Four Goodland athletes took firsts Friday at the Norton Invitational track meet, while the boys finished second and the girls third.

Rachael Hagerman won both the 300-meter and the 200-meter dashes, and Andrew Melia came out on top in the javelin throw. Espiririon "Speedy" Aguilar won the 3,200-meter run and Aaron Gittinger took first in the 1,600 meters.

The boys took second with 105 points and the girls placed third with 92.

In individual results, Melia was fourth in the shot put with a 41' 5.75" toss and earned four points for the team.

Jordan Bedore threw it for 36' 5.5", and Tom Cotter got it 35' 1.5" down the field.

In the discus, Dan Bagnell led the Cowboys with a 107' toss. Matt Heiter threw 97' 4", and Bedore threw 97'.

A. Melia won in the javelin with a 170' 9" toss and earned 10 points. Landon West was second with 158'8" and earned eight points. Brett Jarmin threw for 118' 8"

In the high jump, Lane Winter leapt 5' 4", and Donald Raymer had a 5' 2" jump.

Lance Tedford was third in the long jump with a 19' 5.5" leap and earned six points. Sean Greenlee jumped 18' 5.5", and David Livengood jumped 16'

Greenlee was fifth in the triple jump with a 37' 1" jump and earned two points. Tedford had a 35' 3.25" jump. Dan Melia was fourth in the pole vault with an 11' 6" jump and earned four points. Taylor Brack was fifth with an 11' jump and earned two points.

In the 4 X 800 meter relay, the team of Timothy Kafka, Daniel Blake, Raymer and Jared Doke finished sixth with a time of 9 minutes 46.2 seconds and earned one point.

The Cowboys earned 14 points in the 110 high hurdles. Dan Melia finished in second place with a time of 16.4 seconds and earned eight points for the team. Bryan Mai came in third in 16.5 seconds and earned six points. Drew Wilkens finished in 18.2 seconds.

In the 100 meter dash, Anthony Benavides finished in 11.9 seconds, Sam Smith in 12 and Livengood in 12.8

Gittinger won the 1,600-meter run in 4 minutes 52.1 seconds and earning 10 points. Aguilar was third finishing in 4 minutes 57.6 seconds and earning six points. Craig Mason ran the length of the track for his team in 5 minutes 44.6 seconds.

In the 4 X 100 meter relay, the team of Smith, Dusty King, Tedford and Benavides finished third in 45.9 seconds. They earned six points for the Cowboys.

Benavides finished fourth in the 400 meter dash in 53.6 seconds and earned 4 points. Smith finished in 55 seconds and Raymer in 59.5.

Mai was second in the 300 meter intermediate hurdles finishing in 42.4 seconds and earning eight points to the Goodland tally.

Drew Wilkens was sixth finishing in 45 seconds and earning one point for the team. Dan Melia finished in 45.4 seconds.

Gittinger was third in the 800 meter run finishing in 2 minutes 5.4 seconds. He earned six Goodland points. Ma-



Whitney Carmichael led the pack in the 100-meter dash at a junior varsity track meet Monday at Goodland High School, running it in 13.6 seconds. She also finished second in the 200 meter dash for the Cowgirls. Photo by Doug Stephens/The Goodland Daily News

30.1 seconds.

In the 200 meter dash, Winter finson finished up his race in 2 minutes ished in 25.4 seconds, and Brock Lohr finishing in 11 minutes 2.7 seconds and

finished in 27.9 seconds.

Aguilar won the 3,200-meter run,

earning 10 points. Blake was fifth finishing in 11 minutes 48 seconds and earning two points. Kafka finished in 12 minutes 7.3 seconds.

In the 4 X 400 meter relay, the team of Doke, Livengood, King and Mai finished in 3 minutes 50.5 seconds.

In the girls individual results, Alisha McKee led the Cowgirls in shot put with a 33'2.5" toss. Andrea Fenner had a 29' 3.5" throw, and Hayley Jarmin has a 29' throw.

Jarmin was fifth in discus with a 98' 10" throw and earned two points. Fenner had a 93'9" throw, and Jane Vandonge had a 74' 7" throw.

In the javelin, Jarmin had an 89 throw, Jayci Stone an 83'7" throw and Fenner a 60' 6" throw.

