

New fruit trees need to be pruned

obituaries

Fruit trees planted this year should be pruned to begin developing a strong structure of the main or scaffold limbs.

This will help to prevent limb breakage over the years when the scaffolds carry a heavy fruit load.

Trees that have no branches or those that have only one or two small branches should be cut back so the tree is only about 32 to 36 inches high. This pruning will promote branch development along the tree trunk.

The lowest branch should be about 20 inches above the soil level.

Newly purchased trees that have already developed branches should be pruned so there are no more than five to six branches for permanent scaffolds, plus the central leader, or main center branch remaining.

The rest of the branches should be removed.

Young fruit trees generally are



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trained using the central leader system. The growth pattern for these trees is for a center branch to be dominant.

This is generally the characteristic for apple and pear trees, and apple, apricot, cherry, pear and plum trees are generally pruned according to this method.

The growth pattern of these fruits is for the center branch of the tree to be dominant. The central leader training method promotes this characteristic. Young fruit trees also may be trained using the open center method.

Peach and nectarine trees may be

pruned using either method because they do not have a strong tendency for one shoot or

branch to dominate the growth of other shoots or branches.

The central leader system has a central trunk from which the scaffold branches develop. The scaffold branches should:

- Form wide angles (about 60 to 80 degrees) with the trunk.
- Be distributed on different sides of the tree for good balance.
- Be spaced about 6 to 10 inches apart on the trunk with no branch directly opposite or below another.

Training during the year of planting and the following year is important, since the grower gets to select the scaffold branches.

Deborah Snethen

Deborah Sue Snethen, 37, Goodland, a former city employee, died Saturday, May 31, 2003, at her home in rural Goodland. She had recently returned home following stem cell surgery.



Snethen

She was born Sept. 23, 1965, the daughter of Frances (Roesch) and Frank J. Musalek, and graduated from Goodland High School in 1984.

On June 9, 1984, she married Keith L. Snethen at the Goodland Emmanuel Lutheran Church.

She was a member of the church and the Women of the Evangelical Lutheran Church and was a Sunday school teacher. She was a member of the Veterans of Foreign Wars Auxiliary, the Early Iron Car Club, the Promenaders Square Dancers, and Bunkers, and treasurer of Take Off Pounds Sensibly.

Preceding her in death were her father and a son, Marshall Lee Snethen.

Survivors include her husband; a son, Todd M. Snethen of Goodland; her mother; five sisters, Linda Charron of Goodland, Becky (Greg) Spady of Hastings, Neb., Marilyn (Darryl) Colby of Goodland, Janice (Harlan) Schwertfeger of Hutchinson, and Jeanette (Varden) Bogart of Colorado Springs; a brother, Frank (Jodi) Musalek of Hays; her parents-in-law, Robert and Edna Snethen; and five brothers-in-law, Donald (Edie) Snethen of Topeka, Harold (Mary Ann) Snethen, Roger (Marilyn) Snethen and Gary Snethen, all of Goodland, and Dennis (Linda) Snethen of Edson.

Services will be at 2:30 p.m. today, Tuesday, June 3, 2003, at the

church with Pastor Scott Grimshaw officiating. Burial will follow in the Goodland Cemetery.

Visitation was from 3-7 p.m. Monday at Koons Chapel and for one hour before the service at the church.

Memorials may be made to the church, Hospice of Sherman County or the Leukemia Foundation — Kansas Chapter in care of the funeral home at 211 N. Main, Goodland, Kan. 67735.

Dixie Myers

Dixie Lea Myers, 59, a Goodland homemaker, died Friday, May 30, 2003, at the Goodland Regional Medical Center.

She was born Feb. 13, 1944, at Goodland, the daughter of Gladys (Dickson) and Joe Hobson. She attended schools in Sharon Springs and in Sedalia and Castle Rock, Colo.

On Aug. 8, 1969, she married Byron Myers in Elko, Nev. She was a member of the Goodland First Christian Church.

Preceding her in death were her mother and two brothers, Michael and Eddie Mike Hobson.

