

Down's people have full and meaningful lives

DEAR ABBY: Your readers may have seen articles about a university professor who killed her infant daughter and then days later, herself. The professor said that she killed her daughter, who had Down syndrome, because she "didn't want her to suffer."

Far from suffering, people with Down syndrome can live full and meaningful lives. Last month, more than 1,600 parents, professionals, ad-



abigail van buren

• dear abby

vocates and siblings attended our national convention to celebrate the lives and possibilities of persons with Down syndrome.

People and resources are available in each state to help with concerns related to postpartum depression, other forms of mental illness, and issues related to raising a child with a disability. Please inform your readers with questions related to Down syndrome that the NDSC toll-free hotline is

(800) 232-6372; our Web site is www.ndscenter.org. — DAVID TOLLESON, EXECUTIVE DIRECTOR, NATIONAL DOWN SYNDROME CONGRESS

DEAR DAVID: I have had many requests from readers asking me to reprint a wonderful essay that was penned by Emily Perl Kingsley, the mother of a child with Down syndrome. Because October is National Down Syndrome Awareness Month, I can think of no better time to do it. Her essay is dedicated to the families of all children who cope with disabilities.

WELCOME TO HOLLAND by Emily Perl Kingsley
I am often asked to describe the experience of raising a child with a disability — to try to help people who

have not shared the unique experience to understand it, to imagine how it would feel. It's like this:

When you're going to have a baby, it's like planning a fabulous vacation trip — to Italy. You buy a bunch of guidebooks and make your wonderful plans. The Coliseum, Michelangelo's "David." The gondolas in Venice. You may learn some handy phrases in Italian. It's all very exciting.

After months of eager anticipation, the day finally arrives. You pack your bags and off you go. Several hours later, the plane lands. The flight attendant comes and says, "Welcome to Holland."

"Holland?" you say. "What do you mean, Holland? I signed up for Italy!

I'm supposed to be in Italy. All my life I've dreamed of going to Italy."

But there's been a change in the flight plans. They've landed in Holland and there you must stay.

The important thing is that they haven't taken you to a horrible, disgusting, filthy place full of pestilence, famine and disease. It's just a different place.

So you must go out and buy new guidebooks. You must learn a whole new language. And you will meet a whole new group of people you would never have met.

It's just a different place. It's slower-paced than Italy, less flashy than Italy. But after you've been there for a while and you catch your breath,

you look around and you begin to notice that Holland has windmills, Holland has tulips, Holland even has Rembrandts.

But everyone you know is busy coming and going from Italy, and they're all bragging about what a wonderful time they had there. And for the rest of your life, you will say, "Yes, that's where I was supposed to go. That's what I had planned."

And the pain of that will never, ever go away, because the loss of that dream is a very significant loss.

But if you spend your life mourning the fact that you didn't get to Italy, you may never be free to enjoy the very special, the very lovely things about Holland.

