

Husband wants to add spice to marriage



abigail van buren

• dear abby

DEAR ABBY: "Burt" and I have been married 14 years. We have two beautiful children — a boy and a girl — ages 8 and 11. Burt works in sales. I am a designer and run my business out of our home, so that I can be here when the children come home from school.

For the last couple of years, Burt has complained that the "spice" has gone out of our marriage. He did

some Internet research and found a swingers group in our community. At first, he only did some chatting online, but now he wants us to go to one of their parties. I told him I'm against it, but he insists. The idea of exposing myself to strangers is mortifying. But the more I tell him no, the more insistent he becomes.

Should I agree to it to save our marriage? — WAVERING IN VIR-

GINIA

DEAR WAVERING: No. If you do, the dynamics of your marriage will change forever — and not for the better.

Great sex is all about great communication. If a dish isn't spicy enough, I see nothing to be gained by diluting it. To do something that makes you uncomfortable or is morally repugnant will not only not save your marriage, it could also be the straw that breaks the camel's back. A healthier solution for what ails your marriage would be to consult a sex therapist or a marriage counselor.

DEAR ABBY: My husband has Parkinson's disease with dementia. I have good friends who ask me to cof-

fee or lunch to get me out of the house, but what I'd really like is if they'd ask my HUSBAND out to coffee or lunch.

Every hour I'm away, I worry about him. Plus, I have not been by myself in this house for eight years.

Please pass on a message to your readers. If you really want to help, offer to take out the ill person, and give the caregiver some quiet time. — NEEDING A BREAK

DEAR NEEDING: To expect someone not trained in caring for a patient with dementia to take the person out into unfamiliar surroundings is asking a lot. It may be too much responsibility for your friends to assume.

A better solution would be to arrange for respite care for your husband. You could have your quiet time, or time alone in the house, by asking your husband's doctor which senior centers in your vicinity are equipped to provide safe activities for him on a regular basis. Either that, or contact Faith in Action at www.FaithinAction.org or (877) 324-8411. It's a national program that helps establish community programs providing volunteer care to neighbors with long-term health needs.

DEAR ABBY: I just returned from visiting my 26-year-old daughter, her 27-year-old live-in fiancé and their 4-month-old twins. They live in Kan-

sas, where they own their home, and both have good jobs.

During dinner Saturday night, my daughter asked me if I plan to pay for their wedding next June. Am I obligated to help them financially? — THEY LIVE IN KANSAS

DEAR KANSAS: No, you are not. A wedding is a gift from the parent or parents. It is not, and should not be considered an obligation. Your daughter and her fiancé are self-supporting and can pay for their own wedding. If you wish to contribute money toward their wedding, it would be a generous gift. But under no circumstances should you feel put on the spot to do so.

