

# about our friends

## calendar

An economic development meeting will be held at 5:15 p.m. tonight at Wheat Ridge Acres.

**Moonlight Madness Health Check** will be from 5-8 p.m. tonight at the Schneider's Building on 11th and Main. The health check is sponsored by Goodland Regional Medical Center, Rural Health Ventures, the Sherman County Health Department and Sherman County Emergency Medical Services.

A **Hunter Education Course** will be from 6:30-8 p.m. tonight, 6:30-9:30 Wednesday and next Thursday and at 8 a.m. Saturday, Oct. 26, at the Goodland National Guard Armory. The course is free and is open to Kansas residents, but you must pre-register by calling Troy Mannis at 899-3380, Mike Hopper at 899-5199 or Thad Hahn at 899-7157. Students under 12 must be accompanied by an adult.

The **Ladies Auxiliary** to the Veterans of Foreign Wars October meeting will begin with a **potluck at 6 p.m. Thursday**. Connie Miller, the 9th District president, will do the official inspection at the 7 p.m. meeting.

TNT Singles will have a Halloween costume party at 6:30 p.m. Thursday at Edwards Hall. Call 899-2733.

**SHARE sign up** for the November distribution of food will be until **Friday, Nov. 8**, at the Sherman County Health Department, HarvestAmerica, the Regional Prevention Center or the Kanorado Senior Center. **Pick up** will be **Saturday** for the October distribution.

The annual harvest sale **craft and bake sale** will be at **10 a.m. Saturday** at the First Christian Church, Eighth and Arcade. A **soup and pie lunch** will be from **11 a.m.-1 p.m.** Chicken noodle or vegetable soup or chili will be served with crackers, relishes, pie and coffee or iced tea.

**Lion's World Sight Day** was Oct. 10, and the Goodland Lions Club is having an **eyeglass drive** for the month of October in honor of that day. Drop off old eyeglasses or lenses at Bankwest of Kansas, First National Bank, Western State Bank, Dr. R.K. Driver, Dr. David F. Schnee or *The Goodland Daily News*.

The **Sunflower Quilt Show Committee** is planning its 2003 annual quilt show. Call the chamber of commerce at 899-7130 with ideas or to help plan the show. The first **organizational meeting** will be at **4 p.m. Wednesday, Nov. 13**, in the chamber boardroom.

The Goodland High School Vocal music department will perform the musical "Pirates of Penzance" at **7 p.m. Friday, Nov. 15**, and **Saturday, Nov. 16**, and at **2 p.m. Sunday, Nov. 17**, in the high school auditorium. Tickets go on sale Monday, Nov. 4.

## activities

**Tours of the 1907 Victorian House** at 202 W. 13th are from **1-5 p.m. Wednesday-Sunday**.

"**Prairie Past Times**," a photographic history of entertainment in Sherman County, is on **display from 9 a.m.-5 p.m. Monday-Friday** and from **9 a.m.-4 p.m. Saturday** at the museum, 1717 Cherry Ave.

The **Carnegie Arts Center** is open from **10 a.m.-5 p.m. Tuesday through Friday** and from **1-4 p.m. Saturday, Sunday and Monday**. Linda Crawford's watercolors are on display

until Oct. 31.

**Born to Read** will be at **10 a.m. Fridays** and **Story time** will be at **10 and 11 a.m. on Wednesdays and Thursdays** at the Goodland Public Library. Call 899-5461.

The **Promenaders Square Dance Club** will meet **Monday nights** at Edwards Hall, 2431 Walnut. The first three lessons are free. Call 899-3323 or 899-3791.

**Emotions Anonymous** meets at **7:30 p.m. Wednesdays** at the Goodland Regional Medical Center board room.

**Century Families**, for people whose family came to Sherman County more than 100 years ago, meets at **7 p.m. the second Monday** of the month at the Senior Center. For information, call 899-2835.

**Aerobics Classes - 7:45 a.m.** aerobics classes are offered daily at the Goodland Activities Center. Tena Tompkins leads a step aerobics class at **5:30 a.m. Monday, Wednesday and Friday**. On Tuesday and Thursday, a less intense class is offered. Call 899-7242.