TUESDAY EVENING		E=Eagle Cable S=S&T Telephone OCT. 28, 2003									
E	S	6 pm	6:30	7 pm	7:30	8 pm	8:30	9 pm	9:30	10 pm	10:30
2	2	PBS	Nova "Elegant Universe" Columbia University physicist Brian Greene explains string theory. (N) (N)			Gift of Life (N) (N)		As Time Goes By	That's My Boy	Charlie Rose (N) (N) (N)	
3	35	IND	★★★ "Jerry Maguire" (1996, Comedy-Drama) Tom Cruise, Cuba Gooding Jr. A crisis of conscience costs a sports agent his job. (N) (N)					(:10) ★★★ "Snatch" (2000, Drama) Benicio Del Toro, Dennis Farina. (N)			
4	6	ABC	Charlie Brown I'm With Her (N) (N)	According to Jim (N)	Less Than Perfect (N)	NYPD Blue "Andy Appleseed" (N) (N)		News (N)	(:35) Nightline (N)	(:06) Jimmy Kimmel Live Pat O'Brien. (N) (N)	
5	14	HBO	(5:30) "Fly Away Home" (1996), Anna Paquin (N)	★★★ "Farewell to the King" (1989, Drama) Nick Nolte, Nigel Havers. (N) (N)	PG-13 (N)		★★★ "White Oleander" (2002, Drama) Alison Lohman, Robin Wright Penn. (N) (N)	News (N)	(:35) Late Show Courtney Cox; Doris	(:37) Late Late Show	
7	11	CBS	Navy NCIS "The Curse" (N) (N)	Guardian "Let's Spend the Night Together" (N)		Judging Amy "Into the Fire" (N) (N)		News (N)	(:35) Tonight Show (N)	(:37) Late Night (N)	
8	8	NBC	Whoopi (N) Happy Family (N)								
11	82	TVLND	Gilligan	Jeannie	Jeannie			I Love Lucy	Jeannie	MacGyver (N)	
12	56	ESPN	Playmakers	Playmakers (N)	Playmakers			SportsCenter (Live) (N)	Playmakers		
13	7	FOX	Next Joe Millionaire: An International Affair (N)	24 "Day 3: 1:00 - 2:00 PM" (N) (N)		Fox Report With Shepard Smith (N)		Cagney & Lacey "Hopes and Dreams"	Kojak "Before the Devil Knows"		
15	29	MAX	(4:30) ★★★ "Sleepers", Robert De Niro 'R'	★★★ "Pretty Woman" (1990, Comedy-Drama) Richard Gere, Julia Roberts. (N) (N)			★★★ "Eight Legged Freaks" (2002) David Arquette, Kari Wuhrer. (N)			(:45) 2 Plus 2	
16	41	SPK	Real TV (N)	Real TV (N)	Blind Date	Blind Date	Cheers (N)	Cheers (N)	Star Trek: Next Gener.	Joe Schmo (N)	
17	44	DISN	Kim Possible Proud Family (N)	Sister, Sister (N)	Even Stevens (N)	Sister, Sister (N)	Lizzie McGuire	"Don't Look Under the Bed" (1999, Fantasy) Erin Chambers, Eric "Ty" Hodges II. (N)			
18	63	LIFE	Unsolved Mysteries (N)	★★ "Seeds of Deception", George Dzundza		Golden	Golden	Nanny (N)	Nanny (N)		
20	34	USA	Law & Order	"Exited: A Law & Order Movie", Jerry Orbach		Law & Order	Dead Zone (N)				
21	24	SHOW	(5:30) ★★★ "Radio Days", Dianne Wiest	★★ "Rat Race" (2001, Comedy) Rowan Atkinson, John Cleese. (N) (N)	PG-13 (N)		★★★ "Bang Bang You're Dead" (2002) Tom Cavanaugh, Ben Foster. (N)		"Sum Fears",		
22	26	TMC	"Yongary", Chungling (N)	(:45) ★★★ "Hotel de Love" (1996, Comedy) Si-Aden Young. (N)		★ "Car 54, Where Are You?" (1994), John C. McGinley (N)		"What's Love", Laurence Fishburne			
