



Chelsea Ontiveroz (top, from left), Amanda Bonsall, Tiffany Thomas and Kali Smith took off in the freshman/sophomore girls' race at the Goodland Invitational on Thursday at Sugar Hills Golf Club alongside Oakley run-

ners. Sophomore Craig Mason (right) ran uphill about two miles into his three-mile cross country run.

Photos by Doug Stephens/The Goodland Daily News



# Runners win medals in every division

By Doug Stephens  
The Goodland Daily News

Goodland cross country runners started the fall sports season in good form at the Goodland Invitational on Thursday at Sugar Hills Golf Club, winning individual medals in every division, including a gold and a bronze. Junior Speedy Aguilar won the junior/senior boys' division. He ran three miles on the hilly terrain in 18 minutes, 30 seconds, with senior Aaron Gittinger just five seconds back, pulling down a bronze medal.

Freshman Kalie Smith earned fourth in the freshman/sophomore girls' race, running two miles in 14:30. If compared against the upperclassmen's race, Smith came in with the fifth fastest time of all girls.

Sophomore Daniel Blake finished fourth in his division with 20.04.

Senior Deanna Livengood placed tenth with 15:11. Coach Don Smith said she ran a strategic race. In the past, she ran too fast at the beginning of the race, he said, and fell behind at the end.

This year she started paced herself and had enough energy left at the end to pass the competition and win a medal.

Smith said he is proud Aguilar won this race, but Gittinger finishing third might be even more impressive. This is the senior's first year in cross country, although he ran long distances in track the last three years.

"We've been trying to get him to be patient and learn the differences between track and cross country," Smith said. "Aaron did fantastic, finishing as well as he did in his first race."

There were 10 schools at the meet and 218 athletes, including 43 junior high students. The underclass girls ran first, followed by the younger boys. The golf course was lined by hundreds of spectators, many of whom cheered for more than just their own kids.

"I like to encourage all the runners," said Marla Hensen, mother of a Ulysses athlete said after clapping for an Oberlin student, "especially the ones lagging at the end. They need more encouragement than the rest."

Every Goodland runner finished the race in the 95-degree heat, but there were some in all four divisions who couldn't take the heat on the difficult course and dropped out. A Lakin runner collapsed and an ambulance took her to Goodland Regional Medical, where she was released after a short visit.

"Our course is tough," Smith said, "and some of the first-time athletes and coaches may not know how tough. Every year we have someone who isn't able to stand the heat and the hills. It would be nice if it never happened, but it does."

The coach said some people consider the Goodland course harder to run

than the one used for the state tournament in Wamego. His runners have an advantage, he said, because they've trained for it and know what to expect, but some kids just can't get through it.

"I don't think the normal person has any idea how hard this course is," he said.

Even though every Goodland athlete finished the race, not all of them were running every step of the way. Smith said that's something the team will work on before the next meets.

"We train hard to make sure they can finish the two or three miles, and do it without walking," he said. "Unfortunately, there was a little of that. We'll work with them so it won't happen next time. Cross country is a running sport. You just have to put one foot in front of the other and get through it."

All in all, Smith said, it was a good meet. Some runners exceeded the his expectations, and a few were disgusted with themselves, saying they knew they could do better.

"I'm really pleased with the effort these kids put into this first race," the coach said.

The girls' team finished fourth out of 10 teams, while the boys did not have enough runners to place. Zach Breininger has been sick for a week, Smith said, and Charles Lammers hurt his knee. In a normal cross country meet, Smith said, a team only needs five run-

ners to finish to get a score, but at the Goodland meet, seven are needed.

"The way we ran our meet came back to bite us," he said.

The team's next meet will be at 8 a.m. Saturday, Sept. 14, in Wamego. Not every runner will go on the overnight trip, Smith said, and the team will have to decide who is ready for the large meet.

"There will be 20 to 25 teams and maybe 100 runners in each division," he said. "It takes a lot to compete at that level. We'll be discussing who on each team will be going."

