

Freshmen lose back-to-back games

The Cowgirls freshman basketball team has a 0-7 season record after losing two games at a junior varsity tournament in Rexford on Saturday, but Coach Mitch Hixson says that doesn't indicate the team's progress this year.

"Of course we're disappointed in our record," he said, "but that doesn't mean the girls aren't becoming a solid team."

Despite losing 45-27 to Golden Plains and 40-25 to Grinnell, the coach said, the Cowgirls kept a strong defense and stayed in both games.

"I'm really proud of the way the girls played," he said. "We played man-to-man and full-court press for the entirety of both games. The girls gave a great effort and were solid defensively."

The freshman competed against older, more experienced players, but the coach said they tried their best.

"We were playing against sophomores, juniors and even some seniors,"

he said, "but they didn't back down."

In the first game against Golden Plains, Coach Hixson said, the Cowgirls forced 44 turnovers.

It took awhile for Goodland to warm up, as they only scored 4 points in the first quarter, compared to Golden Plains' 8. But the team played a better second quarter, bringing in 10 points to end the half down 24-14.

Though the Cowgirls had a strong second half, they couldn't rise above the more-experienced Golden Plains team. The coach said the team has short slumps in their game which allows their opponents to get the upper hand.

"There is three to four minutes in



each game," he said, "where we are outscored. There are spurts where we give up points."

Emily Burkett led the team in scoring against Golden Plains, bringing in 9 points. Whitney Carmichael and Gami Cloyd each brought in 6 points and Abby Murray, Shannon Showalter and Aubrey Winter 2 each.

Out of 10 attempted free throws, the girls made 7.

The Cowgirls again started slow against Grinnell, but managed to pick up the pace against tough competitors, scoring 13 points in the final quarter to Grinnell's 12. The teams' inability to hit free throws hurt their score, as they only made two of seven.

sports briefs

NEW YORK (AP)— Adding a slugging outfielder didn't come easy for the Mets.

After being spurned by Juan Gonzalez, the New York Mets pulled off a three-team, 11-player trade, acquiring Jeremy Burnitz from Milwaukee and sending Glendon Rusch to the Brewers and Todd Zeile to Colorado on Monday night.

Burnitz returns and joins a lineup with newcomers Roberto Alomar, Mo Vaughn and Roger Cedeno.

New York received pitcher Jeff D'Amico, infielder Lou Collier, outfielder Mark Sweeney and cash from Milwaukee.

They got two minor leaguers from Colorado: infielder-outfielder Ross Gload and pitcher Craig House.

The Brewers added a left-handed starter in Rusch, as well as outfielder Alex Ochoa from Colorado and infielder Lenny Harris from New York.

The Rockies filled their hole with Zeile. The Mets will pay about half of Zeile's contract.

Rams getting more out of practice

ST. LOUIS (AP) — Torry Holt is getting something extra out of practice sessions this season.

He has Aeneas Williams to thank for it.

Williams was the highest-profile addition to a St. Louis Rams defense that has been so revitalized it ranked third in the NFL this season. Not only has the All-Pro cornerback become a central figure on that unit, but he's helped an offense that already was the most prolific in pro football.

"It's fun facing Aeneas," Holt, the Rams' leading receiver, said Monday. "He's a challenge. He puts his hands on you well, he can still run, he plays the ball like a receiver. He gets you ready. If you go up against Aeneas and win some battles, you come out of that day feeling good."

Everyone on the Rams' vastly improved defense is feeling pretty good after a 45-17 rout of the Green Bay Packers in which St. Louis had six interceptions and recovered two fumbles. Williams, who will turn 34 during Super Bowl week, ran back two interceptions for touchdowns, an NFL playoff first.

He also stole the ball from Antonio Freeman after the Packers' wide re-

ceiver made a reception.

That's the kind of stuff the Rams have come to expect from Williams, who spent a decade losing in Arizona. That merely heightened his thirst for winning.

"This feels great," Williams said of being a victory over Philadelphia away from the Super Bowl. "It's been a journey. A lot of times in life, you just need opportunities. What this organization has done for us as players is give us a tremendous opportunity to succeed."

The way the defense succeeded against the Packers hadn't been seen in the NFL since 1940.

Rookie linebacker Tommy Polley had two pickoffs of Brett Favre, returning one for a score. Kim Herring and Dexter McCleon also had interceptions.

