

Quiz reveals sobering concerns

DEAR READERS: Yesterday my column was composed of letters I received in just one day about alcoholism. Today, for readers who may be concerned about their drinking, I am printing a wake-up call: ARE YOU AN ALCOHOLIC?

1. Have you ever decided to stop drinking for a week or so, but lasted



abigail van buren
• dear abby

- only a couple of days?
2. Do you wish people would stop nagging you about your drinking?
3. Have you ever switched from one kind of drink to another hoping that would keep you from getting drunk?
4. Have you had a drink in the morning during the past year?
5. Do you envy people who can

- drink without getting into trouble?
6. Have you had problems connected with drinking during the past year?
7. Has your drinking caused you trouble at home?
8. Do you ever try to get extra drinks at a party because you did not get enough to drink?
9. Do you tell yourself you can stop drinking any time you want, even though you keep getting drunk?
10. Have you missed days at work because of the drinking?
11. Do you have blackouts?
12. Have you ever felt that your life would be better if you did not

- drink?
13. When you take one or two drinks, can you stop and walk away?
14. Have you ever embarrassed yourself or someone else when drinking?
15. Do you drink every day?
16. How many times in the last month have you awakened with a hangover?
17. Do you spend money you don't have on alcohol?
18. Has this affected your sleeping habits? (Do you pass out, get a drink in the middle of the night, or wet the bed when you sleep because of alcohol?)

If you have answered yes to four or more of these questions, you are either an alcoholic or on your way to becoming one.

So, now what do you do? For openers, go to your telephone directory and look up the listing for Alcoholics Anonymous. It is listed under "A." They charge no dues and you need not identify yourself unless you want to.

Another excellent group, Women for Sobriety Inc., was mentioned in my column yesterday. If a 12-step program is not for you, talk to your doctor about a referral for other treatment options.

DEAR ABBY: I work in an office

with 10 people. One of my co-workers is being married next month. He invited the president of our small company and the vice president, but excluded everyone else, even though we all work shoulder-to-shoulder and have been exposed to every nauseating detail about the wedding.

Should the rest of us feel obligated to buy a gift for him? — UN-INVITED COLLEAGUE IN CHICAGO

DEAR UNINVITED: Certainly not. Shower him with good wishes, but a wedding gift is required only if one is attending the wedding, so you're all off the hook.

