

# about our friends

## calendar

The **Paintball Club** will have an inaugural meeting at **6 p.m. Thursday** at the Safari Steakhouse at the Elks Hall. The club will have no dues and welcomes members. The goal is to establish paintball leagues and tournaments here. For information, call Schyler Goodwin at 899-2342 or 899-6200.

Goodland's new **needle club** will have a name after the meeting **Thursday**. Cast your vote at the meeting from **7-9 p.m.** at Wheat Ridge Acres. Bring your needle work projects to share with the group.

**TNT Christian Singles** will meet at **6:30 p.m. Thursday** at Edwards Hall to play bingo. Please wear a decorated hat and bring finger food.

**Project Graduation 2005** will meet at **7 p.m. Thursday** in the high school cafeteria.

**Project Graduation 2004** will hold a **three-on-three basketball tournament** starting at **8 a.m. Saturday** at the Max Jones Fieldhouse for boys and girls in first through 12th grades. Call Ann Middleton at 899-5781 in the morning or 899-2000 in the evening to register by **Wednesday**.

A **Hunter Education Course** will be held from **6:30-9:30 p.m. Tuesday, March 19, and Thursday, March 21 and at 8 a.m. Saturday, March 23**. To register, call Troy Mannis at 899-3380 or Mike Hopper at 899-5199.

Jodi Tubbs of the **Kansas Commission on Veterans Affairs** will be in Goodland from **1-2:15 p.m. Thursday, March 21**, in the Assembly Room on the third floor of the courthouse to help veterans and dependents with claims. Call the office in Colby any Monday, Wednesday or Friday at (785) 462-3572.

**SHARE** pick up will be from **9 to 10 a.m. Saturday, March 23**, at 824 Main for the March distribution of low-cost food.

## activities

"**Prairie Past Times**," a photographic history of entertainment in Sherman County, is on display at the High Plains Museum, 1717 Cherry Ave.

**Born to Read** — The **Goodland Public Library** offers **Story Time** for children under 3 from 5-5:30 p.m. on the **second and fourth Tuesday evening**, and from 10-10:30 a.m. every Friday.

**Emotions Anonymous** — meets at **7:30 p.m. every Wednesday** at the Goodland Regional Medical Center board room.

**Century Families**, for people whose family came to Sherman County more than 100 years ago, meets at **7 p.m. the second Monday** of the month at the Senior Center. For information, call 899-2835.

The **Goodland Development Corp.** has closed its office at 910 Main and will now meet at **6:30 p.m. the first and third Tuesday each month** at Bowladium Lanes. Call 899-2342 or 899-6200 for information.

**Aerobics Classes** — **7:45 a.m. morning aerobics classes** are offered daily at the Goodland Activities Center. Tena Tompkins leads a **step aerobic class at 5:30 a.m.** Monday, Wednesday and Friday. On Tuesday and Thursday, a less intense class is offered. Call 899-7242.

**TOPS Meetings** — Take Off Pounds Sensibly meets at **5:30 p.m. Mondays** in the small board room at Goodland Regional Medical Center. Weigh-in is at 5 p.m.

**Family, Career, and Community Leaders** of Goodland High School holds **Little Brothers and Little Sisters** the **third Thursday** of every month. Students will play games, create crafts and share snacks with pre-school children at 3:30 p.m. in the home economics room or cafeteria.

Tours of the **1907 Victorian House** at 202 W. 13th are from **1-5 p.m. Wednesdays through Sundays**.

**Water Testing** — The Northwest Local Environmental Protection

Group does free well evaluation, including testing for bacteria and nitrates. To schedule an evaluation or discuss environmental concerns, call the Sherman County Health Department at 899-4888.

The **Carnegie Arts Center** is open from **10 a.m.-5 p.m. Tuesday through Friday** and from **1-4 p.m. Saturday, Sunday and Monday**. Paintings by Phyllis Liljegren Newson will be on display **through April 5**.

