

about our friends

calendar

The Rev. John Williams from Garden City will do a **dramatization of the apostle Peter**, follower of Jesus, at **10:30 a.m. Sunday** at the First Baptist Church at Fifth and Center. He will be in costume and use scriptures from Acts of the Apostles for his talk.

Smoky Gardens archery club will have a shoot beginning at **10 a.m. Sunday**. Registration begins at 9 a.m. Call 899-5174 or 899-5358.

Jodi Tubbs of the **Kansas Commission on Veterans Affairs** will be in Goodland from **1-2:15 p.m. Thursday** in the Assembly Room on the third floor of the courthouse to help veterans and dependents with claims. Call the office in Colby any Monday, Wednesday or Friday at (785) 462-3572.

Doug Loman, former outfielder for the Milwaukee Brewers, will be the guest **speaker at The RIOT**, a youth rally, at **7 p.m. Friday, Aug. 16**, at the Max Jones Fieldhouse. There will be a Christian worship band, teaching, free autographed baseballs, free CDs and free RIOT Squad T-shirts.

A **garage sale and bake sale** will be held from **8 a.m.-1 p.m. Saturday, Aug. 17**, in the Handy House Breezeway at 202 W. 13th to raise money for the Sherman County Historical Society. Items and baked goods may be donated during the week of Aug. 12.

Sunflower King and Queen and Prince and Princess contestants are sought for the 2002-03 competition. Crowning will be **Saturday, Aug. 17**, at Chambers Park.

Boys and girls 2-5 are eligible for the prince and princess contests, and boys and girls 6-10 may enter the king and queen contests. Out-of-town contestants are welcome. Pick up registration forms at the Goodland Chamber of Commerce office, McDonald's or Wal-Mart. Call 899-7130 for information.

Sunflower Festival Quilt Show will be **Saturday and Sunday, Aug. 17 and 18**, at the Handy House at 13th and Center. Wall hangings and small quilts may be dropped off between 2 and 4 p.m. on Friday, Aug. 16, and can be picked up at 4 p.m. Sunday, Aug. 18. A drawing will be held during the Flatlander Festival Sept. 28 and 29 for a 108-by-98-inch white whole cloth "Garden Party" quilt made by the Methodist Quilters. The quilt will be displayed in the Sunflower Festival show.

The American Cancer Society **Sherman County Relay for Life** will begin with the survivors lap at **7 p.m. Friday, Aug. 23**, at the Sherman County Fairgrounds. Luminaria ceremony is at **9 p.m.** Luminaries may be purchased by calling Janda Linin at 899-6261.

Colby Community College outreach program enrollment will be from **7-7:30 p.m. Tuesday, Aug. 20**, at Goodland High School cafeteria; and from **10 a.m.-noon and 1-4 p.m. Tuesday, Sept. 3**, at the Northwest Kansas Technical School Murray Center.

The Goodland Arts Council is hosting a **Junk-Art Show Saturday, Sept. 7**, at the **Carnegie Arts Center** as part of the city-wide Junk Parade. Entries must be created from some kind of recycled item and must be **taken to the center by Sunday, Sept. 1**. Items will be displayed from Sept. 1-14 and will be judged on the 7th with prizes awarded at 2 p.m. that day.

SHARE sign up for the September distribution of food will be **until Friday, Sept. 13**, at the Sherman County Health Department, Harvest America, the Regional Prevention Center or the Kanorado Senior Center. **Pick up** will be from **9 to 10 a.m. Saturday, Aug. 24**, at 824 Main for the August distribution of low-cost food.

activities

Tours of the 1907 Victorian House at 202 W. 13th are from **1:30-6 p.m. Monday-Wednesday and Friday and Saturday, 1:30-5 p.m. Thursday and from 1-5 p.m. Sunday**.

Tours of the **Union One-Room School, District 51**, north of the High Plains Museum on Cherry are from **8 a.m.-12:30 p.m. Monday through Saturday and noon-3 p.m. Sunday**.

"**Prairie Past Times**," a photographic history of entertainment in Sherman County, is on display from **9 a.m.-5 p.m. Monday-Friday** and from **9 a.m.-4 p.m. Saturday** at the museum, 1717 Cherry Ave.

The **Carnegie Arts Center** is open from **10 a.m.-5 p.m. Tuesday through Friday and from 1-4 p.m. Saturday, Sunday and Monday**. Fine art in oils by Gayle Carson will be on display from Sunday until Saturday, Aug. 31.

Aerobics Classes - 7:45 a.m. morning aerobics classes are offered **daily** at the Goodland Activities Center. Tena Tompkins leads a step aerobics class at **5:30 a.m. Monday, Wednesday and Friday**. On Tuesday and Thursday, a less intense class is offered. Call 899-7242.

