Shriners Art Nelson (right) and Carol Mogge presented a new mountain bike to Kevin Amthor, 11, at a ceremony Thursday at Wal-Mart.

Eleven-year-old winsbikefrom Shrine

Kevin Amthor of Goodland got a Salina on April 23. He said the Shriners nice surprise for his birthday on Thurs-

The 11-year-old won a new mountain bike from the Northwest Kansas heard his name was picked. Shrine Club and Wal-Mart.

Kevin, a fourth grader at Central Elementary School, got the bike Thursday, and it happened to be his birthday

Art Nelson, vice president of the club, said Kevin, 11, won the bike in a drawing held during the fourth grade's

and the store give a new bike away

Kevin said he surprised when he

"I didn't know I was going to win it," he said, "but I felt pretty lucky when I

Lori Amthor, Kevin's mother, said the Shriners did a good job of picking out the bike because it's green, Kevin's favorite color.

annual trip to the Shrine Circus in fore his 11th birthday.

Isolation has many causes, solutions Often those who live in rural areas not have enough time, or feelings.

feel isolated because of the perceived lack of activities, cultural events, and the long distances usually required for

But isolation isn't always caused by the geographic location. Rather, it may be due to major life changes, the loss of shared experiences with friends and family, and just being too busy to do the things we enjoy.

Often contact with school, church or community is lost as children grow up or as the result of significant life changes. Once contact has been lost

high plains mental health

plain sense

individuals feel they are all alone, that are not worthy of friendships, and thus no one else is feeling the way they do, making less effort to make contact. and that they have no one to talk to who understands.

are uncomfortable sharing their feelings with someone else. They feel they should

be able to handle everything on their own, and are overwhelmed.

Low self-esteem can be a contribut-Emotional isolation can result when ing factor, with the person feeling they

People who feel isolated may have difficulty seeing alternatives to feeling People experiencing isolation can trapped, which can lead to stress and of the individual writer and should not with others it becomes more difficult have a hard time maintaining relation loneliness. Family tensions can deto regain those ties, or to make new ships that would be helpful. They may velop, which increase those negative ing professional help.

People can help themselves by changing their approach and making opportunities for interactions with oth-

Friends and family members can provide physical assistance and emotional support.

Because physical and emotional isolation can result in depression, it may be necessary to seek professional help.

Contributed by Karen D. Beery. The views expressed here are those be considered a replacement for seek-

Migrating miller moths are unwelcome guests

dana belshe

weeks.

ag notebook

Miller moths are proving to be a nuisance in much of the state including here in Sherman County.

Though "miller moth" is a generic term that can apply to a number of different moth species that invade homes, the army cutworm is usually the cul-

light brown with wavy dark markings and lighter and darker spots on the

Wing patterns can vary significantly in color and pattern.

The army cutworm has a unique life

grown larva.

lars in the spring can cause significant damage to alfalfa, winter wheat and other crops.

High populations of these caterpil-

summer on the sance.

can be as long as five to six weeks, trapped. The army cutworm adult is gray to insect spends the winter as a partially though most of it occurs in two to three

> While in Colorado, they feed on nectar for a month or two and then fly east lights that attract the moths. to lay eggs. The cycle then repeats.

The problem for us usually occurs Pupation occurs in mid-spring with during their migration to Colorado. cycle. Eggs hatch in the fall, and the the adults emerging two to three weeks Millers avoid daylight and seek to hide ter.

later. They then fly during the day. If they happen to get west to Colorado inside a home, they often cannot find and spend the a way back out and can become a nui-

Though they do not feed or lay eggs This migration while inside, they can create an odor problem if enough of them die while

> Insecticides have little effect, so prevention is necessary. Seal openings and avoid the use of

> Moths that do get inside can be swat-

ted, vacuumed or trapped by suspending a light bulb above a bucket of wa-

matters of record

District Traffic

April 19 — Rachel L. Webber, 18, of Colorado Springs, was fined \$534 for speeding, 94/60, and no passing in a posted area, \$120.

