

Single woman struggles to end relationship

DEAR ABBY: I am 38 and was in a relationship for 12 years. We had three beautiful children together. "John" started cheating on me a few months after we began dating and wound up cheating on me 14 times throughout our relationship. He has been into the drug scene and served some time in prison for setting a church fire. John and I never married, but I



abigail van buren

• dear abby

remained faithful to him. He has been in a federal prison for almost five years, but we communicate through letters and phone calls. I have no trust in this relationship anymore and get aggravated when I hear his voice. I want to move on, but something keeps holding me back. I feel I am running out of time. Can you help me figure out what to do with my life, Abby? —

KATIE IN WEST VIRGINIA
DEAR KATIE: Wake up and smell the coffee. The man to whom you have given your heart is a philandering, drug-using pyromaniac. He has no respect for the house of God and what it represents, and if he loved you and his children, he would have married you and shown some responsibility years ago.
Here is what to do with your life: Stop accepting his phone calls. If you haven't already done so, figure out how you are going to support yourself and the children.
Your future is ahead of you, so stop looking backward. There is no

reason you cannot have a full life and a rewarding relationship with a man if you want it.
But regardless of what he might say or promise, that man isn't John, so let him go. Concentrate on the present, and the future will take care of itself.
DEAR ABBY: My relationship with "Horace" has been going well for several months. We're both in our early 40s.
He drives 100 miles each weekend to spend time with me. The problem is he has a bad case of sleep apnea and refuses to see a doctor.
I am afraid he'll have a heart at-

tack in his sleep. Horace is a heavy guy and he snores so loud the neighbors complain. He holds his breath, then jerks around until he can gasp air in again. It's scary.
I know there's treatment for this, but Horace is sure he'll need surgery. He hasn't been to a doctor since he was a child, and I think he's afraid he'll have to change his lifestyle. Any advice would be appreciated. — CAROLE IN CLEVELAND
DEAR CAROLE: Horace has a serious medical problem. Tell him that you care for him and think you have a future together — but only if he's living. There are treatments

for sleep apnea that don't require surgery. The first step is for Horace to consult a sleep disorder specialist and be properly evaluated. Since he doesn't have a physician, perhaps your doctor could suggest a clinic.
Another source of information that could be helpful is apneanet.org. It provides a forum that facilitates the exchange of information and ideas for persons affected by this condition.
There is a solution to Horace's problem. However, to find it he must behave like an adult and face the fact that he has a problem.