TOPS Meetings - Take Off Pounds Sensibly meets at **5:30 p.m. Mondays** in the small board room at Goodland Regional Medical Center. **Weigh-in** is at **5 p.m.**

area events

A **rodeo bullfighter** from Burlington, **Cory Wall**, son of Lohinnie and Phyllis Wall, will be **featured at the Kit Carson County Rodeo Aug. 8-10** in Burlington. The rodeo will be at **8 p.m. Friday** with the parade of livestock at 7:30 and at **12:30 p.m. Saturday** with the parade of livestock at 11:30 followed by awards.

Wall has been featured on TNN, Fox Sports and ESPN over the last six years.

LaLeche League of Northwest Kansas is having a family **potluck picnic from 6-7 p.m. Central Time Sunday** at Fike Park in Colby to celebrate World Breast Feeding Week this week. Anyone who has received help from the league or who wishes to meet other families of breast fed babies is welcome to attend. The organization promotes better health for babies by encouraging breast feeding.

Golden Plains High School, Rexford, Selden, Menlo and Gem Alumni Reunion will be Friday-Sunday, **Aug. 30-Sept. 1**. Parade is at 11 a.m. Saturday. Vendors, parade entrants and musicians wanted. Call-785-687-3340 or 785-687-2255.

senior center menu

Monday: Chicken dressing casse-

role with gravy, Italian blend vegetables, apricots and pudding. **Tuesday:** Taco salad, watermelon, chips and cherry crisp. **Wednesday:** Philly steak sandwich, pasta salad with vegetables, corn, bun or bread and peaches. **Thursday:** Turkey roast, mashed potatoes and gravy, cantaloupe, bread and cake with frosting. **Friday:** Taco sandwich, potato rounds, cinnamon apples, bun or bread and tropical fruit salad.

hospital report

Goodland Regional Medical Center Admitted on Thursday: Thomas Grant.

Specialists for Friday: Stuart Kennedy, orthopedist.

Volunteer schedule: Monday: Mary Schippert, a.m. **Tuesday:** Bonnie Daily, a.m., and Beulah McClung, p.m. **Wednesday:** Helen Armstrong, a.m.; Irene Kehlbeck, courtesy; and Opal Callahan, p.m. **Thursday:** Betty Saint, a.m., and Velma Holste, p.m. **Friday:** Fern Hawks, a.m.

health department

The Sherman County Health Department at 1622 Broadway is open from **8 a.m.-noon and 1-5 p.m. Monday-Friday**.

Monday: Family planning clinic 2-6 p.m. Scheduled appointments. **Tuesday:** Scheduled appointments. 10-11:30 a.m. Blood pressures at Kanorado Senior Center. **Wednesday:** WIC in Colby. Scheduled appointments. **Thursday:** WIC in Colby. Voucher pickup and scheduled appointments. 9-10:30 a.m. Blood pressures at Sparks and Handy Towers. **Friday:** In service at technical college on blood-borne pathogens 8-9 a.m. Blood sugar and blood pressure screening 8-11:30 a.m. Walk-in clinic for kindergarten immunizations 1-4:30 p.m.

Family planning clinic Monday by appointment.

today in history

Aug. 9, 1902: Continental Creamery has erected a station near the depot and Auer Ice House where cream will be received. Dairy interests are bound to become paramount here.

Aug. 10, 1902: President Roosevelt ordered the boundary line change of the south tier of Sheridan, Thomas and Sherman Counties into Colby Land Office from the WaKeeney Land Office.

Aug. 11, 1902: Dr. H.P. Gandy operated for cancer of the rectum on Charles Dindra at the residence three miles north of Kanorado. Three neighbors assisted in handling the patient.

From *The Goodland News*, provided by the Sherman County Historical Society.

matters of record

Goodland Police July 28 — Cowboy Loop was the victim of a \$9 gas skip at 1631 Main. The City of Goodland was the victim of the theft of two white cast iron flower planters valued at \$2,000 at 500 N. Main.

July 29 — Laura M. Bennetts reported \$500 criminal damage to a 1992 Pontiac that was keyed at 500 W. 12th. **Aug. 3** — Kenneth W. Andrews reported the burglary and theft of a Playstation, game and DVD valued at \$449 at 317 1/2 E. 10th.

The City of Goodland was the victim of \$300 criminal damage to the window of a 1994 Ford at 1400 Clark. Donald Schamberger reported the theft of a 1997 Chevy at 2218 Commerce Rd. It was later recovered.