Lacey Brenner won the high jump with a 5' 2" leap and earned 10 points. Stone was second with a 5' 2" jump and earned eight points.

Janae McKee had an 11' 9" leap in the long jump.

Brenner did her part and earned more points in the triple jump. She got fourth place, jumping 28'11.5" down the sand and earned four points to the Cowgirls' total.

Stone won the pole vault with a 10 jump and earned 10 points.

Hagerman won first place in the 100 meter high hurdles, finishing in 15.1 seconds and earning 10 points for the Cowgirls. Amanda Angelos ran the ern Valley 14 and Elm Creek, Neb., race in 19.3 seconds, and teammate came in last with 13. Amanda Jolly finished it up in 22.5 seconds.

Whitney Carmichael finished fourth in the 100 meter dash with a time of 13.4 seconds and earned four points. McKee finished in 14.1 and Ciara Abbey in 14.5.

Kendra Billinger was fifth in the 1.600 meter run finishing in 6 minutes 0.2 seconds and earning two points. Wendy Keith finished in 6 minutes 47 seconds.

In the 4 X 100 meter relay, the team of Hagerman, Carmichael, Brenner and Stone finished third in 53.1 seconds and earned six points.

Brenner was second in the 400 meter dash finishing in 1 minute 2 seconds and earning eight points.

Hagerman won the 300 meter low hurdles with a time of 47.6 seconds and earned 10 points. Kara Angelos finished in 58 seconds, and Amanda Angelos finished in 59.5.

Hagerman won the 200 meter dash finishing in 26.5 seconds and earning 10 points.

Carmichael was fifth finishing in 28.7 seconds and earning two points. Abbey finished in 38.2 seconds.

Billinger was third in the 3,200 meter run finishing in 13 minutes 8.6 seconds and earning six points.

The Goodland team will next compete at 9 a.m. Tuesday in Oakley. The junior varsity track team held a meet Monday in Goodland at the high school track.

In the boys team results, Smith Center won with 109 points. Colby was third with 87; Norton had 72; Scott City 66: Phillipsburg 47, Logan 44, North-

In the girls team results, Elm Creek, Neb., won the meet with 109 points and Smith Center came in second with 96.

Norton had 84 points, Colby 82, Phillipsburg 61, Northern Valley 30, Scott City 24 and Logan 7.

Pole vaulting deaths bring calls for change

By Rob Gloster

AP Sports Writer Six weeks in Kelsey Koty's life are in intensive care. Still, she can't wait to get back to pole vaulting, the sport that almost killed her.

The Eastern Washington University student survived a head injury in a track-and-field event that one research group calls the most dangerous of all sports it studied.

Three U.S. athletes — a college sophomore and two high school students — have died in pole vaulting accidents in the past seven weeks after hitting their heads on hard surfaces. In the past two decades, on average, one U.S. vaulter has died each year.

The deaths have renewed calls for

would require helmet use by high school and college vaulters, and at least or your general awareness." just a blank, spent in a coma and then one college coach has ordered his team to wear protection.

> But Koty and other athletes say that is not the solution.

> "Had I been wearing a helmet, I still probably would have had a severe neck injury," she says. "Just because you get in a car and put a seat belt on, don't hink you're going to be totally safe."

available are made for skateboarders or sometimes ignored. inline skaters, not for athletes who fall from the equivalent of a two-story no smaller than 16 1/2 feet wide and building.

alist Lawrence Johnson says. "The at least 19 feet, 8 inches wide, and 16 had 30 years ago that we had to know

A bill in the New York Legislature make it more dangerous. Things on your head could throw off your balance

Johnson and other athletes argue that proper technique is the key and that the sport is safer than ever if done right.

Jan Johnson, the 1972 Olympic bronze medalist, runs pole vaulting camps nationwide and leads USA Track & Field's committee on pole vault safety. One of the biggest problems in high schools, he says, is that Vaulters argue that the only helmets even minimum safety standards are

Pole vaulting pits are supposed to be extend 12 to 13 feet behind the metal "I'm not for helmets. I wouldn't box in which vaulters plant their poles.

More important, he says, padding should be required on the area around the landing pit. Often the landing pads are on concrete that is not fully covered.

