## **Quiz reveals** sobering concers

**DEAR READERS: Yesterday** my column was composed of letters I received in just one day about alcoholism. Today, for readers who may be concerned about their drinking, I am printing a wake-up call:

ARE YOU AN ALCOHOLIC? 1. Have you ever decided to stop drinking for a week or so, but lasted



only a couple of days? 2. Do you wish people would stop nagging you about your drinking? 3. Have you ever switched from

one kind of drink to another hoping that would keep you from getting drunk?

4. Have you had a drink in the morning during the past year?

drink without getting into trouble?

6. Have you had problems connected with drinking during the past year?

7. Has your drinking caused you trouble at home? 8. Do you ever try to get extra

drinks at a party because you did not get enough to drink?

9. Do you tell yourself you can stop drinking any time you want, even though you keep getting drunk?

10. Have you missed days at work because of the drinking?

11. Do you have blackouts?

5. Do you envy people who can life would be better if you did not of alcohol?)

drink?

13. When you take one or two

drinks, can you stop and walk away? 14. Have you ever embarrassed yourself or someone else when

drinking? 15. Do you drink every day?

16. How many times in the last

month have you awakened with a hangover? 17. Do you spend money you

don't have on alcohol? 18. Has this affected your sleep-

ing habits? (Do you pass out, get a drink in the middle of the night, or 12. Have you ever felt that your wet the bed when you sleep because

or more of these questions, you are ers is being married next month. He either an alcoholic or on your way to becoming one.

So, now what do you do? For openers, go to your telephone directory and look up the listing for Alcoholics Anonymous. It is listed under "A." They charge no dues and wedding. you need not identify yourself unless you want to.

Another excellent group, Women for Sobriety Inc., was mentioned in my column yesterday. If a 12-step program is not for you, talk to your not. Shower him with good wishes, doctor about a referral for other treatment options.

DEARABBY: I work in an office you're all off the hook.

If you have answered yes to four with 10 people. One of my co-workinvited the president of our small company and the vice president, but excluded everyone else, even though we all work shoulder-toshoulder and have been exposed to every nauseating detail about the

Should the rest of us feel obligated to buy a gift for him? — UN-INVITED COLLEAGUE IN CHI-CAGO

DEAR UNINVITED: Certainly but a wedding gift is required only if one is attending the wedding, so

