Adolescence a time of contrasts

The age group we spoke about last week, the wonderful but yet difficult to be with 10-14 age group, want individuality, but they must not be separated too far from the crowd.

In time, they will value individuality and recognize personal accomplishment. For the moment, however, to be different is difficult.

tells us that early adolescents have a great deal of physical and emotional energy and are capable of being very productive. But they also have periods of unproductive behavior as far as adults can tell.

They may lounge around for hours listening to music, sulk in their bedrooms, or "hang out' with their friends doing nothing.

Sometimes these youths seem to be energy level. On the other hand, adults resent the "laziness" that they see and urge their kids to do something. To the adult, the youngster's behavior is out on a much higher scale than in past of line. To the young adolescent, it feels as though "nothing I do is right."

This is a time in their lives when they feel almost immortal. Although they worry about what their friends think about them and about who is going to say what about them at the cafeteria fickle. Many adolescents are eager to table, they don't believe that they are develop new relationships, leave old physically in much danger in the friends behind. world.

about their physical safety. Because one of their growing-up tasks is to befamilies, they often become involved in risk-taking behavior.

This behavior may get them into trouble, but it may also help them learn to face a dilemma — how can they



cris lovington

prevention center

The high energy/low-energy cycle they must without encouraging dan- need to be needed, we no longer rely gerous, even life-threatening, behavior, which has become prevalent in many communities throughout the nation?

For most of us, risk-taking at age 12 or 13 meant using an occasional bad word or misbehaving in school. Now, however, risk-taking might involve the use of alcohol and other drugs, sexual activity for which teens are not emotionally or intellectually prepared, or almost frantic. Adults may fear their antisocial behavior, such as shoplifting or vandalism, which leads to trouble with the law.

Drug abuse is a risk for today's youth generations. They must take risks of some kind to learn their own boundaries. But we have to convince them that using alcohol and other drugs is not an acceptable risk.

Adolescent friendship is often

These friends may blame them-We know better and worry a lot selves when relationships they have had for years come to an end.

Children at this age are especially come individuals, separate from their sensitive to the changing nature of friendship. They feel unworthy and unattractive. They become upset and depressed because they must rely on people in whom they have little trust.

Although they strive for indepenlearn to face the world as mature dence and self-sufficiency, they feel adults? Once again, we face a dilemma that they cannot manage completely on -how can we help them take the risks their own, even though many are called upon to do so. Ours is the only society in history that has created a

group of people with virtually no productive role early adolescents. Even though they

on them to help us in our homes, our stores, and our community.

Laws prevent teenagers from obtaining jobs before age 14, so while society protects young adolescents from being exploited, we have given them few opportunities to be engaged in positive pursuits.

When they try to pursue adult activities, we tell them they are "too young"; when they try to act their age, we tell them to "stop behaving like children."

Remember what it was like when you were 12 years old? Today's technology has made youngsters this age feel even less valuable than those of previous generations.

This age of youth have difficulty controlling their emotions. They may have outbursts of crying, fighting, or swearing at inappropriate times. They are usually embarrassed by these episodes, but feel honor-bound not to admit any wrongdoing.

In addition, they have emotional concerns about their body changes. They are confused about what is happening to them physically, so they tend to react very strongly to anything that has to do with their sexual growth. They are just as embarrassed about maturing too quickly as they are about growing too slowly.

Some children this age worry a lot about school work, tests and report cards. Along with their worrying, however, they may assume an "I don't care" attitude, In most cases, this is just a way

to defend themselves, pretending that things that mean a lot to them really don't matter so much.

Children between the ages of 10 and 14 have a lot of anxiety, are easily angered, and take longer to recover from emotional outbursts than when they were younger. They are trying to figure out who they are, and they often don't like the looks of the person they see in the mirror.

Many also are living with very high levels of stress with which they have few coping skills.

This is also the time when children become very concerned with the standards set by their friends. They show independence in their choice of friends but are very loyal to their group.

When parents are unhappy about these friendships, children this age may insist on their right to choose the people with whom they are going to associate.

