



Charlie Short (right) and Chelsea Ontiveroz ran in the Soap Scrimmage demonstration Thursday for the Cowgirls Cross Country team. Short, a senior, is one of three girls and a boy who travel from Sharon Springs every day to practice with the Cowgirls. Ontiveroz, a sophomore, is in her second year of cross country. The team's first meet is at 4 p.m. Thursday when they host the Goodland Invitational at Sugar Hills Golf Club.

Photo by Tom Betz / The Goodland Star-News

Cowboys show fans football skills

By Sharon Corcoran

The Goodland Star-News

Goodland football fans gathered Thursday for a giant barbecue and their first chance to see the Cowboys play for the 2003 season.

The gold-jerseyed Cowboys took on the black-jersey squad in the annual Soap Scrimmage while the Black and Gold Booster Club served 200 hamburgers at \$2 for the full-meal deal and held the club's annual membership drive. Food and supplies for the barbecue were donated by area businesses.

The team will play their first game at 6:30 p.m. Friday at Cowboy Stadium against the Hoxie Indians.

The team and fans braved the heat and humidity, and the Cowboys showed their skills between jersey changes. They remained a team united even while competing against each other.

The cross country girls provided a break from football, running two miles at 6 p.m., and the boys ran at 7 p.m., allowing the football team to hide out in the shade.

The Cowboys will face their first Northwest Kansas League opponent Friday. The Indians are great at skill positions, Cowboy Coach Tony Diehl said, have good speed and a recent winning tradition.

The team has the typical western Kansas grittiness, the coach said, which will make them a tough opponent, but the Cowboys are up for

the challenge. The team fell to the Indians 26-14 last year in the season opener in Hoxie, but Diehl said the boys are further along than at this time last year.

The team is strong at the skill positions, Diehl said, and has some good new players.

The Cowboys also have 15 returning lettermen, including All-State running back Jordan Bedore; a returning team captain, quarterback Jared Doke; and All-Northwest Kansas League running back Bobby Miller.

Goodland has been trying some new things on defense, the coach said, and is working on a more balanced offense.

The coach said he is emphasizing playing well and working together over numbers on the scoreboard.

"The wins and losses," he said. "I don't put as much importance on that as playing well, working together, being unselfish and making sacrifices."

"I want our players to play without worrying about the scoreboard."

Last year's Cowboys improved in playing ability over the previous year's team, he said, and it showed on the scoreboard, with Goodland finishing 5-5 compared to the previous year's 0-10.

"We can take another step forward this year," Diehl said.

Following Hoxie, the Cowboys

will play at Holcomb at 6:30 p.m. Friday, Sept. 12; at St. Francis at 6:30 p.m. Friday, Sept. 19; Atwood 6:30 p.m. Friday, Sept. 26 at home; and Oakley at 6:30 p.m. Friday, Oct. 3, in the homecoming game.

Goodland Invitational cross country meet Thursday at Sugar Hills

By Tom Betz

The Goodland Star-News

Four Cowgirls and four Cowboys returned to the Goodland High cross country team this fall, giving Coach Don Smith reason to believe he will see an improved team this year.

They get their first taste of competition Thursday as they hold the Goodland Invitational meet at Sugar Hills Golf Club. Races begin at 4 p.m. in two divisions. Freshmen and sophomores will run first, followed by the varsity.

"We have invited nine teams," Coach Smith said. "It will be a good meet, and give us an early indication of where we are."

Looking at the girls, Smith said he was glad to see the return the four girls from last year, including Kalie Smith from Sharon Springs. She joined senior Charlie Short, coming up every day after school for practice. This year they are joined by Mara Sloan, a freshman. There is no cross country program in Sharon Springs, so the girls will participate with the Goodland team until the regional competition, when they have to run in their own class.

Short is one of the returning girls Smith is looking to for improvement and leadership. The other returning letter winners are Tiffany Thomas and Chelsea Ontiveroz, sophomores, who should show continued improvement. Thomas has



been running quite a bit over the summer, and was the fastest of the girls at the demonstration run on Thursday.

