

# commentary

from other pens...

## U.S.-Russian partnership has a long way to go

Glancing toward visiting Russian Foreign Minister Igor Ivanov, Secretary of State Colin Powell said, "We're friends. We will approach all the issues that exist between our two nations as friends."

The scene at a reception hosted by a local think tank last Friday was yet another expression of the blossoming Russian-American friendship.

Powell, President Bush and others have chosen to accentuate the positive in the relationship while generally keeping discussion of troublesome issues at a minimum and without belligerence.

Of these, none casts a wider shadow, as American officials see it, than Moscow's apparent penchant for transferring militarily useful technology to Iran.

The latest cause for U.S. concern is Russian assistance that, a senior official says, is enabling Iran to develop a missile that will give it the ability to strike NATO countries in Europe for the first time.

The Shahab-4 missile would initially have a 1,250-mile range, but anticipated upgrades would allow it to reach Italy, Germany, Poland, the Czech Republic, Hungary and Greece, according to the official.

He describes the Russia-Iran link as "a piece of baggage" that weighs down the American relationship with Moscow.

If the relations with Moscow are to move forward, the official added, the United States "can't afford to have the kind of cooperation that arms a country like Iran, that enables Iran to be a threat in its region as well as a threat to NATO."

The public portrayal of the U.S.-Russian relationship suggests it is moving forward at a fast pace, notwithstanding the differences over Iran. Speaking Friday, Powell highlighted the trust that Bush has developed for the erstwhile U.S. enemies in Moscow, suggesting that it is comparable in at least one way to America's confidence in Great Britain.

Powell offered this quote from Bush: "We are friends with President Putin. We are friends with Russia. Do I care how many nuclear weapons Tony Blair has? No. Why should I care what the Russians feel they need for their security?"

Powell will meet again with Ivanov next week in Iceland and yet again when he accompanies Bush to Moscow for a Bush-Putin summit the following week. Officials say the Iran issue will receive a full airing during the interim and will be raised by Bush himself in Moscow if there is no breakthrough beforehand.

Perhaps the administration believes that quiet diplomacy is the best way to get results toward its goal of taming Russia's appetite for helping a charter member of Bush's "axis of evil."

The degree to which the administration keeps the issue under wraps was evident on Monday when Under Secretary of State John Bolton delivered an address on weapons of mass destruction.

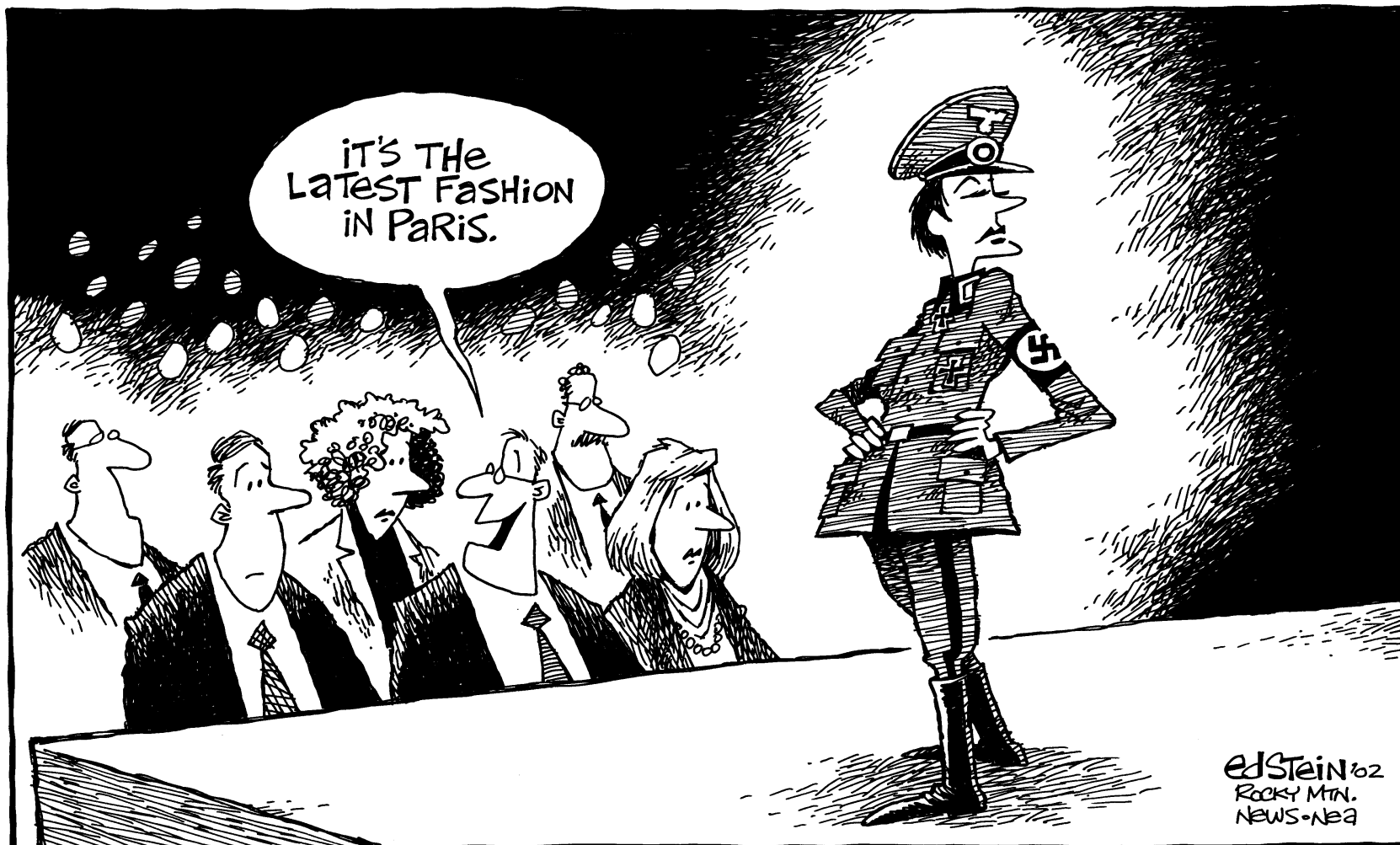
He accused Cuba of providing technology to pariah states that could help them develop biological weapons. He noted that President Fidel Castro said, during a visit to Iran last year, "Iran and Cuba, in cooperation with each other, can bring America to its knees."