They may change friends frequently. depending on the pressures from different groups and their shifting interests, needs and wishes.

Although the instinct is strong, it is not unusual for a child to feel that he or she has no friends. Feeling of being excluded may disappear with the next phone call or may continue and cause the child to be withdrawn and sad, or to act out and be aggressive.

Some children find it hard to make friends because they are shy or because they look or act different from most of their classmates. We can help with friendships by encouraging a child to join groups in which everyone enjoys the same activity and by welcoming another child to spend the night or just "hang out."

As adults we must provide positive alternatives to the alternatives being offered by others, which place our children at risk.

obituary

Ray Ackerman

Raymond W. Ackerman, 78, father of Ed Ackerman of Brewster, died Sunday, May 5, 2002, at his home in Dodge City.

He was born Sept. 5, 1923, at Windthorst, 18 miles east of Dodge City, the son of Frank and Clara (Fredelake) Ackerman. He moved to Dodge City in 1994.

He married Mary Eleanor Ring on May 9, 1950, at Wright.

He was a farmer, a fieldman for the U.S. Agriculture Stabilization and Conservation Services office and worked several years at My-D-Han-D Manufacturing in Dodge City. He served in the Marine Corps. during World War II.

Mr. Ackerman was a member of the Cathedral of Our Lady of Guadalupe and the Veterans of Foreign Wars in Dodge City. He was a life member of the Knights of Columbus Council in Windthorst and a past board member of the Spearville and Offerle Co-ops.

He was preceded in death by his wife on Aug. 31, 2001, and four brothers, Albert, Ed, Mike and Henry Ackerman.

Survivors include four sons, Ed (Toni) Ackerman of Brewster, Larry (Kenna) Ackerman of Spearville, Rod (Kerry) Ackerman of Little River and Jeff (Kelly) Ackerman of Hays; four daughters, Diane Ackerman and Marcia Faird of Wichita and Vicki (Jerome) Evinger and Lynnette (Skyler) Hessman of Dodge City; two sisters, Elizabeth Gerritzen of Great Bend and Rose Downey of Stratton, Colo.; 16 grandchildren; five step-grandchildren; and five step-great grandchildren.

Services will be at 10 a.m. Wednesday, May 8, 2002, at Sacred Heart Catholic Church in Dodge City, with Father Ted Stoecklein presiding.

A vigil followed by the Knights of Columbus rosary will be at 7 p.m. tonight at the Burkhart-Ziegler Funeral Chapel in Dodge City. Visitation will be today before the service.

Burial will be in Holy Cross Cemetery in Windthorst with military graveside rites.

Memorials may be made to Hospice of the Prairie or Blessed Care Services in care of the funeral home at 1901 N. 14th Ave., Dodge City, Kan. 67801.

Youths to camp

on ranch

The Sherman County 4-H Council is sponsoring a camping trip to Rock Springs Ranch for four days of learning experiences and fun from June 29-Julv 2 Anyone age 7 to 12 is eligible to attend, and campers do not have to be 4-H members. Rock Springs facilities combine the natural environment with the comforts of home. For many of the campers, this will be their first opportunity to be away from home longer than overnight. Kids can meet others from northwest Kansas. The camping agenda includes activities such as horseback riding, crafts, canoeing, swimming, nature hikes, archery, and water sport games and evening programs. Total cost, including transportation, will be \$120 per child. A \$10 non-refundable registration fee is due by May 21, and the balance is due before leaving for camp. Make checks payable to Sherman County 4-H Council.

about our friends

The Goodland Swim Club will have an organizational meeting at 7 **p.m. tonight** at West Elementary School. Anyone interested in learning more about swim teams should attend. Call Peggy Blake at 899-2166 evenings

Girl Scouts will be selling movie passes from 3-4 p.m. Wednesday and **Thursday** at the elementary schools. The passes will admit adults or children to Wednesday summer matinees at a reduced price. Call Lori Amthor at 899-7267 or 899-6246 or Jackie Buller at 899-6547.

