offers **Story Time** for children under 3 from 5-5:30 p.m. on the **second and fourth Tuesday evening**, and 10-10:30 a.m. **every Friday**.

Emotions Anonymous — meets at **7:30 p.m. every Wednesday** at the Goodland Regional Medical Center board room.

Century Families, for people whose family came to Sherman County more than 100 years ago, meets at **7 p.m. the second Monday** of the month at the Senior Center. For information, call 899-2835.

The **Goodland Development Corp.** meets at **6:30 p.m. every Tuesday** at 910 Main. Call 899-2342 or 899-6200 for information.

Aerobics Classes — **7:45 a.m. morning aerobics classes** are offered daily at the Goodland Activities Center. Marilyn Imel leads a step aerobic class on Monday, Wednesday and Friday. On Tuesday and Thursday, a less intense class is offered. Call 899-7242

TOPS Meetings — Take Off Pounds Sensibly meets at **5:30 p.m. Mondays** in the small board room at Goodland Regional Medical Center. Weigh-in is at 5 p.m.

Family, Career, and Community Leaders of Goodland High School holds **Little Brothers and Little Sisters** the **third Thursday** of every month. High school students will play games, create crafts, and share snacks with pre-school children at 3:30 p.m. in the home economics room or cafeteria.

House Tours — Tours of the 1907 Victorian "Handy House" at 202 W. 13th are from **1-5 p.m. Wednesdays through Sundays**.

Water Testing — A representative of the Northwest Local Environmental Protection Group will be available for a free well evaluation, including testing well water for bacteria and nitrates. To schedule an evaluation or discuss environmental concerns, call the Sherman County Health Department at 899-4888.

The **Carnegie Arts Center** will be closed in January. The center will reopen in **February from 10 a.m.-5 p.m. Tuesday through Friday** and from **1-4 p.m. Saturday, Sunday and Monday**.

school calendar

Saturday: Varsity wrestling at

Hays. Varsity basketball at Orange and Black Classic in Colby. Fifth grade basketball 10-11 a.m. at Max Jones Fieldhouse and high school gym. Girls junior varsity basketball tournament 8 a.m. at Rexford. **Sunday:** Open gym 1:30-3:30 p.m. at Max Jones Fieldhouse. Junior Olympic volleyball 1-3:30 p.m. at junior high gym. **Monday:** "C" team boys' basketball vs. Weskan 5 p.m. Goodland High School gym. **Tuesday:** Gold Day. Seminar — DECA/FCA. Department head meeting. Junior class student/parent meeting 7:30 p.m. in the cafeteria. Black and Gold Booster Club meeting 6:30 p.m. in Mrs. Short's room. City/County recreation department sports 7:30 p.m. high school gym. **Wednesday:** Black Day. Seminar — Science olympiad. City/County Rec. sports 7:30 p.m. Max Jones Fieldhouse and junior high gym. **Thursday:** Gold Day. Seminar — AFS/NHS. Financial Aid night for seniors 7 p.m. in the cafeteria. City/County Rec. sports 7:30 p.m. high school gym. **Friday, Jan. 25:** Black Day. Varsity, junior varsity and "C" team basketball 3:45 in Oberlin. Dismiss 12:45 and 1:45 p.m.; depart 1 and 2 p.m. **Saturday, Jan. 26:** NWKL Wrestling 8:30 a.m. at Oakley; depart 6:30 a.m. Junior varsity wrestling 8 a.m. at Hoisington. Varsity and junior varsity basketball 4 p.m. here vs. Hugoton. Knights of Columbus 9-noon in high school gym. AFS Lock-in 7 p.m. library and high school gym. Fifth grade basketball 10-11 p.m. Max Jones Fieldhouse. **Sunday, Jan. 27:** Open gym 1:30-3:30 p.m. Max Jones Fieldhouse. AFS Lock-in over at 7 a.m. Dana Murray's team in high school gym 2-4 p.m.