## school calendar

**Thursday:** Black Day. Seminar — DECA. X-Pressos depart at 3 a.m. for Branson. KIAAA in Manhattan. **Friday:** No school. Teachers will be in training half the day and working the other half. End of third nine weeks. X-Pressos at Branson. KIAAA in Manhattan. Bigger, Faster, Stronger "Be and 11" 7-10 p.m. in the auditorium. **Saturday:** Class of 2004 3-on-3 basketball tournament in the Max Jones Fieldhouse and junior high gym. Tom Betz's **nwkansas.com** computer seminar 1-4 p.m. in IBM lab. X-Pressos in Branson. KIAAA in Manhattan. Bigger, Faster, Stronger weight training clinic 8 a.m.-5 p.m. in weight room. **Sunday:** KIAAA in Manhattan. X-Pressos returning from Branson. Junior Olympics volleyball 1-3:30 p.m. in junior high gym.

## school lunch menu

**Thursday:** Hamburger, lettuce, tomato, onion, pickle, french fries, frosted apple and milk. **Friday:** No school.

## senior center menu

**Thursday:** Corned beef, braised cabbage, carrots and onions, mixed fruit with banana, bread and pudding. **Friday:** Salmon patties, scalloped potatoes, asparagus, bread and five-cup salad.

## hospital report

**Goodland Regional Medical Center Admitted on Tuesday:** Walter Huscher, Goodland, and Ronald Browning, St. Francis.

**Dismissed on Tuesday:** none. **Specialists for Thursday:** Jeffrey Rumblyrt, allergist; James K. Warren, cardiologist; and Charles Ruggles, dermatologist.

**Hospital Volunteer Schedule:** **Thursday:** Jessie Owens, a.m.; Peg Beynon, p.m. **Friday:** Fern Hawks, a.m.

## health department

The Sherman County Health Department at 1622 Broadway is open from **8 a.m.-noon and 1-5 p.m. Monday-Friday**.

**Thursday:** WIC in Colby. Appointments 10 a.m.-4 p.m. Voucher pick-up 11 a.m.-1 p.m. Blood pressure at Wheat Ridge Acres 10-11 a.m. **Friday:** Blood pressure and blood sugar screening 8 a.m.-noon. Walk-in clinic. Immunizations 1-4 p.m.

Children's physicals and family planning available by appointment.

If you have questions, concerns or complaints about child care in Sherman County, call the health department at (785) 899-4888.

## today in history

**March 13, 1902:** Ad: Alabastine: Lung trouble from unsanitary wall-coverings? Use Alabastine to seal walls, over paint or paper. No substitutes!

From *The Goodland News*, provided by the Sherman County Historical Society.

## card showers

Lloyd R. Taylor and son Curtis L. Taylor are hosting a "Get Well Card Shower" for **Dorothy Taylor**. Dorothy, a long-time resident of western Kansas, is recovering after a successful series of cancer treatments. You can send your cards and letters directly to Dorothy Taylor, Sunbridge East, 1260 E. Ohio Street, Escondido Calif. 92027. She can also receive mail sent in care of Dorothy Taylor, 1740 Judith Place, Escondido, Calif. 92026. Please do not send flowers.

Margy Ochsner of Simi Valley, Ca-

lif., is hosting a card shower for her sister, **Joyce Lyman** of Edson, who is in the hospital in Denver following with a hip operation. She will soon be transferred to Citizens Medical Center, 100 E. College Dr., Colby, Kan. 67701. She would enjoy cards and letters from friends in the area.

## crimestoppers

If you have information about any crime, call the Goodland Area Crime Stoppers "Look Line" at 899-5665. Your call will be confidential and you will not be asked your name. If the information results in the arrest and/or conviction of those involved, you could be eligible for a reward of up to \$1,000. Goodland Area Crime Stoppers is a nonprofit organization formed by citizens against crime.

## family shelter

The Northwest Kansas Family Shelter provides services day or night to victims of domestic violence and sexual assault. Weekly support groups are available for women and children. For information or help, call (800) 794-4624.

