

Aguilar defends his cross country title at Goodland High Invitational meet

By Tom Betz
The Goodland Star-News

Two Cowboy runners won medals Thursday in the season opening cross country meet at Sugar Hills Country Club.

Senior Speedy Aguilar defended his title as the senior boys winner, taking the three-mile run in 18.06. There were 42 runners, but Aguilar led the race from beginning to end.

About halfway through the race, three other runners kept close behind Aguilar, but after climbing one of the hills on the golf course, the runners turned and headed down hill.

Aguilar began to stretch his lead, and when he finished, the closest runner, Zane Peterson of Ogallala, Neb., was 30 seconds behind.

Aguilar's time was 25 seconds faster than he had run the race the year before.

"I was glad Aguilar had a chance to defend his title," said Coach Don Smith. "He ran a very good race, and when they hit that hill, he just pulled away. He has such a fluid way of running. He is very smooth, and it never looks like he is getting tired."

Other Cowboys in the junior/senior race were Daniel Blake, 14th, 20.19; James Cearley, 26th, 21.30; and Craig Mason, 32nd, 22.22

Freshman Kerek Mason was the other Cowboy to take a medal, finishing fifth in the freshman/sophomore boys race in 19.58. The top 10



Cowboy senior Speedy Aguilar led the boys junior/senior cross country race from the start, and won for the second year in a row, finishing in 18.08. Runners from Ogallala, Neb., Lakin and Ulysses stayed close for the first half of the race, but as they headed back down hill, Aguilar ran away and was leading by 30 seconds at the finish.

Photos by Tom Betz / The Goodland Star-News



Cowgirl sophomore Tiffany Thomas finished the first race of the season in 11th place with a time of 14.37.

third, Colby fourth, Lakin fifth and Ulysses seventh. Teams from Oakley and Grant, Neb., did not have enough runners to have a team score.

For the Cowgirls, sophomore Tiffany Thomas just missed a medal as she finished 11th in the freshman/sophomore girls race with a 14.37. She was five seconds behind Samantha Sherman of Ogallala, who finished at 14.32. There were 37 girls in the race.

Whitney Dautel, a Goodland freshman, was 14th at 14.47. She outran Sara Votapka of Ogallala in the final yards to beat her by two seconds.

Mara Sloan, a freshman, was 21st at 15.43, sprinting the last few yards to beat Katie Medeiros of Ulysses by a second, 15.44.

Chelsea Ontiveroz, a sophomore, was 26th at 16.20. Kalie Smith, also sophomore, did not finish, placing her 37th.

Senior Charlie Short of Sharon Springs was the only Cowgirl in the junior/senior race, and she finished 30th with a time of 18.08.

"I was pleased with how the girls ran," Smith said. "It was encouraging to see them that close to medaling this early in the season, and I think they will improve."

The Cowgirls did not have enough runners to have a team score, and were listed eighth out of the nine teams. Colby's girls won the meet with Ogallala second. Imperial third, Oakley fourth, Ulysses

fifth, Grant sixth and Lakin seventh. Quinter also did not have a team score.

"At least we had a better day for the meet," Smith said, "and it was a bit cooler than it has been."

The high school cross country teams will travel on Saturday to Wamego for a meet beginning at 8 a.m.

Following the high school races, the junior high boys and girls ran a combined one mile race with the top seven boys and girls receiving medals.

Two Mustang boys got medals, with Dustin Pennington finishing third with a time of 6.25 and Toby Hurst seventh at 6.50.

Nick Vinar was 12th at 7.18, Joseph Bondell 17th at 8.09, Tanner Oharah was 21st at 10.06 and Andrew Philbrick was 23rd at 11.48.

On the girls side, Brittany Medrano was third at 7.35, just in front of Hannah Blake who was fourth at 7.38.

Mindi Keith was 10th at 8.44; Felicia Arnold was 12th at 8.51; Cassie Cooper 15th, 9.22; Lindsey Owens 16th, 9.45; Hollie Langley 17th, 9.49; Savannah Schlink 20th, 10.26; and Mayra Lazo 21st, 11.58.

The junior high teams will travel Saturday to Stratton, Colo., for a meet.

After the Saturday's meet in Wamego, the Cowboys and Cowgirls cross country teams travel to Ulysses on Sept. 23, to Oberlin on Sept. 30 and to Lakin on Oct. 11.

Cowgirls' golf team wins season opener

By Greg Stover
The Goodland Star-News

The Goodland High girls' golf team opened its season last Thursday by winning the Trego County Golf Invitational tournament, and senior Jessica Osborn took the gold with the low score for the day.

The tournament was played on the front nine holes, from the red women's tees, at the Big Creek Golf Course in WaKeeney. The Cowgirls' 205 team score was 23 strokes better than the second team.

"The girls really played very well for their first tournament," said Coach Connie Livingood. "Some of them stepped up their game, and I think a lot of that was mentally."

Livingood said that the team's enthusiasm is super and their self motivation has come alive in the last two weeks. She said that five or six girls are shooting eight to 10 strokes better than last year and are being more consistent in their play.

"The girls are much more competitive this year," Livingood said, "which really improves the quality of the team."

Osborn was the tournament champion with an eight-over-par 42. Other medalists for the Cowgirls were freshman Brooke Whitmore with a 51 and junior Amy Cebula at 52.

"Jessica's performance was outstanding for the first tournament," Livingood said. "For a freshman, Brooke did an outstanding job. Amy also did an excellent job there. I'm just proud of all the girls' effort."

The Cowgirls will be back in action today as they host the Goodland Invitational Girls Golf Tournament at the Sugar Hills Golf Course. The varsity will play the par-35 front nine and the junior varsity the par-36 back nine. Start time is 2 p.m. Five other teams are expected to participate, with two other schools sending players to compete individually.

Brewster All-Star Booster Club

September 11 - September 16, 2003
September 11 - Junior high volleyball 4 p.m. and junior high football against Cheylin 5:30 p.m., Cross country at Quinter 4:30 p.m.
September 12 - Homecoming football against Jennings 7:30 p.m.
September 13 - Varsity volleyball at Otis-Bison 9 a.m.
September 15 - Junior varsity football at Jennings 6 p.m., Board of Education meeting 7 p.m., hearing screening.
September 16 - Cross country at Leoti 4 p.m.

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