Survivors include her father of Burlington; her husband; two sons, T.J. (Toni) Allaman of Lakin and Mike (Robin) Allaman of Liberal; a step-son, Byron (Molly) Myers III of Grand Island, Neb.; a daughter, Michelle (Paul) Simoneau of Norton; two sisters, Darla (Jerry) Storm of Engelwood, Colo., and Kathy (Bill) Boyd of Gunnison, Colo.; 10 grandchildren; and a great-granddaughter.

Memorial services will be at 10:30 a.m. today, Tuesday, June 3, 2003, at the church with Pastor Loren Strait officiating.

Memorials may be made to the church or the Northwest Kansas Animal Shelter in care of Koons Funeral Home, 211 N. Main, Goodland, Kan. 67735-1555.

Marion Amos

Marion Edward Amos, 79, a Ruleton High School graduate and brother of Nancy Cloyd of Goodland, died Tuesday, May 13, 2003, at St. Mary's Medical Center in Grand Junction, Colo.

He was born Oct. 28, 1923, to Robert and Belle (Murray) Amos in Goodland, and spent his childhood in Ruleton.

On May 3, 1942, he married Bernadine L. McDaniel in St. Francis. They moved to Delta, Colo., in 1961 and to Clifton, Colo., three years ago.

Mr. Amos served in the Army during World War II and was a clothier until his retirement.

He was a member of the Redeemer Lutheran Church, Delta, and a former superintendent of the Sunday school and a former treasurer at the church. He enjoyed flower and vegetable gardening.

Preceding him in death were his parents; two brothers, Lyman R. Amos and Duane W. Amos; and a sister, Evelyn Ethel Amos.

Survivors also include his wife; two sons, Marion E. Amos Jr. of Denver and Michael J. (Marlene) Amos of Clifton; a daughter, Karlotta Kay (Ray) Parry of St. Anthony, Idaho; two brothers, Rex L. (Jean) Amos of Hutchinson and Glen E. (Jean) Amos of Goodland; eight grandchildren; and eight great-grandchildren.

A memorial service was held at 10:30 a.m. Wednesday, May 21, 2003, at Taylor Funeral Service Chapel in Delta, with Pastor Bruce A. Skelton officiating.

Burial was at 1 p.m. at the Veterans Memorial Cemetery of Western Colorado in Grand Junction, with graveside rites by the Grand Junction Veterans of Foreign Wars.

Memorials may be made to the church, 1000 Pioneer Rd., Delta, Colo. 81416.

Getting kids to bed on time a challenge

Dear Plain Sense: Getting my children to bed on time and keeping them there has been a longtime challenge. Any suggestions?

Bedtime is one of the problem areas most often asked about by parents.

And in later years, as parents of teenagers, those challenges can become even larger, based on habits learned in the earlier, developmental years.

Dr. Neil Kavey, director of the sleep disorders center at Columbia-Presbyterian Medical Center in New York, states that bedtime rituals and routines are key elements in defeating insomnia in children. Dr. Neil suggests the following:

- Create a regular routine, a set bedtime and a set wake-up time.
- Organize circadian rhythms: dim the lights at night, allow for sunshine in the mornings.
- Understand the child's sleep needs based on activity, disposition and other individual traits.



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- Put the child to bed alone.
 - Use a specific object to aid in the transition to bedtime, such as a book that is read or a story that is told. (This could also include a favorite blanket or stuffed animal.)
 - Food consumption should be limited to at least one hour before the transition to bed.
 - Set limits and make only short parental visits at bedtime.
 - Use positive reinforcement.
- Rather than focusing on the problems, give praise for positive behaviors and reinforce the idea of a good night's sleep.
- Watching television, playing video games or time on the computer also interfere with good bed-

time preparation.

Parents need to set limits on the time children are involved in these activities, as well as the location. Children who have television, VCRs and computers in their bedrooms have even more opportunity to develop negative habits in regards to bedtime.

Contributed by Karen Beery, manager, Consultation and Education Department.

The views expressed here are those of the individual writer and should not be considered a replacement for seeking professional help.

Mail questions to: High Plains Mental Health Center, Plain Sense, Consultation and Education Department, 208 East Seventh, Hays, Kan. 67601.