23	77	MTV	TRL (iTV) (N)	Real World	Real World	Direct Effect (N)		Real World	Real World	Real World	
24	50	DISC	Second Opinion With Doctor Oz (N)	Meanest Animal in the World? (N)		FBI Files "A Master Plan"		New Detectives: Forensic Science			
28	37	TNT	NBA Basketball Phoenix Suns at San Antonio Spurs. (N)			NBA Basketball Dallas Mavericks at Los Angeles Lakers. (N)					
30	55	FXSP	NASCAR Rocky Mt.	Avalanche	NHL Hockey Calgary Flames at Colorado Avalanche. (Live)		Rocky Mt.	Rocky Mt.			
32	46	FAM	★ "Autumn in New York", Winona Ryder			Whose?	Whose?	700 Club (N)	GrowPains	GrowPains	
33	9	NBC	News (N)	Ent. Tonight	Whoopi (N)	Happy Family (N)	Fraser (N)	Good Morning	Law & Order: Special Victims Unit "Coerced"	News (N)	(:35) Tonight Show
34	43	NICK	SpongeBob	Sabrina	Full House	Full House	Cosby	Cosby	Roseanne	Roseanne	Cosby
36	53	A&E	Biography "Linda Blair" (N) (N)		Cold Case Files "Mommy Dearest" (N)		MI-5 "A Very Corporate Coup" (N) (N)		Third Watch "Snow Blind" (N) (N)	Biography "Linda Blair" (N)	
38	83	SCIFI	Roswell Crash	New Roswell: Kecksburg	Exposed (N) (N)		★ "Devil's Prey" (2001),		Ashley Jones (N) (N)		
39	51	TLC	While You Were Out (N)	Clean Sweep "Sock It to Me"		Secrets of Forensic Science (N)		Mostly True Stories: Urban Legends Revealed		Mostly True Stories: Urban Legends Revealed	
40	38	FX	Buffy Vampire	Married...	Married...	Cops (N)	Cops (N)	★★ "Bless the Child" (2000), Jimmy Smits			
45	31	FMC	(:01) "The French Connection", Roy Scheider			"The Doctor and the Devils", Jonathan Pryce		Altman: Terms			
49	81	EITV	Janet Jackson: THS	Whitney & Bobby: The E!	True Hollywood Story	Howard S.	Howard S.	Wild On...			
51	86	TRAV	Haunted Hotels	Secrets (N)		Kings of the Road (N)	Haunted Hotels	Secrets (N)			
53	3	WB	Friends (N)	Everybody-Raymond	Gilmore Girls "An Affair to Remember" (N) (N)		One Tree Hill "Every Night Is Another Story"	News (N)	Friends (N)	Will & Grace (N)	
54	57	ESPN2	NHL Hockey: Mighty Ducks at Rangers			NHL 2Night Streetball	Streetball	Interruption		Outside	NFL Live
58	52	HIST	Modern Marvels Technological breakdowns.	Tactical to Practical (N) (N)		Investigating History Outlaw Jesse James. (N)		History's Mysteries "Witchcraft" (N)		Modern Marvels Technological breakdowns.	
59	-	HLTH	Doctors Diaries (N)	Diary	Diary	Health Specials (N)	Doctors Diaries (N)	Diary	Diary		
60	89	UNIV	Velo de Novia	Niña... Amada Mia		Casos de la Vida Real	P. Impacto	Noticiero	En las Mejores Familias		
62	67	HGTV	Outer	Decorating	Sensible	Design	Designers' Designers'	Design	Design	Outer	Decorating
99	36	WGN	★★ "Critters 4" (1992),	Paul Whitthorne (N)		News (N) (N)	Becker (N)	Will-Grace	Osbourne Show		