Jan Johnson first vaulted as a youth in his barnyard in 1963 and learned proper techniques at Bloom High School in Chicago Heights, Ill. He set a world indoor record in 1970 while attending Kansas.

"Pole vaulting pads are so much better today," he says. "I vaulted onto hay bales and straw piles when I was growing up. People knew how to land on their feet. Today's kids are dependent on the pit being there and they have a perception the pit is going to catch wearthem," 2000 Olympic silver med- Jan Johnson wants them even bigger, them, as opposed to the perception we

Senior makes all-star team

By Doug Stephens

The Goodland Daily News A Goodland senior will get the chance to play with some of the best high school basketball players in the area and take on a team of college

Andrew Melia is one of 15 boys who will play the University of Kansas barnstorming tour team, which is made up of seniors and graduates from the Jayhawk basketball program.

Melia said getting on the team was "awesome," a great way to top off his high school career.

"I got the letter the Monday after spring break and just went crazy," he vidual pictures, and meals for the said. "I knew I had been nominated, players and their families. but it was still kind of a surprise."

felt had the chance or desire to play college bas-

Andrew Melia

being sponsored by the Grinnell High School Teacher and Student Association and companies in Grinnell are providing uniforms, team and indi-

Money from ticket sales will be

athletes.

ketball. Those chosen will play at 8 p.m. Saturday, April 27, at the Grinnell High School gym. The game is

change.

how to land."

Rockies lose home opener against Houston 8-4

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hardly seemed primed for a breakout game.

Despite a career that includes seven All-Star game selections and more than 2,000 hits, Biggio was hitting a team-low.174(4-for-23) with no RBIs as the Houston Astros headed to Colorado for a three-game series.

But, the Rockies couldn't keep

DENVER (AP) — Craig Biggio Biggio off the bases as he hit for the the cycle, but was walked intentionally cycle for the first time in his career to in the sixth inning. lead the Astros to an 8-4 victory in Colorado's home opener Monday.

"It was a special day, considering the way things started out for me this seahomer, triple, two-run double and single.

Biggio needed a double to complete

left-field line in the eighth to put the Astros ahead 8-1.

"Well, you know what you need," son," said Biggio, who had a two-run Biggio said of his last at-bat. "But the last thing you're trying to do is hit a double. I was just trying to hit the ball hard. That's what I'm trying to do ev- July 18 against St. Louis.

ery time up.

"It's a lucky day when something He lined a two-run double down the like that happens. I caught a couple of breaks with the ball staying inside the line (on his double and triple). It's kind of cool.

> It was the first cycle of his 13-year career and the sixth in Astros' history. Jeff Bagwell had the most recent one,

He plans to go to Fort Hays State split between the association and the University next year and probably team. won't play basketball, Melia said, but he is going to try to get on the team.

Melia finished the 2001-2002 season with 321 points and 106 rebounds, both second highest for the Cowboys

and 63.6 percent from the free throw line.

Area coaches from 13 northwest Kansas counties were asked to nominate five seniors each who they

Other members of the high school team are Clayton Kaiser, Colby; Keith Rhea, Sharon Springs; Dustin Dunn, St. Francis; Stewart Withington, Atwood; Rusty Grafel, Oberlin; Josh Campbell, and Dave Sutton, Hoxie; Matt Seidl, Quinter; He shot 55.8 percent from the field Devan Weiser and Kevin Lager, Grinnell; Trent Peter and Shea Stewart, Tribune; K.J. Wilkens, Dighton; and Clay Oldham, Leoti. Coaches are Gene Wilkens and Bart Biggs of Dighton.

baseball scoreboard

	A			ciated Press
		can Lea	•	
		Divisi		0.5
	W	L	Pct	GB
New York	6	1	.857	_
Boston	3	1	.750	1 1/2
Tampa Bay	3	3	.500	2 1/2
Toronto	2	4	.333	3 1/2
Baltimore	1	5	.167	4 1/2
Central Division				
	W	L	Pct	GB
Cleveland	6	1	.857	_
Minnesota	5	2	.714	1
Kansas City	2	3	.400	3
Chicago	2	4	.333	3 1/2
Detroit	0	6	.000	5 1/2
West Division				
	W	L	Pct	GB
Dakland	5	2	.714	_
Seattle	4	3	.571	1
Anaheim	3	3	.500	1 1/2
Texas	1	5	.167	3 1/2



