

Woman wins prizes for her sauerkraut

WINSTON, from Page 8

ton for a training class to prepare to teach a canning class through the Extension office and 4-H.

There are no definite plans for when to have the class, she said, but there is definitely an interest.

As far as kids today, she said, it's a lost art. And there hasn't been anyone to teach it, she said.

People used to can everything, including meat, Winston said, because there was no way to freeze anything. And some people still prefer canned meat, she said, because of the taste. It's like the pre-cooked meat you buy at Wal-Mart, she said.

Winston said she wants to help get canning reintroduced, and she applauds those who are already volunteering to teach cooking and sewing. Some are still involved, she said, even though their kids aren't in 4-H anymore.

"4-H is all about volunteers," she said.

And Winston sets a good example in making time to volunteer. She said

she arranged her work schedule to have afternoons off for 4-H. That means she starts her day at 5 a.m. and finishes work at 1 p.m.

Winston is a hairdresser at A Head of the Times. Her husband, Kevin, is a lieutenant with the Kansas Highway Patrol and oversees five counties. He has been with the patrol for 26 years.

Besides her daughter Sydney, who turns 10 this month, Barb has two step-children, Kyle who is in the Navy and stationed in San Diego and Kelly, 24, who is a Kansas State University graduate living in Manhattan.

Gladiolas and cosmos are among the flowers Barb Winston grows along the fence in her back yard.

Photo by Sharon Corcoran/
The Goodland Star-News



Northwest Kansas District Free Fair **Howdy Rowdy Rodeo**

Tuesday, August 5th at 7 p.m.

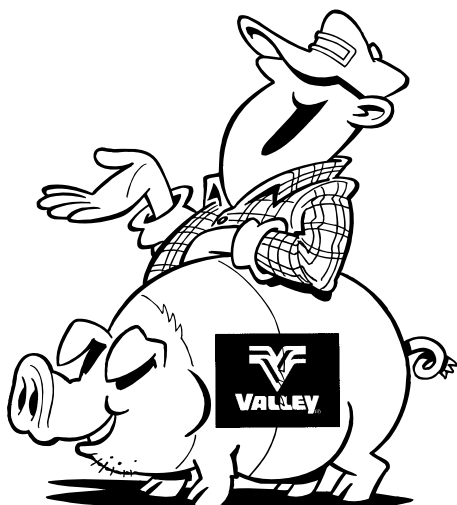
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Family dedicates time to local fair

By Jaclyn Hackerott

The Goodland Star-News

In the mid-90's, Dan and Charlene Mangus of Kanorado, along with their family, began dedicating their spare time to the Sherman County Fair and 4-H groups. It began with their two oldest boys, Michael, 17, and Steven, 15. When they first joined 4-H, they were involved in chickens, ducks, geese, rocketry, gardening, canning, gun safety and photography. Their youngest son, Devin, was too young to enter 4-H when they first joined so he entered poultry, art, rock-ets and crafts as open class events at the time. Devin began by entering in the open class art show when he was 7 years old. His amazing portrait of George Washington earned him a blue ribbon at the fair. It also earned him a blue ribbon at the Carnegie Art show in Goodland. Dan and Charlene also have a daughter, Dani, 5, who is not yet old enough to join 4-H. All the children have enjoyed participating in the fair but as Steven and Michael have gone to high school, they have found that it is very difficult to find time for 4-H, so neither one is in-

involved in 4-H this year.

Devin, 13, is the only child in the house involved in 4-H this year. He joined 4-H for the first time 2 years ago. Within the first year of joining the Ruleton Eager Beavers, Devin was acting as a song leader. Now, Devin is the Vice President of the Eager Beavers and has began his first year with the Junior Leaders. As Vice President, Devin says he is in charge of conducting meetings, demonstrations, recreation and introducing who will speak at the Parliamentary model meetings.

Since joining 4-H, Devin has been involved in poultry, crafts, rocketry, gardening, flowers, my community and small engines. As the owner of two Farmall Tractors, Devin revealed that his favorite part of 4-H is small engines. The first tractor, a Farmall B, was a Christmas present from Dan and Charlene. After some touch-up paint and a small disc to hook on the back, which Devin found at the bargain price of \$10 dollars, it was ready to go. Devin uses this tractor for help-

See MANGUS, Page 11



The Mangus family is proud of the two Farmall tractors. Steven, Dani, Danny (holding Dani), Charlene, Devin and Michael are involved in lots of activities around the county fair.