TNT Singles will have a pot luck Plains Museum, 1717 Cherry Ave. barbecue at 6:30 p.m. Thursday at

SHARE sign up for the June distribution of food will be until Friday, distribution of low-cost food.

activities

"Prairie Past Times," a photographic history of entertainment in 9 a.m.-4 p.m. Saturday at the High

The Carnegie Arts Center is open Edwards Hall. Darrin Richardson will from **10 a.m.-5 p.m. Tuesday through** entertain with music and magic. Call **Friday and from 1-4 p.m. Saturday,** field trip. FCCLA banquet in the high Sunday and Monday. May's exhibit school gym. Friday: Black Day. will be "Table Scapes," setting a table League golf 2 p.m. at Atwood, dismiss nizational meeting will be at 7 p.m. and standard for entertaining in Goodland. Community organizations will be setting tables. Born to Read - The Goodland Public Library offers Story Time for children under 3 from 5-5:30 p.m. on the second and fourth Tuesday evening, and from 10-10:30 a.m. every Friday. **Emotions Anonymous** meets at 7:30 p.m. Wednesdays at the Goodland Regional Medical Center board room Century Families, for people whose family came to Sherman County more than 100 years ago, meets at 7 p.m. the second Monday of the month at the Senior Center. For information, call 899-2835 Aerobics Classes - 7:45 a.m. morning aerobics classes are offered daily at the Goodland Activities Center. Tena Tompkins leads a step aerobics class at 5:30 a.m. Monday, Wednesday and Friday. On Tuesday and Thursday, a The Sherman County Historical less intense class is offered. Call 899-7242 TOPS Meetings - Take Off Pounds Sensibly meets at 5:30 p.m. Mondays in the small board room at Goodland Regional Medical Center. Weigh-in is at 5 p.m. Tours of the 1907 Victorian House at 202 W. 13th are from 1-5 p.m. Wednesdays through Sundays.

Kansas Square Dance Callers and **Dancers Association** will have their 51st annual convention Friday and Saturday, May 31 and June 1, at the Bicentennial Center in Salina. Call (785) 272-4332 or e-mail Jjrothrock-@aolcom.

school calendar

Wednesday: Black Day. Eighth grade orientation, Biology II field trip. Northwest Kansas League meeting at Oberlin. Thursday: Gold Day. Seminar — STUCO and Grace. Biology II 1-4:30 p.m.

11:30 a.m., depart noon. League track

2 p.m. at St. Francis, dismiss 1 p.m.,

depart 1:15 p.m. Saturday: Tennis

7:30 a.m. at Colby, depart 6:15 a.m.

Wednesday: Cooks' choice. Thurs-

day: Pork fritter, mashed potatoes,

green beans, hot roll, 1/2 orange and

milk. Friday: Hamburgers, potato

senior center menu

Wednesday: Barbecue pork,

steamed cabbage, carrots and onions,

citrus slices, bread and spice cookie

with cranberries. Thursday: Chicken

pot pie, broccoli salad, fruit juice, bis-

cuit and blueberry coffee cake. Fri-

day: Pasta, beef and tomato casserole,

spinach salad, corn, bread and peach

Goodland Regional Medical Center

and Patricia Harrington of Goodland

and Velma Lee Cooper of Brewster.

Admitted on Monday: Tara Mull

Dismissed on Monday: Doris Mc-

Kinnies, Kenneth Peck and Patricia

Gulevich, neurologist; Erik Ouder-

kirk, podiatrist; and Barry Smith, car-

Helen Armstrong, a.m.; Irene Kehl-

Volunteer Schedule: Wednesday:

hospital report

Harrington, Goodland.

school lunch menu

Prom. Sunday: Mother's Day.

chips, watermelon and milk.

beck, courtesy; and Opal Callahan, p.m. Thursday: Jessie Owens, a.m., and Peg Beynon, p.m. Friday: Fern

The Sherman County Health Deday-Friday.

Wednesday: WIC in Goodland.