Friday, Jan. 25, and entries at the gallery by **Tuesday, Jan. 29**. Call Brenda Meder at (785) 625-7522 or write to 112 E. 11th St., Hays, Kan., 67601 for information.

The Northwest Kansas Area Health Education Center will offer **Trauma Care Basics** from **10 a.m. to 4 p.m. Monday, Jan. 28**, at 303 Main, Atwood, and **The Trying Trio: Stress, Depression, and Suicide**, from **10 a.m. to 3 p.m. Wednesday, Jan. 30**, at 221 W. First, St. Francis. To register, call (785) 628-6128.

crimestoppers

If you have information about any crime, call the Goodland Area Crime Stoppers "Look Line" at 899-5665. Your call will be confidential and you will not be asked your name. If the information you give results in the arrest and/or conviction of those involved, you could be eligible for a reward of up to \$1,000. The Goodland Area Crime Stoppers is a nonprofit organization formed by citizens against crime.

child care issues

If you have questions, concerns or complaints about child care in Sherman County, call the county health department office at (785) 899-4888.

family shelter

The Northwest Kansas Family Shelter provides services day or night to victims of domestic violence and sexual assault. Weekly support groups are available for women and children in the northwest Kansas area. For information or assistance, call toll-free (800) 794-4624.

tree donations

Many trees at the Goodland Cemetery have died and the cemetery board is trying to replace them. Contributions for the Goodland Cemetery Memorial Tree Fund can be left at Koons or Bateman funeral homes or sent to the Goodland Cemetery Board, Box 59, Goodland, Kan. 67735. Donations may be made in memory of a loved one.

animal shelter

Lost a pet? Call the Goodland Police Department at 899-4570. Interested in adopting a pet? Call the Northwest Kansas Animal Shelter at 899-6464.

free trees

Ten free flowering trees will be given to each person who joins the **National Arbor Day Foundation** during January. Membership requires a \$10 contribution to be mailed to: Ten Free Flowering Trees, National Arbor Day Foundation, 100 Arbor Ave., Nebraska City, Neb. 68410 by **Jan. 31**. The free trees will be shipped postpaid at the right time to plant them.

correction

In Thursday's edition of *The Goodland Daily News*, an article titled "District can't afford baseball program," mistakenly said Dick Liess, athletic director, proposed adding a boys baseball program to the school board. Liess actually presented another group's proposal and noted that the district couldn't afford it and may have to cut some current sports programs. This was a reporting error.

today in history

Jan. 18, 1902: Subscribers for 110 telephones with 80 phones working. Business rates: \$2 per month. Residences: \$1 per month.

From *The Goodland News*; provided by the Sherman County Historical Society.

area events

The **Hays Art Council** is seeking entries for its **Five-State Photography Exhibition**. Entry forms are due

Body art on the increase



cris lovington

• prevention center

Tattooing, piercing, branding, stretching, scarification, body art? Whatever you want to call it, it is on the increase.

What was once limited to a select population, now includes both sexes and spans many socioeconomic and occupational groups. Body art is highly personal and usually represents a carefully chosen "statement."

Following is an overview of the care, complications and considerations associated with this practice. Consider the complications of body piercing and tattooing include infectious disease transmission, i.e., HIV, Herpes, HPV (warts), Hepatitis, Tetanus, Toxic Shock Syndrome, etc.

Non-infectious complications of tattoos and piercing include tooth damage from tongue piercing, urethral or labial tears, allergic reactions, speech impairments, keloid formations, basal carcinomas, malignant melanoma, rejections and migration of jewelry.

Regulations of tattoo parlors or piercing places is unregulated in most states. Cleanliness and sterilization will depend on the ethics of the individual. Things to consider are cleanliness of the place, reputation of the shop, sterilization of equipment and surrounding surfaces, etc.

Check to see if the instruments are individually wrapped and sterilized. A reputable shop will not mind you asking these questions. They will be proud of their shop and invite questions.

