



Luella and Doris Richardson 50 years ago



The Richardsons today

## Couple married 50 years ago

Doris and Luella (Rohr) Richardson are celebrating their 50th wedding anniversary Saturday, Oct. 4, 2003.

The couple married Oct. 4, 1953,

at the United Methodist Church in Goodland. Their children and grandchildren are requesting a card shower in their honor. Cards may be sent to 350 Rd. 72, Kanorado, Kan.

67741.

Their children are Linda and Roger Richardson and Connie Jo Johnson. Jessica and Sarah Johnson are their granddaughters.

# Mushrooms second most used hallucinogen in the United States

In the United States, hallucinogenic mushrooms are one of the most frequently used hallucinogens after LSD.

Although many species of mushrooms have psychoactive properties, Psilocybe Cubensis (Liberty Cap) mushrooms are the most commonly used species among recreational and religious users.

Other lesser-used species are Psilocybe Mexicana, Psilocybe Hoogshagenii and Psilocybe Zapotecorum. Nearly all of the psychoactive mushrooms are small, brown or tan mushrooms and look very similar to any number of non-psychoactive, inedible, or poisonous mushrooms growing in the wild.

This makes them somewhat difficult, and potentially hazardous, to identify. On the street, these mushrooms are known as Mushrooms, Magic Mushrooms, Mushies, Shrooms, Sillies, Boomers Caps or Fungus.

Native Americans in Central and South America have used Psilocybe mushrooms for thousands of years. The first European record of their use was in the 16th century writings of a Spanish priest who wrote about the Aztecs' use of both mushrooms



## cris lovington

- prevention center

and peyote.

In 1957, ethnobotanist R. Gordon Wasson became the first in modern times to document and publish a description of his own experience; it was published in *Life Magazine*. In 1968, possession of psilocybin mushrooms was made illegal in the United States.

The average dose of mushrooms is 1-5 grams. They are taken orally or, in rare occurrences, smoked. Because of the less than pleasant taste, they are often mixed with other foods or drinks. Street prices run \$5-\$20 per gram, \$100-\$300 per ounce.

In general, the hallucinogenic experience is very similar to an LSD experience, but less intense and of shorter duration.

The effects of these mushrooms can vary considerably depending on the species, but for Psilocybe mushrooms the user will typically experience effects including feelings of being out of one's body (ego loss), colorful hallucinations and distur-

tion in spatial perception, time, and color shift.

At higher doses, users may experience light-headedness; numbness of the tongue, lips or mouth; shivering or sweating; nausea and/or vomiting; and anxiety.

As with LSD, depending on the

general mood of the user, bad trips can occur.

Dependency can vary. The Merck Manual: Sixteenth Edition, published 1992, says there is no physical dependence, moderate psychological dependence and moderate tolerance.

Psilocybin is a mild to moderately habit-forming substance with no

physical addiction. It should be noted, though, that virtually any substance can be addictive, to a greater or lesser degree, depending on the user.

It is a generally accepted notion among treatment professionals that the addiction, whether physical or psychological, is the problem, not the specific substance.

Below are some treatment programs that may be useful for psilocybin users as well as others seeking help with an addiction:

- Narcotics Anonymous
- <http://www.hazelden.org/>
- <http://www.caron.org/>
- <http://www.phoenixhouse.org/>
- <http://www.alinalodge.org/>
- <http://www.hafci.org/>

## Rock Island employees gather in Goodland

Twenty-one people attended the annual Rock Island Railroad reunion on Sunday, Sept. 21, at the Goodland Senior Center.

Door prize winners were Elaine Winslow, a Rock Island desk clock; Gary Garrett, a Kansas coffee mug; and Betty Kear and Mr. and Mrs. Milburn Minkler, candles.

It was decided at the reunion that it will continue to be held the third Sunday in September so as not to interfere with the Flatlander Fall Festival.

If anyone can provide addresses of former employees, contact Shirley Soellner, 222 Center, Goodland, Kan. 67735. The next reunion will be Sept. 19.

## New Listings



**817 Harrison...**Lots of room for your family....5 bedroom, 2 1/2 bath bi-level. Living room, family room with gas fireplace, 2nd family room or rec room, master bedroom with newly remodeled bath and walk-in closet, kitchen with stove, microwave and dishwasher plus breakfast bar. Some of the extras include steel siding, central heat and air, fenced yard, storage shed, covered patio.....\$97,000. Please contact Donna Moore for your private showing.