Children's physicals and family planning available by appointment. Sharps containers available free of charge. If you have questions, concerns or complaints about child care, call the health department. Water Testing - The Northwest Local Environmental Protection Group does free well evaluations, including testing for bacteria and nitrates. To schedule an evaluation or discuss environmental concerns, call the Health Department at 899-4888.

Ellison and McKee

Jake McKee and Kris Ellison plan to

His parents are Jim and Judy McKee

He graduated from University of

Nebraska at Lincoln with a degree in

finance and accounting. He was a tight-

end for the Cornhuskers football team

He is attending the university's col-

She graduated from the university

with a degree in business administra-

of Goodland, and her parents are Boyd

and Aletha Ellison of Omaha, Neb.

marry Saturday, June 8, at Assumption

Catholic Church in Dwight, Neb.

lune

for five years.

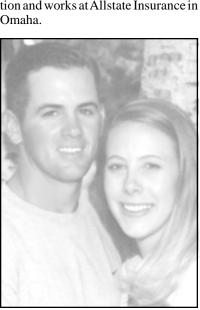
ege of law.

wedding

planned

Couple to marry in Colorado

Matt Kaup and Deramie Nicholson plan to marry on Saturday, June 1, at the First United Methodist Church in Fort Collins, Colo. His parents are Valerie Kaup and Bill Kaup of Goodland, and her mother is Diana Nicholson of Fort Collins, Colo. His grandparents are Tommy and Viola Tompkins of Goodland and Jean Kaup of Fort Collins, Colo. His great grandmother is Lola Thompkins of Goodland. He graduated from Goodland High School in 1994 and from Garden City Community College in 1996 with a criminal justice degree. He is a field manager for Zak Dirt of Longmont, Colo.



Kaup and Nicholson

calendar

(785) 462-3572

June 7, at the Sherman County Health Department, Harvest America, Regional Prevention Center and the Kanorado Senior Center. Pick up for May will be from 9 to 10 a.m. Saturday, May 18, at 824 Main for the May

Sherman County, is on display from 9 a.m.-5 p.m. Monday-Friday and from

10 a.m. Saturday, May 18, at the American Legion Hall in **Atwood** to benefit the Big Brothers/Big Sisters of cakes, sausage, juice, coffee and wa-

Rawlins County. There will be pan- Hawks, a.m.; Ruth Morton, courtesy; and Virginia Bell, p.m.

health department

partment at 1622 Broadway is open from 8 a.m.-noon and 1-5 p.m. Mon-

Scheduled appointments. Thursday: Staff meeting 8-9 a.m., office closed. WIC in Goodland 9 a.m.-4:30 p.m. Voucher pickup and scheduled appointments. Friday: Blood pressure and blood sugar screening 8 a.m.noon. Walk-in clinic. Immunizations

She graduated from Fort Collins High School and from Colorado State University with a bachelor of science degree in biology and from the University of Northern Colorado in Greeley from the licensure/masters program in elementary education.

She is a teacher at Lucile Erwin Middle School in Loveland, Colo.

business news

Jeanne Jacobs, daughter of Elmer and Viola Jacobs of Goodland, won the

EXCEL award from the Information Handling Services Energy Group in December.

The group gives the award to its highest achievers each year whose contribu-

tions are "above and beyond normal performance on a sustained basis."

Jacobs

Employees are nominated by their supervisors, and Information Handling Services President Mike McCrory and Chief Executive Officer Robert Carpenter made the final selections.

Jacobs, an oracle database administrator of Littleton, Colo., was one of the eight employees to receive the award in 2001. The company has 1,575 employees worldwide.

Jacobs, who maintains databases, said when she was in high school she didn't think this was what she'd be doing when she grew up. But she said she enjoys the technical work.

The award has been presented since 1982 to 532 employees

899-2733.

An economic development orga-Thursday at Gambino's. Anyone interested in Goodland's growth is invited.