Aug. 4 — Theresa Calkins reported the theft of a \$250 dog from the yard at 901 Broadway. It was later recovered. Jeffery D. Andrews was arrested for

assault and disorderly conduct against Ricky Pummer and criminal damage against Joseph Scheopner at 919 E. Hwy. 24.

Aug. 5 — John J. Heyer reported \$75 criminal damage as the side of his house was spray painted at 619 Grand.

Kornelia G. Schields reported a burglary and theft of a \$350 bike which was later recovered and \$50 criminal damage to a screen and window at 603 Main.

Aug. 6 — Robert Zollinger reported the theft of a \$100 cell phone at 207 Kansas.

Total Petroleum Inc. was the victim of a \$14 gas skip at 2710 Commerce Rd.

John C. Dierks was arrested for obstruction and disorderly conduct against Glenn A. Johnson and Brandon D. Terry, both police officers, at 12th and Syracuse.

Cocaine may do permanent damage



cris lovington

• prevention center

According to a study by the National Institute On Drug Abuse, exposure to cocaine before birth may affect the way a child's brain functions many years later. The brain-imaging study found a chemical abnormality in the brains of 8-year-old children that may reflect alterations in metabolic processes that enable brain cells to use energy and function properly.

It's reported that the children were exposed to cocaine only during gestation and their brains have had 8 years to recover from this exposure. It was surprising that they were still showing deficits after so many years. The new finding suggests that early exposure to drugs has more long-lasting effects on the brain than previously thought.

The nature and extent of possible developmental damage to infants and children from prenatal exposure to cocaine has been the subject of much apprehension and scientific study. In the 1980's, anecdotal reports of abnormalities among cocaine-exposed children contributed to fears that these children were irreparably damaged and would never be able to function in society.

Subsequent scientific research has dispelled such exaggerated concerns for the vast majority of prenatally exposed children. Institute-funded studies that have been tracking the development of groups of cocaine-exposed babies through adolescence now indicate that most seem to function normally, but some may have subtle impairments in their ability to control emotions that could put them at risk of behavioral and learning difficulties.

Previous brain-imaging studies of children prenatally exposed to cocaine have yielded conflicting information about the drug's effects on the developing central nervous system. Some studies have found abnormalities in brain structure, while others have not.

Studies in abstinent adult cocaine abusers, using an imaging technique called magnetic resonance spectroscopy (MRS), have suggested that chronic cocaine use may cause persistent damage to neurons in the frontal lobes of males and that brain metabolic abnormalities also could exist despite a normal-appearing brain structure. This technique has been used to see if similar biochemical abnormalities might be present in the brains of children who had been prenatally exposed to cocaine, even if they appeared to have no structural damage.

The researchers used magnetic resonance imaging (MRI) to assess brain structure and magnetic resonance spectroscopy to examine brain biochemistry in 14 8-year-old children who had been exposed to cocaine in the womb.

They administered the same brain scans to a control group of 12 age-matched, non-exposed children. The scans measured levels of various chemicals in different brain regions.

Increased or reduced concentrations of these chemicals can indicate either damage to nerve cells or alterations in brain cell function in these regions.

The researchers assessed a frontal area of the brain, made up of "white matter," which consists mainly of nerve fibers and specialized support cells. They also looked at an area deep in the brain called the basal ganglia, which contains clusters of nerve cell bodies, or "gray matter."

The study found no difference be-

Because levels of the metabolite are markers for the density and integrity of nerve cells, the normal levels found in children prenatally exposed to cocaine suggests they did not have significant nerve damage or loss in the two brain regions that were examined. The MRI evaluations also showed no brain structure abnormalities in children in either group.

However, cocaine-exposed children had significantly higher levels of creatine in the white matter of the frontal lobes than non-exposed children. Elevated creatine levels indicate that the brain cells of cocaine-exposed children use energy differently in this region.

Because the brain requires creatine for all functions, the altered creatine levels found could affect how both nerve cells and support cells are functioning in the brain.

Studies also found the same abnormal creatine levels in frontal white matter in adult cocaine abusers more than a year after they have stopped using cocaine. The drug seems to have a particularly long-lasting effect on energy metabolism in this brain area that doctors and researchers feel merits further investigation.

The frontal area of the brain is involved in our ability to control impulses and sustain attention on a task, possibly making some cocaine-exposed children more impulsive and more easily distracted than their peers. However, additional research is needed to make this determination.