The use of piercing guns increases incidence of infection. Piercing guns are used mostly in mall complexes, etc. Sterilization and cleanliness is also a problem with piercing guns.

Issues that should be discussed between client and owner include:

- Body site selection - tattoos applied where rubbed, i.e., on foot where shoe rubs, will have to be re-inked yearly. Hands and feet are least desirable places to apply body art, as the image wears off and jewelry is irritated when rubbed by a shoe or sock.

club news

The January monthly meeting of the Prairie Dale 4-H Club was held Monday at the 4-H building. The meeting was called to order by Brian Coon filling in as President.

Flag Salute was followed by Roll Call answered by "your New Year's Resolution." Twenty-one members and two leaders answered roll call. There were 13 parents and a guest and one pre-4-Her present also.

The leaders and council members reported the following dates: KAA are due at the extension office on Jan. 24th. Steer weigh-in is Feb. 22, 23, and 25. Brain Coon and John Mosbarger volunteered to help with this.

- Jewelry should be nickel free.
- Body piercing and incidence of infection on certain body sites.
- Care of sites after application.
- Obtain dye lot numbers of dyes used in tattoos, as some dyes become sensitive to sunlight later on.

Post care is equally important. Always wash hands before caring for the fresh tattoo. Remove bandage in 2-4 hours, do not re-bandage.

Wash tattoo with warm, soapy water, rinse with cold water. Pat dry, but do not rub with towel.

Prevent drying by applying vitamin A and D ointment 3-4 times daily until healed. Apply sun block to tattoo after healing to prevent fading of the dyes.

Do not apply Neosporin or triple antibiotic ointment to area. These tend to cause an allergic reaction.

Wash hands before caring for piercing. Avoid alcohol or hydrogen peroxide, Neomycin and cosmetics.

Regular cleansing with antibacterial soaps or salt water soaks will remove crusting. Avoid the irritation of tight clothing, which can promote migration/rejection.

Keep piercing away from partners' body fluids, such as saliva, blood or sexual fluids.

Avoid swimming until piercing is healed. Oral piercing should be rinsed with salt water or an antiseptic mouthwash after eating.

Avoid hydrogen peroxide rinses. Genital piercing, urinate after cleaning the piercing (urine is sterile). Abstain from vigorous contact until healed. A condom or dental dam should always be used.

Site specifics: ear infection is least

likely on earlobes. Rates increase on other parts of the ear.

Average healing time is 6 weeks. Dangers increase when piercing is applied on cartilage of

the ear. Cartilage necrosis is a danger and sometimes results in "floppy ear."

Eye brow — Average healing time is 6 weeks. If piercing is done correctly, there is a slight curve to eye brow jewelry so that brow will lay flat. Eye brow should not be pushed out by jewelry.

Nose — Average healing time is 6 weeks to 9 months. Area is especially susceptible to infection as some people normally carry nasal Staph.

Mouth/Tongue/Lip — Average healing time is 8 weeks. Sites are prone to infection because of oral pathogens. It is especially important for tongue applications to fit snugly. Greatest complications of jewelry applied to these sites is dental fractures. Usually around 4 months after piercing, teeth become fractured, especially by jewelry that is too large for the individual's tongue. In this type of piercings, use salt water gargles only. Do not use hydrogen peroxide.

Nipple — Healing time is 6-8 weeks. Females should consider the possibility of future breast feeding. Some individuals develop tissue at the site.

Belly button — Healing time is greater than six months. This piercing takes longest to heal. There is a 50 percent rejection/migration average at 1 year. Tetanus has been documented in some of these piercing.

Genitalia — Varied healing times. Strongly consider the danger of STD's, and oral pathogens that can contaminate the site.

Complications of tattooing are rare. Piercing complications are more common. The most important thing to remember — your safety is the prime consideration.

piece on the piano titled "Arabesque." For recreation Jace Mosbarger lead the group in a "Football toss."

