

# about our friends

## calendar

**Doug Loman**, former outfielder for the Milwaukee Brewers, will be the guest speaker at The RIOT, a youth rally, at 7 p.m. Friday at the Max Jones Fieldhouse. There will be a Christian worship band, teaching, free autographed baseballs, free CDs and free RIOT Squad T-shirts.

A garage sale and bake sale will be held from 8 a.m.-1 p.m. Saturday in the Handy House Breezeway at 202 W. 13th to raise money for the Sherman County Historical Society. Items and baked goods may be donated during the week of Aug. 12.

**Sunflower King and Queen** and Prince and Princess crowning will be Saturday at Chambers Park.

A **horseshoe pitching tournament** will be Saturday morning. Ages 10 and under will compete at 9:30 a.m., ages 11-16 at 10:30 a.m. and ages 17 and up at 11:30 a.m. Trophies will be awarded. Call Bud Chester at 899-3450 or the Chamber of Commerce at 899-7130 to sign up.

**Sunflower Festival Quilt Show** will be Saturday and Sunday at the Handy House at 13th and Center. Wall hangings and small quilts may be dropped off between 2 and 4 p.m. on Friday and can be picked up at 4 p.m. Sunday. A drawing will be held during the Flatlander Fall Festival Sept. 28 and 29 for a 108-by-98-inch white whole cloth "Garden Party" quilt made by the Methodist Quilters. The quilt will be displayed in the Sunflower Festival show.

**Steever Water Park** is closing after Sunday. The park will be open regular hours Sunday, 1-5 p.m. and night swim from 7-9 p.m.

**Kanorado PRIDE** is sponsoring a teddy bear picnic at 5 p.m. Sunday in the city park by the school house. There will be free hot dogs and watermelon. Bring a stuffed toy for the "Twice Loved" toy shop at the Christmas festival.

The **Goodland High School site council** meeting will be at 7 p.m. Monday in the high school conference room. It is an organizational meeting, and interested parents are invited to attend.

The American Cancer Society **Sherman County Relay for Life** will begin with the survivors lap at 7 p.m. Friday, Aug. 23, at the Sherman County Fairgrounds. Luminaria ceremony is at 9 p.m. Luminaries may be purchased by calling Janda Linin at 899-6261.

Colby Community College outreach program enrollment will be from 7-7:30 p.m. Tuesday, Aug. 20, at Goodland High School cafeteria; and from 10 a.m.-noon and 1-4 p.m. Tuesday, Sept. 3, at the Northwest Kansas Technical School Murray Center.

The **Goodland Arts Council** is hosting a **Junk-Art Show Saturday, Sept. 7**, at the Carnegie Arts Center as part of the city-wide Junk Parade. Entries must be created from some kind of recycled item and must be taken to the center by Sunday, Sept. 1. Items will be displayed from Sept. 1-14 and will be judged on the 7th with prizes awarded at 2 p.m. that day.

**SHARE sign up** for the September distribution of food will be until Friday, Sept. 13, at the Sherman County Health Department, Harvest America, the Regional Prevention Center or the Kanorado Senior Center. Pick up will be from 9 to 10 a.m. Saturday, Aug. 24, at 824 Main for the August distribution of low-cost food.

## activities

**Tours of the 1907 Victorian House** at 202 W. 13th are from 1:30-6 p.m. Monday, Wednesday, Friday and Saturday, 1:30-5 p.m. Thursday and from 1-5 p.m. Sunday.

Tours of the **Union One-Room School, District 51**, north of the High Plains Museum on Cherry are from 8 a.m.-12:30 p.m. Monday through Saturday and noon-3 p.m. Sunday.

"**Prairie Past Times**," a photographic history of entertainment in Sherman County, is on display from 9 a.m.-5 p.m. Monday-Friday and from 9 a.m.-4 p.m. Saturday at the museum, 1717 Cherry Ave.

The **Carnegie Arts Center** is open from 10 a.m.-5 p.m. Tuesday through Friday and from 1-4 p.m. Saturday, Sunday and Monday. Fine art in oils

by Gayle Carson will be on display until Saturday, Aug. 31.

**Born to Read** - The Goodland Public Library offers Story Time for children under 3 from 10-10:30 a.m. every Friday. The program will be taking a break for the month of August and will return in September.

**Emotions Anonymous** meets at 7:30 p.m. Wednesdays at the Goodland Regional Medical Center board room.

**Century Families**, for people whose family came to Sherman County more than 100 years ago, meets at 7 p.m. the second Monday of the month at the Senior Center. For information, call 899-2835.

**Aerobics Classes - 7:45 a.m.** aerobics classes are offered daily at the Goodland Activities Center. Tena Tompkins leads a step aerobics class at 5:30 a.m. Monday, Wednesday and Friday. On Tuesday and Thursday, a less intense class is offered. Call 899-7242.

**TOPS Meetings - Take Off Pounds Sensibly** meets at 5:30 p.m. Mondays in the small board room at Goodland Regional Medical Center. Weigh-in is at 5 p.m.