The coach said he thinks Smith and Thomas are probably the fastest on the team. They seem to have a natural running style, he said, and should do well this year.

The other team member this year is Whitney Dautel, the lone freshman from Goodland.

"I am pleased to have the new freshmen girls," Coach Smith said. "We have a very small team compared to many schools, but we have a dedicated group."

Turning to the Cowboys, Coach Smith said he is pleased to have four returning runners led by Espiririon (Speedy) Aguilar, a senior.

Last year, Aguilar qualified for state and finished 21st in the Class 4A state cross country championship at Wamego, one place below the all-state ranking.

Coach Smith said he was disappointed that none of the boys did much running during the summer, and it will take time to see improvement during the season. Aguilar was the fastest of the runners at the demonstration on Thursday.

Other returning lettermen include Daniel Blake and Craig Mason, both juniors, and Brandon Zelfer, sophomore.

New faces on the Cowboys team are Zach Breiningner, sophomore; James Cearley, junior; and freshmen Douglas Eddleman, Kerek Mason and Kyler Knobbe, who is from Sharon Springs.

Looking ahead to the season, Smith said he believes with the returning lettermen, the boys will be competitive.

"We are hurt by the numbers because we have such a small team," he said. "We have to stay healthy and away from injuries."

The coach said it takes seven varsity runners to compete as a team in a meet, and with nine on the boys, there is not much margin. On the girls' side, where there are only seven, he said, they will be short at the end of the season because they will lose the three girls from Sharon Springs in regional competition.