The next meeting will be at 7 p.m. Monday, Feb. 11, at the 4-H building. Jace Mosbarger moved to adjourn the meeting with the Club Motto and was seconded by Jonathan McClung. Refreshments were served by the Hall and Schilling families.

Internet tonight!
Call 899-2338.

TEXAS RED'S BAR-B-Q

AT
Goodland WAL-MART
Monday Jan. 21 – Saturday Jan. 26
Beef brisquet • Turkey Breast
Chicken Halves • Sausages • Pork Ribs

Thank You

I want to thank the people of Goodland and our surrounding communities for supporting my business the past 4 1/2 years. I've never had a job I have enjoyed so much. Being in a position to meet and become friends with so many of you has truly made me feel like I'm at home here in Goodland.

I also have a special thank you to Darrell and Sharon for giving me this opportunity. Craig and I thought it would work, and it didn't take much to convince them. They have been wonderful to give me total support of all my ideas, and the freedom to come and go as needed. It wasn't only a place to work but an extension of home.

Thanks also to my kids, and entire extended families. There aren't many King's or Mann's who haven't, at some time, pitched in to help in some way. Also to the different part-time employees we've had along the way. Especially Jane Philbrick for helping us through this transition, and for being such a great friend. We couldn't have done it without all of you!

I hope you'll continue to enjoy the beautiful jewelry and new gift and decor items that the Mann's will be bringing you.

Thank you again for your support & friendship.

Julie Mann

ENJOY
TONIGHT AT THE MOVIES
AT THE MOVIES
The
Goodland Daily News
SUBSCRIBER
Maxine Rauscher
You receive two free passes to see
The Lord of the Rings
PG-13
Sherman
1203 MAIN - Phone 899-6103
Present Ticket at Box Office
Tickets are Non-Transferable

Jones Land Company
Let us light your way...
Residential Real Estate
Farm and Ranch

241 Cherry
This bi-level home features over 1700 sqft., 4 bedroom, 1 & 3/4 baths, attached double car garage, central heat and air and a large back yard. Call Joyce for more information.

Other fine listings:

Lots-Westmoor Acres	222 W. 9th	524 E. Hwy 24 (Com.)	318 Broadway
1528 Colorado	605 E. 5th	7005 Cty. Rd. 5 (pending)	817 Eustis (pending)
1023 Caldwell	1019 Caldwell	412 & 412 1/2 Center	17th & Montana lots
1323 Caldwell	815 Harrison	1501 Caldwell	1104 Cherry
241 Cherry	Lots Toelkes	1312 Harrison	408 W. 11th (pending)
301 Center	Lots Broadway	1003 E. Hwy 24 (Com.)	1108 Caldwell
802 E. 5th	1506 Center	217 N Kennedy	126 N Clark
403 & 411 Cherry	1016 Sherman	(Sharon Springs)	
1311 Arcade			

Call Joyce to look at any of these fine houses.

115 E. 9th • Goodland, Kansas
jbboc@www.webservice.net
www.joneslandco.com • (785) 899-0500
Robert Jones/owner/broker • (785) 899-6135
Joyce Boehme/residential agent • (785) 899-3548

RURAL HEALTH VENTURES

SPECIAL WOMEN'S CLINIC

Sponsored by Rural Health Ventures
January 29, 2002
6:00 PM to 8:30 PM
Rural Health Ventures Clinic
106 Willow Road
Goodland, Kansas

A special pap smear and breast exam clinic will be held to give women an opportunity to take care of themselves. This will NOT be a complete physical, ONLY pap smear and breast exam.
NO upfront costs—your insurance will be billed.
Call Jenna at 785.899.6075 to schedule your time.

Medical Staff:
Dr. Natalie Griego, Dr. David Younger,
Mary Shy, ARNP; Jackie Jorgensen, ARNP;
Sondra Krayca, ARNP