SATURDAY EVENING		E-Eagle Cable S=S&T Telephone JAN. 3, 2004									
E	S	6 pm	6:30	7 pm	7:30	8 pm	8:30	9 pm	9:30	10 pm	10:30
36	53	A&E	American Justice "What the Girl Saw" (N) (G)	Cold Case Files (G)	City Confidential (G)	Crossing Jordan "Pan-dora's Trunk" (G)	American Justice "What the Girl Saw" (N) (G)				
4	6	ABC	NFL Football Wildcard -- Teams to Be Announced. (Live) (N) (G)								
26	48	ANPL	Growing Up... Three lion cubs. (G)	Growing Up... Two tiger cubs. (G)	Zoo Babies (G)	Growing Up... Three lion cubs. (G)	Growing Up... Two tiger cubs. (G)				
63	54	BRAVO	★ ★ "The Vanishing" (1993, Suspense) Jeff Bridges, Kiefer Sutherland. Premiere. 'R'	★ ★ "Highlander" (1986, Fantasy) Christopher Lambert, Roxanne Hart. 'R'	★ ★ "The Vanishing" (1993) Jeff Bridges. 'R'						
7	11	CBS	King of Queens (N) (G)	★ ★ "The Mask of Zorro" (1998) Antonio Banderas. Zorro's protege crosses swords with a returning tyrant. (N) (DVS)	News (N) (G)	(:35) Drew Carey (N) (G)	(:05) Drew Carey (N) (G)	(:35) Drew Carey (N) (G)			
24	50	DISC	Rally Round the House "50s Diner" (G)	Double Agents Couple has limited funds. (G)	New Detectives: Forensic Science (G)	New Detectives: Forensic Science (G)	FBI Files "The Price of Greed" (G)				
33	44	DISN	Kim Possible (G)	Proud Family (G)	Sister, Sister (N) (G)	Even Stevens (G)	That's So Raven (G)	Lizzie McGuire (G)	★ "Leave It to Beaver" (1997, Comedy) Christopher McDonald, Janine Turner. 'PG'		
49	81	EITV	Celebrities Uncensored	Hilton Sisters	Saturday Night Live (N)	Howard S.					
22	56	ESPN	College Basketball	Season Weekly	Streetball	SportsCenter (Live) (G)	NFL				
54	57	ESPN2	NHL Hockey: Mighty Ducks at Red Wings	NHL 2Night	Boxing: 1975 Ali vs. Frazier III	Fastbreak	NFL				
32	46	FAM	★ "Autumn in New York" (2000) (G)	★ "The Cowboy and the Movie Star" (1998)	Funnies Home Videos						
35	31	FMC	(:01) ★ ★ ★ "Speed" (1994) Keanu Reeves.	Hour of Stars: Man	(:01) ★ ★ "Fourteen Hours" (1951, Drama)						
53	68	FOOD	Emeril Live	Great Chowder Cook-Off (N)	Iron Chef Freshwater shrimp battle. (N)	Unwrapped	Top 5	Emeril Live			
13	7	FOX	Cops (N) (G)	Cops (N) (G)	America's Most Wanted: Fights Back (G)	She Spies "Date to Mate" Held hostage. (N)	Mad TV Interviews from the Emmy Awards. (N)	Blind Date (N) (G)	Blind Date (N) (G)		
40	38	FX	Cops (G)	★ ★ "Say Anything..." (1989) John Cusack, Lone Skye.	★ ★ "On Deadly Ground" (1994) Steven Seagal.						
30	55	FXSP	See This	Beyond the Glory (G)	Nuggets	NBA Basketball Atlanta Hawks at Denver Nuggets. (Live)	Rocky Mt.				
5	14	HBO	(4:45) "The Burbs"	Rolling Stones Live From Madison Square Garden	The band performs from New York City. (N) (G)	★ ★ "The Ring" (2002) Naomi Watts. A videotape brings death in one week to all who watch it.					
62	67	HGTV	Sensible	Decorating	Designers' Design	Design	Smart Home	Sensible	Decorating		
58	52	HIST	Mountain Men	How fur trappers opened up the unknown and savage land. (G)	Winchester (G)	Vanishings! (N) (G)	Vanishings! (N) (G)	Mountain Men (G)			
59	-	HLTH	Peak Performance (N)	Chi	Workout	In Shape	Workout	Peak Performance (N)	Resort & Spa		
25	35	IND	(5:00) ★ "Small Soldiers" (1998) (PA) (G)	★ ★ "Demolition Man" (1993, Adventure) (PA) Sylvester Stallone, Wesley Snipes. (G)	★ ★ "Back to the Future Part III" (1990) (PA) Michael J. Fox, Christopher Lloyd. (G)						
18	63	LIFE	(5:00) ★ ★ "Fear" (1993)	Wild Card (N) (G)	1-800-Missing (N) (G)	What Should You Do?	Any Day Now (G)				
23	77	MTV	Real World Real World	Real World Real World	Real World Real World	Real World Real World	Real World Real World				
3	9	NBC	Entertainment Tonight (N) (G)	★ ★ "Heartbreakers" (2001, Comedy) Sigourney Weaver, Jennifer Love Hewitt. Mother-daughter con artists steal hearts and cash. (N) (G)	News	Saturday Night Live (N) (G)					
8	8	NBC	★ ★ "Heartbreakers" (2001, Comedy) Sigourney Weaver, Jennifer Love Hewitt. Mother-daughter con artists steal hearts and cash. (N) (G)								
34	43	NICK	Grown Up	Romeo! (N) (G)	All That Amanda (N) (G)	Cosby	Cosby	Roseanne	Roseanne	Cosby	Cosby
2	2	PBS	Keeping Up	As Time Goes By	Lawrence Welk Show (N)	Two's Company	New Red Green	Austin City Limits (N)	Soundstage (N) (G)		
38	83	SCIFI	(5:00) "Deadly Swarm"	"They Crawl" (2002, Horror) Daniel Cosgrove.	★ ★ "Arachnid" (2001) Alex Reid. (N) (G)						
61	41	SPK	★ "Hellbound" (1993) Chuck Norris. (N)	Ride	Ride	Extreme	Extreme	SlamBall (N) (G)			
39	51	TLC	For Better or for Worse	Trading Spaces: Family	While You Were Out	Trading Spaces "Austin: Aire Libre Drive"	Trading Spaces (N)				
28	37	TNT	★ ★ "The Pelican Brief" (1993) Julia Roberts, Denzel Washington. (DVS)	★ ★ "Conspiracy Theory" (1997) Mel Gibson.							
51	86	TRAV	Great Outdoors	Ends of the Earth	Ends of the Earth	Great Outdoors	Ends of the Earth				
21	82	TVLND	All-Family All-Family	Sanford	Bewitched	Griffith	Leave	Family Ties	Cheers (N)	Batman	Batman
60	89	UNIV	Sábado Gigante	Azul Azul: los Cardenales de Nuevo León.	Impacto	Noticiero	Otro Rollo				
20	34	USA	Law & Order	Law & Order	Law & Order	Law Order CI	Law & Order				
12	3	WB	(5:00) ★ "All Tied Up" (1993) Teri Hatcher	★ ★ "Angels in the Endzone" (1997, Comedy) Christopher Lloyd, Matthew Lawrence.	News (N) (G)	Cosby Show (N) (G)	"Best of the Best 4"				
99	36	WGN	Fresh Pr.	NBA Basketball Boston Celtics at Chicago Bulls. (Live) (N) (G)	News (G)	★ ★ ★ "Basic Instinct" (1992) (N) (G)					