SATURDAY EVENING												E-Eagle Cable S=S&T Telephone NOV. 8, 2003											
E	S		6 pm	6:30	7 pm	7:30	8 pm	8:30	9 pm	9:30	10 pm	10:30											
2	2	PBS	Lawrence Welk Show "Those Were the Days"		Keeping Up	As Time Goes By		Two's Company	New Red Green		Austin City Limits (N)	Soundstage "The Last DJ" (N)											
3	35	IND	(5:30) *** "Lethal Weapon" (1987, Drama) (PA) Mel Gibson, Danny Glover. (N)					College Football	California at Oregon. (Live)														
4	6	ABC	*** "102 Dalmatians" (2000, Adventure) Glenn Close, Ioan Gruffudd. Premiere. (N) (DVS)					L.A. Dragnet "Retribution" (N) (N) (N)			News (N)	(:35) Entertainment Tonight (N) (N)											
5	14	HBO	(:15) *** "Harry Potter and the Sorcerer's Stone" (2001) Daniel Radcliffe, Rupert Grint. J.K. Rowling's student wizard has his first adventure. (N)					*** "Harry Potter and the Chamber of Secrets" (2002) Daniel Radcliffe, Rupert Grint. PG-			*** "Harry Potter and the Chamber of Secrets" (2002) Daniel Radcliffe, Rupert Grint. PG-												
7	11	CBS	48 Hours Investigates		Hack "Looking Glass" (N) (N)			District "A House Divided" (N) (N)			News (N)	(:35) Drew Carey (N) (N)	(:05) Drew Carey (N) (N)	(:35) Drew Carey (N) (N)									
8	8	NBC	Las Vegas "Donny, We Hardly Knew Ye" (N) (N)		Law & Order: Criminal Intent "Tomorrow" (N) (N)			Law & Order: Special Victims Unit "Tragedy" (N) (N)			News (N)	Saturday Night Live Andy Roddick; Dave Matthews. (N) (N)											
11	82	TVLND	Brady "Hap Days"		Sanford "Bewitched"			Griffith "Leave"			I Love Lucy Jeannie	Kotter	WKRP										
12	56	ESPN	(5:45) College Football		Teams to Be Announced. (Live) (N)			(:45) SportsCenter (Live) (N)				College Gameday Final											
13	7	FOX	Cops (N) (N)	Cops (N) (N)	America's Most Wanted-Fights Back			She Spies	Cassie's double is murdered. (N) (N)		Mad TV (N) (N) (N)	Blind Date (N) (N) (N)	Blind Date (N) (N) (N)										
15	29	MAX	(5:00) "Before and After" (N) (N)		*** "Taking Care of Business" (1990) James Belushi, Charles Grodin. Premiere. (N) (N) (N)			*** "Collateral Damage" (2002, Action) Arnold Schwarzenegger, Elias Koteas. (N) (N) (N)															
16	41	SPK	(5:00) Joe Schmo (N) (N)		Real TV (N) (N)	Real TV (N) (N)	Ride	Ride			Elimination	Elimination	SlamBall (N) (N) (N)										
17	44	DISN	Kim Possible "Proud Family" (N) (N)		Sister, Sister "Even Stevens" (N) (N)			That's So Raven "Lizzie McGuire" (N) (N)			*** "Double Teamed" (2002, Drama) Annie McElwain, Poppi Monroe. (N) (N)												
18	63	LIFE	"Murder", Peter Coyote		Wild Card "Sand Trap" (N) (N)			1-800-Missing "Victoria" (N) (N)			What Should You Do? (N) (N)	Nanny (N) (N)	Nanny (N) (N)										
20	34	USA	Law & Order		Law & Order			Law & Order			Law Order CI	Law & Order											
21	24	SHOW	(5:35) *** "Mr. Destiny" (1990) James Belushi, Michael Caine. (N) (N)		*** "Soul Survivors" (2001) Melissa Sagemiller, Casey Affleck. 'PG-13'			*** "Changing Lanes" (2002) Ben Affleck, Samuel L. Jackson. 'R'			*** "We Sildiers" (N) (N)												
22	26	TMC	(5:00) *** "Thelma & Louise", Geena Davis		(:15) *** "Once Bitten" (1985, Comedy) Lauren Hutton, Jim Carrey.			*** "Flirting" (1990, Drama) Noah Taylor, Thandie Newton. (N) (N)			*** "Born Rm", Ian Hart												
23	77	MTV	Real World "Real World"		Rich Girls "Rich Girls"			Cribs (N) (N)	Cribs (N) (N)		Punk'D (N) (N)	Punk'D (N) (N)	Bad Trip (N) (N)	Bam TV (N) (N)									