Library gets new books and cassettes

The Goodland Public Library received the following new books, cassettes and CD's in August:

Adult fiction: "Wings of Fire," by Dale Brown; "Mount Vernon Love Story," by Mary Higgins Clark; "Eleventh Hour," by Catherine Coulter; "Faking It," by Jennifer Crusie; "Green Calder Grass," by Janet Dailey; "An Accidental Woman," by Barbara Delinsky; "The Mulberry Tree," by Jude Deveraux; "Distant Shores," by Kristin Hannah; "The Moment She Was Gone," by Evan Hunter; "Sleep No More," by Greg Iles; "The Rem-

nant," by Tim LaHaye; "McNally's Alibi," by Vincent Lardo; "The Dive From Clausen's Pier," by Ann Packer; "The Truth Hurts," by Nancy Pickard; "Grave Secrets," by Kathy Reichs; "Hot Ice," by Nora Roberts; "Sunset in St. Tropez," by Danielle Steel; and "The Rescue," by Lori Wick.

Adult non-fiction: "Religion in Politics and Society — the Reference Shelf series;" "Barbed Wire — a political history," by Olivier Razac; "Kansas Occupational Outlook — 2003 to 2008;" "Cracking the ASVAB," by the Princeton Review; "A Rage to Kill and Other True Cases," by Ann Rule; "Fiske Guide to Colleges — 2003 edition;" "Every Woman's Guide to Eating During Pregnancy," by Martha Shulman; and "Magill's Literary Annual — 2002 edition."

Children's books: "Thomas and the Shooting Star," by W. Awdry; "Princess in Love," by Meg Cabot; "Insect Invader," by Anne Capeci (Magic School Bus Chapter Book #11); "Biscuit Goes to School," by Alyssa Capucilli; "Get Ready for Second Grade, Amber Brown," by Paula Danziger; "Best Friends at School," by Laura Elliott; "Judy Moody," by Megan McDonald; "Countdown to Kindergarten," by Alison McGhee;

"As Far As I Can See — Meg's Prairie Diary," by Kate McMullan (My America series); "If You Take a Mouse to School," by Laura Numeroff; "Calling Doctor Amelia Bedalia," by Herman Parish; "Spy Kids 2 — the Island of Lost Dreams," by Kiki Thorpe; "World Almanac for Kids — 2003 edition;" "Glow in the Dark Book of Space," by Nicholas Harris; "Michelle Kwan," by Mark Stewart; and "Prince William," by Elaine Landau.

Audio cassettes: "Wings of Fire," by Dale Brown; "Mount Vernon Love Story," by Mary Higgins Clark; "An Accidental Woman," by Barbara Delinsky (CD); "The Mulberry Tree," by Jude Deveraux (CD); "Distant Shores," by Kristin Hannah; "The Moment She Was Gone," by Evan Hunter (CD); "Sleep No More," by Greg Iles; "The Remnant," by Tim LaHaye; "McNally's Alibi," by Vincent Lardo (CD); "The Dive From Clausen's Pier," by Ann Packer; "The Beach House," by James Patterson; "Grave Secrets," by Kathy Reichs (CD); "Vengeance in Death," by J.D. Robb; "Hot Ice," by Nora Roberts; "Sunset in St. Tropez," by Danielle Steele (CD); "Life Strategies," by Phillip McGraw; and "Self Matters," by Phillip McGraw.

corrections

In the Thursday, Aug. 8, edition of *The Goodland Daily News* an article said homes in Goodland with even-numbered addresses can water lawns on Monday and Thursday and odd-numbered homes on Tuesday and Friday. This is incorrect. It should have said even-numbered addresses can water on Tuesday and Friday and odd-numbered homes on Monday and Thursday. This was a reporting error.

In the Wednesday edition of *The Goodland Daily News* it was incorrectly stated that Dixie Gattshall was elected Precinct Committeewoman in Ward 2. It should have said Dixie Chatfield. This was a reporting error.

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The Goodland Daily News will correct any mistake or misunderstanding in a news story. Please call our office at (785) 899-2338 to report errors. We believe that news should be fair and factual. We want to keep an accurate record and appreciate you calling to our attention any failure to live up to this standard.

The Message of Peter
Meet the Apostle "Peter"
as portrayed by the Rev. John Williams, area minister of American Baptist Association of Garden City, KS

Sunday, Aug 11
10:30 a.m.
First Baptist Church
5th & Center
Goodland, KS

"Come where the Gospel is preached & Christ is known. Preaching Christ & Him Crucified."
- Pastor Bud

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Officials Meetings
Football & Volleyball

Tuesday, August 13
5 p.m. MDT Football
6:30 p.m. MDT Volleyball
at Oakley High School auditorium.

Basketball, softball & wrestling officials also needed.

If interested contact Dick Liess 899-5656
Carpool leaving Max Jones Fieldhouse at 4:00 p.m. Aug. 13