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WEDNESDAY EVENING		E=Eagle Cable S=S&T Telephone OCT. 29, 2003									
E	S	6 pm	6:30	7 pm	7:30	8 pm	8:30	9 pm	9:30	10 pm	10:30
2	2	PBS	Great Performances: Los Angeles Philharmonic-Walt Disney	American Masters "James Brown: Soul Survivor" (N) (N)		As Time Goes By	Two's Company	Charlie Rose (N) (N) (N)			
3	35	IND	Seinfeld (N)	Seinfeld "The Limo" (N)		Ripley's Believe It or Not!	★★ "Small Soldiers" (1998, Action) (PA) Kirsten Dunst, Gregory Smith. (N)			Ripley's Believe It or Not!	
4	6	ABC	My Wife and Kids	It's All Relative (N)		Bachelor (N) (N) (N)	Karen Sisco "Nostalgia" (N) (N) (N)	News (N)	(:35) Nightline (N)	(:06) Jimmy Kimmel Live (N) (N) (N)	
5	14	HBO	(5:00) "The Tuskegee Airmen", Allen Payne	★★★ "In Pursuit of Honor" (1995, Drama) Don Johnson, Craig Sheffer. (N) (N)		Legends	K Street (N)	Carnivale "The River" (N)			
7	11	CBS	60 Minutes II (N) (N)	King of Queens (N)	Becker (N)	48 Hours Investigates	News (N)	(:35) Late Show Keanu Reeves; Sue Johanson.	(:37) Late Late Show		
8	8	NBC	Ed (N) (N) (N)	West Wing "Constituency of One" (N) (N)		Law & Order "Blaze" (N)		News	(:35) Tonight Show (N)	(:37) Late Night (N)	
11	82	TVLND	Leave	Leave	Sanford	Bewitched	Griffith	Leave	I Love Lucy	Jeannie	MacGyver (N)
12	56	ESPN	NBA Basketball Orlando Magic at New York Knicks. (Live) (N)	NBA Basketball Cleveland Cavaliers at Sacramento Kings. (N)							
13	7	FOX	That '70s Show	Stan Hooper (N)	The O.C. "The Rescue" (N)	Fox Report With Shepard Smith (N)		Cagney & Lacey (N)		Kojak "Dead on His Feet"	
15	29	MAX	"Gang", Tupac	★★★ "A.I.: Artificial Intelligence" (2001) Haley Joel Osmont, Jude Law. A robotic boy that feels love yearns to be real.		★★★ "High Crimes" (2002, Suspense) Ashley Judd, Morgan Freeman. (N) (N)					
16	41	SPK	Real TV (N)	Real TV (N)	Blind Date	Blind Date	Cheers	Cheers	Star Trek: Next Gener.	"Fri 13th 6", Jennifer	
17	44	DISN	Kim Possible Proud Family (N)	Sister, Sister (N)	Even Stevens (N)	Sister, Sister (N)	Lizzie McGuire	"Halloweentown II: Kalabar's Revenge" (2001), Kimberly J. Brown	(:35) Even Stevens		
18	63	LIFE	Unsolved Mysteries (N)	"Someone Is Watching" (1999), Mickey Toft (N)		Golden	Golden	Nanny (N)	Nanny (N)		
20	34	USA	Law & Order	★★ "Bride of Chuck" (1998), Katherine Heigl		Law & Order	JAG "Second Sight" (N)				
21	24	SHOW	(4:45) ★★★ "The Score", Edward Norton	★★★ "Married to the Mob" (1988, Comedy) Michelle Pfeiffer, Matthew Modine. (N) (N)		★★★ "The Others" (2001, Horror) Nicole Kidman, Christopher Eccleston. (N) (N)					
22	26	TMC	"LoveBall", Hope	(:45) ★★ "Say Yes" (1986, Comedy) Lissa Laying, Art Hindle.		(:15) ★★ "Playing Mona Lisa" (2000, Comedy) Alicia Witt, Harvey Fierstein. (N)		"Changing Lanes", Samuel L. Jackson (N)			
23	77	MTV	TRL (iTV) (N)	Made (N)	Direct Effect (N)	Hard Rock	Cribs (N)	Punk'D (N)	Rich Girls		
24	50	DISC	Second Opinion With Doctor Oz (N)	Rhino: Built to Last		Peter: Jesus' Fisherman (N)		Who Was Paul? (N)			
28	37	TNT	Law & Order (N) (DVS)	★★★ "The Shawshank Redemption" (1994, Drama), Morgan Freeman		X-Files "Ascension"					
30	55	FXSP	Nuggets	Nuggets	NBA Basketball San Antonio Spurs at Denver Nuggets. (Live)	Rocky Mt.	Best-Sports				
32	46	FAM	"4 Weddings", Andie MacDowell		Whose?	Whose?	700 Club (N)	GrowPains	GrowPains		
33	9	NBC	News (N)	Ent. Tonight	Ed (N) (N) (N)	West Wing "Constituency of One" (N) (N)	Law & Order "Blaze" (N)	News (N)	(:35) Tonight Show		
34	43	NICK	Neutron	Sabrina	Full House	Full House	Cosby	Cosby	Roseanne	Roseanne	Cosby
36	53	A&E	Biography: Jamie Lee Curtis-Girl Next Door	American Justice "The Yosemite Killer" (N) (N)		Fashion Rocks The world's leading fashion designers. (N) (N)		Biography: Jamie Lee Curtis-Girl Next Door			
38	83	SCIFI	"DeathHer", Bruce Wil	★★★ "The Firefighters" (1996), Trini Alvarado		★★★ "Psycho" (1998), Anne Heche (N) (N)					
39	51	TLC	While You Were Out (N)	Clean Sweep "Barbie's Fantasy Clutter House"		Secrets of Forensic Science (N)		Junkyard Wars "Backpack Cars"			
40	38	FX	Buffy Vampire	Married...	Married...	Cops (N)	Cops (N)	★★★ "Alien 3" (1992), Charles S. Dutton			
45	31	FMC	(:01) "The Verdict" (1982), Charlotte Rampling			(:01) ★★ "Vault of Horror" (1987), Michael Craig		"Night-Jim", Ann Mag			
49	81	EITV	JonBenet Ramsey	Infamous	Celebrities Uncensored	Howard S.	Howard S.	Wild On... "H2O"			
51	86	TRAV	Haunted New England	World Poker Tour "San Francisco" (N)		Haunted New England	World Poker Tour (N)				
53	3	WB	Friends (N)	Everybody-Raymond	Smallville "Perry" (N) (N)	Angel "Life of the Party" (N) (N)		News (N) (N)	Friends (N) (N)	Will & Grace (N)	
54	57	ESPN2	NHL Hockey St. Louis Blues at Detroit Red Wings.			NHL 2Night NFL Films		Interruption	Outside	NFL Live	
58	52	HIST	Modern Marvels "Non-Lethal Weapons" (N)			Modern Marvels "FBI's Crime Lab" (N) (N)		Amityville: The Haunting (N)		Modern Marvels "Non-Lethal Weapons" (N)	
59	-	HLTH	Doctors Diaries (N)	Diary	Diary	Health Specials (N)	Doctors Diaries (N)	Diary	Diary		
60	89	UNIV	Velo de Novia	Niña... Amada Mia		Don Francisco Presenta	P. Impacto	Noticiero	En las Mejores Familias		
62	67	HGTV	House	Spaces	Weekend	Mission	Curb	Curb	Restore	If Walls	House
99	36	WGN	★★ "The Horror Show" (1989), Brion James (N)			News (N) (N)	Becker (N)	Will-Grace	Osbourne Show		