**Hanging by a Thread** will not meet during the summer. The next meeting will be from 7-9 p.m. the second Thursday of September at Wheat Ridge Acres.

**Goodland Women of Faith** monthly celebrations are taking a break for the summer and will meet again in September.

## area events

The **Northwest Kansas Area Agency on Aging** is sponsoring an information day for senior citizens from 10 a.m.-3 p.m. Central Time Thursday, Aug. 29, at the Grainfield American Legion.

Topics include identity theft, Medicare, diabetes, grandparents' rights, exercise and antiques. Call (800) 432-7422 for lunch reservations by Monday, Aug. 26. A contribution for lunch is requested.

The "**Long and Short of It**" poker run and hog roast will be Saturday, Aug. 31, at Lake Atwood. Motor-

cycles, classic cars, vans or anything else legal that runs is eligible for the run.

Long run participants will register from 9-10:30 a.m. Central Time and depart at 11 a.m. for a 165 mile run. Short run participants will register from 11 a.m.-12:30 p.m. and depart at 1 p.m. for a 70 mile run.

The long run will visit Colby, Oakley, Hoxie and Oberlin and return to Atwood. The short run will visit historic sites in Rawlins County.

The **hog roast** will be at 6 p.m., and prizes will be given away at 8 p.m. at the Atwood Lake Band Shell. Fees collected will benefit the Atwood Swimming Pool and Park Project. Call Cathy Domsch at 785-626-3548 or Scott Chvatal at 785-626-3251.

**Golden Plains High School, Rexford, Selden, Menlo and Gem Alumni Reunion** will be Friday-Sunday, Aug. 30-Sept. 1. Parade is at 11 a.m. Saturday. Call 785-687-3340 or 785-687-2255.

## senior center menu

**Friday:** Taco sandwich, potato rounds, cinnamon apples, bun or bread and tropical fruit salad.

## hospital report

**Goodland Regional Medical Center Dismissed on Wednesday:** Rex Clark, Goodland.

**Specialists for Friday:** Gerald Poticha, endocrinologist; Tim Birney, orthopedist; and John Faul, psychiatrist.

**Volunteer schedule:** Thursday: Betty Saint, a.m., and Velma Holste, p.m. Friday: Fern Hawks, a.m.

## health department

The Sherman County Health Department at 1622 Broadway is open from 8 a.m. - noon and 1-5 p.m. Monday-Friday.

**Friday:** In-service at technical college on blood-borne pathogens 8-9 a.m. Blood sugar and blood pressure screening 8-11:30 a.m. Walk-in clinic for kindergarten immunizations 1-4:30 p.m.

Children's physicals, immunizations, family planning and toenail clipping available by appointment. Sharps

containers are available free of charge. Call 899-4888.

**Water Testing** - The Northwest Local Environmental Protection Group does free well evaluations, including testing for bacteria and nitrates. To schedule an evaluation or discuss environmental concerns, call the Health Department at 899-4888.

## today in history

**Aug. 15, 1902:** A mistake has been made - the case of Ernst vs. Auer has not been settled out of court, as Mr. Ernst has not yet made nor accepted any settlement.

From *The Goodland News*, provided by the Sherman County Historical Society.

## student news

**Mandi Bellamy**, daughter of Brian and Shelly Bellamy of Goodland, was chosen for Lt. Governor Gary Sherrer's community stars. The community stars award recognizes young people who volunteer in their communities.

## crimestoppers

If you have information about any crime, call the Goodland Area Crime Stoppers "Look Line" at 899-5665.

# Baylor University senior wins four scholarships

Cynthia Cole, daughter of Charlene Cole and the late Curtis Cole, has been awarded four scholarships for her senior year at Baylor University in Waco, Texas.



Cole

She was awarded a \$2,000 National Auctioneers Association scholarship at the association's 53rd international conference and show at the Hilton Hotel in Walt Disney World Resort in Orlando, Fla.

Your call will be confidential and you will not be asked your name. If the information results in the arrest and/or conviction of those involved, you could be eligible for a reward of up to \$1,000. Goodland Area Crime Stoppers is a nonprofit organization formed by citizens against crime.

## family shelter

The Northwest Kansas Family Shelter provides services day or night to victims of domestic violence and sexual assault. Weekly support groups are available for women and children. For information or help, call (800) 794-4624.

## tree donations

Many trees at the Goodland Cemetery have died and the cemetery board is trying to replace them. Contributions for the Goodland Cemetery Memorial Tree Fund can be left at Koons or Bateman funeral homes or sent to the Goodland Cemetery Board, Box 59, Goodland, Kan. 67735. Donations may be made in memory of a loved one.

## animal shelter

Lost a pet? Call the Goodland Police Department at 899-4570. Interested in adopting a pet? Call the Northwest Kansas Animal Shelter at 899-6464.

## matters of record

### Goodland Police

**Aug. 9** - Eagle Cable TV reported the theft of one month of services, \$40, at 825 W. Hwy. 24 #A4.

**Aug. 13** - The school district was the victim of \$1,000 criminal damage to the lawn at the high school, Max Jones Fieldhouse and football field.