But there was no reproach of Moscow for its role in helping Iran achieve its military ambitions. Bolton stressed the advances that Iran has made in developing missiles as well as biological, chemical and nuclear weapons — but there was no mention of Russia's role in making them possible.

He did note Russia has aided Syria's ballistic missile development, but otherwise he gave an upbeat account of Russia under Putin. He called attention to Russian-American efforts to achieve a "new strategic framework" through reducing nuclear armaments and other activities.

"In the current security climate, cooperation with Russia becomes even more important, so that we can work together to combat terrorism and the spread of weapons of mass destruction, which threaten both our countries," Bolton said.

But can Russia be counted on to be a partner? Bolton is not saying. **EDITOR'S NOTE** — *George Gedda has covered foreign affairs for The Associated Press since 1968.*



## Worcestershire sauce what is it?

I admit that I tend to be a tad bit curious. When I saw a vegetarian recipe for Worcestershire sauce. I couldn't imagine what was in it that wasn't vegetarian. When I went home that night, I looked at my bottle in the refrigerator and found that it was anchovies.

Worcestershire sauce has been commercially available for 165 years. The sauce was originally thought to be Italian and was brought to England by Lord Marcus Sandys, ex-governor of Benegal. The sauce was first bottled in Worcester, hence its name.

In an 1854 cookbook, there is a recipe for anchovy sauce: Pound three anchovies in a mortar with a bit of butter; rub it through a double hair sieve with the back of a wooden spoon, and stir it into about half a pint of melted butter, or stir in a table-spoonful of essence of anchovy. Many cooks add cayenne and lemon juice.

Could this be a forerunner of Worcestershire sauce?

The ingredients of Worcestershire sauce include



pat schiefen

• postscript

vinegar, molasses, soy sauce, salt, sugar, anchovies and garlic.

Here is a recipe for vegetarian Worcestershire sauce. In a blender, blend 1 cup cider vinegar, 1/3 cup dark molasses, 1/4 cup soy sauce, 1/4 cup water, 3 tablespoons lemon juice, 1 1/2 teaspoon salt, 1 1/2 teaspoon mustard powder, 1 teaspoon onion powder, 3/4 teaspoon ground ginger, 1/2 teaspoon black pepper, 1/4 teaspoon garlic granules, 1/4 teaspoon cayenne pepper, 1/4 teaspoon cinnamon, 1/8 teaspoon ground clover or allspice and 1/8 teaspoon ground cardamom.