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THURSDAY EVENING						E=Eagle Cable S=S&T Telephone		OCT. 30, 2003				
E	S		6 pm	6:30	7 pm	7:30	8 pm	8:30	9 pm	9:30	10 pm	10:30
2	2	PBS	Sunflower Journeys	Kansas Arts Today	New This Old House Hour (N) (N)		Frontline/World (N) (N)		As Time Goes By	Keeping Up	Charlie Rose (N) (N)	
3	35	IND	★★★ "The Mummy" (1999) Brendan Fraser, Rachel Weisz. Foolhardy explorers become wrapped up with an evil mummy.					(:40) ★★★ "The Mummy" (1999, Horror) (PA) Brendan Fraser, Rachel Weisz. (N) (DVS)				
4	6	ABC	Threat Matrix "Alpha-126" (N) (N)		Extreme Makeover (N) (N)		Primetime Thursday (N)		News (N)	(:35) Nightline (N)	(:06) Jimmy Kimmel Live Ludacris. (N) (N)	
5	14	HBO	(5:30) Re-verb (N) (N)	★★★ "Real Women Have Curves" (2002), Lupe Ontiveros PG-13 (N)			Real Sports (N) (N)		Inside the NFL (N) (N)		★★★ "Panic Room" (2002), Forest Whitaker	
7	11	CBS	Survivor: Pearl Islands "What the...?" (N) (N)	CSI: Crime Scene Investigation (N) (DVS)			Without a Trace "Copy Cat" (N) (N)		News (N)	(:35) Late Show Eric McCormack; Dante Hall.	(:37) Late Late Show	
8	8	NBC	Friends (N) (N)	(:43) Will & Grace Leo's love of New York. (N) (N)	(:23) Scrubs (N)		(7:59) ER "Out of Africa" (N) (N) (N)		News (N)	(:35) Tonight Show (N) (N)	(:37) Late Night (N)	
11	82	TVLND	Leave	Leave	Sanford	Bewitched	Griffith	Leave	I Love Lucy	Jeannie	MacGyver (N)	
12	56	ESPN	(5:30) College Football Boise State at Brigham Young. (N)				SportsCenter (Live) (N)		Outside	Season		
13	7	FOX	Tru Calling "Pilot" (Series Premiere) (N) (N)	Skin "Secrets & Lies" (N) (N)			Fox Report With Shepard Smith (N)		Cagney & Lacey "Affirmative Action" (N)		Kojak "Down a Long and Lonely River"	
15	29	MAX	(:05) ★★★ "Unlawful Entry" (1992, Suspense) Kurt Russell, Ray Liotta. (N) (N)				★★★★ "The Godfather" (1972, Drama) Marlon Brando, Al Pacino. A mafia patriarch tries to hold his empire together. (N) (N)					
16	41	SPK	Real TV (N)	Real TV (N)	Blind Date	Blind Date	Cheers (N)	Cheers (N)	Star Trek: Next Gener.	Elimination	Elimination	
17	44	DISN	Kim Possible Proud Family (N)	Sister, Sister (N)	Even Stevens (N)		Sister, Sister (N)	Lizzie McGuire	★★★ "The Little Vampire" (2000, Fantasy) Jonathan Lipnicki, Richard E. Grant. PG (N)			
18	63	LIFE	Unsolved Mysteries (N)	"Seduced and Betrayed" (1995), David Charvet			Golden	Golden	Nanny (N)	Nanny (N)		
20	34	USA	Law & Order	★★ "Carrie" (2002, Horror) Angela Bettis, Patricia Clarkson. (N) (DVS)			Clarkson. (N) (DVS)		Law & Order			
21	24	SHOW	Filmmaker Showcase	(:45) ★★★ "The Maldonado Miracle" (2003) Peter Fonda, Mare Winningham. (N) (N)			What's Going On?		"Possessed" (2000, Horror) Timothy Dalton, Christopher Plummer. (N) (N)			
22	26	TMC	"First-Time", Wes Reed, Michael J. Pollard.	★★ "Hannibal Brooks" (1969) Oliver Reed, Michael J. Pollard.			(:15) ★★ "Joe the King" Fleiss, Val Kilmer. (N) (N)				★ "Mexico City" (2000), Robert Patrick	
