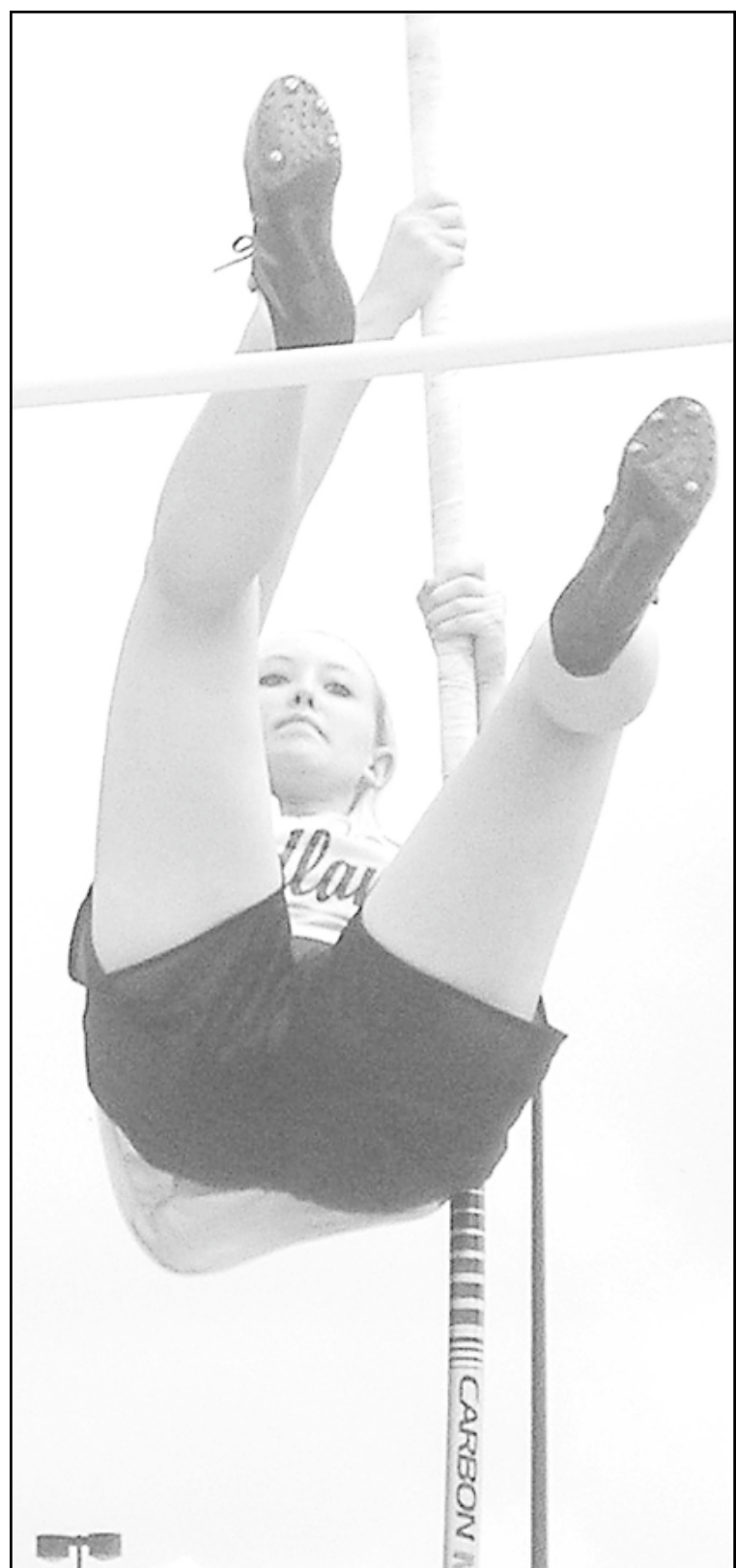




Kerek Mason (above) ran in his final high school race at the state meet in Wichita on Saturday, finishing 13th in the 1,600 meters.

Stephanie Sheldon (right) placed 13th in the pole vault with 9 feet. Photos by Jeff Mason/The Goodland Star-News



Three seniors place at state meet

Three Goodland seniors closed their track careers by placing in the Class 4A State Track Meet on Friday and Saturday at Cessna Stadium in Wichita, then one went to Boulder, Colo., to run the Bolder Boulder 10K race.

- Nick Angelos led the Cowboys, finishing 12th in long jump with a leap of 19 feet, 8 inches.
- Kerek Mason came in 13th in the 1,600-meter run in 4 minutes, 51.32 seconds.
- Stephanie Sheldon finished 13th in pole vault at 9 feet.

The next day, Mason went on to the Bolder Boulder, finishing 567th out of 50,816 entrants.

Mason finished second at regional competition and Angelos and Sheldon fourth to qualify for state. Mason and Sheldon set personal records at the regional.

Teammates Michelle Smith in the shot, Grant Wilkens in the vault and Emily Murray in the 100-meter hurdles also achieved personal bests at regional but were a little shy of qualifying for state.