## tree donations

Many trees at the Goodland Cemetery have died and the cemetery board is trying to replace them. Contributions for the Goodland Cemetery Memorial Tree Fund can be left at Koons or Bateman funeral homes or sent to the Goodland Cemetery Board, Box 59, Goodland, Kan. 67735. Donations may be made in memory of a loved one.

## animal shelter

Lost a pet? Call the Goodland Police Department at 899-4570. Interested in adopting a pet? Call the Northwest Kansas Animal Shelter at 899-6464.

## scholarships

The following scholarships are available to students enrolling at the **Northwest Kansas Technical College:** Kansas PTA scholarship, \$200; Kansas Vocational Technical scholarship, \$500; Martin Tractor Co., scholarship for diesel mechanics students, \$100; the Warren Bottenberg Memorial scholarship for students from a Jackson County high school; the Bud Ward Memorial scholarship for a student from Oakley, Monument, Winona or Brewster; and the GAAS scholarship for automotive students. Contact Paul Chaffin or Jacquelyn Beal at (785) 899-3641.

## free help with taxes

**American Association of Retired Persons Tax-Aide** can answer most of the tax issues faced by middle and low-income taxpayers, with special attention to those age 60 and over. Volunteers can be reached at the Goodland Public Library, 899-5461, or the Senior Center, 899-5082, on Fridays from 1-4 p.m. or by appointment. For information, call (800) 227-7669 or check their web site at [www.aarp.org/taxaide](http://www.aarp.org/taxaide).

# Walk Kansas promotes health and fitness

For most Kansans, walking across the state might seem impossible, but it's not.

A new eight-week health and fitness program, Walk Kansas, encourages teams of up to six people to log miles (or minutes of activity that equal miles) that can make covering the distance easy.

The fitness-can-be-fun program targets Kansans of all ages, and includes opportunities for people who may not consider themselves athletes. The goal is to help people make physical activity a habit and improve their health in the process.

Adding 30 or more minutes of moderate physical activity four or more days a week can reduce risks from diseases like diabetes, heart disease and some cancers. The list doesn't stop there, though — physical activity can

# The ladies who quilt



The women in the new needlework club talked and worked on projects at their last meeting. They will choose a name when they meet at 7 p.m. Thursday at Wheat Ridge Acres. New members are welcome to come and bring their projects to show.

# obituaries

## Mary A. Meyer

Mary Adeline Tate Meyer, 95, a former housekeeper at the Goodland Good Samaritan Center, died Sunday, March 10, 2002, in Colorado Springs.



Meyer

She was born February 28, 1907, near Waukomis in Oklahoma Territory, the daughter of Walter William and Irene Amanda Tate. She married William Herman Meyer on April 21, 1924, and they lived in northwest Kansas all of their married life.

When she lived in Edson, she was active in the Wesleyan churches she attended in Brewster and Goodland, teaching Sunday School classes and serving on the board and in the Missionary Society. When the church closed in Brewster, she attended the one in Goodland until it closed. Then she attended the Sunrise Christian Church.

She sold Watkins products door to door, worked as housekeeper at the Good Samaritan in Goodland and helped organize the Good Samaritan Auxiliary.

She was a member of and officer of her extension homemakers unit. She

became a life member of the Veterans of Foreign Wars Auxiliary. She was chairperson for the Thrift Shop and a member of the Sherman County Area Council on Aging, representing Edson.

She wrote the Edson news column for the old *Sherman County Herald*. She moved to Colorado Springs in 1992 to make her home with her daughter Jean and was a member of First Wesleyan Church of Colorado Springs.

Her husband, parents, two sisters and a brother preceded her in death.

Survivors include three daughters, Jean (Warren) Wilder, Colorado Springs; Johanna (Harold) Miller, Corvallis, Ore.; and Gladys (Billy) Gann, Harker Heights, Texas; a son, Douglas (Lois) Meyer, Tempe, Ariz.; eight grandchildren; 13 great-grandchildren; and three great-great-grandchildren.