 <p>FIRST NATIONAL BANK</p> <p>www.fnb.com</p> <p>203 E. 11th Goodland, KS (785) 899-2000</p> <p>"Neighbors Helping Neighbors"</p>	<p>The Goodland Star-News</p> <p>1205 Main Goodland, KS (785) 899-2338</p> <p>Check our On-Line Site at nwkansas.com</p>	<p>CHUCK WILKENS</p> <p>WILKENS TRUCK & TRAILER</p> <p>1016 West Hwy. 24, Suite 2 Goodland, KS Toll Free: (888) 613-1121 Office: (785) 899-5454</p>	 <p>117 E. 9th - P.O. Box 833 Goodland, KS (785) 899-5011 (785) 899-5201 - fax</p> <p>Roxann Kling Susan Doke</p>	
<p>Linda & Walt Linthacum</p> <p>Insurance PLUS Service</p> <p>L&W-Andrist Insurance Agency</p> <p>785-899-5678 785-332-2121 102 E. 8th Street 107 S. Quincy Goodland St. Francis</p>		<p>Goodland All-Star Booster Club</p> <p>Sept. 3 - Sept. 9, 2003</p> <p>Wednesday September 3 - "Black Day", Musical auditions in auditorium p.m., PDC meeting 3:45 p.m. Thursday September 4 - "Gold Day", Seminar - Girls Athletic Association and G-Club, Cross Country at Sugar Hills 4 p.m., girls golf at Wakeeney 2 p.m., junior varsity tennis at Scott City 2 p.m., varsity tennis at Larned 2 p.m., NEA-G Council meeting in ITV room 6 a.m., musical auditions in auditorium p.m., seventh and eighth volleyball against Colby 3:30 p.m., seventh and eighth football at Colby 3:30 p.m. Friday September 5 - "Black Day", Varsity football against Hoxie 6:30 p.m. Saturday September 6 - Tennis at Colby 8 a.m. Monday September 8 - Junior varsity football at Hoxie 4:30 p.m., musical auditions in the auditorium p.m., Board of Education meeting Tuesday September 9 - "Black Day", Seminar - Stuco, volleyball quad 3:30, Golf at Sugars Hills Country Club 2 p.m., junior varsity tennis at Tribune 2 p.m., musical auditions in the auditorium p.m., West Site Council meeting 4p.m.</p>		<p>BANKWEST OF KANSAS</p> <p>SUNWEST BANKS OF COLORADO A BRANCH OF BANKWEST OF KANSAS</p> <p>www.ebankwest.com</p> <p>924 Main Goodland, KS 67735 899-2265</p> <p>HEALTHY FEDERAL RESERVE SYSTEM</p>
<p>102.5 FM KKCI Best of the 70s, 80s, & 90s</p> <p>KWGB 97.9</p> <p>KLOE 730am Full Service Radio</p> <p>Quality Care</p> <p>Ford Mercury BlueOval Certified</p> <p>"Where Service is an Affair of the Heart"</p> <p>DAN BRENNER FORD-MERCURY, INC.</p> <p>222 W. Hwy. 24 I-70 BUSINESS LOOP GOODLAND, KS 67735 (Toll Free) 800-636-8770 (Business) 785-899-2316 (Fax) 785-899-2317</p>		<p>S&T Communications Inc. wishes all Students Success!</p> <p>S&T Communications Incorporated</p> <p>1405 Main Goodland, Kan. 67735 (785) 890-7400</p> <p>Goodland Sinclair</p> <p>2320 Commerce Road Goodland, Kan. 67735 785-890-6855</p> <p>Open 7 days, Auto repair, 24 hour towing, after hours cell 785-821-1509</p> <p>Truck & Tractor Repair L.L.C.</p> <p>714 E. Hwy. 24 P.O. Box 751 Goodland, Kan. 67735 785-899-2401 785-899-2217</p> <p>If you've cussed it or kicked it, call us & let the Boys fix it.</p>		<p>Lonny's Quality</p> <p>LONNY'S QUALITY AUTO BODY INC.</p> <p>1933 Caldwell Goodland, KS (785) 899-6311</p> <p>TACO JOHN'S A WHOLE LOT OF MEXICAN.</p> <p>2304 Commerce Rd Goodland, Ks 899-3733</p>
<p>AMERICAN FAMILY INSURANCE AUTO HOME BUSINESS HEALTH LIFE</p> <p>Chandra L. Ruhs Agency 1002 Main Street, Suite 202 Goodland, KS 67735 Office 785-890-7337 E-Mail cruhs@amfam.com</p> <p>©1997 American Family Mutual Insurance Company and its Subsidiaries Home Office - Madison, WI 53783 www.amfam.com</p>	<p>Picnic in the Park</p> <p>CHESTER FRIED</p> <p>1016 Main Goodland, KS 67735 899-3911</p> <p>Hours: 11a.m.- 8 p.m. Monday-Saturday Everything For a Picnic but the ants.</p>	<p>1118 Main Street Goodland, Kan. 67735 Phone: 785-890-6900 Fax: 785-890-6902</p>	<p>SHORT & SON INC. SINCE 1934</p> <p>Hwy 24 Goodland, Kansas (785) 899-2592 1-800-242-6939</p>	
<p>USD 314</p> <p>Wishes the best to ALL Brewster Students! Go Bulldogs!</p> <p></p>	<p>102.5 FM KKCI Best of the 70s, 80s, & 90s</p> <p>KWGB 97.9</p> <p>KLOE 730am Full Service Radio</p>	<p>2217 Enterprise Rd. Goodland, KS 785-899-5245</p>	<p>baked and built before your eyes</p> <p>SUBWAY eat fresh.</p> <p>2217 Enterprise Rd. Goodland, KS 785-899-5245</p>	

<p>Brewster All-Star Booster Club</p> <p>September 3 - September 9, 2003</p> <p>September 5 - Football against Tribune 7:30 p.m.</p> <p>September 6 - Volleyball at Healy 9 a.m.</p> <p>September 8 - Junior varsity football at Tribune 6 p.m., 4-H meeting at Hunter Hall 7:30 p.m.</p> <p>September 9 - Volleyball at Weskan 3 p.m.</p>	
<p>McB's Motor Company</p> <p>24 Hour Wrecker Service</p> <p>Owners: Virgil & Jackie Baumfalk 421 E. 17th • Goodland, Kan. (785) 899-7375</p>	<p>S&T Telephone Cooperative wishes all students success!</p> <p>S&T Telephone Cooperative Association</p> <p>P.O. Box 99 • Brewster, Kan. • (785) 694-2256</p>
<p>USD 314</p> <p>Wishes the best to ALL Brewster Students! Go Bulldogs!</p> <p></p>	