TUESDAY EVENING										FEB. 18, 2003									
	6 pm	6:30	7 pm	7:30	8 pm	8:30	9 pm	9:30	10 pm	10:30									
2	PBS	Nova "Lost Treasures of Tibet" (N) (DVS)	Scientific American Frontiers (N) (DVS)	Prairie Crosses, Prairie Voices	News	Being Served	Charlie Rose (N) (DVS)												
3	IND	★★★ "Contact" (1997, Science Fiction) Jodie Foster, devoted scientist hears a message from outer space. (DVS)					(:05) ★★★ "Cliffhanger" (1993, Adventure) (PA) Sylvester Stallone, John Lithgow. (DVS)												
4	ABC	8 Simple Rules According to Jim (N)	Life With Bonnie (N)	Less Than Perfect (N)	NYPD Blue "Tranny Get Your Gun" (N) (DVS)	News (N)	(:35) Nightline (N) (DVS)	(:06) Jimmy Kimmel Live (N) (DVS)											
5	HBO	★★★ "Rudyard Kipling's The Jungle Book" (1994, Adventure) Jason Scott Lee. (N) (DVS)	Guardian "The Weight" (N) (DVS)		Ali-Frazier I: One Nation... Divisible (N) (DVS)	News (N)	★★★ "Ali" (2001) Will Smith. Based on the life story of legendary boxer Muhammad Ali. 'R' (DVS)												
7	CBS	JAG "Heart and Soul" (N) (DVS)			Judging Amy "Sixteen Going On Seventeen"	News (N)	(:35) Late Show (N) (DVS)	(:37) Late Show (N) (DVS)											
8	NBC	Most Outrageous Game Show Moments 3 (N) (DVS)	Frasier (N) (DVS)	A.U.S.A. (N) (DVS)	Kingpin "Gimme Shelter" (Season Finale) (N)	News	(:35) Tonight Show Trista Rehn; Ben Taylor.	(:37) Late Night (N) (DVS)											
11	TVLND	Brady	HappyDay	Sanford	Gilligan	Griffith	Leave	I Love Lucy	Munsters	MacGyver "Lost Love"									
12	ESPN	College Basketball	College Basketball	Georgia at Alabama. (Live)	SportsCenter	Gamenight	Interruption												
13	FOX	American Idol (iTV) The third group performs. (N)	24 "Day 2: 8:00-9:00PM" (N) (DVS)		Fox Report With Shepard Smith (DVS)	LAPD: Life on the Beat	LAPD: Life on the Beat	Paid Program	Paid Program										
15	MAX	★½ "One Eight Seven" (1997, Drama) Samuel L. Jackson, John Heard, Kelly Rowan. (N) (DVS)			Letter From the Deep (N) (DVS)	(:45) ★★★ "The Exorcist" (1973) Ellen Burstyn. An actress's 12-year-old daughter is possessed by a demon. 'R' (DVS)													
16	TNN	Real TV (N)	Real TV (N)	Real TV (N)	Blind Date	Taboo (N)	Blind Date	Star Trek: Next Gener.	★★★ "Mean Streets"										
17	DISN	Boy Meets World (DVS)	Smart Guy (DVS)	Sister, Sister (DVS)	Even Stevens (DVS)	Sister, Sister (DVS)	Lizzie McGuire (DVS)	★★★ "Tru Confessions" (2002, Drama) Clara Bryant. (DVS)	(:35) Lizzie McGuire (DVS)										
18	LIFE	Unsolved Mysteries (N)	"A Marriage of Convenience" (1998, Drama) (DVS)			Golden	Golden	Nanny (DVS)	Nanny (DVS)										
20	USA	★★ "Major Payne" (1995) Damon Wayans. (DVS)			JAG (N) (DVS)		JAG "The Brotherhood"	Nash Bridges (N) (DVS)											
21	SHOW	(:45) ★ "Morgan's Ferry" (1999) Billy Zane. iTV. (N) (DVS)	(:45) ★★ "What Women Want" (2000) Mel Gibson. A chauvinistic ad executive can suddenly read women's minds. 'PG-13' (DVS)			(:15) ★ "Ping!" (2000) Judge Reinhold. A diminutive dog puts the bite on two hapless burglars. (N) (DVS)		★★ "High School High" (1996) Jon Lovitz. (DVS)											