Visitation will be from 6-8 p.m. Thursday at the Pikes Peak Funeral Home, 3825 Airport Road, Colorado Springs.

Services will be at 11 a.m. Friday at Memorial Gardens Chapel, 3825 Airport Road, with the Rev. Tony Kafka of Sunrise Christian Church of Goodland officiating. Burial will follow at Memorial Gardens Cemetery.

Memorial contributions may be made to Pikes Peak Hospice, 825 East Pikes Peak Ave., Suite 600, Colorado Springs, 80903.

## Russ Lee

Kenneth Russell Lee, 49, son-in-law of Falsiter and Aileen Johnson of Goodland, died Monday, March 13, 2002, at the Kit Carson County Memorial Hospital in Burlington.

He was born Oct. 3, 1952, in Denver the son of Dolores (Ling) and Robert E. Lee. He owned a fire equipment and a fire safety business and had worked for the *Rocky Mountain News* and Jolly Rancher, both in Denver.

He married Patricia Johnson on July 15, 1994, in Burlington. He is preceded in death by his grandparents.

Survivors include his wife; his parents of Nathrop, Colo.; a daughter, Alicia Lee of Limon, Colo.; two stepdaughters, Connie Ernst of Sterling, Colo., and Shawna Perez of Erie, Colo.; a step-son, David Allen of Wisconsin; a brother, Steve Lee of Burlington; and five grandchildren.

Services will be held at 11 a.m. Thursday at the Love Funeral Home in Burlington with Pastor Wes Dunbar officiating.

Private burial will be in the Goodland Cemetery.

Memorials may be made to the Grace Manor Care Center in Burlington, Prairie View Care Center in Limon or the American Diabetes Association and may be sent to the First National Bank, 107 S. 14th, Burlington, Colo. 80807.



## dana belshe

- ag notebook

reduce anxiety and depression, improve outlook, ease arthritis pain, and make losing weight or maintaining a healthy weight easier.

The eight-week program is a collaborative effort of K-State Research and Extension and the Family Nutrition Program.

Participating is easy and inexpensive. Enrollment of \$5 includes a Walk Kansas kick-off event, health tips, a newsletter, awards ceremony, and, of course, an opportunity to have fun while improving health and fitness.

Walk Kansas T-shirts are available for an additional \$5. There is a \$10 cap on family enrollment costs.

Family and friends can participate as teams; so can classmates and co-workers. The team concept also provides opportunities to meet people who may have similar interests.

Knowing that others are depending

on you may be all that it takes to make better health a habit.

For information or to enroll, stop by the Sherman County Extension office or the Goodland Activities Center.

**Sherman**  
1203 Main - Phone 899-6103  
www.goodlandret.com/movies  
Starts Friday 7:00 & 9:00  
**Big Fat Liar** (PG)  
Tonight 7:00 • Ends Thursday  
**A WALK TO REMEMBER** (PG)

# You too can have the luck of the Irish.

- 3000 nights & weekends
- 300 anytime minutes
- 250 Mobile-to-mobile minutes
- FREE activation & FREE phone with this plan\*

\* some conditions apply.

*American Communications*

Authorized Agent  
813 Main • Goodland, Kan.  
(785) 899-2426

**ALTEL**  
The power to simplify

**NORTHWEST KANSAS TECHNICAL COLLEGE**  
Goodland  
**NWKTC** has a new class in **Communications Technology** starting May 2, 2002-and there are a few spaces left!

Begin with the basics of electricity and electronics and progress into complex electronic circuits, equipment frames, digital switches as well as microwave and cellular transmissions. In twenty months you will be ready for a new career in the telephony field.

- Learn from experienced instructors
- Train on industry equipment
- Excellent reputation across the nation
- Nationally accredited college

**Financial Aid** is available for qualifying students. Give us a call today for enrollment information.  
**785-899-3641 or 800-316-4127**

**Sigco Sun**  
**2 x 4.5**  
**100 % in back**