Bring to a boil in a saucepan. Store in the refrigerator. Makes 1 1/2 cups.

Worcestershire sauce is used as a seasoning or flavoring for food. The following is a recipe by Audrey Smith from the "Community Centennial Cookbook".

### Stuffed Beef Logs

- 1 1/2 pounds ground lean beef
- 3/4 cup fine dry bread crumbs
- 1 egg, lightly beaten
- 1/4 cup Worcestershire sauce
- 6 strips cheddar cheese
- 6 slices bacon
- 1 teaspoon salt
- 1 tablespoon onion flakes

Lightly combine beef, bread crumbs, onion, egg, salt and four teaspoons of Worcestershire sauce. Divide into 6 equal parts.

Shape 1 part of the beef mixture around each slice of cheese (slice may be cut into narrow strips) to form a roll. Wrap a slice of bacon around each roll. Place on a jellyroll pan. Brush with Worcestershire sauce. Bake in a pre-heated 475 degree oven for 15 to 18 minutes. Serves six.

## The end of cute



red green

• north of forty

I was zapping by one of those nature shows the other day, and they were showing a bunch of baby animals. Bears and cougars and giraffes. That kind of thing. And they are cute. You have to admit it. Even baby snakes have a certain charm. And the same thing with human babies. They tend to be cute. Especially to their parents. Even young people can be cute. The girls tell me those boy bands are all cute. Even guys in their 20s are sometimes called cute. But once you get to my age, when you've got all the numbers moving on the odometer, you lose a lot of your cuteness.

There's nothing cute about a middle-aged guy, and that hurts us. Cute allows you to have the benefit of the doubt. Middle-aged guys need the benefit of the doubt. OK, sure, some guys try to cover by being dignified and sophisticated, but that's no fun. Cute is where it's at, and we are definitely not there. Please just accept it. You can't make up for not looking cute by acting cute. You may think you're an entertaining person when you're wearing that kilt, but trust me, they're not laughing with you.

### WHAT ARE YOU MADE OF

As everyone gets more and more health conscious, we start to pay a great deal of attention to the list of ingredients they have on the labels of prepared foods. They not only tell you what's in the food, but also the proportions of each ingredient. So whatever they list first is the dominant element. I was thinking this would be a great policy to extend to people you meet. Their qualities should be listed on their forehead in descending

order of prominence. "Kindness," "honesty" and "intelligence" would make a nice cluster somewhere near the top of the list. Whereas if the first two are "violence" and "intolerance," that's another way of saying "If you can read this, you're standing too close."

### MARITAL SHORTHAND

After you've been married for a while you develop a way of communicating that does not require language. All it takes is a look or even a subtle change in body language, and your partner knows immediately what's being communicated. For the inexperienced, here are some examples of marriage shorthand:

- If your wife looks at you, you've done something wrong.
- If your wife smiles at you, she's done something wrong.
- If your wife raises an eyebrow, reverse your position immediately.
- If your wife raises a glass, cancel your evening appointments.
- If your wife raises a firearm, get creative.

### PERPETUAL MOTION MACHINE

Scientists have struggled with the concept of a perpetual motion machine for centuries. Some-

thing that will continue to operate without the infusion of more energy. The problem is always friction. Whenever you have friction, you somehow lose energy, which prevents you from getting back to where you started. Scientists find this very frustrating, but then scientists generally find life pretty frustrating. That's why they try to quantify it by reducing it to a mathematical or chemical formula. The reason they haven't been able to create a perpetual motion machine is because they refuse to allow a biological or spiritual component to be part of the mix. The universe has survived forever without the addition of energy. It must be a perpetual motion machine. And how about all of the living species that have survived for millions of years in a closed system? Maybe the problem is the perpetual motion machine is not a machine at all. It's a living thing. Maybe even human beings, through heredity, are the ultimate perpetual motion machine. Except for my grandfather. A machine would never ask anyone to pull its finger. And whatever energy zone he was in, it was definitely not perpetual motion.

Quote of the Day: "Ironman triathlons are for people who can't experience childbirth." — Red Green

Red Green is the star of "The Red Green Show," a television series seen in the U.S. on PBS and in Canada on the CBC Network, and the author of "The Red Green Book" and "Red Green Talks Cars: A Love Story." Watch for the feature film Red Green's 'Duct Tape Forever' at a theater near you.

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