TUESDAY EVENING	F	FEB. 18, 2003 🛛 WE	DNESDAY EVE	NING		F	EB. 19, 2003
6 pm 6:30 7 pm 7:30	8 pm   8:30   9 pm   9:30	10 pm   10:30	6 pm 6:30	7 pm 7:30	8 pm 8:30	9 pm 9:30	10 pm   10:30
2 PBS Nova "Lost Treasures of Tibet" (N) ∩ Œ (DVS) Scientific American Fron- tiers (N) Œ (DVS)	Prairie Crosses, Prairie News Being Voices Served	Charlie Rose (N) ∩ 🖾 2 PB	S Mark Rus- Firewomen Sell ∩ ₪	Perilous Fight: America's	World War II in Color (N)	News Waiting for God 100	Charlie Rose (N) $\cap$ 📧
3 IND ★★★ "Contact" (1997, Science Fiction) Jodie Foster, devoted scientist hears a message from outer space. []	Matthew McConaughey. A (:05) * * * "Cliffhanger" Sylvester Stallone, John Lit	(1993, Adventure) (PA) 3 IN	D Seinfeld A Seinfeld A	Ripley's Believe It or Not!	★½ "Blue Streak" (1999) M poses as a cop to retrieve a		Worst-Case Scenario (N)
		(:06) Jimmy Kimmel Live 4 AB	C Bachelorette (Season Fina	le) Trista's final choice is		News CC (:35) Night-	(:06) Jimmy Kimmel Live $(N) \cap \mathbb{C}$
	Ali-Frazier 1: One Na- tion Divisible ∩ ₪ for legendary boxer Muham	mith. Based on the life story	(5:00) ★ ★½ "The Arrival"	(:15) ★★ "A Walk to Rem Shane West, Mandy Moore.	ember" (2002, Romance)	★★ "Someone Like You" Judd, Greg Kinnear. ∩ 'PG	(2001, Comedy) Ashley
7     CBS     JAG "Heart and Soul" (N)     Guardian "The Weight" (N) ∩ (E)	Judging Amy "Sixteen Going On Seventeen" News ∩ ₪ (:35) Late Sh		Chan Canada (iT) () (Lina)			News ∩  (:35) Late Sh Spacey; Reg	ow Kevin (:37) Late
8 NBC Most Outrageous Game Frasier (N) A.U.S.A. (N) Show Moments 3 (N) A. C. C. A.U.S.A. (N)		t Show Trista (:37) Late		West Wing "California 47th" (N) ∩ ₪		News (:35) Tonight	
	Griffith Leave I Love Lucy Munsters				Griffith Leave	I Love Lucy Munsters	MacGyver $\cap$ 🗉
12 ESPN College Basketball College Basketball Georgi				College Basketball Maryla		Sportscenter	Gamenight Interruption
	Fox Report With Shepard LAPD: Life Smith International Content on the Beat on the Beat		That '70s American	American Idol: The Best	Fox Report With Shepard	LAPD: Life LAPD: Life on the Beat	Paid Pro- Paid Pro-
★ "One Eight Seven" (1997, Drama) Samuel L.	Letter From (:45) ★★★½ "The Exorcist" (1973) Elle the Deep year-old daughter is possessed by a dem	en Burstyn. An actress's 12-   🗛 🗛	y  "Night-Man-  ★★ "Black I	Knight" (2001, Comedy) nce. ん 'PG-13' 匠	(:05) ★½ "Dude, Where's I (2000) Ashton Kutcher. 'PG-	My Car?" ★ "New Bes 13' Mia Kirshner.	t Friend" (2002, Drama) ∩ 'R' ₪
		★★★ "Mean Streets" 16 TN					"The King of Comedy"
	Sister, Sis- ter ₪ Lizzie ★★½ "Tru Confessions" ma) Clara Bryant. ₪	(2002, Dra- (:35) Lizzie McGuire 17 DIS			Sister, Sis- ter   ter   ter	*** "The Color of Frien (2000, Drama) Carl Lumbly	
18 LIFE Unsolved Mysteries ∩ "A Marriage of Convenien	ce" (1998, Drama) 📧 Golden Golden	Nanny 🖾 Nanny 🖾 18 LIF	E Unsolved Mysteries A	"Reasons of the Heart" (1	996) Terry Farrell. 📧	Golden Golden	Nanny 🕮 Nanny 🕮
20 USA ★★ "Major Payne" (1995) Damon Wayans. ₪	JAG ∩		A "The Order" (2001) Jean-C		"Desert Heat" (1999) Jean-		Nash Bridges 🎧 📧
	can suddenly read women's minds. 'PG-13'	Keanu Reeves. 'PG-13'	w (5:00) ★ ★½ "Restaurant" (1998) 'R'	Filmmaker Showcase ★½ "Down to Chris Rock. iT	<b>Earth"</b> (2001, Comedy) V. ∩ 'PG-13' ₪	"Deacons for Defense" (2 Forest Whitaker. iTV.	003, Drama) Defend Deacn