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Tractors win purple ribbon

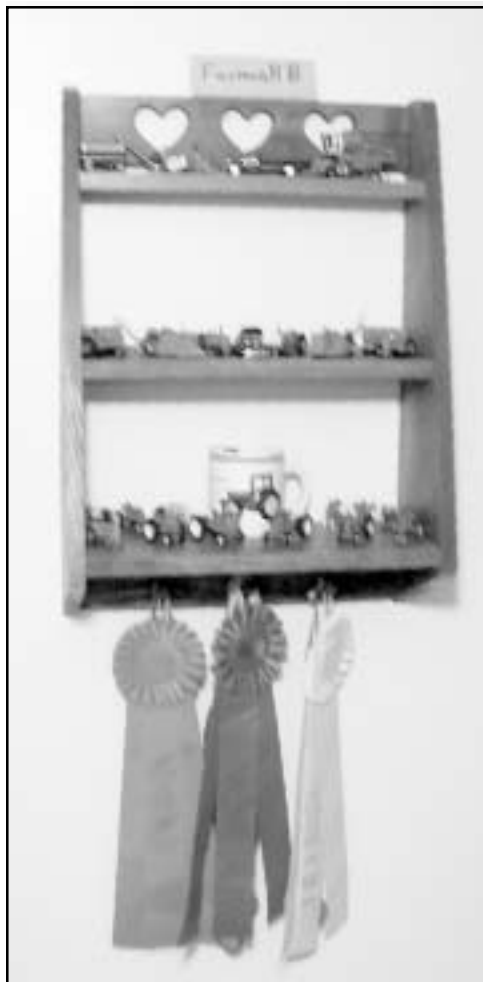
MANGUS, from Page 10

ing his neighbors farm. He also entered it in the small engines competition at the fair last year and was awarded Grand Champion. The second tractor, a Farmall M, was bought from his uncle. Devin hopes to service the tractor to the point where it will be available for farming. This tractor will be his entry for small engines in the Sherman County Fair this year.

Overall, Devin's 4-H group has done very well. The Eager Beavers received a regional blue ribbon for their model meeting at regionals in Brewster last year. They also received a regional blue ribbon for their skit. Individually, Devin also did very well, receiving a regional blue ribbon for his trumpet solo.

As part of his involvement in 4-H, Devin participates in numerous community service activities. Mowing lawns, running errands for his neighbors, cleaning, and farming for various people in the area are just a few of the things he does to better his community. Devin has also recently been involved in helping serve at funeral dinners in his community. As a part of the Ruleton Eager Beavers, Devin helped renovate

See MANGUS, Page 12



Devin has received several ribbons and has a Farmall model collection.

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Family helps at county fair, fishing clinic

MANGUS, from Page 11

a cemetery 6 miles out of Ruleton. They also wrote letters to soldiers in Iraq this year. Devin noted that it was quite a treat when a marine, Sergeant Jeremy Cloyd, wrote back and offered to speak at one of the groups' meetings when he returns.

Even though Devin is the only child in the family who is still involved with 4-H, the entire family still helps out around fair-time. Dan, Charlene, Michael and Steven all help out with the free barbecue. Michael and Steven said that they also help with the fishing clinic and with clean-up after the fair is over. Even little Dani helps out, aiding her mother in baking for the cookie jar competition. The whole family has dedicated much of their time and work to the fair, and they have all done very well. Dani revealed that she has every intention of joining 4-H next year, and she will be just as much of a valuable contribution to the fair as the rest of her family has been.



Mallard ducks and geese enjoyed the cool water of a pond at the Mangus home five miles northeast of Kanorado.

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Improvements made to grounds

By Jaclyn Hackerott

The Goodland Star-News

As the end of summer nears, so does the Sherman County Free Fair. In preparation for the fair, the Sherman County Fairgrounds have undergone some renovations.

First of all, it was time for the rodeo arena to obtain a new fence. Fair board president, Steve Duell informed me that the old fence was made of thin, flimsy panels that were easily broken by the rodeo animals. Now, the fence consists of new, very sturdy panels.