**901 Walnut...** Owner says "bring me an offer", 3 bedroom, 1 bath brick ranch with carport and garage, central heat and air, underground sprinklers. \$47,000. Please call Donna Moore to look inside.



**711 Harrison....**Big living room/dining room/kitchen plus family room with ventless gas fireplace, 3 bedrooms and 1 bath. There's a double car garage, heated workshop, sprinkler system, thermal pane windows plus lots more. \$74,000. Please let Donna show you this nice home

Cynthia Butts, 899-3944; Donna Moore 899-6159.  
**RICHARDSON'S HOMESTEAD REALTY, INC.**  
1023 Main • Goodland, KS 67735  
785-899-2328 or 1-800-974-2426 **MLS**  
OR E-MAIL US AT: [homested@goodland.ikxs.com](mailto:homested@goodland.ikxs.com)  
Visit our website: [www.goodlandksrealestate.com](http://www.goodlandksrealestate.com)

# Silk display opens Sunday

Silk paintings by Kansas Artist Diane Lawrence will be on display at the Carnegie Arts Center this month. The show will open with a reception from 1-3 p.m. Sunday and will continue through Friday, Oct. 31.

Silk painting produces vibrant colors. Fabric dye is applied with a brush on stretched, white silk. Many types of resists can be used to control the dye.

After the painting is completed, the silk is steamed to set the dye, then washed and ironed. The silk painting is archival in permanence and light fastness.

The dye and the shimmering quality of the silk produce incredible color.

"Forms that radiate vibrant color energize my soul and lead me on a delightful journey into expression with watercolor on silk," Lawrence said. "The vehicle for this color discovery may be a brilliant poppy or a shimmering fish; they are both wondrous creations of nature and celebrations of life."

Originally from St. Louis, Lawrence graduated from the Kansas City Art Institute and taught in the Independence, Mo., school district. She has lived in Kansas since 1975.

Her watercolors have been selected for many exhibitions, including the prestigious Watercolor U.S.A. exhibit. Her work has been published by Leanin' Tree and chosen for corporate and private collections, including Hays Medical Center, First National Bank in Chicago and First Charter Bank in Kansas City.

She was interviewed on "Kansas Art Today," demonstrating her most recent love and challenge, silk painting.

Her work can be viewed from 10 a.m. to 5 p.m. Tuesday-Friday and 1-4 p.m. Saturday-Monday at the center.

## Worship warms the heart



### Calvary Gospel Church

**Pastor:** Rev. Steve Rains  
Fourth & College • 899-3605  
**Sunday:** Sunday School: 9:15 am  
Morning Service: 10:30 am  
Small Group Ministries  
**Wednesday:** Prayer and Worship: 7:00 p.m.  
Youth @ the Rock House: 7:00 p.m.

### Our Lady of Perpetual Help

**Pastor:** Father Norbert Dlabal  
307 W. 13th • 899-7205  
**Sacrament of Reconciliation:**  
4:30-5 pm Saturday or by appointment  
**Mass Schedule:**  
Saturday: 6 pm, Sunday: 10:30 am  
**Spanish Mass:**  
1st & 3rd Sunday: 2 pm

### Sonrise Christian Church

Ninth & Caldwell • 899-5398  
**Minister:** Tony Kafka  
**Youth Minister:** Doug Bean  
**Sunday:** Worship Service: 9:30 am  
Sunday School: 10:45 am  
**Wednesday:**  
Junior/Senior High Meeting: 7 pm  
Adult & Children's Classes: 7 pm

### Word of Life

**Foursquare Church**  
10th & Clark • 899-5250  
**Pastor:** John Coumerilh  
**Service Schedule:**  
**Sunday:** Worship Celebration  
and Kids' Church: 10:30 am  
First Wednesday: K.W.A.M.!  
Grades 1 through 5: 7 p.m.