Internet site: www.highplains-mentalhealth.com

Danbury man wins over \$14,000 with \$1 ticket

The Oberlin Herald

A \$1 purchase at the Red Crown Lounge in Oberlin won a Danbury, Neb., man \$14,851, which boiled down to \$10,096 after taxes.

Gary Townsend, who works at Sappa Valley Youth Ranch, said he

doesn't play Keno all of the time, but decided to play a few weeks ago on a Tuesday night at the Red Crown. He said he played eight out of eight numbers, which means that all of eight numbers have to be selected to win. All of the numbers

were selected, and Mr. Townsend walked away with a little over \$10,000.

Mr. Townsend said the biggest pot he has won before was \$1,000. He said he used the winnings to pay off a pickup and invest in the stock market.

Norton man held in beating death of step-father

The Norton Telegram

A 20-year-old Norton man was being held in the beating death Saturday of his stepfather.

Saturday, Norton Police said officers responded to a call for medical assistance at 111 S. Archer, Norton, at 7:25 a.m.

When they arrived, emergency

crews discovered the body of Billy H. Masden, 53, of the same address.

The victim had traumatic injuries and an autopsy was ordered by Ruben Silan, the deputy county coroner.

Jimmy D. Williams, Masden's stepson, was in the Norton County

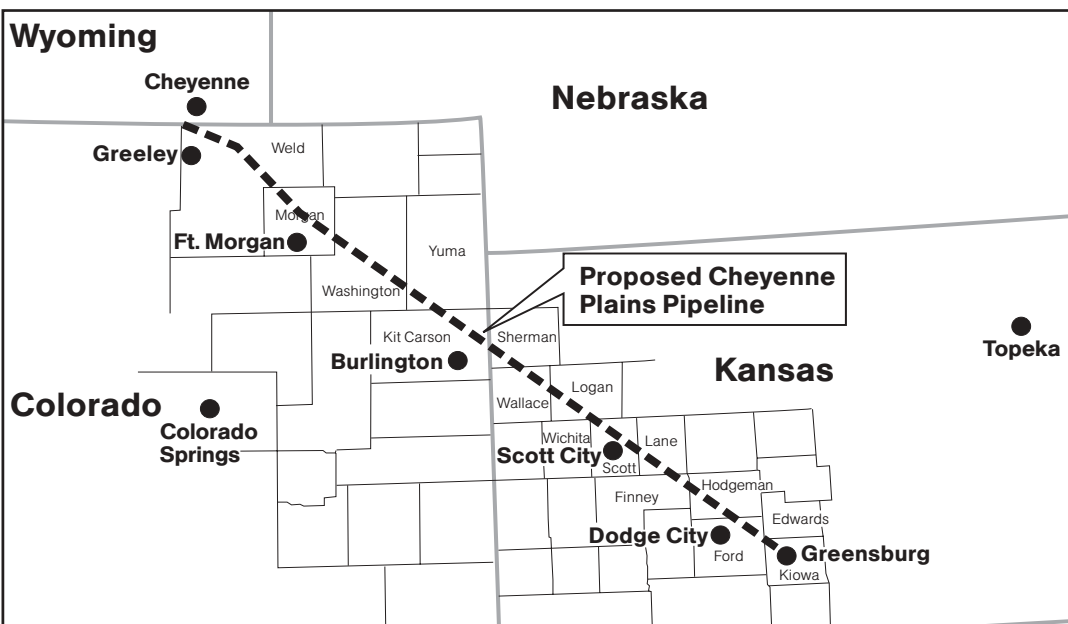
Jail awaiting charges. First reports indicated that a hammer had been used in the attack.

Investigation of the homicide continues by the Norton Police Department with the help of the Kansas Bureau of Investigation and the Norton County Sheriff's Department.

Cheyenne Plains Gas Pipeline Notice of Proposed Construction

On May 20, 2003, Cheyenne Plains Gas Pipeline Company, a subsidiary of El Paso Corporation, filed an application with the Federal Energy Regulatory Commission (FERC) under FERC Docket Nos. CP03-302-000, CP03-303-000, and CP03-304-000 for permission to own, construct and operate a new underground natural gas pipeline extending from the Cheyenne hub just south of Cheyenne, Wyoming to Greensburg, Kansas.