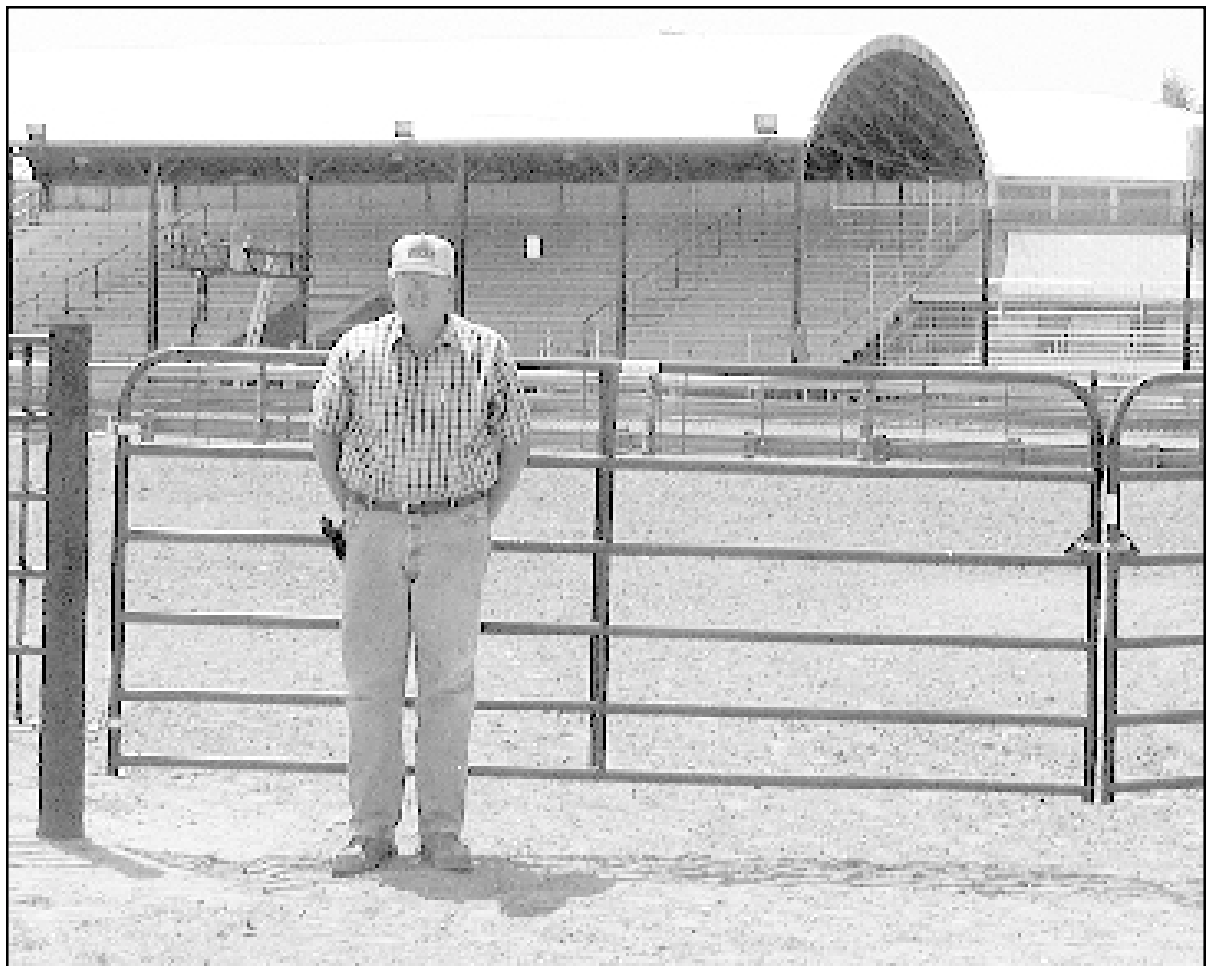
The arena also used to have large, energy consuming lights for night time. Since these large fixtures consumed so much energy, they were replaced by new, halogen spot-lights, which will use less energy, and will be much more efficient.

Other renovations include replacing the doors in the 4-H building and performing other general maintenance around the fairgrounds.

This year's fair will begin on Saturday, August 2nd with the dog show. The parade, which will be led by the 4-H ambassadors, will take place later that evening. On Sunday and Monday, participants will bring in their projects and vendors will set up their booths. Monday will be the first day of the carnival, which will run all week long from 6 p.m. until 11 p.m. Judging and community events will continue to take place throughout the week. A couple of the highlights will be the Ranch Rodeo, which has only been going on for 3 years, and the Howdy Rowdy Rodeo, an event made specifically for the kids. The free community barbecue will begin at 5:30 p.m. MST on Friday, August 8th. The style review will also commence that day.

Duell commented one of the most special things about the Sherman County Free Fair is that the carnival

See FAIR, Page 14



Fairboard Chairman Steve Duell is proud of the improvements made in the past year at the county fairgrounds. The grounds are being readied for the upcoming fair which begins on Saturday, Aug. 2.