May 21 — Timothy J. Reeves, 29, of Liberal, was fined \$230 for speed-

Ricky E. Gass, 26, of Butler, Okla., was fined \$101 for speeding, 77/65, and \$150 for no log book.

Lana J. Felzien, 30, of Brewster, was

fined \$137 for speeding, 73/55. Shawn M. Orcutt, 24, was fined And they gave it to him the day be-\$227 for speeding in a construction

Joao S. Silveira, 60, of Glen Allen, Va., was fined \$119 for failure to dim ing zone. headlights.

May 24 — Christie B. Powell, 26,

of Goodland, was fined \$74 for no Angelo A. Ciliberti, 20, of Louis-

ville, Ky., was fined \$194 for speeding, Andrew L. Ratzlaff, 19, of Parker,

Colo., was fined \$194 for speeding, 95/

May 28 — Laura E. Bloede, 20, of Boulder, Colo., was fined \$180 for speeding, 94/70.

David M. Campbell, 28, of Denver, 104/70.

was fined \$179 for passing in a no pass-

Elaine Larson, 71, of Goodland, was fined \$119 for failure to yield. May 29 — Martha P. Gutierrez, 22,

of Denver, was fined \$159 for permitting an unauthorized person to Grove, Ark., was fined \$185 for speed-Luke A. Schemper, 21, of Almena,

was fined \$194 for speeding, 95/70. Sharon M. Brady, 21, of Highland Mills, N.Y., was fined \$221 for speeding, 98/70.

Amy Anna M. Jurden, 21, of Conyers, Ga., was fined \$299 for speeding,

June 3 — Lisa L. Robins, 44, of Venice, Calif., was fined \$239 for

speeding, 100/70.

ing, 94/70.

Gabriel Garfias, 46, of Kanorado, was fined \$131 for speeding, 72/55. Eryn R. Barrows, 23, of Prairie

Daniel F. Morris, 21, of Santa Monica, Calif., was fined \$221 for speeding in a construction zone, 74/60.

Eva W. Stacy, 46, of Prestonsburg, was fined \$185 for speeding, 94/70.

Jannett M. Rust, 30, of Goodland, was fined \$10 for not wearing a seat

Kennedy cousin convicted of beating neighbor to death in 1975

Kennedy cousin Michael Skakel was free his client, adding: "It will happen. Maine. convicted today of beating Greenwich neighbor Martha Moxley to death in 1975 when they were 15 — a case that opened a window onto a world of privilege and raised suspicions that his famly ties had protected him over the

The jury deliberated for more than club. three days.

Skakel, the nephew of Robert F. Kennedy's widow Ethel, slumped slightly as the verdict was read. He looked at the jury and then the courtroom audience with a surprised expression, and appeared on the verge of

Martha's mother, Dorthy, and brother, John, wept and hugged prosecutor Jonathan Benedict.

'Isn't it wonderful?" Mrs. Moxley Skakel was handcuffed and led off

to jail. Sentencing was set for July 19. "As long as there is breath in my body, this case is not over as far as I'm concerned," defense attorney Michael

of the four preliminary categories.

competitions Thursday night.

STEAKHOUSE

Goodbye.'

nary talent and on-stage knowledge

ian opera selection, "Time to Say

It will happen."

Jurors had no comment.

ered under a tree on her family's estate nection had protected the Skakel famin the gated Greenwich community of ily. But after a flurry of books about the Belle Haven. She had been bludgeoned case in the 1990s, including works by 10 years to life in prison for murder. stabbed in the neck with the shaft of the Dunne, a one-judge grand jury inves-

> According to testimony, Skakel had a crush on Martha and got upset because his attractive blond neighbor seemed more interested in his older brother, Thomas.

> visiting a cousin in another part of Greenwich at the time of Martha's slaying.

> Prosecutors had a 27-year-old case with no eyewitnesses and no forensic evidence such as DNA that could directly connect Skakel to the slaying.

Instead, the case was based almost entirely on people who said they had heard Skakel confess over the years. Among them were several former classmates of Skakel's from the Elan Sherman said outside the courtroom. School, a drug and alcohol rehab cen-

For more than two decades, the case had gone unsolved, stirring specula-Moxley's battered body was discov- tion that wealth and the Kennedy contigated and Skakel was arrested.