22 TMC <sup>(Crocodile</sup> (1:35) ★★ "Road Ends" (1997) Dennis Hopper, Peter Coyote. ∩ Œ	(:15) $\star$ "Ping!" (2000) Judge Reinhold. A diminutive dog puts the bite on two hapless burglars. $\cap$	(1996) Jon Lovitz.	C "Ghost ★ "The Ma World" ∩ ma) Christina	an Who Cried" (2000, Dra- Ricci. $\cap$ 📧	(:15) ★ "What's the Worst (2001) Martin Lawrence. ∩	CC	★★ "Along Came a Spi- der" (2001) ∩ ₪
		Plavers ∩ Real World   123 MT	V Taildaters Old School				John Mayer Cribs ∩
	BUD/s Class 234  Sic Science				BUD/s Class 234 💷	Nuclear Crossroads: Bombing of Bikini Atoll	Unsolved History
28 TNT Law & Order ∩   Law & Order ∩   Law & Order ∩	Listen Up NBA Basketball Houston Rockets at Los			★★½ "Cocktail" (1988) (P		Law & Order $\cap \square$	X-Files "Excelsius Dei"
30 FXSP NASCAR NBA Basketball Denver Nuggets at San				NBA Basketball Minnesota			Rocky Mt. 54321
32 FAM <b>* * * "Untamed Heart</b> " (1993) Christian Slater.	Whose? Whose? 700 Club @		M ★½ "Holiday in the Sun" (			700 Club 📧	Caroline Rhea Show (N) News (0) (:35) To-
33 NBC Show Moments 3 (N) A	Frasier (N)       A.U.S.A. (N)       Kingpin "Gimme Shelter" (Season Finale) (N)         Other and the sease of	News  (:35) To- night Show 33 NB			47th" (N) ሽ 📧	Law & Order "Star Crossed" (N) ∩ ₪	night Show
Biography: Alan Alda: Cold Case Files A cigarette	Cheers         Coach ₪         Coach ₪           e butt solves a child's mur-         Third Watch "Patterns" ∩	Biography: Alan Alda:	Biography: Connie Fran-	American Justice "The	City Confidential	Coach C Coach C Third Watch "Hell Is What	Cosby Cosby Biography: Connie Fran-
38 SCIFI         X-Files "The Host" ₪         X-Files "Blood" ∩ ₪	X-Files "Sleepless"  Crossing Dream	Twilight Z. Twilight Z. 38 SCI	FI Beyond Belief	California Killing Field" "Epoch" (2000) David Keitl	n, Ryan O'Neal. 🎧 💷	You Make of It" Crossing Dream	cis: Sweetheart Twilight Z. Twilight Z.
	tectives tectives ing?	UFOs 39 TL	.0	Home Again CC	Daring Capers	Extreme Machines Four- wheel-drive.	Junkyard Wars "U.S. vs. U.K. Faceoff" 📧
	M*A*S*H ★ ★ * * Lethal Weapon" (1987) Mel Gib					★★★ "Sex, Lies, and Vid	
<b>45</b> FMC (:01) ★★★ "Lucas" (1986, Drama) Corey Haim.			C (:01) * * * "Violent Satur			(:01) ★ ★ ★ ½ "Gentlemen	
	Saturday Night Live ∩ Howard S. Howard S.		V Doris Day: The E! True Ho	ollywood Story A 📧		Howard S. Howard S.	
51 TRAV Pro's Guide to Vegas Secrets 📧	V			Places to See Predators			Places to See Predators
33 WD CC Raymond (N) ∩ CC	Smallville "Fever" (N) A News A C	Will & Everybody- Grace C Raymond 53 W	M Raymonu				Will & Everybody- Grace  Charles (Line)
54 ESPN2 College Basketball NBA Fast Break Tuesday	(N) Century Streetball Modern Marvels The M- Infamous Infamous	NBA 2Night Bill Walton 54 ESPN	V2 Yachting: America's Cup F		t Poker (N) NHL Hockey		
58 HIST Why Can't They Kill Sad- Snipers: One Shot One Kill @				liest Snipers 📧	Devices" 🛍	Strange Case of Lizzie Borden III	History's Mysteries 📧
59 HLTH Doctors Diaries ∩ Workout Bodies						Doctors Diaries A	Workout Bodies
60         UNIV         Las Vías del Amor         Entre el Amor y el Odio           62         HGTV         House         Interiors         Room         Decorating						P. Impacto Noticiero If Walls Restore	En las Mejores Familias Country Kitchen
	News $\cap$ (10) Rockford Files		N ★★½ "High Anxiety" (197			Rockford Files	In the Heat of the Night