"It begins to sound like a broken record, but you start with Aeneas," coordinator Lovie Smith said.

The Rams hired Smith from Tampa Bay, where he was the linebackers coach for five years. Then they brought in eight new starters, including Williams.

"Aeneas is one of the oldest players at practice, but at the level he goes, he runs to the end zone every time he

catches the ball. He writes down every word at meetings. This is an All-Pro player doing this.

"Young players see him doing it and before long, it becomes habit." Losing was a habit in Arizona, where the Cardinals went 56-104 in Williams' 10 seasons.

They had one winning record, 9-7 in 1998, when they were 1-1 in the postseason. There also was a .500 season. Otherwise, a lot of bad football.

But the Rams knew what Williams was about. And it wasn't losing.

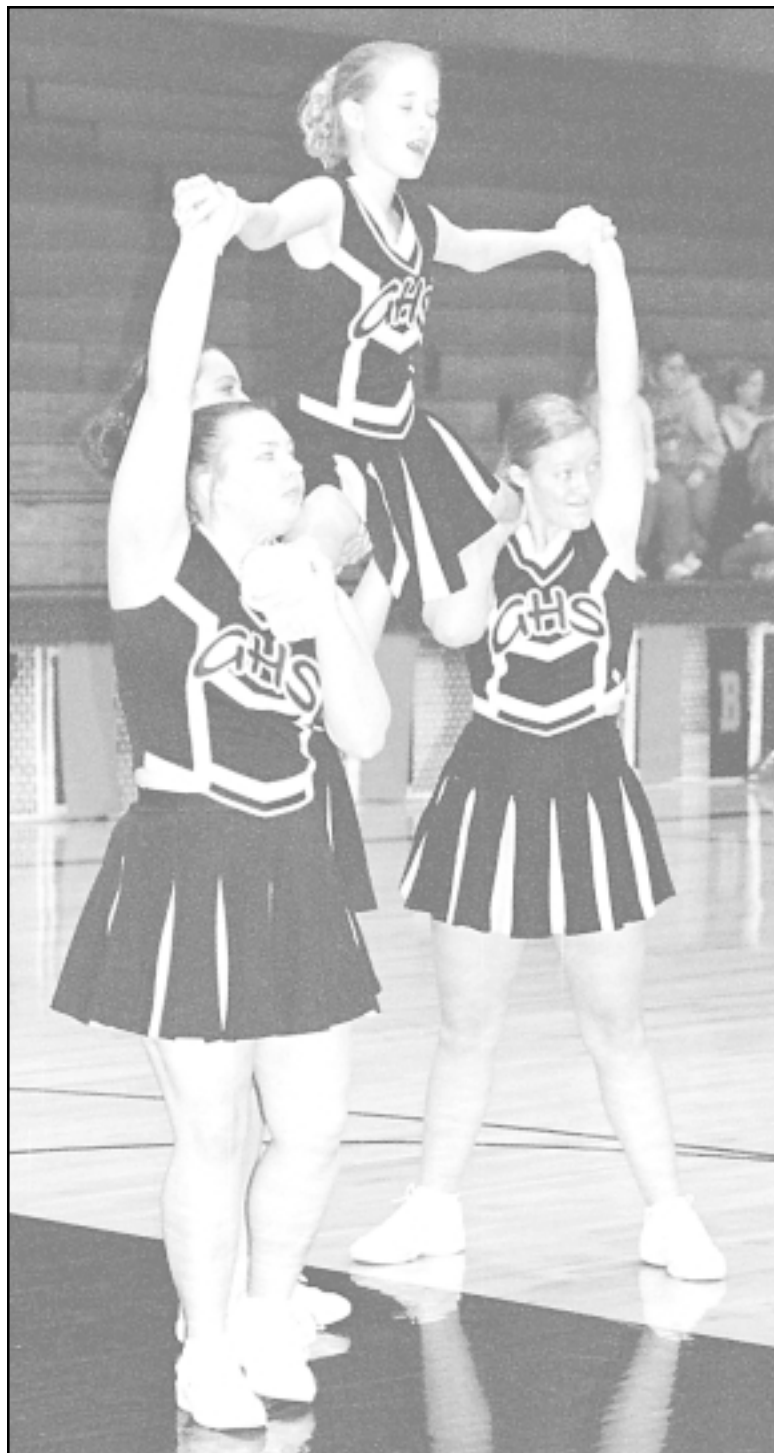
"Aeneas shows you how to conduct yourself and how to go to work," rookie safety Adam Archuleta said. "You watch him, every day he is the same guy. He takes notes in meetings, he studies film, and in practice he works hard every day."

