



Head Start parent Nicole Gamboa held her son Dominc, 1, on her lap during a parents' meeting held to celebrate a wellness program. Photo by Sharon Corcoran/The Goodland Star-News

Parents rewarded with lasagna, prizes

By Sharon Corcoran
The Goodland Star-News

Parents of preschoolers enjoyed a lasagna supper and door prizes Wednesday for participating in the final phase of a program to teach parents how to take care of sick kids with fewer trips to the doctor.

Parents of kids in the Sherman County Head Start program got a copy of a book, "What to Do When Your Child Gets Sick," that leaders say can help them cut down on late-night emergency-room visits and reduce days of missed work with a sick child.

Copies were passed out at a meeting at the preschool in October, and parents have had since then to try its suggestions and give feedback on how the book has helped them.

The book was written by Gloria Gilbert Mayer and Ann Kuklierus, both registered nurses, said Cory Dudley, a teacher aide at the preschool.

The training program was designed by the University of California at Los Angeles and the Johnson & Johnson Health Care Institute.

In a three-year demonstration project in Head Start programs across the country, the university reported a 48 percent decrease in emergency room visits and 37 percent reduction in clinic visits, both of which are expensive for parents and the health-care system.

A team from the university presented a two-day training session to 35 staff and parents from seven Kansas Head Start pilot programs, in October 2005. The Goodland Head Start staff received training in Oakley in September 2006.

A follow-up showed that 77 percent of the parents who signed up participated, said Dudley, completing pre-training and post-training surveys about their sources of health information and help.

When asked where they would first go for help when their child is sick, only 3 percent said they would consult a health book before the training, while 31 percent gave that answer afterward. Forty-four percent would go to a doctor, clinic or emergency room first before the training, while only 27 percent would after.

The Sherman County Head Start parents filled out a multiple-choice questionnaire before they got the book, Dudley said, and then the same one at the end of the program, so their responses could be compared.

The questions are geared toward determining how they respond to a sick child, she said, and compare their actions before having the book and after to see if it helps them.

This was the first time the program had been used in Goodland, Dudley said, and it was so success-

ful, the preschool is planning to do it again next year and aim for more participants.

Books were provided free for parents of Smart Start students, she said, and when the program starts again in October, the school plans to have books for day care providers as well.

Anyone who wants to can buy a book and participate next year, she said.

Head Start staff provided supper, lasagna with lettuce salad, bread and cake and ice cream. Each parent received a door prize and a grab bag.

Prizes were donated by S&T Communications, Dairy Queen, Mann's Jewelry, Taco John's, Prairie Rose Floral, Presto Convenience Store, El Dorado Western Wear and Fashion, Shear Dimensions, Garcia's Home Furnishings, Jacque's Hallmark, High Plains Office Supply, Klip N' Kurl Salon, The Goodland Star-News, Dollar General, Starns Farms, Beth Johnson, Danielle Urban, Steve Goodman, Jeris McCombs with Homemade Gourmet, Laurie Carmichael with Mary Kay, Sharon Corcoran with the Pampered Chef, Dana Fulcher with Tastefully Simple, Kim Artzer with J2K Enterprises and Michelle Kaiser with M&E Lawn and Sprinkler Repair Service.

Area so far has no problems from recalled pet food

Pet owners all across the country are checking their cupboards since dozens of brands of canned cat and dog food believed to cause fatal kidney failure have been recalled, but so far this area has escaped any problems.

"There hasn't been any cases here yet," said Dr. Gary Smith, veterinarian at Prairieland Animal Clinic in Goodland. "The symptoms that pet owners need to watch for are lethargy, diarrhea and loss of appetite. If anyone has concerns, they need to have it checked out."

Wheat gluten imported from China contaminated with melamine, a chemical used to make plastics, was used in the food, federal officials say. The recall has only been on canned or pouch foods produced between Sunday, Dec. 3, and Tuesday, March 6, by Menu

Foods. Many were sold under grocery chain brand names.

Among the cat and dog foods recalled are:

Cat Foods — America's Choice Preferred Pet Flaked Tuna three ounce can; Authority; Best Choice; Companion; Compliments; Demoulas Market Basket; Eukanuba; Fine Feline Cat; Food Lion; Foodtown; Giant Companion; Hannaford; Hill Country Fare; Hy-Vee; Iams; J.E. Mondou; Laura Lynn flaked tuna three ounce can and sliced beef with gravy three ounce can; Li'l Red; Loving Meals; Medi-Cal; Meijer's Main Choice; Nutriplan sliced beef with gravy three ounce can; Nutro Max Gourmet Classics; Nutro Natural Choice; Nutro Products chicken cacciatore three ounce can, Orleans seafood jambalaya three ounce can,

beef ragout three ounce can, Alaskan halibut with rice three ounce can, kitten chicken with lamb three ounce can, California chicken three ounce can, lamb and turkey cutlets three ounce can, salmon and whitefish three ounce can, beef and egg three ounce can, turkey and chicken liver three ounce can, seafood and tomato bisque three ounce can, hunters stew with duck three ounce can and hunter stew with venison three ounce can; Paws; Pet Pride sliced beef with gravy three ounce can and sliced variety pack three ounce can; President's Choice; Price Chopper sliced beef with gravy three ounce can; Priority US; Publix flaked tuna three ounce can and sliced beef with gravy three ounce can; Save-A-Lot Special Blend; Schnucks; Science Diet Feline Savory Cuts Cans;

Sophistacat; Special Kitty Canada; Special Kitty US; Springfield Prize; Sprout; Stop & Shop Companion flaked tuna three ounce can; Tops Companion; Wegmans; Weis Total Pet; Western Family US; White Rose; Winn Dixie sliced beef and gravy three ounce can; and Your Pet sliced beef with gravy three ounce can and sliced variety pack three ounce can.