"I was very proud of the kids in how they performed throughout the season," said Coach Jonathan

Dansel. "After getting the season off to a slow start due to the weather, I felt we finished strong."

"We have a lot of kids coming back next season, and I am very much looking forward to it. If all of the kids come out for track next season, we should qualify a lot more."

Monday, Mason finished the Bolder Boulder in 40 minutes, 16 seconds, placing 530th among the men and 567th overall in the race. Going from Wichita, at 1,334 feet elevation, to Boulder, at 5,430 feet was a challenge, he said.

Although his start time was at 8

a.m., the temperature had already climbed to 70 degree, he said, and there was very little wind, making for warm and muggy conditions.

Mason said he enjoyed the atmosphere surrounding the race, with bands, cheerleaders, belly dancers, bagpipers and drum lines, and if his schedule permits it, he would like to run there again next year.

Among Kansas runners, Mason had the fifth fastest time. Jeff Becker, cross country coach at Colby Community College, finished 1,345th among the men with a time of 44:20.

Cowgirls runner off to Sterling

Whitney Dautel, a spring graduate of Goodland High School, will run cross country and track at Sterling College this fall.

Whitney, daughter of John and Coleen Dautel, plans to major in Christian ministry. She received a cross country and track scholarship from the four-year private college, affiliated with the Presbyterian Church. Sterling is near Hutchinson.

"Whitney will add some good depth to our women's team," said cross country coach Jack Dillard. "She has a good head on her shoulders and should be able to figure out the college racing experience fairly easily and make an impact very early and we are excited about the opportunity of adding more western Kansas athletes to our roster."



Dautel

The Sterling women finished fourth in the Kansas Collegiate Athletic Conference in cross country and fifth in track, he said.

"Both are marks that we want to improve upon in the next year," said Coach Dillard. "We have made our way up the ranks in the past three years in both cross country and track, from being in the very back of the pack to competing in the top half...."

"We look to newcomers like Whitney to help continue to make us better."

"Western Kansas has been a hot spot for us recruiting in the last few years. We have had big success come from out that way, and we are excited about the opportunity of adding more western Kansas athletes to our roster."

Two Goodland graduates win football honors at K-State

Two Goodland High grads won spring honors from K-State Wildcats football Coach Ron Prince, center Jordan Bedore taking the Ken Ochs Courage Award and Don Raymer the Bob Cope Memorial Award.

Bedore, the son of Barb and Dustin Bedore, graduated in 2004. Bedore was a starting center. Raymer, a tight end for the team, is the son of Steve and Debra Raymer. He graduated from Goodland High in 2003 and from K-State this spring, and plans to be teaching math in the Goodland High School next year.

The Ochs Award was named for a six-foot LaCrosse native considered a long shot to make the K-State team in 1966.

At spring drills, he suffered a leg injury that didn't respond to treatment, and doctors discovered a

malignant bone tumor. The leg had to be amputated six inches above the knee, but Ochs returned to K-State and earned his degree in the

spring of 1969.

He became manager for the football team. Ochs died of cancer Oct. 3 of that year.

Brewster girls finish seventh at league

The Brewster girls finished seventh with 24 points and the boys eighth with 15 at the Western Kansas Liberty League track meet Friday, May 11, at Greeley County High School in Tribune.

The Weskan girls won with 120 points, followed by Sharon Springs with 98, Wheatland/Grinnell with 87, Triplains with 84, Greeley County with 56 and Healy with 36. Behind Brewster were Bird City and Golden Plains, each with 23.

The Weskan boys also won, with 129 points, followed by Wheatland/Grinnell with 101, Sharon Springs with 81, Tribune with 77, Golden Plains with 63, Triplains with 47 and Bird City with 32. Behind Brewster was Healy with 8.

For the Brewster girls, Britt Kammer was second in the triple jump, leaping 31 feet, 1.75 inches, and sixth in javelin, throwing 87 feet, 3 inches. Melissa Baird was third in discus, throwing 94 feet, 8 inches, and fourth in shot put with a 30-foot, 5.5-inch toss. Megan Allen was fifth in long jump, leaping 14 feet, 7.25 inches, and sixth in the 400-meter dash in 1 minute, 12.71 seconds.

Stefanie Eicher was sixth in the

1,600-meter run, finishing in 8 minutes, 27.18 seconds, and the Brewster 4 x 100 relay team was sixth in 57.17 seconds.

For the boys, Andrew Starns was fourth in javelin, throwing 139 feet, 3 inches. Spencer Holm finished fifth in the 110 high hurdles in 19.69 seconds and sixth in high jump at 5

feet, 4 inches.

Devan Shelby was fifth in the long jump with 16 feet, 9.25 inches, and sixth in the 800 meter in 2 minutes, 15.69 seconds.

The Brewster 4 x 800 relay team finished fourth in 9 minutes, 31 seconds, and the 4 x 100 relay team was sixth in 50.25 seconds.

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