

# Most children are either bullies or victims of bullies

Most of us could not imagine our child being either a victim or a bully. But the fact is, most kids will fall into one of these two categories at least once in their child and teen years. If our child is a victim, what do we think he will finally do when he's had ENOUGH?



**cris  
lovington**

• prevention center

Maybe in comparison to school shootings like the one at Columbine High School, being bullied doesn't seem all that important. But if you've ever been bullied, you know that's not true. Bullying can change everything for your child.

Bullying is difficult to define because it can involve so many things. Any subject or person is fair game for someone who bullies.

A bully might target anything that is different about another person. Maybe your child is the tallest girl in her class or from an Orthodox Jewish home. Maybe you're Asian-American or your child likes to write poetry. And bullying can be done in countless ways: teasing, taunting, ethnic slurs and sexual harassment are all forms of bullying. What they share is the power to upset or hurt the people who are being targeted.

Bullying can be physical, too. Maybe each time this person sees your child in the hall he intention-

ally walks into him and then blames him for being in his way. Or your child might accidentally knock his book off the desk, only to have the bully accuse your child of trying to trip him. What's even worse is that the bully isn't always just one person; sometimes a whole group singles a child out and tries to taunt or hurt him. It can be really scary.

Bullies can be tough to categorize. A bully may be outgoing and aggressive, the kind of person who gets his way through force or obvious teasing. On the other hand, a bully can appear pretty reserved on the surface, but may try to manipulate people in more subtle, deceptive ways, like anonymously starting a damaging rumor about someone just to see what happens.

Many bullies, though, share some common characteristics. They are generally focused on themselves and finding ways to seek pleasure. They are often insecure and there-

fore they may put other people down to make themselves feel more interesting or powerful. For them, it may be particularly difficult to see things from someone else's point of view. And some bullies act the way they do because they've been hurt by bullies in the past or because another person in their lives, like a parent or other family member, is abusing them in some way.

Remind your child to speak to an adult who can help him (no one wants to rat on someone, but his safety has to be the first priority). He should avoid being alone. Try to remain part of a group by walking home at the same time as other teens or by always sticking close to friends or classmates, especially before and after school.

If your child is being bullied and is ready to stand up for himself, there are some techniques he can try:

He can walk away and ignore the bully. It may seem like a coward's response, but it's not. Bullies thrive on the reaction they get, and if your

child walks away, the message is that he just doesn't care. Sooner or later the bully will probably get bored with trying to bother.

He can be confident; walk tall and hold his head high, use his body language shows that he's not vulnerable.

Try humor. If he can learn to laugh at himself then they won't give the bully the response he is looking for.

However if your child chooses to deal with a bully, remind him not to use physical force, like kicking, hitting or pushing. You can never be sure what the bully will do, and violence never solves a problem anyway.

Talk about it. It may help to talk

to you, a guidance counselor, teacher or friend—anyone who can give him the support he needs. Talking can be a good outlet for the fears and frustrations that can build when someone is being bullied.

It's common for children and teens to have to deal with a lot of difficult situations and emotions. If they're feeling stressed, angry, depressed, or frustrated, bullying someone else can be a quick escape—it takes the attention away from them and their problems.

And if their friends respond by laughing and egging them on, it gives their self-esteem a little boost and reinforces their bullying behavior. Remind them to try to stop themselves right there and think

about how their words and actions can hurt someone else. What may seem like innocent teasing can make a huge impact on another person's life.

If your child finds it hard to resist the temptation to be a bully, he might want to find someone to talk with. Talking can be a good way to release feelings and frustrations and to look at a situation from a totally different perspective.

Remind your children to try taking a stand by refusing to put up with bullies if they see them in action. If they hear someone taunting a classmate, for example, speak up and point out that this is no way to treat another person. They might be saving someone a lot of pain.

## 4-H news

### February meeting

The regular meeting of the Goodland Livewires 4-H Club was held Monday, Feb. 17, at the Sherman County 4-H Building.

President Amber Cowan called the meeting to order, and roll call was answered by "What is your favorite dessert?" There were 12 members, 3 leaders and no guests present.

Lacie Cowan led the club in a song, followed by the flag salute. The minutes of the previous meeting were read and approved.

