All kids deal with friends with bad ideas

No matter where children grow up or who their friends are, nearly all of them are confronted at some time or another by friends with bad ideas — ways of testing limits, getting in trouble and doing things they'll regret later.

It's not so hard saying, "No thanks, I have to go now" to a stranger. But it's a lot tougher when a child's friend — especially one whose approval means a lot to him — tries to get him to do something he knows is wrong.

Even "good kids" occasionally pester their friends into skipping a class or lying about why they were out together so late.

But if friends or acquaintances entice your children to try tobacco, alcohol, or drugs, the consequences can be more serious.



to succeed in these encounters is to skills): "role play" — practice similar scenarios in advance.

their tongue, children can assert she say? "You're such a jerk!" is their independence while making it alienating. "I don't know..." leaves clear that they're rejecting their the door open and sounds like she friends' choices and not the friends could be coaxed. themselves.

scenario for you to try with your Help her rehearse key phrases that daughter (You can turn the scenario give reasons for why she simply

your boys, or other scenarios that fit the same pattern — anything to get

your children The best way to prepare children to practice their own resistance

Take the role of a boy she likes and try to persuade her to share a With the right words at the tip of six-pack of beer with you. What can

The middle ground, in which Here is a potential role-playing she's firm but friendly, works best.

around for won't have a beer:

- "My parents would kill me if come up with they found out, and they always find
 - "No, I'm not into that stuff." • "I tried it once, and I hate the
 - "My parents trust me to not drink, and I don't want to break that

Or she could state the consequences of drinking:

• "I tried it once and ended up vomiting on everything!"

"Drinking would make me feel out of control, and I hate that." She'll need to be prepared for

She can meet them with the "broken record" technique, in which she repeats her reason for not drinking over and over until attempts at per- crisl@st-tel.net.

suading her cease.

Or she can make it clear that the discussion about beer is over by changing the subject: "Did you watch the basketball game last night?" or "Hey, do you know if that concert's sold out?" If all else fails, she should leave the scene, saying, "I've got to go."

Remember it's not a matter of if but when our children will be offered alcohol, tobacco or other

It's up to us as parents to educate ourselves with the correct information and use it to educate our chil-

stance abuse or specifics on alcohol, tobacco or other drugs call me at 785-899-3848 or e-mail me at

to go along with Veterans Day, Nov.

The meeting was adjourned by

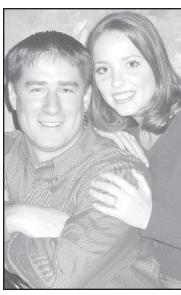
saying the club motto, and after-

wards club members wrote to our

local soldiers serving in the armed

Along with the letters and pic-

If you would like facts on sub-



Vulgamore and Townsend

Couple to marry in January

Myles Vulgamore and Elizabeth Townsend plan to marry at 4 p.m. Saturday, Jan. 17, 2004, at the Sharon Springs United Methodist

Stan and Tonia Townsend, Weskan, are her parents, and Larry and Judith Vulgamore, Scott City, are

The bride-elect, a 2001 graduate of Weskan High School, is a senior tures, the club is sending the awardat Kansas State University, majorwinning essays written by local stuing in family financial planning. Her grandparents are Peggy and

> Cy Pearson, Weskan; Richard Townsend, Goodland; Barbara Dolan, Springfield, Colo.; and the late Dale Hauser. Great-grandparents are Ray and Clara Welsh, Weskan, and Emma Townsend, Goodland. The prospective groom, a 2000

graduate of Scott Community High School, is a senior at K-State majoring in agricultural technology management. Grandparents are Raymond Crist, Holcomb; the late Cledith Crist; and the late Earl and Clara Vulgamore.

> Classified ads work! 899-2338

4-H news

"What I'm thankful for" was the role call for Ruleton Eager Beavers. Aaron Duell called the meeting to order on Saturday, Nov. 8, at the 4-H building. There were 10 members, three leaders and one guest present. The club was glad to see its new 4-H members.

There were reports of officers from Adam Duell, secretary; Sydney Winston, treasurer; Devin Mangus, reporter; council representatives, Adam Duell and Aaron

Council representatives went Aaron asked, and the club agreed to cur throughout the year.

The leaders congratulated all the their achievements throughout the Jan. 4. 4-H year. The club is to help with the award ceremonies and spring

New business included a report from Aaron Duell stating that at the end of November he will be flying to Atlanta, Ga. He will go to the Duell; and leaders, Colleen Duell, National 4-H Congress; he will also the Genesis food drive in Decem-Barb Winston and Kevin Winston. visit the Habitat for Humanity. ber.

over all the 4-H events that will oc-send one hundred dimes for the

The club's Christmas party will club members that got awards for be a swim party at Comfort Inn on

> Club members were urged to bring baked goods individually wrapped for the Red Cross Bake Sale on Tuesday and Wednesday, Nov. 25-26.