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THURSDAY EVENING FEB. 20, 2003 FRID																					
THU									FEB. 20		FRIDAY EVENING									FEB. 21	
	6 pm	6:30	7 pm	7:30	8 pm	8:30	9 pm	9:30	10 pm	10:30		6 pm	6:30	7 pm	7:30	8 pm	8:30	9 pm	9:30	10 pm	10:30
2 PB	S Journeys		Hour (N) ∩ 🛛	00	Frontline "Th hind Closed D	Doors" (N)	News	Keeping Up		se (N) ∩ ©	2 PB	Week (N)	n Wall \$treet- Fortune	Market	Kansas Legi Phone-In)		Week	News	New Red Green 🕅	Charlie Rose	
3 IN	Ivory Wayans,	, Jon Voight. 📧	C . ,		mob secret hi	nires a lawyer to	to protect him.	. (DVS)		Measures"	3 IN	berg, Maggie	ie Smith, Kathy	Comedy) (PA) v Najimy.	) Whoopi Gold-	monkey carr	t <b>break</b> " (1995, S rries a lethal viru	Suspense) Du us to California	ia. 📧 (DVS)		"Why Do Fools"
4 AB		N) 🖸 🛛	Sexiest Peop		Out of Here!	! (iTV) 📧		line 🖸	Kaijú wrestle	. /	4 AB	- Home video	os (N) 📧	America's F Home Video	eos (N) 📧	Out of Here		News 📧	(:35) Night- line 📧	Jennifer Garr	
5 HB	D093 (2001)	ʻPG' 📧 🛛 t	trow, Jack Bla	ow Hal" (2002) ack. ∩ 'PG-13	3' CC	•	(1995) Stever	Siege 2: Dark en Seagal. 'R' [	CC 23	Unchained Memories	5 HB	<b>Come</b> (200	01) LE Cool J.	èdy) Sandra	r  " <b>While You W</b> a Bullock. ∩ 'Po	<u>°G' 📧 🦾 🔤</u>		is forced to p	perform one la	ast robbery. $\cap$	'R'
7 CB		∩ © t	CSI: Crime S tigation "Luck	cky Strike"	Without a Tra Goes the Brid	de" (N) 📧		(:35) Late Sh Helgenberger	er. (N) 💷	(:37) Late Late Show	7 CB			00		tigation "The	he Finger" ∩		Wright. (N)		(:37) Late Late Show
8 NB		00	Grace (N)	$\cap \square \cap$	ER "A Thousa (N) ∩ ₪			(:35) Tonight		(:37) Late Night (N)	8 NB	Personal" (N		Dateline ∩		Law & Orde Victims Uni	nit "Privilege"	News	moré. (N) 🏹		Night (N)
				<u> </u>	Griffith	Leave	I Love Lucy	Munsters	MacGyver (			ND Brady			Gilligan	Griffith	Leave	I Love Lucy		Kotter	Soap 📧
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13 FO	(5.20) "Deede	to See The po	op star's rebut	ittal.	Smith 📧	_	on the Beat	on the Beat	t gram	Paid Pro- gram	13 FC	(E.00) A A A			s" (2000) Eddie						Paid Pro- gram
15 MA	<b>^</b> (2001) 'R' 📧	F	Pearce. A 'P	1 1			Jovovich. $\cap$	'R' 💷 🗋		School (N)	15 MA	Night" (19	986) 'R'	Cage, Jon L	pped in Paradis	13' 🖸		Ernie Hudsor	on, Diane Veno	ora. ∩ 'R' 📧	
16 TN 17 DIS	Boy Meets	Smart Guy	Sister, Sis-	Even	Sister, Sis-	Lizzie	Star Trek: Ne "Horse Sens	se" (1999) Joe	ey Lawrence.	the City" ∩ . Two cousins	16 TN 17 DIS	Boy Meets	Sister, Sis-	Proud Fami	ni- Kim Possi-	Taboo (N) That's So Raven	Lizzie	"The Luck o	of the Irish" (2	Star Trek: N (2001, Fantasy)	
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20 119	A JAG "People \	/, Mac"		o" (1995) Dylan				Dead Zone "		Nanny 📖 Nash		SA ★★★ "Ame				Jane Doe" (2 Monk III	_000)	Law & Order		Monk CC	
20 03/ 21 SHOW	"Falling in	Filmmaker '	"Behind the	Red Door" (20 edgwick. iTV. (20	003, Drama) k	Kiefer Suther-	★½ "Origina		. Drama) Antor		20 03 21 SHO	(5.00) (	'The Long-	*** "And	nother Stakeout TV. A 'PG-13'	t" (1993, Com	nedy) Richard	★★½ "Jeep		s" (2001, Hor-	Jay-Z and Mike Tyson
22 TM	c ** "Decepti Dowell, Liam N	ion" (1993) An	ndie Mac-	★★★ "Back	draft" (1991)		William Baldwi	vin. Chicago	★★½ "Jaso	on's Lyric" n Payne. ∩	22 TM	"Conhio'o	(:40) * * *	"Take the Mo ), Comedy) Wo	loney and	(:05) <b>* *</b> % '	"Catfish in Bla	lack Bean Sau			n of the Corn:
23 MT	,	Clone High 5	50 Cent	Soror Life	Direct Effect	t∩	Iraq	Players		Real World	23 MT	TV Closet	True Life ∩	)	Clone High	Direct Effec	ct ∩	Prime Time			Urban Myth