24	50	DISC	Monster House "Fright House" (N) (N)		Antony & Cleopatra: Battle at Actium			Unsolved History (N) (N)			American Chopper "Mike's Bike" (N) (N)		American Chopper "Mike's Bike 2" (N) (N)										
28	37	TNT	*** "The Specialist" (1994), Sharon Stone (N) (N)		*** "Cliffhanger" (1993), John Lithgow (N) (N)			*** "TangoCsh", Kurt Rus															
30	55	FXSP	(5:00) College Football		Texas at Oklahoma State. (Live)			MLS Soccer: Rapids at Wizards				Rocky Mt.											
32	46	FAM	Switched! (N) (N)		Perfect Match (N) (N)			*** "At First Sight" (1999) Val Kilmer, Mira Sorvino. (N) (N)				Whose? (N) (N)											
33	9	NBC	Entertainment Tonight (N) (N)		Las Vegas "Donny, We Hardly Knew Ye" (N) (N)			Law & Order: Criminal Intent "Tomorrow" (N) (N)			Law & Order: Special Victims Unit "Tragedy" (N) (N)	News (N) (N)	Saturday Night Live (N) (N)										
34	43	NICK	All That (N) (N)	Romeo! (N) (N)	Amanda (N) (N)	Skeeter (N) (N)	Cosby (N) (N)	Cosby (N) (N)	Roseanne (N) (N)	Roseanne (N) (N)	Cosby (N) (N)	Cosby (N) (N)											
36	53	A&E	American Justice		Cold Case Files "Mommy's Rules" (N) (N)			Saving Private Lynch (N) (N)			Crossing Jordan "John Doe" (N) (N)	American Justice (N) (N)											
38	83	SCIFI	"Boa", Elizabeth		*** "Python" (2000), Casper Van Dien (N) (N)			"Pythons II" (2002), Simmon Jade Mackinnon (N) (N)															
39	51	TLC	For Better or for Worse "Katrina and Chris" (N) (N)		Trading Spaces: Family (N) (N)			While You Were Out (N) (N)			Trading Spaces: British Invasion (N) (N)												
40	38	FX	(4:30) *** "The Abyss", Mary Elizabeth Mastrantonio (N) (N)		*** "Alien 3" (1992) Sigourney Weaver, Charles S. Dutton. (N) (N)																		
45	31	FMC	(:01) *** "The Jackals", Diana Ivarson (N) (N)		(:01) Hour of Stars (N) (N)			(:01) *** "The Omen" (1976), Lee Remick (N) (N)															
49	81	EITV	Celebrities Uncensored		Paula Abdul: THS (N) (N)			Saturday Night Live (N) (N)			Wild On... (N) (N)	Howard S. (N) (N)	Howard S. (N) (N)										
51	86	TRAV	Great Outdoors (N) (N)		Ends of the Earth (N) (N)			Ends of the Earth (N) (N)			Great Outdoors (N) (N)	Ends of the Earth (N) (N)											
53	3	WB	"Black Rain", Sneaks (N) (N)		*** "Star Wars" (1977, Science Fiction) Mark Hamill, Carrie Fisher. The "special edition" of George Lucas' space opera. (N) (N)			Cosby News (N) (N)			Cosby Show (N) (N)	"Beverly", Judge (N) (N)											
54	57	ESPN2	(5:45) College Football		Teams to Be Announced. (Live) (N)			Gameday (N) (N)			NHRA Drag Racing (N) (N)		Fastbreak (N) (N)										
58	52	HIST	Battlefield Detectives (N) (N)		History's Mysteries (N) (N)			Heaven and Hell (N) (N)			Vanishings! Conquest (N) (N)	Battlefield Detectives (N) (N)											
59	-	HLTH	Paid Prog. (N) (N)		Paid Prog. (N) (N)			Diary (N) (N)			Health Specials (N) (N)												
60	89	UNIV	Sábado Gigante (N) (N)								P. Impacto (N) (N)	Noticiero (N) (N)	Otro Rollo (N) (N)										
62	67	HGTV	Room (N) (N)		Sensible (N) (N)			Designing Designers' (N) (N)			Design (N) (N)	Design (N) (N)	Room (N) (N)	Sensible (N) (N)									
99	36	WGN	NBA Basketball Chicago Bulls at New Orleans Hornets. (N) (N)					Design (N) (N)			News (N) (N)	Fresh Pr. (N) (N)	"Beverly Hills Cop", Judge Reinhold (N) (N)										