**TOPS Meetings - Take Off Pounds Sensibly** meets at **5:30 p.m. Mondays** in the small board room at Goodland Regional Medical Center. Weigh-in is at 5 p.m.

**Hanging by a Thread** will meet from **7-9 p.m. the second Thursday of the month** at Wheat Ridge Acres.

**Goodland Women of Faith** monthly celebrations will be from **9:30-11 a.m. the second Saturday of the month** at Wheat Ridge Acres. Baby-sitting provided.

## area events

"**Advocating for Children: The Legislative Process**," a **workshop**, will be presented from **7-10 p.m. Central Time Wednesday** in the Bedker Memorial Complex, room 711, at Colby Community College. The workshop is free and is especially for parents, social service providers, community leaders and others interested in advocating for children. **RSVP by Tuesday** by calling 785-465-9103 or e-mail: smartstart@colbyweb.com.

The third annual **Northwest Kansas Model Train Show and Swap Meet** will be from **9 a.m.-6 p.m. Central Time Saturday** and from **noon-4 p.m. Sunday** at the Colby Community Building.

There will be vendors of railroad related items, and lunch will be available. There is an admission charge. Call Reed Hartford at 785-462-2625 or Ray Duffey at 785-462-2921.

Admission to the **Prairie Museum of Art and History** will be free from **1-5 p.m. Central Time Sundays** at 1905 S. Franklin in Colby. The museum is also open from **9 a.m.-5 p.m. Central Time Monday-Friday** and **1-5 p.m. Saturday**.

The Eller House displays furniture, clothing and objects representing farm life in the "Dirty Thirties;" the Cooper Barn, one of the largest barns in Kansas, houses an exhibit of machinery, tools and photographs telling over 100 years of agricultural and settlement history; and the Kuska Collection includes glass, ceramics, dolls, silver, toys, textiles, furniture, clothing, stamps, clocks, lamps, coins and jewelry.

**Training for new Client Assessment, Referral and Evaluation (CARE) assessors** in northwest Kansas will be held from **8:30 a.m.-4 p.m.**

**Central Time Thursday, Nov. 7**, in the board room on the second floor of the Sunflower Electric Building, 301 W. 13th, in Hays.

Dr. Don Udell will be the instructor at a **foundation workshop Tuesday-Thursday, Nov. 12-14**, in the conference room at the Thomas County Office Complex, 350 S. Range, **Colby**. The workshop is to help groups start their own foundation to seek grant money. Call the Western Prairie RC&D at 785-462-2602.

## school activities

**Tuesday:** Run on a Monday schedule. Iowa Test of Basic Skills-p.m. **Wednesday:** Gold day. Iowa Test of Basic Skills makeup. City/county recreation sports 7:30 p.m. Max Jones Fieldhouse and junior high gym. Tennis supper 5:30 p.m. in the cafeteria.

**Thursday:** Black day. Seminar — AFS. Iowa Test of Basic Skills makeup. City/county recreation sports 7:30 p.m. high school gym. End of first nine weeks. "C" team football 12:30 p.m. at Hays High School, dismiss 9:15 a.m., depart 9:30. Football parents meeting 6:30 p.m. in the cafeteria. Musical practice, evening, in the auditorium. **Friday:** No school. 1/2 day teacher training, 1/2 workday. Varsity football 6:30 p.m. at Colby, depart 4 p.m. Cheerleaders to Colby, depart 4:30 p.m. Musical practice, evening, in the auditorium. **Saturday:** ACT test 8 a.m. here. Regional cross country at Larned. Sub-state volleyball at Pratt.

## school lunch menu

**Tuesday:** Turkey-ala-king, rice, broccoli, hot roll, frosted apple and milk. **Wednesday:** Barbecue ribs sandwich, french fries, lettuce salad, chocolate cake and milk. **Thursday:** Macaroni and cheese with ham, cooked carrots, hot roll, 1/2 banana and milk. **Friday:** No school, teacher training/workday.