Smith, who saw a strong secondary every day at practice when he was with the Bucs, sees the same now with the Rams.

Even though that unit includes only one holdover, McCleon, it has found consistency and continuity. Smith credits Williams.

"We as coaches know we are blessed to have a chance to work with him," he said.

Supporting their team



Goodland cheerleaders formed a small pyramid Saturday while the Cowboys faced Liberal at the Colby Community Building. Photo by Rachel Miscall/The Goodland Daily News

bowling results

Monday Afternoon Ladies League
Jan. 7
Medical Arts Pharmacy split Callahan's 2-2
KLOE split Clawson's 2-2
Bowladium Lanes over Mann's Jewelry 3-1
Individual high game: Lori Amthor-242

Individual high series: Lori Amthor-575
Team high game: Clawson's-638
Team high series: KLOE-1816
League Standings: No. 1 38, 30; No. 2 Bowladium, Mann's Jewelry 37-31; No. 3 KLOE 36, 32.

Oklahoma State mourns on anniversary of plane crash

KANSAS CITY, Mo. (AP)— As the first anniversary of the tragic Oklahoma State plane crash drew near, coach Eddie Sutton was preparing to address his team.

Unless the players requested a formal observance, the Cowboys planned to let everyone just spend a quiet Sunday with their families.

There will also be a moment of silence before Oklahoma State's home

game Saturday against Colorado, the team the Cowboys had just played last Jan. 27 when a small plane headed back to Stillwater crashed in a storm.

Ten people associated with the Oklahoma State program died.

"You've just got to fight through it and keep going and be as respectful as that with the team pretty soon. But there hasn't been anything yet."

All around the Big 12, memories of

the night that sent shock throughout college basketball remain vivid.

"The tragedy's always in the back of our mind, especially in our league," said Barry Collier, whose Nebraska team will visit Oklahoma State Wednesday night.

"I also think while we never, never want to forget those men, it is a situation where time has allowed us to try to focus on the task at hand."

dart results

Wednesday Nite Darts
Jan. 9
Just Us over 3MATA3 13-3
No Luck over Can't Get Started 10-6
Bad A's split Silver Bullets 8-8
4th Round Out: Mark Wear (2), Duane Hanke (2)
9 Dart Out: Kevin Delano, Duane Hanke
Hat Tricks: Paul Simons, Mark Wear, Duane Hanke (2)
Most Tons: Paul Simons (6), Mark Wear (6),

Kevin Delano (4), Woody Woodard (4), Louis Yarger (4), Duane Hanke (4).
Most Wins: Duane Hanke (7), Melody Abbott (4), Mary Delano (4), Mark Wear (5), Bryan Varney (4).
Jan. 16
Can't Get Started split Silver Bullets 8-8
Just Us split No Luck 8-8
Bad A's over 3MATA3 12-4
4th Round Out: Paul Simons (2), Mark Wear, Duane Hanke (3), Melody Abbott

9 Dart Out: Mel Bracelin
Hat Tricks: Bryan Varney
Most Tons: Paul Simons (6), Bryan Varney (6), Duane Hanke (6), Melody Abbott (5), Mark Wear (4), Kevin Delano (4)
Most Wins: Kevin Delano (6), Paul Simons (5), Mark Wear (4), Duane Hanke (4)
Standings: 1. Just Us 170, 70; 2. Can't Get Started 147, 93; 3. Bad A's 119, 121 4. Silver Bullets 107, 133; 5. No Luck 97, 143 6. 3MATA3 80, 160

Brewster All-Star Booster Club

Tuesday, Jan. 22 - HS BB at Quinter (two gyms), 6:30 p.m.
Thursday, Jan. 24 - JH BB with Triplains (A & B boys only), 3 p.m.
Friday, Jan. 25 - No School; Teachers Inservice, 8 a.m. - 4 p.m.; HS BB at Cheylin.
Tuesday, Jan. 29 - HS BB with Golden Plains, 5 p.m.

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