Leader Penny Sheldon reminded everyone that steer weigh-in would be Saturday, March 1, and asked everyone to be at the model meeting on March 17th at 5:15.

The 4H days/talent show was Friday, March 7. Project talks began at

4:00, and in March, anyone can do radio talks.

Amber Cowan gave a demonstration with Lego's; Kade Sheldon gave a Project Talk on arts and crafts; and Alyssa Mason gave a project talk on modeling. Jason Cowan led recreation with a game of charades. The Cowan family served refreshments. The meeting was closed by saying the club motto.

## public notices

### IN THE DISTRICT COURT OF SHERMAN COUNTY, KANSAS

IN THE MATTER OF THE MARRIAGE OF CINDY L. GOMEZ, Petitioner, and LOUIS GOMEZ, Respondent.  
CASE NO. 03-D-20

### NOTICE OF SUIT STATE OF KANSAS TO LOUIS GOMEZ:

You are hereby notified that a petition for an absolute divorce has been filed in the Sherman County District Court by Cindy L. Gomez praying for an absolute decree of divorce and you are hereby required to plead to said petition on or before June 5th, 2003, in said court, at Goodland, Sherman County, Kansas. Should you fail therein, judgment and decree will be entered in due course upon said petition.

F. L. McGinley, #09076  
520 East 7th, P. O. Box 919  
Goodland, Kansas 67735  
Telephone 913-899-2311  
Attorney for Petitioner

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### IN THE DISTRICT COURT OF SHERMAN COUNTY, KANSAS CIVIL DEPARTMENT

Mortgage Electronic Registration Systems, Inc. Plaintiff, vs. Anthony Chaffman and Melissa Mae Chaffman, et al. Defendants.  
Case No. 03C1  
Court Number:  
Pursuant to K.S.A. Chapter 60

### NOTICE OF SALE

Under and by virtue of an Order of Sale issued to me by the Clerk of the District Court of Sherman County, Kansas, the undersigned Sheriff of Sherman County, Kansas, will offer for sale at public auction and sell to the highest bidder for cash in hand, at the Front Door of the Courthouse at Goodland, Sherman County, Kansas, on April 30, 2003, at 10:00 AM, the following real estate:

Lots Ten (10) and Eleven (11), in Block Twelve (12) in the First Addition to the City of Goodland, Sherman County, Kansas, according to the recorded plat thereof, commonly known as 513 W. 9th, Goodland, KS 67735 (the "Property")

to satisfy the judgment in the above-entitled case. The sale is to be made without appraisal and subject to the redemption period as provided by law, and further subject to the approval of the Court.

Doug Whitson, Sheriff  
Sherman County, Kansas

South & Associates, P.C.  
Michael L. Zevitz (KS #14850,  
MO #40960)  
4600 Madison, Suite 801

Kansas City, Missouri 64112  
(816) 300-7800  
(816) 300-7899 (Fax)  
Attorneys for Plaintiff (33148)

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### IN THE DISTRICT COURT OF SHERMAN COUNTY, KANSAS CIVIL DEPARTMENT

Mortgage Electronic Registration Systems, Inc. Plaintiff, vs. Shawn D. Harkness; Denise C. Harkness; John Doe (Tenant/Occupant); Mary Doe (Tenant/Occupant), Defendants.  
Case No. 03C16  
Court Number:  
Pursuant to K.S.A. Chapter 60

### Notice of Suit

The State of Kansas, to the above-named defendants and the unknown heirs, executors, administrators, devisees, trustees, creditors and assigns of any deceased defendants; the unknown spouses of any defendants; the unknown officers, successors, trustees, creditors and assigns of any defendants that are existing, dissolved or dormant corporations; the unknown executors, administrators, devisees, trustees, creditors, successors and assigns of any defendants that are or were partners or in partnership; the unknown guardians, conservators and trustees of any defendants that are minors or are under any legal disability; and the unknown heirs, executors, administrators, devisees, trustees, creditors and assigns of any person alleged to be deceased, and all other persons who are or may be concerned.