## senior center menu

**Tuesday:** Taco salad, tropical fruit, chips and blueberry dessert squares. **Wednesday:** Pork roast, lyonnaise potatoes, spinach cheese salad, bread and cinnamon apple slices. **Thursday:** Swiss steak, corn, apricots, bread and cook's choice vegetable or dessert. **Friday:** Hot turkey sandwich, mashed potatoes and gravy, Italian blend vegetables, bread and cranberry fluff.

## health department

The Sherman County Health Department at 1622 Broadway is open from **8 a.m.-noon** and **1-5 p.m. Monday-Friday**.

**Tuesday:** Technical college 9-10 a.m. Flu shots for First National Bank employees 8:30-10 a.m. **Wednesday:** WIC in St. Francis. Scheduled appointments. Voucher pickup 11 a.m.-1 p.m. **Thursday:** Cholesterol screening. Appointments necessary. WIC in Goodland. Scheduled appointments. **Friday:** Cholesterol screening. Appointments necessary.

Children's physicals, immunizations, fasting blood sugar and hemoglobin, family planning and toenail clipping available by appointment. Sharps containers are available free of charge. Call 899-4888.

**Water Testing** — The Northwest Local Environmental Protection Group does free well evaluations, including testing for bacteria and nitrates. To schedule an evaluation or discuss environmental concerns, call the Health Department at 899-4888.

## today in history

**Oct. 20, 1902:** Sold at public auction: District 45, six miles southeast of Edson. One 24X12X8 schoolhouse, 11 double desks, teacher's desk and chair, charts, globe, maps and stove. County superintendent.

**Oct. 21, 1902:** Governor Stanley will address the people of Sherman County on the issues of the day at the court house at 10 a.m. Take the day off and come. it will do you good. From *The Goodland News*, provided by the Sherman County Historical Society.

## food drive

Harvest America Corporation, 212 E. 17th, needs non-perishable food, personal hygiene items and household supplies to distribute to low income, elderly and disabled people in Sherman County. Harvest America is also looking for a freezer. Bring donations to the office on Mondays or call 899-3878 for pick up.

## blue star flag

The Goodland Elks Lodge is starting the **Blue Star Flag Program** to honor those serving in the armed forces now in the war against terrorism. Area families are invited to **send information about sons, daughters or spouses currently on active duty in the armed forces**.

Mail information to Zona Price, Secretary; Goodland Elks #1528; Box 146; Goodland, Kan. 67735. Include the name of the active serviceman/woman, branch of service, rank, current base or ship and the relationship to family here.

After this information has been obtained, blue star flags/banners will be ordered to be presented to the family and a public function will be planned for the presentation.