Donna Price, Jim L. McKee and Carol Lenington reported \$499 in criminal damage to lawns and two trees at 412 W. 10th.

Howard Johnson reported the theft of \$100 cash at 2218 Commerce Rd.

Violet C. Phillips reported \$250 criminal damage to the garage door at 1502 Texas.

Donna Price reported \$500 criminal damage as a vehicle was scratched at 412 W. 10th.

Wal-Mart reported the theft of two knives valued at \$28. Charges are pending against a juvenile.

**Aug. 14** - Mike Jarmin reported criminal damage of \$100 to his lawn at 724 Arcade.

Justin T. Colby reported a burglary, theft and criminal damage as a tool box, tools, CD's and a CD case, total value \$240, were taken and \$100 damage was done to the dash of a vehicle at 221 W. 12th.

### Accidents

Accidents reported by the Goodland police department:

**Aug. 10** - An unknown vehicle hit a 1998 Dodge owned by Theodore Bogenhagen in the Wal-mart parking lot and left the scene.

**Aug. 13** - Tisha A. Melton was backing a 1987 Oldsmobile in Wal-Mart's parking lot and hit a parked 1977 Chevy owned by Lester Browning.

### Real Estate

Real estate transfers reported by the Sherman County Register of Deeds: Mary Jo Errington to Amie Jo Errington or Mary Jo Errington interest in and to Sec. 18, T8, R41, and interest in and to the SE/4 of Sec. 17, T8, R41.

Caldwell's Inc., a Kansas corporation, to Mary L. Delano, Kevin Delano, Chad Delano and Regina Barnes a tract 55' X 83' in the SE/4 of Sec. 19, T8S, R39W.

James Vining of Orange County, Calif., to Rusty and Wendy Fritz the N10' of Lot 22, all of Lot 23, the S5' of Lot 24 in Block 8 in the C.K. and N. Addition to the City of Goodland.

Wallace F. and Vera Gattshall to Wallace F. Gattshall, trustee of the Wallace F. Gattshall Revocable Trust, 2/3 interest in and to all of the oil, gas and other minerals in and under the NE/4 of Sec. 29, T6S, R41W.

Nancy J. Rudy to Tracy A. Rudy, Trina J. Rudy and Nancy J. Rudy the N210.5 acres of the S/2 of Sec. 20, T8, R41.

Nancy J. Rudy to Trina J. Rudy and Nancy J. Rudy tract 1: the S/2 of the NE/4 of Sec. 20, T8, R41, and tract 2: the N/2 of Sec. 17, T8, R41.

James L. Fritz to James L. Fritz and Mabel Goalden, trustees of the James L. Fritz Trust, the N/2 of Sec. 11, T7S, R42W; the E/2 of Sec. 18, T7S, R41W; the NE/4 of Sec. 19, T7S, R41W; the NW/4 of Sec. 20, T7S, R41W; and all of Sec. 2, T7S, R42W.

Gladys E. McBride of Kit Carson County, Colo., to Dorothy V. Mangus of Sherman County the SW/4 of Sec. 11, T8S, R42W, and the northernmost 50 acres of the N/2 of the SE/4 of Sec. 11, T8S, R42W.

# It's time for parents to get involved with school activities

Fall sports practices are beginning, and the first day of school is just around the corner on Monday, Aug. 26, in Goodland. It's a busy time for everyone.

Unfortunately, as children become older, parents tend to become less involved in their education, including the time to attend activities and parent/teacher conferences.

According to recent data, only about 30 percent of young people have parents who are actively involved in their schooling. And this involvement drops off even more in the middle and high school years.

Youth are more likely to grow up to become healthy adults when their parents are involved in their education and school. The following are suggestions that can make a big difference to a



## high plains mental health

- plain sense

child:

- Talk with your child every day about their school day.
- Maintain regular communication with your child's teacher, not just when trouble occurs. Include the child so everyone can have a say in expectations and goals.
- Join the school's parent-teacher organization or volunteer to help in other ways.
- Attend school conferences; if you

can't get there on the designated date, arrange to meet another time.

According to the Search Institute, when parents participate in their children's education, even in small ways, from elementary

through high school, the rewards can be great. When parents stay involved, young people are:

- Better motivated to do well in school.
- More likely to be involved in positive school activities.
- More committed to pursuing education after high school.

• Less likely to use alcohol, become violent or engage in antisocial behaviors.

By being involved in their children's education parents can have a big impact on their futures.

Contributed by Karen D. Beery, Consultation and Education Department.

The views expressed here are those of the individual writer and should not be considered a replacement for seeking professional help.

Mail questions to: High Plains Mental Health Center, Plain Sense, Consultation and Education Department, 208 East 7th, Hays, Kan. 67601.

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Contact Colleen or Steve Duell 899-5888

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## Steever Water Park

will close  
Sunday,  
Aug. 18th

We will be open  
regular hours  
1 to 5 p.m.  
Nightly swim from  
Sunday  
7 to 9 p.m.

**Jessica Vaughn**  
Assistant Vice President  
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