SUNDAY EVENING												E-Eagle Cable S=S&T Telephone		NOV. 9, 2003	
E	S		6 pm	6:30	7 pm	7:30	8 pm	8:30	9 pm	9:30	10 pm	10:30			
2	2	PBS	Nature "Kalahari - The Flooded Desert" (N)		Masterpiece Theatre "Doctor Zhivago" The tragic Russian love story. (N) (N) (Part 2 of 2) (DVS)				Evening at Pops (N) (D)		Mystery! "Inspector Lynley Mysteries" (N)				
3	35	IND	*** "Down to Earth" (2001, Comedy) Chris Rock, Regina King. (D)		(:45) *** "Down to Earth" (2001, Comedy) Chris Rock, Regina King. (D)				*** "Soul Food" (1997) Vanessa L. Williams, Vivica A. Fox.						
4	6	ABC	10-8 Rico gets a new training officer. (N) (N)		Alias Sydney's murder of a Russian diplomat. (N) (N) (D)				News (N) (D)		(:35) Seinfeld (N) (D)				
5	14	HBO	"Divine Secrets-Ya-Ya Sisterhd", Ellen Burstyn		(:15) *** "While You Were Sleeping" (1995) Sandra Bullock, Bill Pullman. (N) (PG) (D)				Sopranos "Everybody Hurts" (N)		Carnivale "Insomnia" (N)				
7	11	CBS	Cold Case "Love Conquers All" (N) (N) (D)		"The Elizabeth Smart Story" (2003, Drama) Dylan Baker, Lindsay Frost. Premiere. (N) (DVS)				News (N) (D)		(:35) News (N) (D)				
8	8	NBC	Law & Order: Criminal Intent (N) (N) (D)		"Saving Jessica Lynch" (2003, Drama) Laura Regan, Nicholas Guilak. Premiere. (N) (D)				News (N) (D)		(:35) West Wing "Take This Sabbath Day" (N) (D)				
11	82	TVLND	Brady	Hap Days	Sanford	Bewitched	Legends	ET in TV Land (D)	Jeannie		MacGyver "Pirates"				
12	56	ESPN	NFL	NFL Football	Baltimore Ravens at St. Louis Rams. (Live) (D)						SportsCenter (Live) (D)				
13	7	FOX	Simpsons (DVS)	Bernie Mac (DVS)	Malcolm in the Middle	Arrested Dev.	Stargate SG-1 "Alligance" (N) (N)	Outer Limits A student claims to have a bomb.		Movie					
15	29	MAX	(:53) *** "Men in Black II", Will Smith (N) (N)		Le Point Omega (N) (N)		*** "The 'Burb's" (1989, Comedy) Tom Hanks, Bruce Dern. 'PG' (D)		(:15) *** "Flirting With Disaster" (1996) Ben Stiller, Patricia Arquette. Premiere. (N) (R) (N)						
16	41	SPK	"Friday the 13th Part VIII", Scott Reeves				WWE Heat		Joe Schmo (N)		"Friday 13", Melanie				
17	44	DISN	Kim Possible	Proud Family	Sister, Sister	Even Stevens	That's So Raven	Lizzie McGuire	"The Hunchback of Notre Dame II" (2002, Adventure), Demi Moore (N)		Kim Possible (D)				
18	63	LIFE	"Season", Craig Sheffer		Division (D)		Strong Medicine (N)		1-800-Missing "Victoria" (N)		Any Day Now (D)				
20	34	USA	*** "The Lost World: Jurassic Park" (1997), Julianne Moore Premiere. (N)				Law & Order		L.A. Dragnet (N) (D)						
21	24	SHOW	"Texas Rgr", Dylan	Freshman Diaries	*** "Terminal Velocity" (1994) Charlie Sheen, Nastassja Kinski. iTV Premiere. (N) (PG-13) (N)		*** "Bandits" (2001, Comedy-Drama) Bruce Willis, Billy Bob Thornton. iTV. (N) (PG-13) (N)								