Cheyenne Plains Gas Pipeline Company, upon receipt of all appropriate regulatory authorizations, the construction, and the commencement of operation, will become a natural gas company engaged in the interstate, open-access transportation of natural gas from Rocky Mountain production areas to markets located in the mid-continent of the United States. The company's principal offices are located at 2 North Nevada, Colorado Springs, Colorado 80903.



The 30-inch diameter pipeline will have initial transportation capacity of 560,000 dekatherms of natural gas per day (MDth/d) and will extend 380 miles from the Cheyenne Hub just south of Cheyenne, Wyoming to Greensburg, Kansas. The pipeline will interconnect with interstate and intrastate pipelines serving mid-continent markets. Cheyenne Plains can also be expanded by roughly another 500 Dth/day. Construction of the pipeline will begin following the receipt of appropriate FERC approvals. The pipeline is scheduled to be in service by mid-2005.

This new pipeline is fully supported by long-term firm contracts for 100% of the capacity. Cheyenne Plains will provide a means of transporting the growing supply of Rocky Mountain natural gas to markets in the mid-continent of the United States where gas supplies are decreasing.

Cheyenne Plains Gas Pipeline Company has mailed notices to residences within a half-mile of its proposed route. If you have not received a notice, your property is most likely not within the half-mile radius. The full project description can be found in Cheyenne Plains Gas Pipeline Company's application, available at the Yuma City Library, or through FERC's website (www.ferc.fed.us). The FERC's website also provides a summary of landowner rights in FERC proceedings. Landowner questions concerning this project may be directed to Cheyenne Plains Gas Pipeline representative David Anderson at (877) 598-5263. For more information about the project you can visit the Cheyenne Plains website at www.elpaso.com/cheyenne.



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June Consultant Schedule

Allergist	Jeffrey Rumblyrt, M.D.	June 12
Audiologist	Sherri M. Beck, M.A., CCC-A	June 13 & 20
Cardiologist	Barry Smith, M.D.	June 11 & 25
Cardiologist/Pediatric	Warren Toews, M.D.	June 4
Dermatologist	Charles Ruggles, M.D.	June 5 & 19
Ears, Nose, Throat	Alfred N. Carr, M.D.	June 13 & 20
Endocrinologist	Gerald Poticha, M.D.	June 20 & 27
Gastroenterologist	Jeffrey D. Huston, M.D.	June 16
Gynecology	Laura Rokosz, M.D.	June 12 & 18
Neurologist	Steven J. Gulevich, M.D.	June 4, 11 & 27
Obstetrics/Gynecology	David Forschner, M.D.	July 16
Oncology/Hematology	Martin Rubinowitz, M.D.	June 3
Ophthalmologist	David Pfoff, M.D.	June 6, 13 & 27
Ophthalmologist	Patricia Stepp, M.D.	June 11
Orthopedist	Theodore J. Clarke, M.D.	June 2
Orthopedist	Tim Birney, M.D.	June 9
Orthopedist	Stuart J. Kennedy, M.D.	June 9
Orthopedist	James Holmes, M.D.	June 16
Orthopedist	Edward Parks, M.D.	June 23
Pediatrician	Raymond Ketting, M.D.	June 24
Psychiatrist	John C. Faul, M.D.	June 4, 6 & 20
Podiatrist	Erik Ouderkirk, D.P.M.	June 11 & 25
Pulmonologist	Ken Weisiger, M.D.	June 12
Pulmonologist	Tim Clark, M.D.	June 18
Radiologists	Professional Radiology Services	Monday thru Thursday
Rheumatologist	Karl Chambers, M.D.	June 19
Speech Pathology	Vicki Transue, M.S.	Monday thru Friday
Substance Abuse Dir	Fred Waters, CADC III	Monday and Tuesday
Urologist	Darrell D. Werth, M.D.	July 1
Urologist	Carl T. Newman, M.D.	June 3
Urologist	Kevin R. McDonald, M.D.	June 17