You are notified that a Petition has been filed in the District Court of Sherman County, Kansas, praying to foreclose a real estate mortgage on the following described real estate:

Lot Six (6), Block Four (4), Eastridge Addition Number One (1) to the City of Goodland, Sherman County, Kansas, according to the recorded plat thereof, commonly known as 812 Eustis Street, Goodland, KS 67735 (the "Property")

and you are required to plead to the Petition on or before the 19 day of May, 2003, in the District Court of Sherman County, Kansas. If you fail to plead, judgment and decree will be entered in due course upon the Petition.

### NOTICE

Pursuant to the Fair Debt Collection Practices Act, 15 U.S.C. §1692c(b), no information concerning the collection of this debt may be given without the prior consent of the consumer given directly to the debt collector or the express permission of a court of competent jurisdiction. The debt collector is attempting to collect a debt and any information obtained will be used for that purpose.

Michael L. Zevitz (KS Bar No. 14850, MO #40960)  
South & Associates, P.C.  
4600 Madison, Suite 801  
Kansas City, Missouri 64112  
(816) 300-7800  
Attorneys For Plaintiff (35083)

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### IN THE DISTRICT COURT OF SHERMAN COUNTY, KANSAS CIVIL DEPARTMENT

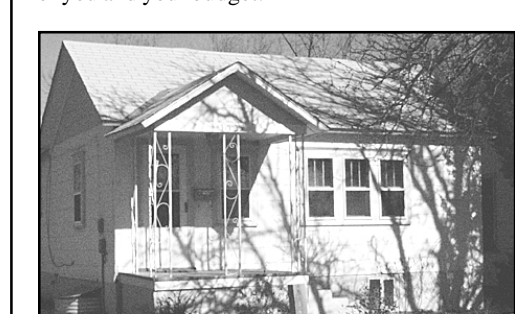
Mortgage Electronic Registration Systems, Inc., Plaintiff vs. Dustin W. Knox; Courtney C. Fogg; John Doe (Tenant/Occupant); Mary Doe (Tenant/Occupant), Defendants.  
Case No. 03C17  
Court Number:  
Pursuant to K.S.A. Chapter 60

### NOTICE OF SUIT

The State of Kansas, to the above-named defendants and the unknown heirs, executors, administrators, devisees, trustees, creditors and assigns of any deceased defendants; the unknown spouses of any defendants; the unknown officers, successors, trustees, creditors and assigns of any defendants that are existing, dissolved or dormant corporations; the unknown executors, administrators, devisees, trustees, creditors, successors and assigns of any defendants that are or were partners or in partnership; the unknown guardians, conservators and trustees of any defendants that are minors or are under any legal disability; and the unknown heirs, executors, administrators, devisees, trustees, creditors and assigns of any person alleged to be deceased, and all other persons who are or may be concerned.

### Ready to Buy Your First Home?

Take a look at these move in quality homes that are priced the same as what you're paying for rent! Talk to Cynthia for help in finding you the right home for you and your budget.



**1525 Broadway**  
\$25,000  
Great 2 bedroom starter home offering eat in kitchen with newer oak cabinetry, living room, bath, partial basement with utility and detached garage.



**New Listing 1228 Colorado**  
Want 100% financing? This 3 bedroom beauty qualifies for Rural Housing and offers vaulted ceilings, new paint, siding, windows and storm doors.

**1308 Cherry**  
\$62,000  
Beautiful 3 bedroom bungalow with wood burning fireplace in living room, dining room, kitchen, bath, partial basement, oversized double garage and carport.



Cynthia Butts, 899-3944; Donna Moore 899-6159.  
**RICHARDSON'S HOMESTEAD REALTY, INC.**  
1023 Main • Goodland, KS 67735  
785-899-2328 or 1-800-974-2426  
ORE-MAIL US AT: [homestead@goodland.ixks.com](mailto:homestead@goodland.ixks.com)  
Visit our website: [www.goodlandksrealestate.com](http://www.goodlandksrealestate.com)

tion obtained will be used for that purpose.