It was also discussed helping with the pick up and boxing of food for

Devin Mangus, with the help of club in singing the Nation Anthem Kevin Winston, gave a demonstration on how to properly fold the 11. Sydney Winston led recreation, American flag. Members of the and the club played Upset the Fruit club were given the chance to learn the folding technique.

Sydney Winston gave a safety talk about seat belt safety. She added to the presentation that every 11 seconds someone is hurt in a car forces. crash, and over the time of her presentation 30 people were hurt some-

Devin Mangus, with the help of dents for the Veterans of Foreign his father Danny Mangus, led the Wars essay contest.

ton, was fined \$150 for speeding,

was fined \$80 for no child restraint and \$10 for no seat belt.

struction zone, 78/60.

Nov. 17—Jesse A. Mayfield, 28, Norman, Okla., was fined \$360 for

matters of record

Marriage Licenses The following marriage licenses

have been issued in the Sherman County District Court:

Arturo Estrada and Christabelle Juliette Miera, both of Goodland. Stanley Eugene Bulinski and Katie Ann Reece, both of

Divorces Granted The following divorces have

been granted by the district court: Terry R. Winter of Parker, Colo., and Angela S. Winter of Goodland. Arlen D. Emig and Sharmis L. Emig, both of Goodland.

Bruce A. Linsner and Crystal G. Linsner, both of Goodland.

Jeffrey M. Aultman and Cori Jean Aultman, both of Goodland.

Goodland Police

The following crimes have been reported to the Goodland Police Department:

October 29 — An incident of battery involving juveniles at Montana Ave. and 13th St. was reported. **November 22** — William C.

Frazier was the victim of an estimated \$30 in criminal damage to a window screen at 114 E. 5th St. **November 23** — Angel Corke

was the victim of telephone harassment at 317 E. 10th St. John S. Pearsall was arrested and charged in municipal court. **November 24** — Danyale A.

Nothdurft reported a burglary at 1524 Broadway Ave. and the theft of miscellaneous change, compact disks and pain pills, valued at \$150, taken from a vehicle. **November 25** — William J.

Pearsall was arrested at 2160 Commerce Rd. on a bench warrant for the municipal court for failure to comply and failure to appear.

Kristopher D. Krayca reported a burglary at 509 Caldwell Ave. and the theft of a speaker, valued at \$90, taken from a vehicle.

Police responded to a report of criminal use of weapons at 319 E. 10th St. resulting in a switch blade knife seized.

November 26 — Richard L. Billinger reported a burglary at 310 Acacia Dr. and the theft of coins and jewelry, valued at \$241.25, taken from a residence. He was also the victim of an estimated \$275 in criminal damage to a glass display case and piggy bank.

November 28 — Michelle L. Purvis, 29-year old white female from Burlington, Colo. was the vic-

Fotogirl



Colby, Kansas

tim of battery at 924 Walnut Ave. November 29 — Steven C. Val-

lejo was the victim of criminal damage to the exterior paint of a 1994 Dodge truck at 701 Broadway Ave.

Station, 2510 Commerce Rd., reported the theft of \$21.45 worth of gas taken and not paid for (gas skip). December 2 — Daylight Donut,

1222 Main Ave., was the victim of an estimated \$400 in criminal damage to an air conditioner.

District Traffic

The following fines were paid in land, was fined \$120 for no registhe Sherman County District Court:

Oct. 13 — Steven A. Sandoval, 20, Kanorado, was fined \$213 for speeding, 82/55, and \$10 for no seat

Oct. 14 — Autumn M. Tafoya, for speeding, 93/65.

Brian G. Iarossi, 24, Santa Maria, Calif., was fined \$222 for speeding, was fined \$126 for speeding, 86/70.

Denver, was fined \$230 for speeding in a construction zone, 85/60.

Jaimie M. Barth, 20, Goodland, suspended and \$200 for underage consumption of alcohol.

speeding, 100/70, and \$60 for not having his drivers license with him.

Mylene T. Schriner, 37, Lenexa, fined \$119 for speeding, 79/65. was fined \$213 for speeding, 92/70.

beth, Colo., was fined \$330 for speeding, 106/70.

\$144 for speeding, 84/65. orado, was fined \$138 for speeding,

Haskell A. Jack, 69, Ardmore, in a construction zone, 80/60.

Cynthia J. Kuper, 45, Houston, was fined \$240 for speeding in a was fined \$114 for speeding, 79/65. construction zone, 80/60.