22	26	TMC	"SonLaw", Carla Gug		*** "Vanilla Sky" (2001) Tom Cruise, Penelope Cruz. A callowr playboy is disfigured and charged with murder. (N)				*** "Dead in the Water" (2001) Henry Thomas, Dominique Swain. (N)		"The Score", Ed				
23	77	MTV	Diddy/City	Room Rdr	Bad Trip	Bad Trip	Bam TV (N)	Wild Boyz	Punk'D (N)	Punk'D (N)	Punk'D (N)	Bam TV (N)			
24	50	DISC	Extreme Engineering "Boston's Big Dig" (D)				Anatomy of a Blackout		Real Jason and the Argonauts		Wild and Weird Rockets				
28	37	TNT	"Demolition", Wesley				*** "Driven" (2001), Burt Reynolds (D)		*** "Demolition Man" (1993), Wesley Snipes		Rocky Mt. (N)				
30	55	FXSP	NHL Hockey		Rocky Mt.		Boxing: Sunday		Beyond the Glory (N)		Rocky Mt. (N)				
32	46	FAM	*** "Au Pair" (1999), Heidi Noelle Lenhart (D)				*** "Au Pair II" (2001), Heidi Lenhart (D)		Church		Feed				
33	9	NBC	Dateline Chronicling Britney Spears's career. (N)		Law & Order: Criminal Intent (N) (N) (D)		"Saving Jessica Lynch" (2003, Drama) Laura Regan, Nicholas Guilak. Premiere. (N) (D)		News (N)		(:45) Bronco's Tonight				
34	43	NICK	Garcia	News	Full House	Full House	Cosby	Cosby	Roseanne	Roseanne	Cosby	Cosby			
36	53	A&E	Biography "Cher" A profile of singer and actress Cher. (N) (N)				Biography "Cher" A profile of singer and actress Cher. (N)				Biography "Cher" (N)				
38	83	SCIFI	(5:00) Taken (N)		Taken (N) (Part 7 of 10) (D)				Taken (N) (Part 7 of 10) (D)						
39	51	TLC	Date Patrol "Jody" (D)		Date Patrol "Ken" (N)		Trading Spaces: Family (N)		For Better or for Worse Relinquishing control.		Trading Spaces (D)				
40	38	FX	Cops (D)	*** "Alien 3" (1992) Sigourney Weaver, Charles S. Dutton.				*** "Tomcats" (2001), Shannon Elizabeth							
45	31	FMC	"Drums Along the Mohawk", Claudette Colbert				(:01) *** "Carmen Jones", Dorothy Dandridge		"AceEli", Pamela Frank						
49	81	E!TV	Keanu Reeves		Infamous (N)		Good to Be Good to Be		Keanu Reeves		Infamous				
51	86	TRAV	Hawaii's National Parks				Grand Canyon		Orient Express		Hawaii's National Parks				
53	3	WB	Smallville "Hourglass" (D)		Charmed "Sword and the City" (N) (D)		Tarzan "Surrender" (N)		News (N) (D)		Friends (N)				
54	57	ESPN2	NHL Hockey		NHL 2Night		NHRA Drag Racing		RPM 2Night		Fastbreak				
58	52	HIST	We Can Make You Talk		Tracing the development of interrogation methods. (N) (D)		Mail Call (D)		Extreme History		Guts & Bolts (D)				
59	-	HLTH	Paid Prog.		Paid Prog.		Diary		Diary		Diary				
60	89	UNIV	Premios TV y Novelas Honrando lo mejor de las novelas.				P. Impacto		Noticiero		Tras la Verdad				
62	67	HGTV	Before Aft		Building		Subterraneans		Remember! How Work		Ext him				
66	36	WGN	Andromeda (N) (N)		X-Files "Jersey Devil"		News (D)		Replay		Matlock (N) (D)				
											In the Heat of the Night				