22	TMC	"Crocodile D" (N) (DVS)	(:35) ★★ "Road Ends" (1997) Dennis Hopper, Peter Coyote. (N) (DVS)																
23	MTV	Taildaters	Made (N)	Ultra Sound	Direct Effect (N)	50 Cent	Prime Time Players (N)	Real World											
24	DISC	Ultimate Guide "Snakes"	Sharks of the Deep Blue (N) (DVS)		Navy SEALs Training: BUD's Class 234 (DVS)	New Detectives: Forensic Science	New Detectives: Forensic Science												
28	TNT	Law & Order (N) (DVS)	Law & Order (N) (DVS)		Listen Up	NBA Basketball Houston Rockets at Los Angeles Lakers. (DVS)													
30	FXSP	NASCAR	NBA Basketball Denver Nuggets at San Antonio Spurs. (Live)		Rocky Mt.	See This	Rocky Mt.	54321											
32	FAM	★★★ "Untamed Heart" (1993) Christian Slater.	Whose? (N) (DVS)	Whose? (N) (DVS)	700 Club (N) (DVS)		Caroline Rhea Show (N) (DVS)												
33	NBC	News (DVS)	Ent. Tonight	Ed (N) (DVS)	News (DVS)	Ent. Tonight	Ed (N) (DVS)	News (DVS)	Ent. Tonight	Ed (N) (DVS)									
34	NICK	Sponge	Ginger	Cosby	Cosby	Cheers (N)	Cheers (N)	Coach (DVS)	Coach (DVS)	Cosby									
36	A&E	Biography: Alan Alda: Mr. Nice Guy	Cold Case Files A cigarette butt solves a child's murder; a mother is convicted. (DVS)			Third Watch "Patterns" (N) (DVS)	Biography: Alan Alda: Mr. Nice Guy												
38	SCIFI	X-Files "The Host" (N) (DVS)	X-Files "Blood" (N) (DVS)	X-Files "Sleepless" (N) (DVS)	Crossing	Dream	Twilight Z. (N) (DVS)	Twilight Z. (N) (DVS)											
39	TLC	While You Were Out "Texas: Stephen Drive" (N) (DVS)			Medical Detectives	Medical Detectives	What Were You Thinking? (N) (DVS)												
40	FX	24 (N) (DVS)	Buffy Vampire	M*A*S*H	★★★ "Lethal Weapon" (1987) Mel Gibson, Danny Glover. (DVS)														
45	FMC	(:01) ★★★ "Lucas" (1986, Drama) Corey Haim.	(:01) ★★★ "Raising Arizona" (1987, Comedy) (DVS)	(:01) "The Boy in Blue" (N) (DVS)															
49	EITV	Diana Ross: True Hollywood Story (N) (DVS)	Saturday Night Live (N) (DVS)	Howard S. (N) (DVS)	Wild On... "Wild on Rio" (N) (DVS)														
51	TRAV	Pro's Guide to Vegas	Secrets (N) (DVS)	Pro's Guide to Vegas	Secrets (N) (DVS)														
53	WB	Friends (N) (DVS)	Everybody-Raymond (N) (DVS)	Gilmore Girls "Face-Off" (N) (DVS)	Smallville "Fever" (N) (DVS)	News (N) (DVS)	Will & Grace (N) (DVS)	Everybody-Raymond (N) (DVS)											
54	ESPN2	College Basketball	NBA Fast Break Tuesday (N) (DVS)		Century	Streetball	NBA 2Night	Bill Walton											
58	HIST	Why Can't They Kill Saddam? (N) (DVS)	Snipers: One Shot -- One Kill (N) (DVS)	Modern Marvels The M-16 assault rifle. (DVS)	Infamous Murders	Infamous Murders	Why Can't They Kill Saddam? (N) (DVS)												
59	HLTH	Doctors Diaries (N)	Workout	Bodies	Health Specials (N)	Doctors Diaries (N)	Workout	Bodies											
60	UNIV	Las Vias del Amor	Entre el Amor y el Odio	Ver Para Creer	P. Impacto	Noticiero	En las Mejores Familias												
62	HGTV	House	Interiors	Room	Decorating	House	Curb	House	Interiors	Room	Decorating								
99	WGN	"Dennis the Menace Strikes Again"	Fresh Pr.		News (N) (DVS)	Rockford Files	In the Heat of the Night												