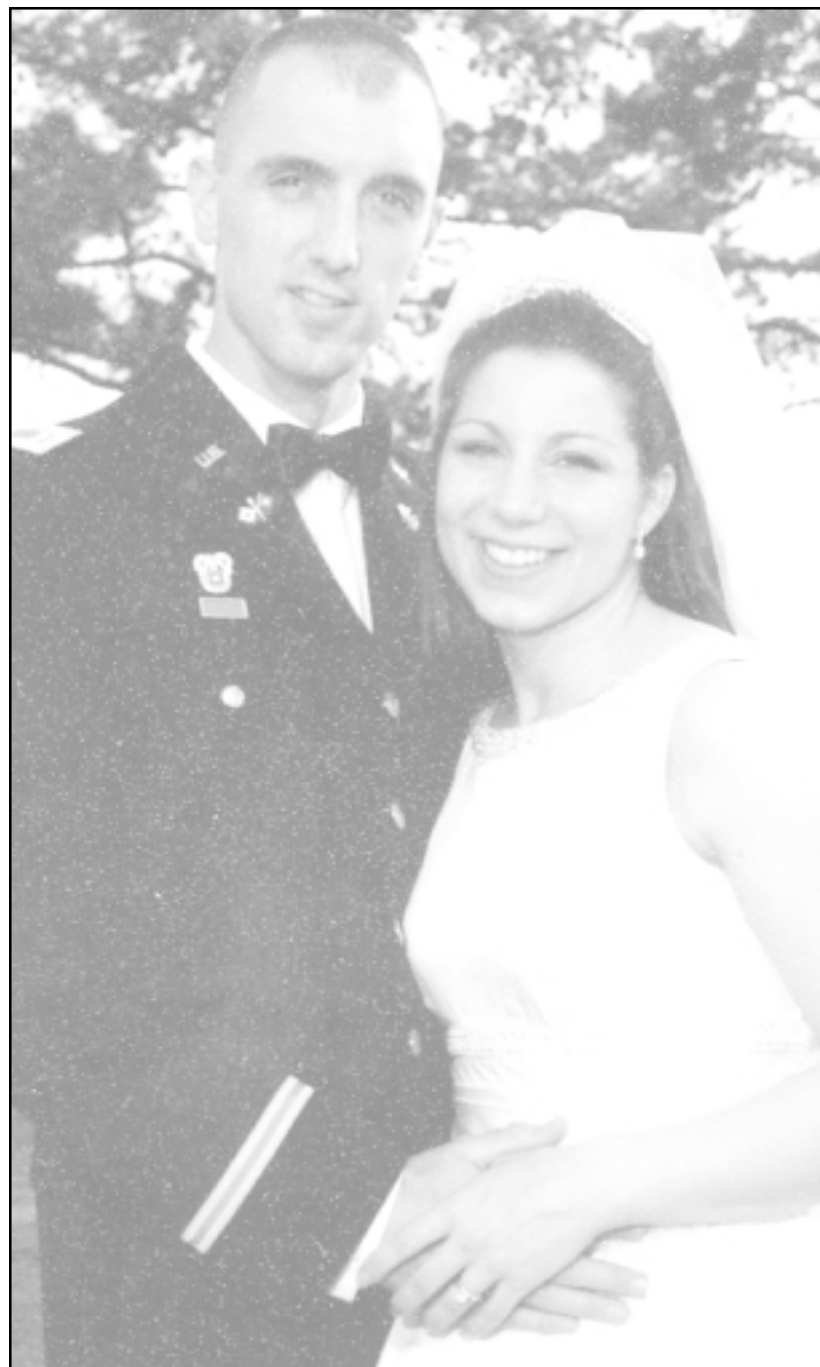
This program was used during World War II as a way to honor the men and women serving at that time.

## crimestoppers

If you have information about any crime, call the Goodland Area Crime Stoppers "Look Line" at 899-5665. Your call will be confidential and you will not be asked your name. If the information results in the arrest and/or conviction of those involved, you could be eligible for a reward of up to \$1,000. Goodland Area Crime Stoppers is a nonprofit organization formed by citizens against crime.

## family shelter

The Northwest Kansas Family Shelter provides services day or night to victims of domestic violence and sexual assault. Weekly support groups are available for women and children. For information or help, call (800) 794-4624.



Denton Lincoln Dye and Mary Elizabeth Oppenheim

## Couple wed in Texas

Mary Elizabeth Oppenheim and Denton Lincoln Dye were married at the St. Humble, Texas, Mary Magdalene Catholic Church.

Friends, family and military comrades from the United States, Germany, Belgium, Hawaii and Puerto Rico took part in the ceremony. The military saber arch was provided by soldiers from Killeen, Texas.

Edith and the late Raymond Dye and Enid and the late Ned Whitmer of Goodland are the groom's grandparents. The retired Lt. Col. and Mrs. Raymond Leslie Dye of Colorado Springs are his parents. The retired Col. and Mrs. James Peter Oppenheim of Kingwood, Texas are her parents.

The bride's grandmother, Mrs. Nita McCusker of Greensboro, N.C., hosted a bridal luncheon on April 12 at

The Veranda in Kingwood. On the eve of the wedding, the groom's parents hosted a rehearsal dinner at Magnolia Terrace. Immediately following in the ceremony, a reception and dinner were held at Kingwood Country Club.

The groom graduated from Papillion-Lavista High School in Omaha, Neb., in 1994 and from the University of Nebraska in 1998 with a degree in business administration. The bride graduated from Duchesne Academy in Houston in 1994 and from Southern Methodist University in Dallas in 1998 with degrees in electrical engineering and mathematics.