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E	S	6 pm	6:30	7 pm	7:30	8 pm	8:30	9 pm	9:30	10 pm	10:30
36	53	A&E	★ ★ ★ "My Cousin Vinny" (1992) Joe Pesci. Premiere. An inept lawyer tries to free his cousin from a Dixie jail. (N) (G)	Meet the Royals Felipe	Cold Case Files (N) (G)	★ ★ "My Cousin Vinny" (1992) Joe Pesci.					
4	6	ABC	College Football Nokia Sugar Bowl -- Louisiana State vs. Oklahoma. (Live) (N) (G)								
26	48	ANPL	The Most Extreme, the Best of the Best Special The top 20 animals. (N)	Crocodile Hunter "Operation: Bunya Rescue"	The Most Extreme, the Best of the Best Special The top 20 animals. (N)						
63	54	BRAVO	Inside the Actors Studio Russell Crowe. (N) (G)	★ ★ "Manhunter" (1986, Suspense) William L. Petersen. A former FBI agent returns to hunt down a psychotic killer. 'R'	Inside the Actors Studio Russell Crowe. (N) (G)	Celebrity Poker					
7	11	CBS	(5:30) 60 Minutes (N) (G)	Cold Case "Gleen" (N) (G)	CSI: Miami "Big Brother" (ITV) (N) (G)	News (N) (G)	(:35) News (N) (G)	(:05) Outer Limits "Trial by Fire" (N) (G)	(:35) Seinfeld (N) (G)	(:35) Seinfeld (N) (G)	
24	50	DISC	Unsolved History (G)	Submarine Disaster: Curse of the K-19	Ancient Evidence "The Real Mary Magdalene"	Great Biker Build-Off 2: Lane-Perewitz	Great Biker Build-Off 3				
33	44	DISN	Kim Possible	Proud Family	Sister, Sister (N) (G)	Even Stevens (G)	That's So Raven (G)	Lizzie McGuire (G)	★ ★ "A Simple Wish" (1997, Fantasy) Martin Short, Mara Wilson. 'PG'		
49	81	EITV	101 Juicest	Katie Couric-Story	Celebrity Perks Special	ANLA Kournikova	Katie Couric-Story				
22	56	ESPN	2003 Poker	2003 Poker	World-Poker	NFL	SportsCenter (Live) (G)				
54	57	ESPN2	Figure Skating Cup of Russia. (Taped) (G)	Figure Skating: 2003 U.S. Championships	Fastbreak	Super Bwl					
32	46	FAM	★ ★ "Summer Catch" (2001) Freddie Prinze Jr.	★ ★ "Picture Perfect" (1997) Jennifer Aniston.	Church	Feed					
35	31	FMC	(:01) ★ ★ ★ "Miller's Crossing" (1990, Drama)	(:01) ★ ★ "The Doctor and the Devils" (1985)	"The Star Chamber"						
53	68	FOOD	Emeril Live Pat Benatar joins Emeril. (N)	Fat Spa Chef Challenge Chef tries to lose weight. (N)	Low Carb Revolution (N)	Unwrapped	Top 5	Emeril Live Pat Benatar joins Emeril. (N)			
13	7	FOX	Simpsons (N) (G)	Bernie Mac (N) (G)	Malcolm in the Middle	Arrested Dev.	Stargate SG-1 "Shadow Play" (N) (G)	Outer Limits Alien ships are headed for Earth. (N) (G)	★ ★ "The Fantasticks" (1995) Joel Grey.		
40	38	FX	Cops (G)	Cops (G)	★ ★ "On Deadly Ground" (1994) Steven Seagal.	★ "The Glimmer Man" (1996) Steven Seagal.					
30	55	FXSP	See This	Avalanche	NHL Hockey Minnesota Wild at Colorado Avalanche. (Live)	Rocky Mt.	Rocky Mt.	Rocky Mt.	Rocky Mt.		
5	14	HBO	"Harry Potter"	★ ★ "Look Who's Talking" (1989) John Travolta. (N) (PG) (G)	(:15) ★ ★ ★ "My Big Fat Greek Wedding" (2002, Comedy) Nia Vardalos, John Corbett. (N) (PG) (G)	Sex and the City (N) (G)	Curb Your Enthusiasm				
62	67	HGTV	Before Aft	Building	Garden Giants	Remember! Remember!	Going	Good Life	Before Aft	Building	