"How Does Your Garden Grow?" lecture series by Master Gardeners will be at 7 p.m. Thursdays. Composting will be covered **May 9** at Carnegie Arts Center. Tree Care will be May 16 at Gulick Park. Vegetables will be May 23 at the Kay Melia residence. Historical Cutting Garden will be May 30 at the Handy House. Xeroscaping will be **June 6**, location to be announced. Roses will be June **13** at the Sandy Whitby residence. Lectures are free to Goodland Arts Center members, but there is a charge for non-members. Pre-register by calling 899-6442.

City/County Recreation is accepting registration for men's and co-ed softball until Friday. Forms are available at the city office.

Society is having a history conference from 9:30 a.m.-4 p.m. Saturday for Settlement Days at the Masonic Temple, 519 Center. Lunch will be provided at noon. There will be presentations about life during World War II. If you'd like to make a presentation, call 899-6773 and leave a message or write to Box 684, Goodland, Kan. 67735

Goodland Women of Faith will have their monthly celebration from 9:30-11 a.m. Saturday at Wheat Ridge Acres. Mary Ellen Coumerihu will be the speaker. Baby-sitting pro-

Smoky Gardens Archery Club will have a shoot at **10 a.m. Sunday**. Registration begins at 9 a.m.

The U.S. Farm Service Agency will have an open house from 9 a.m.-3 p.m. Wednesday, May 15, at 210 W. Second for Connie Cole, who is retiring after 15 years.

Jodi Tubbs of the Kansas Commission on Veterans Affairs will be in Goodland from 1-2:15 p.m. Thursday, May 16, in the Assembly Room on the third floor of the courthouse to help veterans and dependents with claims. Call the office in Colby any Monday, Wednesday or Friday at

area events

A pancake feed will be held from 7-

Rattlesnake Roundup

cups.

diologist.

11th Annual

Sat., May 11 & Sunday, May 12

Most events 9-6 MDT; Saturday; 9-4 MDT Sunday Sharon Springs, Kansas, Fairgrounds

Non-venomous snake display & education team. Snake Shows and demonstrations.

Rock Climbing Wall • Hunting Simulator Taxidermist • Food & Crafts

today in history

May 7, 1902: Marion Ebert, age eight, died of membranous croup. Six young ladies were pall bearers, and all of her girl schoolmates escorted and laid flowers on the coffin at the grave.

From *The Goodland News*, provided by the Sherman County Historical Society.

animal shelter

Lost a pet? Call the Goodland Police Department at 899-4570. Interested in adopting a pet? Call the Northwest Kansas Animal Shelter at 899-6464.

public notice

NOTICE

Specialists for Wednesday: Steven A preconstruction conference will be held on Monday, May 13, 2002, at 1:00 pm MT (2:00 pm CT) in the office of the Goodland Housing Authority located at Sparks Towers,

515 E. 5th Street, Goodland. This meeting is being held to view the site and determine the most efficient way to install air conditioning in six (6) duplexes located between 3rd and 4th Streets and Kansas and Grand Streets.

For any other information call 785-899-5591.

Published in the Goodland Daily News on May 7 and 8, 2002.

IN THE DISTRICT COURT OF SHERMAN COUNTY, KANSAS IN THE MATTER OF THE ADOP TION TELANIE ALEXIS RILEY CASE NO. 02 A 02 NOTICE OF HEARING THE STATE OF KANSAS TO **KEITH JASON RILEY:**

Internet tonight! Call 899-2338.

You are hereby notified that a Petition has been filed in the abovenamed Court praying for an order and decree of said Court permitting and authorizing the adoption of Telanie Alexis Riley, born on the 8th day of August, 1997, at Dodge City, Kansas. You are hereby required to file your written defenses thereto on or before the 17th day of May, 2002, at 9:00 a.m. Mountain Standard Time in the Courtroom of the Courthouse of Sherman County, Kansas located in Goodland, Kansas, at which time and place said cause will be heard. Should you fail therein judgment and decree will be entered on said petition. LESLIE BEIMS VIGNERY & MASON, L.L.C. 214 E 10th, P.O. Box 767 Goodland, KS 67735 (785) 899-6588 Attorney for the Petitioner Published in the Goodland Daily News on Tuesday, May 7, 2002.

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