### Pleasant Home Church

**Serving the rural community for over 100 years**  
Rt. 1, Box 180 • 694-2807 • 3190 Road 70  
**Pastor:** Charlie Busch  
694-2242  
**Sunday:** Worship Service: 9 am  
Sunday School: 10 am  
Evening Service: 6 pm

### Bible Baptist Church

**Pastor:** Glenn Hermanson  
Fifth & Broadway  
899-7368  
**Sunday:** Sunday School: 9 am  
Morning Service: 10 am  
Evening Service: 6:30 pm  
**Wednesday:** Evening Bible Study: 7 pm

### Church of Jesus Christ of Latter-Day Saints

1200 15th Street • Burlington, CO  
(719) 346-7984  
**Sacrament Meeting:** 10 am  
**Sunday School:** 11:15 am  
**Priesthood/Relief Society:** 12 am

### Iglesia Del Dios Vivo

La Luz Del Mundo  
Spanish Speaking Church  
**Minister:** Esteban Ortiz B.  
1601 Texas • 899-5275  
**Daily Prayer:** Sunday thru  
Saturday: 5 am & 6 pm  
**Sunday:** Sunday School: 10 am

### United Methodist Church

**Brewster:**  
**Pastor:**  
Worship Service: 10:45 am CST  
Sunday School: 9:45 am CST  
**Winona:**  
**Minister:** Rev. Bob Winters  
Worship Service: 9 am CST  
Sunday School: 10:15 am CST

### First Christian Church

**(Disciples of Christ)**  
**Pastor:** Loren Strait  
Eighth & Arcade • 899-5233  
**Sunday:** Worship Service: 10:30 am  
**Sunday School:** 9:15 a.m.  
**Activities:** Junior High & High School Youth Groups,  
Adult Bible Study, Choir, Men's and Women's Groups,  
Devotions Study, Monthly Fellowship  
**Special Notice:** Handicap Accessible, Hearing  
Assistance Equipment and Infant and Toddler  
Nurseries Available

### Kanorado United Methodist Church

**Pastor:** Leonard Cox  
399-2468  
**Sunday:** Sunday School: 9 am  
Worship Service: 10:15 am

### Church of the Nazarene

**Pastor:** Matthew Delp  
Third & Caldwell  
899-2080 or 899-3797  
**Sunday:** Sunday School: 9:45 am  
Worship Service: 10:50 am  
Evening Service: 6 pm  
**Wednesday:** Evening Service: 7 pm

### First United Methodist Church

1116 Sherman  
899-3631  
**Pastor:** Rev. Janet Hernandez  
**Sunday:** Sunday School: 9:15 am  
Worship Service: 10:30 am  
**Saturday:** Informal worship 5:30 p.m.

### Goodland Bible Church

109 Willow Road • 899-6400  
**Pastor:** Chad DeJong  
**Sunday:** Sunday School: 9:45 am  
Morning Worship: 11 am  
Evening Worship: 6 pm  
**Wednesday:** AWANA (Winter)  
and prayer: 7 p.m.

### First Baptist Church

**Pastor:** Bud Chester  
Fifth & Center • 899-3450  
**Sunday:** Sunday School: 9:15 am  
Morning Worship: 10:30 am  
Evening Worship: 6:30 pm  
**Tuesday:** Mens' Prayer Group: 6:00 am  
**Thursday:** Night Bible Study: 7:00 pm

### St. Paul's Episcopal Church

13th & Center  
Church 890-2115 or Rectory 890-6969  
**Priest:** Father Jerry Jones  
**Deacon:** Sister Gretchen T. Good-Pankratz  
Morning Prayer: 9:30 am, 4th & 5th Sundays  
**Holy Eucharist:** 1st, 2nd and  
3rd Sundays: 9:30 a.m.  
Sr. Warden for emergencies during the week 899-3320

### Grace Fellowship Church

104 E. Hwy 24 • 899-6423  
**Pastor:** Bob Snyder •  
Residence: 890-0134  
**Sunday:** Sunday School: 10 am  
Worship Service: 11 am  
Youth Group at Gattshall's at 5:30 pm  
Adult Bible Study 6 pm

### Seventh Day Adventist Church

1160 Cattletrail  
**Pastor:** Arlin Cochran • 785-332-2888  
**Saturday:** Sabbath School: 9:30 am  
Worship Service: 11 am

### Emmanuel Lutheran Church

13th & Sherman • 890-6161  
**Pastor:** Scott Grimshaw  
**Sunday:** Christian eduction/fellowship:  
10:15 a.m.  
Worship Service: 9 am  
**Wednesday:** Confirmation: 6 pm

### Church of Christ

401 Caldwell  
899-6185  
**Sunday:** Bible Study: 9:45 am  
Worship Service: 10:45 am  
**Wednesday:** Bible Study: 7 pm

**The following sponsors urge YOU to attend your chosen House of Worship this Sabbath:**

**Short & Son Trucking**  
Hwy. 24

**Koons Funeral Chapel**  
North Main

**Good Samaritan Center**  
208 W. 2nd

**Goodland Star-News**  
1205 Main