By then, Skakel had been transformed from the lanky athlete of his teen-age years into a pudgy, divorced father battling alcoholism.

The case followed a twisted legal Skakel's lawyer contended he was path from there to the courtroom. Skakel unsuccessfully fought to be tried as a juvenile.

"It's nice to say, once in a while, that justice delayed doesn't have to be justice denied," said Benedict, the prosecutor. "And this is certainly the case for that.'

One of the prosecution witnesses from the Elan School, Gregory Coleman, was dead of heroin use by the time Skakel's trial began. But prosecu-

HAMILTON

NORWALK, Conn. (AP) — He vowed to do "whatever it takes" to ter for rich kids in Poland Spring, tors were permitted to read Coleman's "It's a hollow victory." pretrial testimony into the record, including an allegation that Skakel once told him: "I'm going to get away with murder, because I'm a Kennedy."

The defense argued that Elan students were berated and beaten until they told administrators what they with a golf club — later traced to a set former Los Angeles Detective Mark wanted to hear, an atmosphere that Skakel, 41, could get anywhere from owned by Skakel's mother — and Furhman and crime writer Dominick contributed to Skakel's purported con-know this because I know Michael." Skakel himself did not testify. But

Skakel's lawyers also repeatedly reminded the jury that Thomas Skakel and former Skakel family tutor Kenneth Littleton were longtime suspects.

Dorthy Moxley, who had waged a determined campaign for justice, was a dignified fixture during the twomonth trial. Even defense lawyers acknowledged the weight of her presence, asking potential jurors if they could acquit Skakel knowing it would bring her pain.

Outside the courtroom, she Moxley said: "This is Martha's day. This is truly Martha's day. I hope that people remember that." She added that she has "great empathy for the Skakel family."

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NEW LISTINGS

"It's bittersweet," John Moxley said.

turned down Judge John F. otic, with teen-agers darting around the Kavanewsky's offer to let him speak. dimly lit Greenwich estates. Wit-Skakel said he would like to say some-"No, sir," the judge said firmly.

brother, said: "Michael is innocent. I juana and watched TV. and added: "Twenty-seven years of to place him on the Moxley property insinuation and intimidation is that night. enough."

privileged world where adult supervision of the teen-age Skakels was often to the Moxley estate, thinking: limited to nannies, gardeners and Skakel's mother had died in 1973;

his father was on a hunting trip the night of the murder.

That night — the night before Hal-

loween, often called "Mischief Night" After the verdict, Skakel's lawyer — was described by witnesses as chanesses, including Skakel's siblings. said he and several others had gone to a cousin's home in another part of David Skakel, Michael's younger Greenwich, where they smoked mari-

He said the trial "felt like a witch hunt," prosecutors used Skakel's own words

They played a tape of Skakel telling The trial opened a window on a an author in 1997 that after he returned home from his cousin's house, he went "Martha likes me. I'll go get a kiss from

Martha. I'll be bold tonight." He said he climbed a tree and threw sticks and rocks at Martha's window and yelled her name. He said heclimbed down and ran home.

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Miss Chisholm Trail leads pageant PRATT (AP) — Miss Chisholm finished," she said. "I'm not taking

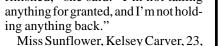
Trail, Jeanne Anne Schroeder, was the ing anything back.' star of the show on the first day of the Miss Kansas pageant, winning in two Schroeder, 23, won both the prelimi-

Miss Southwest, Natalie Ralston, The Friends University graduate, won the preliminary evening wear now a University of Kentucky gradu-

ate student, performed a classical Ital-Twenty women are competing in this year's pageant, which runs through "I just felt phenomenal when I was

Goodland • 899-6275





Miss Sunflower, Kelsey Carver, 23, a graduate student at Fort Hays State, won the preliminary swimsuit competition wearing a blue two-piece outfit.



competition. Ralston, 20, is a student at the University of Kansas.



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