The couple honeymooned in Mexico and are now home in Grovetown, Ga., where both are captains in the Army Signal Corp.

## Cooperation can end homework hassles

Dear Plain Sense: School is in session again, and I dread the homework hassles we seem to have almost every evening at our house. The kids wait until the last minute to get started, or want me to help when I'm busy with something else. We all seem to end up in a bad mood. Any suggestions?

Assuming that everyone involved understands the importance of completing homework assignments, sometimes the first step is just good planning and organization.

And most of us can benefit from some assistance in getting organized when we have work to do. Sometimes the biggest challenge is just sitting down and getting started. Begin developing good homework habits when children are young, so that good study habits will be in place as they get older.

Here are some suggestions:

- Sit down with the children and work together on a plan for completing homework. Allowing them some input will make them feel more a part of the decision-making involved, thus increasing cooperation.



## high plains mental health

• plain sense

- Decide the overall best time to study, with some flexibility in mind when other activities might interfere. Set a specific time when possible. Some kids want to complete their homework as soon as they get home from school. While others need a break before getting back to work.
- Set aside a place for study with as few distractions as possible. The kitchen table can be as appropriate as a student desk. A quiet location is best. Some children study better with music playing, but it should not be to the point of interfering with their studies. Please, no TV!
- Keep needed supplies on hand, in the same location. Stock up on pens, pencils, paper and other items. A lot of

time can be wasted searching for such supplies.

• Help your children to understand their own working style. Some like to start with the hardest, to get it out of the way; others want to begin with something easier. Some people work best on a neat, tidy table; others need all their books and papers spread out in front of them.

• Allow for breaks during study time — get up and stretch; grab a drink of water or juice.

Contributed by Karen D. Beery, Consultation and Education Department. The views expressed here are those of the individual writer and should not be considered a replacement for seeking professional help.

Mail questions to: High Plains Mental Health Center, Plain Sense, Consultation and Education Department, 208 East 7th, Hays, Kan. 67601.

Internet site: [www.highplains-mentalhealth.com](http://www.highplains-mentalhealth.com)

## Pumpkins may not make it to Halloween this year

With a warm, dry autumn like we've had, early picked pumpkins may not make it to Halloween. Pumpkins don't keep very well for several reasons.

If they are harvested early, the natural rind won't be developed, and there won't be a waxy layer over that rind to keep the pumpkins from drying out. Then, the pumpkins may shrivel and dry up before the autumn season.

As pumpkins enter the marketplace a little earlier than they used to, there is a better chance that they may not be completely mature when harvested and sold.

Pumpkins also keep better in cooler weather. With warm weather and low humidity, pumpkins have a tendency to dry out.

But a light application of spray wax



## dana belshe

• ag notebook

rapidly and usually rots within a few days or may last up to a week.

Painted pumpkins, on the other hand, can last for months. And there are new paints on the market that stick to pumpkins well and come in bright, attractive colors.

Some even have special applicators, so brushes aren't needed.

Many new pumpkin varieties were developed especially for painting. They have smoother surfaces with shallow ribs. Some come in colors such as bright or light orange that show off paint much better than the traditional dark orange.

## American Profile

Celebrating Hometown Life

See American Profile magazine in this week's issue of

The **Goodland Daily News**  
(available in local area only)

Brought to you by  
The Daily News and

"Neighbors helping neighbors"



202 E. 11th St.  
Goodland, Kan.  
785-899-2000

## Congratulations Scholarship Winner!



Jake Shellito, Dodge City, (second from right), is this year's recipient of the Lonny Kear Memorial Scholarship. The \$500 Scholarship may be used for books, fees, tools, or tuition. Presenting the award are (left to right): Andy Kear, son; Nancy Kear, wife & owner of Lonny's Quality Auto Body, Inc; and Daryl Hoss, Auto Body Instructor at Northwest KS Technical College. ASE Certified Technicians are (back row left to right): Scott Gilmer, Robert Rall, Matt Murray, Tim Dinkel and Randy Selbe.

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