WEDNESDAY EVENING										FEB. 19, 2003									
	6 pm	6:30	7 pm	7:30	8 pm	8:30	9 pm	9:30	10 pm	10:30									
2	PBS	Mark Russell	Firewomen (N) (DVS)	Perilous Fight: America's World War II in Color (N) (DVS)	News	Waiting for God (N) (DVS)	Charlie Rose (N) (DVS)												
3	IND	Seinfeld (N) (DVS)	Seinfeld (N) (DVS)	Ripley's Believe It or Not! (N) (DVS)	★★ "Blue Streak" (1999) Martin Lawrence. A thief poses as a cop to retrieve a hidden diamond. (DVS)														
4	ABC	Bachelorette (Season Finale) revealed. (N) (DVS)	Trista's final choice is (N) (DVS)	I'm a Celebrity, Get Me Out of Here! (DVS)	News (N) (DVS)	(:35) Nightline (N) (DVS)	(:06) Jimmy Kimmel Live (N) (DVS)												
5	HBO	(5:00) ★★★ "The Arrival" (1996) (N) (DVS)	(:15) ★★ "A Walk to Remember" (2002, Romance) Shane West, Mandy Moore. (N) (DVS)	★★ "Someone Like You" (2001, Comedy) Ashley Judd, Greg Kinnear. (N) (DVS)	News (N) (DVS)	(:35) Late Show Kevin Spacey; Reggie Miller. (N) (DVS)	(:37) Late Show (N) (DVS)												
7	CBS	Star Search (iTV) (Live)	60 Minutes II (N) (DVS)	48 Hours Investigates "The Secret Tapes" (N) (DVS)	News (N) (DVS)	(:35) Tonight Show (N) (DVS)	(:37) Late Night (N) (DVS)												
8	NBC	Ed (N) (DVS)	West Wing "California 47th" (N) (DVS)	Law & Order "Star Crossed" (N) (DVS)	News (N) (DVS)	(:35) Tonight Show (N) (DVS)	(:37) Late Night (N) (DVS)												
11	TVLND	Brady	HappyDay	Sanford	Gilligan	Griffith	Leave	I Love Lucy	Munsters	MacGyver (N) (DVS)									
12	ESPN	College Basketball	College Basketball Maryland at Duke. (Live)	SportsCenter	Gamenight	Interruption													
13	FOX	That '70s Show (N)	American Idol (DVS)	American Idol: The Best of the Worst (N) (DVS)	Fox Report With Shepard Smith (DVS)	LAPD: Life on the Beat	LAPD: Life on the Beat	Paid Program	Paid Program										
15	MAX	"Night-Man-hatin'" (N) (DVS)	★★ "Black Knight" (2001, Comedy) Martin Lawrence. (N) (DVS)	(:05) ★½ "Dude, Where's My Car?" (2000) Ashton Kutcher. 'PG-13' (DVS)	★★★ "New Best Friend" (2002, Drama) Mia Kirshner. (N) (DVS)														
16	TNN	Real TV (N)	Real TV (N)	Real TV (N)	Blind Date	Taboo (N)	Blind Date	Star Trek: Next Gener.	"The King of Comedy"										
17	DISN	Boy Meets World (DVS)	Smart Guy "Bad Boy" (DVS)	Sister, Sister (DVS)	Even Stevens (DVS)	Sister, Sister (DVS)	Lizzie McGuire (DVS)	★★★ "The Color of Friendship" (2000, Drama) Carl Lumbly. (DVS)	(:35) That's So Raven (DVS)										
18	LIFE	Unsolved Mysteries (N)	"Reasons of the Heart" (1996) Terry Farrell. (DVS)	Golden	Golden	Nanny (DVS)	Nanny (DVS)												
20	USA	"The Order" (2001) Jean-Claude Van Damme. (DVS)	"Desert Heat" (1999) Jean-Claude Van Damme. (DVS)	"Deacons for Defense" (2003, Drama) Forest Whitaker. iTV. (DVS)	Nash Bridges (N) (DVS)														
21	SHOW	(5:00) ★★★ "Restaurant '98" (N) (DVS)	Filmmaker Showcase	★★ "Down to Earth" (2001, Comedy) Chris Rock. iTV. (N) (DVS)															
22	TMC	"Ghost World" (N) (DVS)	★★ "The Man Who Cried" (2000, Drama) Christina Ricci. (N) (DVS)	(:15) ★ "What's the Worst That Could Happen?" (2001) Martin Lawrence. (N) (DVS)	★★★ "Along Came a Spider" (2001) (N) (DVS)														