Monday's G	ames	0-0
Cleveland 9, Minnesota 5		Oal
N.Y. Yankees 16, Toronto 3		Sea
Chicago White Sox at Detroi	t, ppd., rain	p.m
Seattle 5, Anaheim 4		•
Tuesday's G	ames	
Kansas City (Reichert 0-1) at		
0), 4:05 p.m.		Atla
N.Y. Yankees (Mussina 1-0)	at Toronto (Halladay	Мо
1-0), 5:05 p.m.		Ne
Minnesota (Mays 0-1) at Cle	eveland (Finley 0-0),	Flo
5:05 p.m.		Phi
Tampa Bay (Wilson 0-0) at B	altimore (Johnson 0-	
1), 5:05 p.m.		
Chicago White Sox (Wright 0	-0) at Detroit (Sparks	Pitt

0-0), 5:05 p.m.			
Oakland (Zito 0-0) at Texas (Rogers 0-0), 6:05 p.m.			
Seattle (Halama 0-0) at Anaheim (Appier 0-0), 8:05			
p.m.			
National League			

National League					
East Division					
	W	L	Pct	GB	
Atlanta	4	3	.571	—	
Montreal	4	3	.571	—	
New York	3	3	.500	1/2	
Florida	3	4	.429	1	
Philadelphia	3	4	.429	1	
Central Division					
	W	L	Pct	GB	
Pittsburgh	5	1	.833	-	

Houston St. Louis Cincinnati Milwaukee	4 3 3 2	3 3 4 4	.571 .500 .429 .333	1 1/2 2 2 1/2 3	
Chicago	1	4	.200	3 1/2	
West Division					
	W	L	Pct	GB	
San Francisco	6	0	1.000	_	
Arizona	4	3	.571	2 1/2	
Los Angeles	3	3	.500	3	
Colorado	2	5	.286	4 1/2	
San Diego	2	5	.286	4 1/2	
<u> </u>					
Monday's Games					
Pittsburgh 1, Cincinnati 0					

Houston 8, Colorado 4 San Diego 8, Arizona 0	L
Montreal 10, Florida 2 Atlanta 2, Philadelphia 1 Tuesday's Games N.Y. Mets (Trachsel 0-1) at Chicago Cubs (Lieber 0-0), 12:20 p.m. Atlanta (Marquis 1-0) at Philadelphia (Adams 0-1), 5:05 p.m. Milwaukee (Quevedo 0-1) at St. Louis (Stephenson 0-1), 6:10 p.m. Houston (Reynolds 1-0) at Colorado (Thomson 1- 0), 7:05 p.m. Arizona (Stottlemyre 0-0) at San Diego (Jones 0-	
0), 8:05 p.m.	6

Los Angeles (Nomo 0-1) at San Francisco (Ortiz 1-0), 8:15 p.m.

Wednesday's Games N.Y. Mets (Estes 0-1) at Chicago Cubs (Wood 1 0), 12:20 p.m. Houston (Mlicki 0-1) at Colorado (Chacon 0-1), 1:05 Montreal (Pavano 0-1) at Florida (Penny 1-0), 5:05 Cincinnati (Acevedo 1-0) at Pittsburgh (K.Wells 1 0), 5:05 p.m. Atlanta (Lopez 0-1) at Philadelphia (Duckworth 1 0), 5:05 p.m Milwaukee (J.Wright 0-0) at St. Louis (Benes 0-1) 6:10 p.m.

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Brewster All-Star Booster Club

Goodland Daily News **Tuesday**, April 9 - HS Track at Colby, 10:30 a.m. (Triplains Meet) Friday, April 12- No School; Teacher Inservice/QPA workday. Monday, April 15 - B.O.E. Meeting, 7 p.m. **Tuesday, April 16** - HS Track at Scott City, 10 a.m.; JH Track Meet at St. Francis, 3 p.m. Friday, April 19 - HS Track at Oakley, 3 p.m. Saturday, April 20 - JH Track at Tribune, 10 a.m.

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