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New lights help arena

FAIR, from Page 13

is home owned and locally supported, which is something that draws the attention of the local crowd. Another unique aspect of this fair is the size of the livestock that is entered in the fair by the 4-H kids. Also, there is an unusually large amount of kids involved with 4-H in Sherman County this year.

Steve Duell, who has been acting as fair board president for three years, says of his coworkers, "The fair board is an excellent group of people to work with." When Duell is not fulfilling his duties as fair board president, he is working diligently at his own farm. He states that this year's fair should be one of the best fairs yet, and would like to invite everyone out to the fairgrounds for a great time.

New lights and poles installed in the past year have improved the visibility around the race track and in the arena at the Sherman County fairgrounds.



Fair time evokes images of cakes, pies, jelly, cookies

One of the various images connected with the fair is of cakes, cookies, pies, jellies and canned produce vying for the blue ribbon. The following recipes are from 'Amish-Country Cookbook' volumes 1 and 4 edited by Anita Yoder and Bob and Sue Miller.

French Cherry Pie

- 1 - 3 ounce Philadelphia cream cheese
- 1/2 cup powdered sugar
- 1 cup whipping cream (whipped)
- 1/2 teaspoon vanilla
- 1 can prepared cherry pie filling

Cream the cheese, sugar and vanilla. Fold in whipped cream. Pour into baked pie shell. Spread evenly over the bottom of pie shell, then spread cherry pie mix over the top of cheese mixture. Chill and serve.

Skillet Cake

- 3/4 cup sugar
- 3 tablespoon butter
- 1 egg
- 1/2 cup sweet milk
- 1 1/2 cup flour
- 2 teaspoon baking powder

Cream together sugar, butter and beaten egg, milk, baking powder sifted into flour. Pour in skillet in which 1 cup brown sugar and 3 table-

spoon butter has been melted. Bake in moderate oven. When done turn on a plate bottom side up. Serve hot or cold with whipped cream or plain.

Blueberry Coffee Cake

- 2/3 cup sugar
- 1/3 cup liquid shortening
- 1 egg
- 1/2 cup milk
- 2 teaspoon baking powder
- 1/2 teaspoon salt
- 1 1/2 cup flour
- 1 cup blueberries
- 1 cup nuts (optional)

Beat together sugar, shortening and egg. Sift baking powder, salt, flour and add alternately with milk. Add blueberries and nuts if desired. Pour into a 9 inch square pan.

Topping

- 1/2 cup brown sugar
- 1/2 cup butter
- nuts (optional)

Spread on cake and bake at 350 degrees for 25-30 minutes.

See RECIPES, Page 15

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Fair entries vie for blue ribbons for pies, cookies, cakes

RECIPES, from Page 14

Watermelon Cake

whites of 4 eggs, beaten slightly
1 1/2 cup sugar
1/2 cup sour milk
1/2 cup butter
2 cup flour
Cream butter and sugar together well. Add milk with a scant 1/2 teaspoon soda; immediately stir in a little flour, than a little egg white, alternately, till all flour and egg are added. In another bowl put:
1 1/2 cup pink sugar
1/2 cup sour milk
scant teaspoon soda
2 cup flour
Flavor this pink batter with any flavoring you wish. Add 1/4 pound seeded raisins that have been floured. Spread bottom and sides of your cake pan with the white batter, fill up with the pink, save enough of the white to cover over the top. Bake in moderate oven till done. 350 degrees for 20-30 minutes.

French frosting

1/2 pound powdered sugar
4 spoonfuls rose water or vanilla
juice of 1 lemon
whites of 2 eggs
Beat together well. Apply to half

cooled cake with pastry brush. Set in cool oven to dry the icing. It will be set in 1 hour.

Concord Grape Pie

1 1/2 quart grapes
1 1/2 cup sugar
3 tablespoon quick cooking tapioca
1 teaspoon butter
1/8 teaspoon salt
1/2 cup pecans, chopped
Slip grape skins from pulp, reserving the skins. Place pulp in saucepan and bring to simmering. Remove from heat. Put through sieve to remove seeds. Add enough of pulp to the skins to make 3 1/2 cups after setting. Combine sugar, tapioca, butter, salt and pecans and mix well. Add to grape mixture, stirring thoroughly. Pour into pastry lined pie pan. Cover with top pastry shell. Bake at 425 degrees for 15 minutes, reduce heat to 400 degrees and bake for another 30 minutes or until brown.