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Goodland, KS 67735  
Telephone: 785-899-6588

### IN THE DISTRICT COURT OF SHERMAN COUNTY, KANSAS

IN THE MATTER OF THE ESTATE OF KARON RHOADES, deceased.  
Case No. 03P20

NOTICE OF HEARING THE STATE OF KANSAS TO ALL PERSONS CONCERNED:

You are hereby notified that a petition has been filed in this

court by Paul Rhoades, an heir of Karon Rhoades, deceased, praying that the foreign will of Karon Rhoades, deceased, be admitted to probate and record in this court; that no administration of this estate is necessary; that the will be construed; and that the property described in that petition be assigned in accordance with the terms of the will. You are required to file your written defenses thereto on or before May 1, 2003, at 10:00 A.M. of such day, in such court, in the City of Goodland, in Sherman County, Kansas, at which time and place such cause will be heard. Should you fail therein, judgment and decree will be entered in due course upon the petition.

Paul Rhoades  
Petitioner

VIGNERY & MASON L.L.C.  
J. Ronald Vignery  
214 E. 10th, P. O. Box 767  
Goodland, Kansas 67735  
Telephone: 785-899-6588  
Attorneys for Petitioner  
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**Another FUN BANE AUCTION**  
**Thelma Kraft Estate**  
**Saturday, May 3 • 9 a.m. MST**  
**VFW Hall, 824 Main, Goodland, Kansas**

NOTE: There are some very nice items on this auction. Lots of boxes to go through so the hall will be full as usual. Lunch will be served by the VFW Auxiliary so come and enjoy another fun Bane Auction where everyone has "Satisfaction at the sound of the gavel."

**SPECIAL!!!**  
4 wheel Lark electric wheel chair, new batteries, charger, never been outside  
Amigo 3 wheel electric wheel chair

**HOUSEHOLD**  
Matching sofa and swivel rocker; rocker-recliner; Ethan Allan rocker; matching Maytag washer and dryer; portable Maytag dishwasher; GE refrigerator with ice maker; Magic Chef electric stove; 2-console TV's; Sony 13" TV; nice console stereo; Thomas organ, nice; small writing desk; Blond China hutch & table with 6 chairs, excellent condition; drop-leaf table with chairs; Grandfather clock; several coffee & end tables; 2- Waterfall BR sets with double bed, chest, dresser, very nice; 5 drawer water bed, complete; Sears sewing machine in cabinet; book case with drop leaf bench; brass bakers rack.

**MISC ITEMS**  
Complete line of kitchen ware, pots, pans, silverware; china set; glassware; lots of blanket; sheets, towels; lamps; pictures; boxes and boxes of material; yarn and patterns; 20 boxes of; craft items to go through; new fireplace tool set;

gun rack; microwave cart; Christmas decorations; golf clubs with bag; Tennis rackets; Volleyball net; Horse shoe pitching set; exercise equipment; electric heaters; 6 snowmobile helmets; Snowmobile suits form small child's to adults; Kirby vacuum; power spray carpet cleaner; new fire escape ladder; boxes of new caps; new Stetson hat; cook books; the new book of knowledge encyclopedias; 2 wheel chairs

**LAWN & GARDEN & MISC**  
Montgomery Wards 12hp garsden tractor, 30" deck, rear bagger, front snow blade; gas powered chipper; Craftsman roto tiller, with rebuilt motor; Power Kraft 8" table saw; air compressor; fishing poles; step ladders; 3 push lawnmowers; shovels, rakes, brooms; cartop ski rack; large dog crate; Coleman lanterns; ice cream freezers; kerosene heater; window exhaust fans

**ANTIQUES**  
Chubby Kims Cabbage Patch doll, still in box; 20 piano rolls; Hiawatha bicycle from the 50's; 2 girls stingray bicycles; 2 double iron beds; single iron bed; snow sled; 3 oak chairs; 2 oil lamps; Railroad lantern; Oak kitchen cabinet; hall tree; lunch boxes; Oak rocker; Oak hall table; comer hutch; boxes of 78 records; some glassware; lots more pieces

PARTIAL LIST ONLY. There are lots of boxes to go through. For more information contact Bane Auction/Homestead Realty 1023 Main, Goodland, KS. Maynard 785-899-4385 or 899-2078 or Terry Richardson 785-899-2328 or 800-974-2426. Visit our web site at [www.goodlandksrealestate.com](http://www.goodlandksrealestate.com).