23	77	MTV	TRL (TV) (N)	Cribs (N)	Cribs (N)		Cribs (N)	Mk Movie	Punk'D (N)	Bam TV (N)	Wild Boyz	Bad Trip
24	50	DISC	Second Opinion With Doctor Oz (N)	Anaconda: Giant Snake of the Amazon (N)			New Detectives: Forensic Science		Little Lost Souls: Children Possessed? (N)		Wild Child: The Story of Feral Children (N)	
28	37	TNT	NBA Basketball Denver Nuggets at Houston Rockets. (N)				NBA Basketball Cleveland Cavaliers at Phoenix Suns. (N)					
30	55	FXSP	NASCAR Rocky Mt.	FOX One 54321			Best Damn Sports Show Period (Live) (N)				Rocky Mt. Best-Sports	
32	46	FAM	"The Haunting of Sarah Hardy" (N)	Whoze? (N)			Whoze? (N)		700 Club (N)		GrowPains	GrowPains
33	9	NBC	News (N)	Ent. Tonight	Friends (N) (N)	(:43) Will & Grace Leo's love of New York. (N) (N)	(:23) Scrubs (N)		(8:59) ER "Out of Africa" (N) (N) (N)		News (N)	(:35) Tonight Show
34	43	NICK	ChalkZone Sabrina	Full House	Full House	Roseanne	Roseanne	Roseanne	Roseanne	Roseanne	Roseanne	Roseanne
36	53	A&E	Biography: Anne Rice: Vampires, Witches	★★★ "Reservoir Dogs" (1992, Drama) Harvey Keitel, Tim Roth. Violent thieves ponder the identity of a police informant.					Cold Case Files (N)		Biography: Anne Rice: Vampires, Witches	
38	63	SCI	"Urban", Alicia Witt	★ ★ "The Faculty" (1998), Clea DuVall (N)					"I Still Know What You Did", Freddie Prinze Jr.			
39	51	TLC	While You Were Out "Oregon: 29th Avenue"	Clean Sweep			Monsters: Put to the Test! (N) (N)		Industrial Wonders "Brooklyn Bridge"		America's Ghost Hunters (N)	
40	38	FX	Buffly Vampire	Married... Married...			Cops (N)	Cops (N)	★★★ "Halloween" (1978), Donald Pleasence			
45	31	FMC	(:01) ★★ "Just Imagine", Maureen O'Sullivan				(:01) "Tales From the Crypt" (1972), Joan Collins		"Letter to 3", Linda Dar			
49	81	E!TV	Lisa Marie: The El True	Hollywood Story (N) (N)			Good to Be Love Chain		Howard S. Howard S.		Wild On...	
51	86	TRAV	Haunted Hotels	Haunted Plantation			Curses of New England		Haunted Hotels		Haunted Plantation	
53	3	WB	Friends (N)	Everybody-Raymond	Steve Harvey	Jamie Kennedy	What I Like About You	Run of the House (N)	News (N) (N)		Friends (N)	Will & Grace (N)
54	57	ESPN2	NHL Hockey Philadelphia Flyers at New Jersey Devils. (N)				NHL 2Night		Playmakers (N)		NFL Live	NFL Great
58	52	HIST	Saints Preserved! (N) (N)	Bloodlines: The Dracula Family Tree (N) (N)			Modern Marvels "The Exterminator" (N)		Bigfoot and Other Monsters (N)		Saints Preserved! (N)	
59	-	HLTH	Doctors Diaries (N)	Diary	Diary		Health Specials (N)		Doctors Diaries (N)		Diary	Diary
60	89	UNIV	Velo de Novia	Niña... Amada Mia			Aqui y Ahora		P. Impacto	Noticiero	En las Mejores Familias	
62	67	HGN	Weekend Landscap	Designing Designers			House	House	House	ExtrmHms	Weekend Landscap	
99	36	WGT	★★ "Embrace of the Vampire", Martin Kemp				News (N) (N)		Becker (N)	Will & Osbourne Show		