23	MTV	Taildaters	Old School	Urban Myth	Crashers	Direct Effect (N)	Hook Up	Ultra Sound	John Mayer	Cribs (N) (DVS)									
24	DISC	Kalahari	Secrets of the Humpback Whale	Navy SEALs Training: BUD's Class 234 (DVS)															
28	TNT	Law & Order (N) (DVS)	★★★ "Cocktail" (1988) (PA) Tom Cruise. (DVS)	Law & Order (N) (DVS)	X-Files "Excelsius Dei" (N) (DVS)														
30	FXSP	NASCAR	Nuggets	NBA Basketball Minnesota Timberwolves at Denver Nuggets.	Rocky Mt.	Rocky Mt.	54321												
32	FAM	★½ "Holiday in the Sun" (2001) (N) (DVS)	Whose? (N) (DVS)	Whose? (N) (DVS)	700 Club (N) (DVS)		Caroline Rhea Show (N) (DVS)												
33	NBC	News (DVS)	Ent. Tonight	Ed (N) (DVS)	News (DVS)	Ent. Tonight	Ed (N) (DVS)	News (DVS)	Ent. Tonight	Ed (N) (DVS)									
34	NICK	Sponge	Ginger	Cosby	Cosby	Cheers (N)	Cheers (N)	Coach (DVS)	Coach (DVS)	Cosby									
36	A&E	Biography: Connie Francis: Sweetheart	American Justice "The California Killing Field" (N) (DVS)	City Confidential (N) (DVS)	Third Watch "Hell Is What You Make of It" (N) (DVS)														
38	SCIFI	Beyond Belief	"Epoch" (2000) David Keith, Ryan O'Neal. (N) (DVS)	Crossing	Dream	Twilight Z. (N) (DVS)	Twilight Z. (N) (DVS)												
39	TLC	While You Were Out (N) (DVS)	Home Again	Home Again	Daring Capers														
40	FX	Married... (N) (DVS)	Married... (N) (DVS)	Buffy Vampire	Buffy Vampire														
45	FMC	(:01) ★★★ "Violent Saturday" (1955, Drama) (DVS)	(:01) Hour of Stars	(:01) ★★★ "Gentlemen Prefer Blondes" (DVS)															
49	EITV	Doris Day: The El True Hollywood Story (N) (DVS)	Dixie Chicks Revealed	Howard S. (N) (DVS)	Howard S. (N) (DVS)	Star Dates	Star Dates												
51	TRAV	Places-Weather	Places to See Predators	World's Best Big Bites	Places-Weather														
53	WB	Friends (N) (DVS)	Everybody-Raymond (N) (DVS)	Birds of Prey (Series Finale) A villain turns people into clay; Harley Queen hypnotizes Helena. (N) (DVS)	Will & Grace (N) (DVS)	Everybody-Raymond (N) (DVS)													
54	ESPN2	Yachting: America's Cup Finals	Sunday Night Poker (N) (DVS)	NHL Hockey	New York Islanders at San Jose Sharks. (Live)														
58	HIST	History's Mysteries (DVS)	Snipers: World's Deadliest Snipers (N) (DVS)	Modern Marvels "Death Devices" (N) (DVS)	Strange Case of Lizzie Borden (N) (DVS)	History's Mysteries (DVS)													
59	HLTH	Doctors Diaries (N)	Workout	Bodies	Health Specials (N)	Doctors Diaries (N)	Workout	Bodies											
60	UNIV	Las Vias del Amor	Entre el Amor y el Odio	Don Francisco Presenta	P. Impacto	Noticiero	En las Mejores Familias												
62	HGTV	If Walls	Restore	Country	Kitchen	Collector	Collectors	If Walls	Restore	Country	Kitchen								
99	WGN	★★★ "High Anxiety" (1977) Mel Brooks. (DVS)	News (N) (DVS)	Rockford Files	In the Heat of the Night														

Cheeseburgers

49¢

Wednesday only

after 5 p.m.

Goodland, KS Burlington, CO Lamar, CO

2325 Enterprise Rd. 440 S. Lincoln 1011 N. Main