Results from Thursday:

**Junior/Senior girls:** Livengood, 10th, 15.11; Charlie Short, 19th, 16.42; Wendy Keith, 26th, 17.47.

**Junior/senior boys:** Aguilar, first, 18:30; Gittinger, third, 18.35; Timothy Kafka, 19th, 20.50.

**Freshman/Sophomore girls:** Smith, fourth, 14.13; Tiffany Thomas, 13th, 15.06; Chelsea Ontiveroz, 34th, 17.46; Amanda Bonsall, 39th, 23.10.

**Freshman/Sophomore boys:** Blake, fourth, 20.04; Craig Mason, 19th, 22.03; Brandon Zelfer, 28th, 23.09.

**Junior high girls:** Whitney Dautel, second, 7.34; Jillian Parker, ninth, 9.28; Mindi Keith, 10th, 9.48; Jessica Lu, 11th, 10.32; Heidi Yonkey, 12th, 10.53; Taylor Ralle, 13th, 11.28; Tiffany Wing, 14th, 12.13.

**Junior high boys:** Tyrel Smith, 18th, 8.00; Christopher Irvin, 21st, 8.16; Michael Smith, 25th, 11.10; Andrew Philbrick, 26th, 11.19; Cody Engel, 27th, 11.32.

**Girls' teams:** Colby 45, Lakin 90, Ogallala 95, Goodland 104, Grant 126, Ulysses 126, Oberlin, Quinter, Imperial and Oakley did not score.

**Boys' teams:** Ogallala 52, Colby 66, Imperial 106, Lakin 142, Quinter, 158, Oberlin 167, Ulysses 172, Goodland, Oakley and Grant did not score.

# Royals' owner says labor agreement good for team

KANSAS CITY, Mo. (AP) — The new collective bargaining agreement approved by major league owners Thursday is a good deal for Kansas City, Royals owner David Glass said.

"Is it everything we wanted? No," Glass told The Associated Press by phone from Chicago, where owners approved the agreement by a 29-1 vote.

"But we are in better shape than we were before. What I'm most happy about is that we averted a strike, which would have been an utter disaster for baseball," Glass said.

The contract, which expires in December 2006, increases the amount of shared local revenue from 20 percent to 34 percent and institutes a luxury tax with fixed threshold.

Glass said it was too early to quantify exactly how much additional revenue will flow to the small-market Royals, whose payroll this year was almost \$50 million.

The New York Yankees were the only team casting a dissenting vote.

"It's not altogether what the owners wanted and I'm sure it's not what the players all wanted," Glass said. "But it's a step in the right direction. We believe it's a good start. I don't think anybody expected that we would fix everything at one time."

Glass said he sensed a willingness for players and owners to work together that he'd never experienced.

"There was a willingness to recognize the common problems that all of us have in doing what is best for this game," Glass said. "It wasn't so much an adversary approach. It was more of a coming together, saying we've got to fix the problems of baseball."

The labor agreement also increases the minimum salary from \$200,000 to \$300,000 and provides for mandatory random testing for illegal steroids, which will start next season on a sur-

vey basis.

"We've gone part way. And I think people will retrospectively like what we've done," Glass said.

"As far as how much revenue sharing will affect the Royals, I can't quantify that at this point. It's not going to change the fact that you'll have teams with over \$100 million payrolls and others with \$40 million payrolls. Revenue-sharing is only one piece (of the agreement). Any kind of restraint that causes clubs to act more responsibly from a financial position really helps as well."

Glass said the 29-1 vote accurately reflected the general feeling of the owners.

"You have to look at the whole agreement," he said.

"Everybody would want to say, 'Here's what they agreed on and this fixes it all.' But there are hundreds of pieces that fit together to get some responsibility back in the game. There are a lot of things that are yet to be quantified. Some of the things in the agreement were just presented to us today for the first time. It's just too early to quantify."

# Emporia beats Fort State Hays

EMPORIA (AP) — Tyler Paul rushed for 132 yards and a touchdown as Emporia State beat Fort Hays State 38-7 in the season opener for both teams.

Emporia State scored on its first play, an 81-yard option pass from wide receiver Jason Kennedy to Henry Johnson, but it was the Hor-

nets' running game that dominated.

The Hornets rushed for 296 yards and outgained the Tigers 457-170 overall. Paul's 1-yard touchdown run put the Hornets ahead 14-0 at the end of the first quarter.

Emporia State rushed for two fourth-quarter touchdowns to put the game away.

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