Dog Foods — Americas Choice, Preferred Pets, Authority, Award, Best Choice, Big Bet, Big Red, Bloom, Cadillac, Companion, Demoulas Market Basket, Eukanuba, Food Lion, Giant Companion, Great Choice, Hannaford, Hill Country Fare, Hy-Vee, Iams, Laura Lynn, Loving Meals, Meijers Main Choice, Mighty Dog Pouch, Mixables, Nutriplan, Nutro Max, Nutro Natural Choice, Nutro Ultra,

Nutro, Ol' Roy Canada, Ol' Roy US, Paws, Pet Essentials, Pet Pride - Good 'n Meaty, Presidents Choice, Price Chopper, Priority Canada, Priority US, Publix, Roche Brothers, Save-A-Lot Choice morsels, Schnucks, Shep Dog, Springfield Prize, Sprout, Stater Brothers, Stop & Shop Companion,

Tops Companion, Wegans Bruiser, Weis Total Pet, Western Family US, White Rose, Winn Dixie and Your Pet.

For updates on the pet food recall go to www.menufoods.com/recall/ or call (866) 895-2708.

corrections

An election story on the front page of the Friday, April 6, edition of *The Goodland Star-News* said Travis Blake was the pastor of the Goodland Bible Church. He is the pastor of the First Baptist Church. This was due to a reporter error.

A story about the Girl Scouts on Page 9 of the Tuesday, April 10, edition of *The Goodland Star-News* omitted the name of Michaela Langley because she was not present for the photo, but leader Denise Floyd

said Langley worked on the troop's projects.

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The Goodland Star-News will correct any mistake or misunderstanding in a news story. Please call our office at (785) 899-2338 to report errors. We believe that news should be fair and factual. We want to keep an accurate record and appreciate you calling to our attention any failure to live up to this standard.

Orchestra schedules final concert of season

Colby's Pride of the Prairie Orchestra concludes its 2006-07 season with a concert themed "Dance into Spring" at 3:30 p.m., Sunday, April 22, at the Frahm Theater at Colby Community College.

"The Pride of the Prairie Orchestra has been presenting music on the plains for 25 years," said Sharon Kriss, publicity chair for the group. "Few small rural communities have available to them an opportunity to hear and support an orchestral event such as this."

In its final performance, she said, the audience will hear selections

from West Side Story, a "Polka from the Bartered Bride," a "Saturday Night Waltz" by Copeland, "Music Box Dancer" and "Uptown Hoe-down."

Bradley Herndon, college band director, will direct the final show. Musicians from Goodland are Renea Reasoner, David Younger and Birkley Barnes. Other musicians include Donna Engel, Kathy Spencer, Andrew Vrbas, Kendra and Josiah Akens, Becky Davidson, Mary Beth Myers, Jan Wolf, Haley Kistler, Bob Nicholas, Kriss, Leona Dickman, Anne Schalker, Chelle

Shoemaker, Cheryl Ann Cox, Sharon Steele, Eileen Jones, Rebecca Gordine, Reed Shoaff, Ruth Goldberg, Leanna Larmer, Denise Shoff, Alexis Cox, Bruce Frahm, Bob Kelly, Steve Golden, Nick Larmer, Andrew Salvador and

Mary Shoaff. The orchestra is supported by the Friends of the Orchestra and the Kansas Arts Commission. Admission is by Friends membership or at the door.

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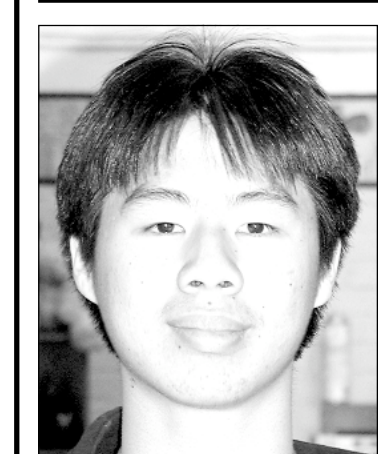
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student of the week



Name: Chanuntuch Anutrapibal "Eig"
Host Parents: Scott & Traci Waugh
Grade: Senior
Age: 17

We've nominated this student because: Eig, as he is known, is a reliable and conscientious student in class. As an exchange student from Thailand, he is learning two additional languages - German and Spanish. Eig works well with

other students and is always prepared for class.

Student Comment: I think friends in GHS are good friends, especially those sports teammates. TO be honest, all my classes are okay, except American Government because it is difficult. I'll remember those sports practices, friends and one year of line in GHS, Kan. USA when I graduate.

Activities involved in at school: Cross Country, Basketball, Tennis, AFS and FCCLA

My choice of movies, books, and games: I like all of Linkin Park's songs.

After I leave Goodland High School I intend to: finish college in Thailand

And 10 years from now, I think I'll be: in Thailand
Favorite Quote: "Aim high, Fly high, Don't fall."

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