Cranberry Apple Crisp

Filling:
5 medium apples, peeled, cored and sliced
16 ounce can whole berry cranberry sauce
1/4 cup sugar
2 tablespoon flour
Topping:

1/4 cup nuts, chopped
1 cup rolled oats
1/3 cup flour
1 teaspoon cinnamon
1/4 cup margarine, melted
1/3 cup brown sugar, packed
Preheat oven. to 375 degrees. Cut apple crisscross in half and place in 9"x13" pan. Combine cranberry sauce, sugar and flour. Mix well. Pour mixture over apples, toss to coat evenly. For topping, combine nuts, oats, brown sugar, flour and cinnamon. Melt margarine and add mixing well. Sprinkle topping over fruit mixture and bake for 35-40 minutes or until fruit is tender. Serve warm. Good with ice cream. Serves 12.

Orange Cookies

2 cup brown sugar
1 cup shortening
2 eggs
2 oranges, put thru a grinder
1 cup sour cream
1 teaspoon baking soda
2 teaspoon baking powder
1/2 teaspoon salt
5 cup flour
Frosting:
1/2 ground orange
2 tablespoon butter
powdered sugar
Cream sugar and shortening. Add

eggs. Beat well and add 1 1/2 oranges and sour cream with baking soda dissolved in it and stir. Add baking powder, salt and flour. Use scant flour as the cookies get dry easily. Bake at 400 degrees for 15-18 minutes. For frost-

ing: Mix rest of orange and butter together and then add powdered sugar until it's a good spreading consistency. Frost while still warm. Makes 3 dozen.

Winning pickle recipe

Barb Winston's Reserve Champion Dill Pickles

7 1/2 cups water
5 cups vinegar
1/3 cup pickling salt
1 to 2 jalapeños per jar
6 heads dill
6 slices 1/2-inch thick onions
12 cloves garlic
2-4 whole peppercorns per jar
Mix water, vinegar and salt. Heat to boiling. Place dill, onion, garlic, peppercorns and jalapeños in bottom of jars.

Wash cucumbers, cut 1/4 inch off blossom end. Pack cucumbers in jars. Fill with brine, leaving 1/2 inch of head space. Wipe rims, seal and process in boiling water bath for 10 minutes. Cool. Let set 6-8 weeks.

If you put 2 tablespoons of vinegar in the boiling water bath, your pot



Winston won reserve champion on her pickles and champion on her sauerkraut at last year's fair.

won't discolor, and the jars won't look cloudy. Jalapeños are optional. Pickles will always be crisp.

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Monday, August 4th thru Saturday, August 9th

2003 Northwest Kansas District Free Fair Schedule



Saturday, August 2

8:00 A.M. Dog Show Registration
8:30 A.M. Dog Show (Livestock Arena)
5:00 P.M. Parade Line Up
6:00 P.M. Parade

Monday, August 4

8:00 A.M. Judging 4-H Foods
Judging 4-H Arts & Crafts
Register 4-H and Open Horse Show
8:30 A.M. 4-H Lifeskills Judging
9:00 AM. Horse Show and Favorite Foods Show set-up

Tuesday, August 5

8:00 A.M. Check-In All Entries
4-H & Open Class and Sunflower Contest
11:00 A.M. All Entries Close
Flower Judging
1:00 P.M. Judging All Classes
Except Livestock
2:00 P.M. Llama Show
3:00 P.M. Sheep Lead
Goat Show
3:30 P.M. Sheep Show
7:00 P.M. Howdy Rowdy Rodeo



Wednesday, August 6

8:00 A.M. Swine Show
7:00 P.M. Ranch Rodeo

Thursday, August 7

8:00 A.M. Beef Show
Check-In Entries
Cookie Jar Contest
1:00 P.M. Round Robin Showmanship
3:00 P.M. Cookie Jar Contest Judging
4-H Lifestyles Judging Contest
6:00 P.M. Family Fun Night

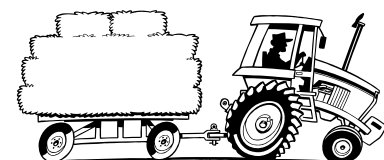
Friday, August 8

8:00 A.M. Livestock Judging Contest
4:30 P.M. 4-H Appreciation BBQ
5:30 P.M. 4-H Livestock Sale
7:00 P.M. Demolition Derby

Saturday, August 9

8:00 A.M. Projects Released
9:00 A.M. Enter Tri-State Royal
1:00 P.M. Tri-State Royal (Show of Area Champions)
7:00 P.M. Tractor Pull

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