58	52	HIST	SS "The Death's Head"	SS "The Waffen-SS" (G)	SS "The Odessa" (G)	Tactical to Practical (G)	SS "The Death's Head" (G)				
59	-	HLTH	Spas	Resort & Spa	In Shape	Workout	Fitness	Aerobic	Workout	Peak Performance	
25	35	IND	★ "Wild Wild West" (1999) Will Smith. Two 19th-century secret agents battle a criminal genius.	★ "Wild Wild West" (1999) Will Smith. Two 19th-century secret agents battle a criminal genius.	★ "Home Alone 3" (1997) (PA) Alex D. Linz.						
18	63	LIFE	"When Love Kills"	Division (G)	Strong Medicine (G)	1-800-Missing (N) (G)	Any Day Now (G)				
23	77	MTV	Punk'd (N) (G)	Punk'd (N) (G)	Punk'd (N) (G)	MTV Cribs	MTV Cribs	Punk'd (N) (G)	Viva Bam		
3	9	NBC	Dateline NBC "The Ultimate Diet Challenge" (N)	American Dreams "The 7-10 Split" (N) (G)	Law & Order: Criminal Intent "F.P.S." (N) (G)	Queer Eye for the Straight Guy (N) (G)	News (G)	(:45) Sonny Lubick			
8	8	NBC	American Dreams "The 7-10 Split" (N) (G)	Law & Order: Criminal Intent "F.P.S." (N) (G)	Queer Eye for the Straight Guy (N) (G)	News	(:35) West Wing "Shibboleth" (N) (G)	Inside Edition			
34	43	NICK	Garcia	Sabrina	Full House	Full House	Cosby	Cosby	Roseanne	Roseanne	Cosby
2	2	PBS	Nova "MARS Dead or Alive" (N) (DVS)	Masterpiece Theatre "The Forsyte Saga" (N) (G)	DNA "The Secret of Life" (N) (G)	Globe Trekker "Outback Australia" (N) (G)	Mystery! "The Mrs. Bradley Mysteries" (N) (G)				
38	83	SCIFI	(3:00) ★ ★ ★ "It" (N) (G)	★ ★ "The Frighteners" (1996) Michael J. Fox.	Farscape "Twice Shy" (N) (G)	Outer Limits (N) (G)					
61	41	SPK	Blind Date	Blind Date	Blind Date	Blind Date	WWE Heat	★ ★ "Point of No Return" (1993, Drama) (N)			
39	51	TLC	Mostly True Stories: Urban Legends Revealed	Date Patrol "Kenya" (G)	Trading Spaces: Family (N)	Trading Spaces: Family (N)	Wild Weddings "Love Conquers All" (N)				
28	37	TNT	★ ★ ★ "Presumed Innocent" (1990, Drama) Harrison Ford.	★ ★ ★ "Presumed Innocent" (1990, Drama) Harrison Ford.							
51	86	TRAV	Millionaire Trailer Parks	Rich RV Parks	RV Crazy! (N)	Millionaire Trailer Parks	Rich RV Parks				
21	82	TVLND	All-Family All-Family	Sanford	Bewitched	Legends	ET in TV Land (G)	Cheers (N)	Cheers (N)	Sanford	
60	89	UNIV	Los Rostros del 2003	Hora Pico	La Jaula	Ver Para Creer	Impacto	Noticiero	Tras la Verdad		
20	34	USA	★ ★ "The Firm" (1993, Drama) Tom Cruise, Gene Hackman. (N) (DVS)	★ ★ "Bring It On" (2000) Kirsten Dunst. High-school cheerleaders vie for a coveted national title.	News (N) (G)	Replay	Matlock (N) (G)	In the Heat of the Night			
12	3	WB	Smallville "Kinetic" (G)	X-Files (N) (G)	News						
99	36	WGN	Andromeda (N) (G)	X-Files (N) (G)	News						

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MONDAY EVENING		E-Eagle Cable S=S&T Telephone JAN. 5, 2004									
E	S	6 pm	6:30	7 pm	7:30	8 pm	8:30	9 pm	9:30	10 pm	10:30
36	53	A&E	Michael Jackson Case	House of Dreams (Series Premiere) (N) (G)	Airline (N) (G)	Airline (N) (G)	Third Watch "A Hero's Rest" (N) (G)	Michael Jackson Case			
4	6	ABC									