24 DIS	C Death Valley		Dragons of K	Komodo 📧	Navy SEALs Training: BUD/s Class 234		Critical Rescue "Fateful Journey" (N)		Return to A	Return to Area 51		SC Body by Nat biodiversity.	CC	fin Island"	the Deep "Baf-	Navy SEAL BUD/s Clas	Ls Training: ss 234	Wild Discove tails in Ameri	very "White- rica" (N)	Martial Arts: Fighter	: Kung Fu
	T NBA Basketb						eltics at Sacramento Kings.		00	Insde NBA		NT ★★½ "Out f					t for Justice" (1			*** "Dirty	
	P NHL Hockey						College Basketball		Rocky Mt.			SP NHL Hockey					n Tech at Denve				54321
32 FAI							700 Club CC			hea Show (N)	32 FA	M ★★½ "Little					n Last Resort				nea Show (N)
33 NB			$\cap$ $\square$ $\cap$	CC			ER "A Thousa (N) ∩ ©		News 🖾	(:35) To- night Show	33 NB		-	ht Mister Sterl Personal" (N	N) กิ 🖸 🎽	Dateline ∩		Law & Order Victims Unit	it "Privilege"	News 📧	(:35) To- night Show
	K Thornberr I E Biography "W James Baldwir		Nero Wolfe "	"Death of a Dox		Cheers ds a dead	Third Watch	Coach CC	Cosby e Biography "	"Witness	34 NIC 36 A8	CK Sponge Expedition I	J Neutron Egypt The	Hauntings 7		Cosby Other World	Cosby Id (N) CC		Cheers ∩ h "Sunny, Like	Cosby Expedition E	Cosby Egypt The
38 601	Fl (5:00) "Soulke	eper"	body in a frier	end's pad. 💷 (2002) Lance H	enrikeen O	CC	Parties" $\cap$ @ Crossing	Dream	James Baldy Crossing	Twilight Z.		Pháraoh's 67 IFI Farscape "P		Stargate SG	ettysburg. (N)	Tracker ∩	[00]	Sunshine" A		pharaoh's 67 Farscape "P	, ,
39 TL	C While You We "Oregon: Plum	ere Out		Home Again				tures:	Black Las V		39 TL	While You V		Home Savvy		Case Reope Dahlia" CC		While You W		While You W	
40 F.			re	Buffy Vampir	re	★★★ "Sleepers" (1996, Dr				40 F	FX Married	Married	Buffy Vamp		Buffy Vamp	vire	★★★ "Exe	cutive Decisi	ion" (1996) Ku	rt Russell.	
45 FM	FMC (:01) Altman: On His Own Terms			κ "M*A*S*H" (			(:01) ★★ "Quintet"		45 FM	//C (:01) ★★½ "	"Key Exchang				e-Sherlock Hol			"The Star Cl			
	V Beach Boys:	The E! True H	Hollywood St	tory 💷	Star Dates	Star Dates	Howard S. Howard S.		Wild On		49 E!T	TV George Micl	chael: THS	Tommy Lee	e: THS	Saturday Ni		Howard S.	Howard S.		
	V Pleasure Pala		Secrets of San Simeon		Secrets of San Simeon		Pleasure Palace		Secrets of San Simeon		51 TRA	AV Inside NASA	A	101 Things	s to Do Before \			Inside NASA	A	101 Things	
	B Friends A	Raymond			∩		News A 💷		Will & Everybody- Grace   Grace			VB Friends A				<b>Reba</b> "The Feud" (N)	From	News ∩ 📧	]	Will & Grace 📧	Everybody- Raymond
	2 College Bask				otte at Marquette. (Live)		Auto Show		Interruption Horn		54 ESPI	N2 Yachting: A	merica's Cup	Finals	Boxing: Fria		vaite vs. Springs			Interruption	Kickboxing
	Mysteries of t "Heaven and H		•		Chrysler Build	lding" 📧	Murders		Mysteries o "Heaven and			ST Save Our Hi		ment Snipe		Modern Mar ways" 🖸		Lawbreakers		Save Our Hi	
	H Doctors Diari				Health Speci		Doctors Diar			Bodies		TH Doctors Dia		Workout		Medical	-	Doctors Dia			Bodies
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	V Weekend							Landscapr		Designers'						Design	Design		Collector		Design
ษษ WG	N (5:30) * * * *	Untorgiver	n (1992) N	60	News ∩ 📧		Rockford File	es	In the Heat	t of the Night	Faa MC	GN (5:00) ***	<u>★ "Jaws" (1</u>	1975) Roy Sch	neider. 🔟	News ∩ 📧	<u>u                                    </u>	Rockford Fil	lies	lin the Heat	of the Night