Charles R. Chambers, 21, Cov- Goodland, was fined \$102 for

speeding, 86/70. Bobbie J. Varela, 50, Denver, was

fined \$231 for speeding, 99/70.

Oct. 22 — Brock A. Heyl, 18, **December 1** — Presto Service Sharon Springs, was fined \$119 for failure to stop at light and \$10 for not wearing a seat belt. Oct. 23 — Louis Aguilar, 50,

Goodland, was fined \$120 for speeding, 55/40, and \$10 for not wearing a seat belt. Oct. 24 — Cheryl Ann Stevison,

33, Burlington, was fined \$177 for speeding, 88/65. Heather R. Scarberry, 26, Good-

Ashok Parthapaneni, 26, Commerce, Texas, was fined \$255 for

speeding, 101/70. Oct. 27 — Jeffrey A. Fisher, 31, Goodland, was fined \$90 for no tail 19, La Junta, Colo., was fined \$221 lights and \$200 for no safety chain on trailer.

Nathen A. Jackson, 29, Brewster,

Chad W. McDonald, 19, Ran-Oct. 15 — David A. Gordon, 31, som, was fined \$260 for exhibition of acceleration and \$10 for not wearing a seat belt.

Oct. 28 — Andrew N. Farnswas fined \$360 for driving while worth, 25, Edson, was fined \$120 for speeding, 70/55.

Oct. 29 — Andrey I. Gavrilov, Oct. 17 — Mark K. Wood, 16, 42, Aurora, Colo., was fined \$360 Overland Park, was fined \$240 for for driving while suspended and

\$84 for speeding, 89/70. Ashton Rueb, 15, St. Francis, was

Oct. 30 — Matthew A. Nazario, Winston B. Goldsby, 44, Eliza- 21, Phoenix, Ariz., was fined \$285 for speeding, 103/70.

Oct. 31 — Anthony S. Kweku, Oct. 20 — Kathern G. Wel- 45, Kansas City, Kan., was fined lington, 59, Bird City, was fined \$223 for speeding, 98/70.

Nov. 3 — Leslie A. Farley, 39, Deborah M. Hickman, 49, Kan- Goodland, was fined \$240 for failure to yield to an emergency vehicle and \$60 for improper U-turn.

Ryan J. Skelton, 19, Litchfield, Okla., was fined \$240 for speeding Ill., was fined \$231 for speeding,

> Joseph P. Austin, 20, St. Francis, Nov. 4 — Daniel J. Melia, 18,

ington, Ky., was fined \$204 for speeding, 67/55.

Nov. 5 — Tammy Toler, 33, of Alexandria, Va., was fined \$312 for speeding in a construction zone, 84/

Nov. 6 — Neal R. Dewitt, 32, of Jerseyville, Ill., was fined \$205 for 3800 over on tandem.

Paul Weber, 33, of Atlanta, Ga., was fined \$204 for speeding, 96/70.

Charles M. Pace, 43, Kanorado, was fined \$132 for speeding, 75/55, and \$10 for no seat belt.

Nov. 12 — Horacio Millan, 18, Burlington, was fined \$90 for no drivers license and \$30 for speeding, 65/55.

Aurora Sandoval, 35, Burling- driving while suspended.

Brice Michael Cronn, 22, Wa-

Keeney, was fined \$390 for speeding, 95/55. Jessica K. Lewis, 25, Goodland,

James R. Morrison, 54, Burlington, was fined \$126 for speed-

Nov. 13 — Philip W. Kendrick, 47, Thompson Station, Tenn., was fined \$216 for speeding in a con-

Season's Greetings

Mr. Selby, Mr. Swager, Mr. Raymer and the USD 352 Board of Education cordially invite you to attend their Holiday Dinner.

The members of Family, Career and Community Leaders of America (FCCLA), National Honor Society (NHS), and Girls' Athletic Association (GAA) will serve as the Hosts and Hostesses.

When: December 17, 2003

11 a.m. - Entertainment by students of GHS

12 noon - Dinner

Where: Goodland High School (Please come through the South doors on 13th St.)

RSVP: Please RSVP before December 10th by calling 899-5656 or 899-2397. *If you have already given your RSVP this year, you need not do so again. We thank you.

Transportation: Please call if you need transportation.

Delivery: We will also deliver meals to those who are not able to leave their homes. Please RSVP!

Valet parking will be available.

Notice Effective the weekend of December 6-7, the

Central Registration Office at Goodland Regional Medical Center will only be open Saturday mornings from 8 a.m. to noon. Central Registration will be closed Saturday afternoons and Sundays. To enter the hospital, use the main entrance to the west of Central Registration or the Emergency Entrance at the rear of the hospital. Your cooperation will be appreciated in this regard!



220 West 2nd Goodland, Kan. 67735 890-3625